

Numerical simulations on vacuum decay

Ligong Bian

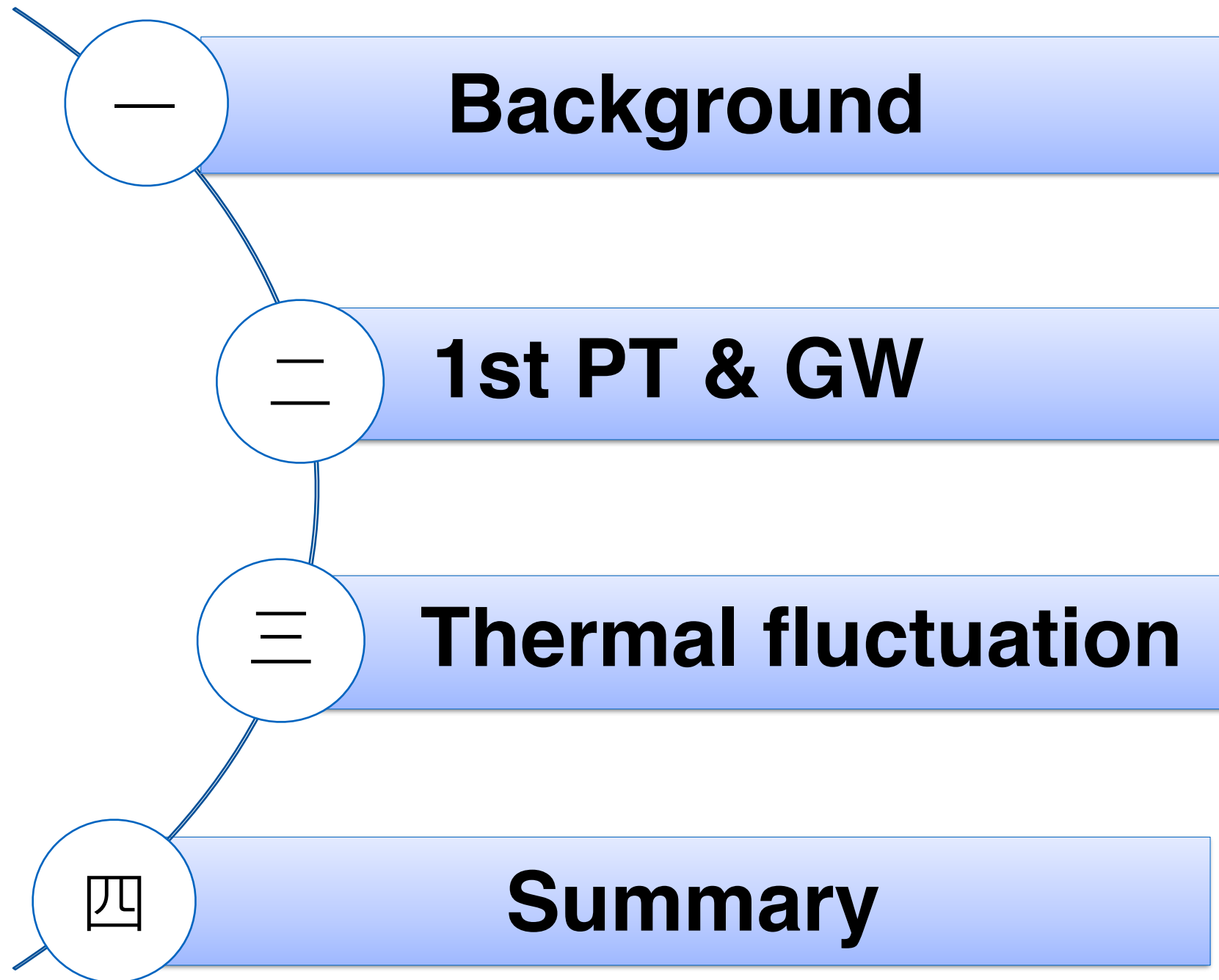
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2025年北京粒子物理与宇宙学：早期宇宙、引力波模板、对
撞机唯象研讨会（BPCS 2025）

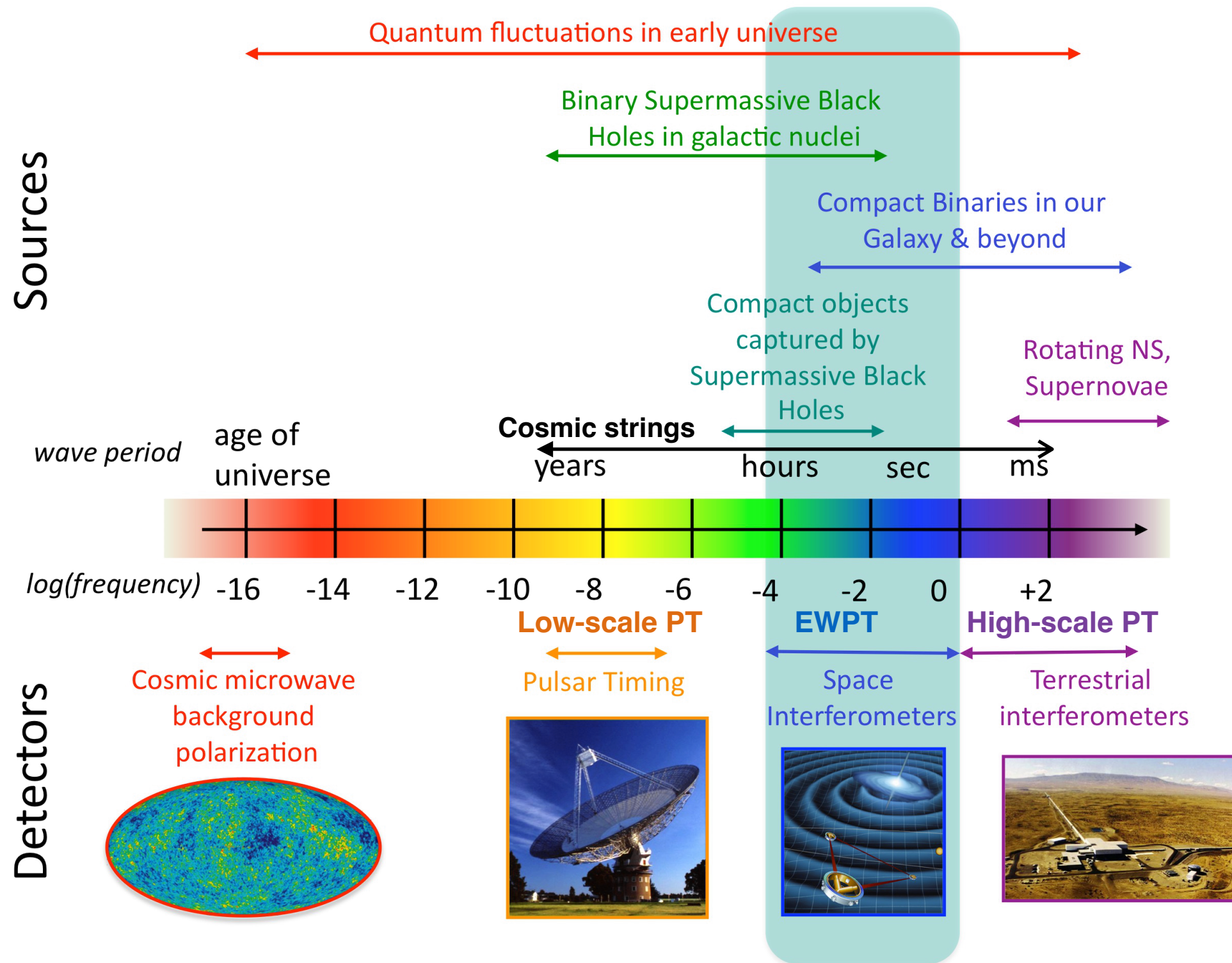
28th September 2025

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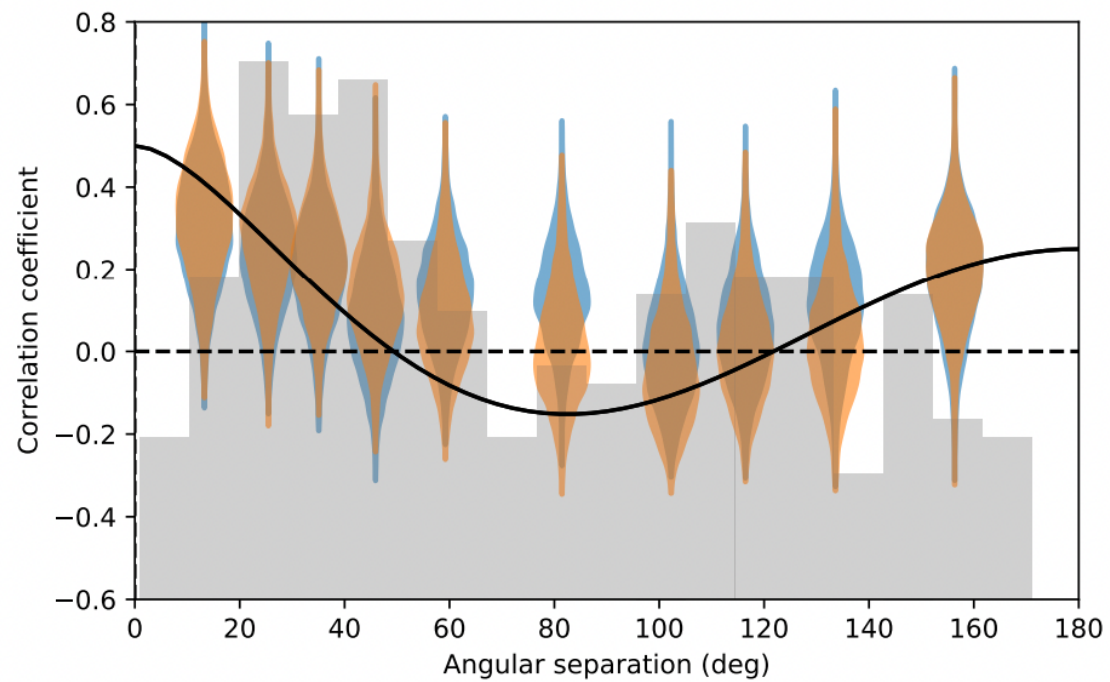


► Stochastic gravitational wave background and New physics

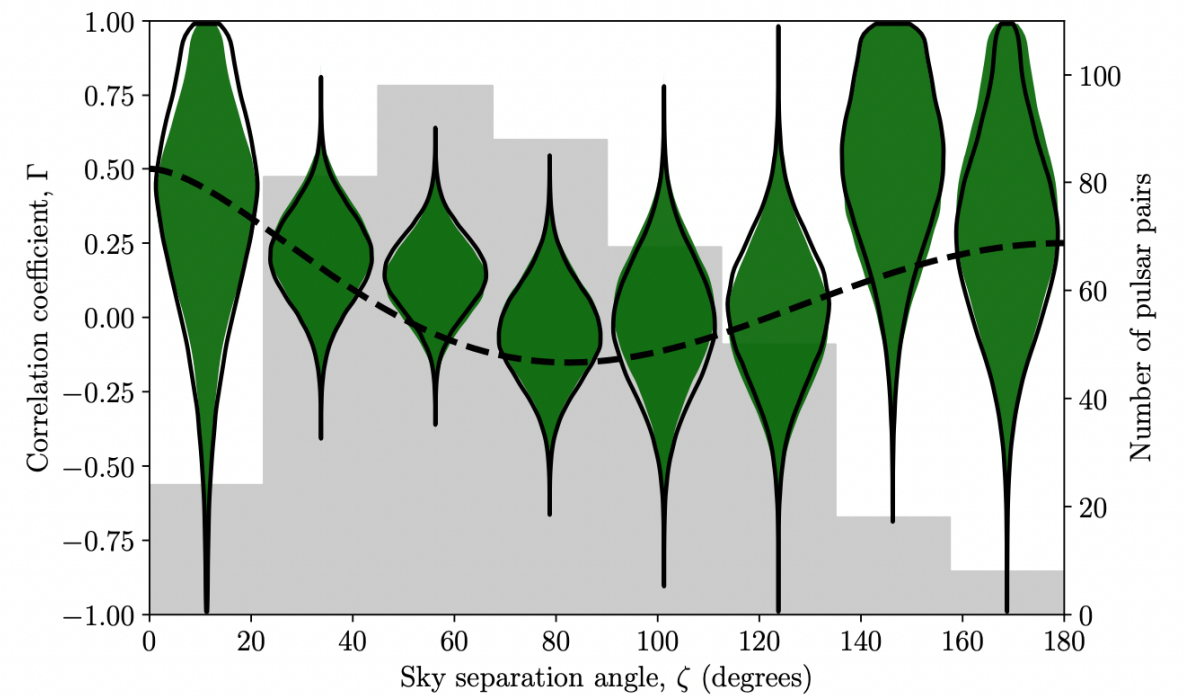
The Gravitational Wave Spectrum



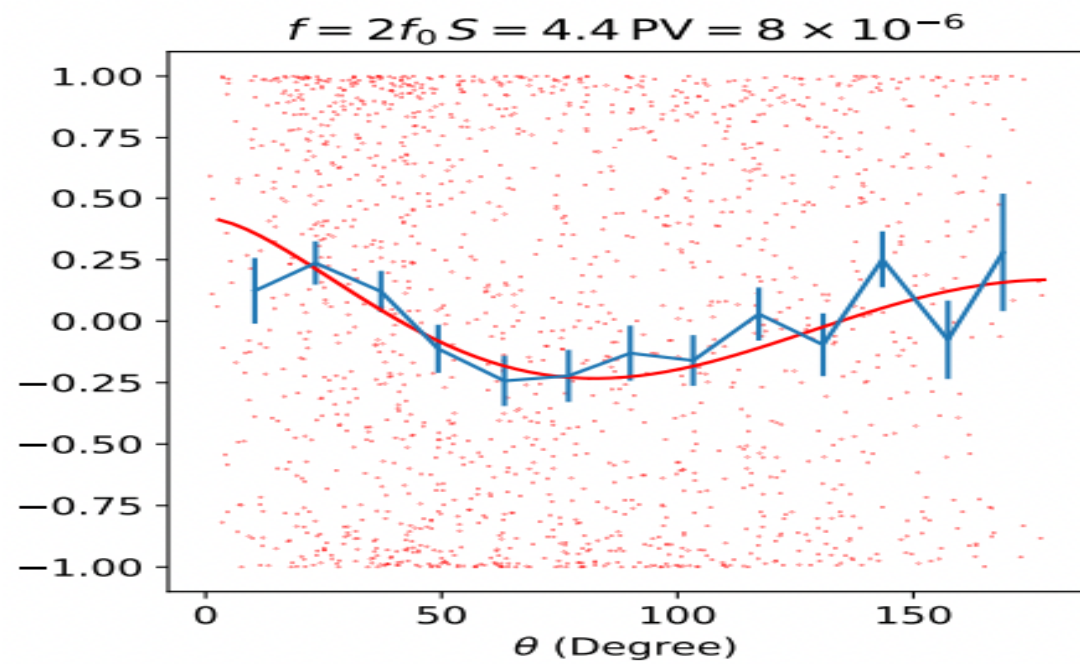
New dataset from PTAs



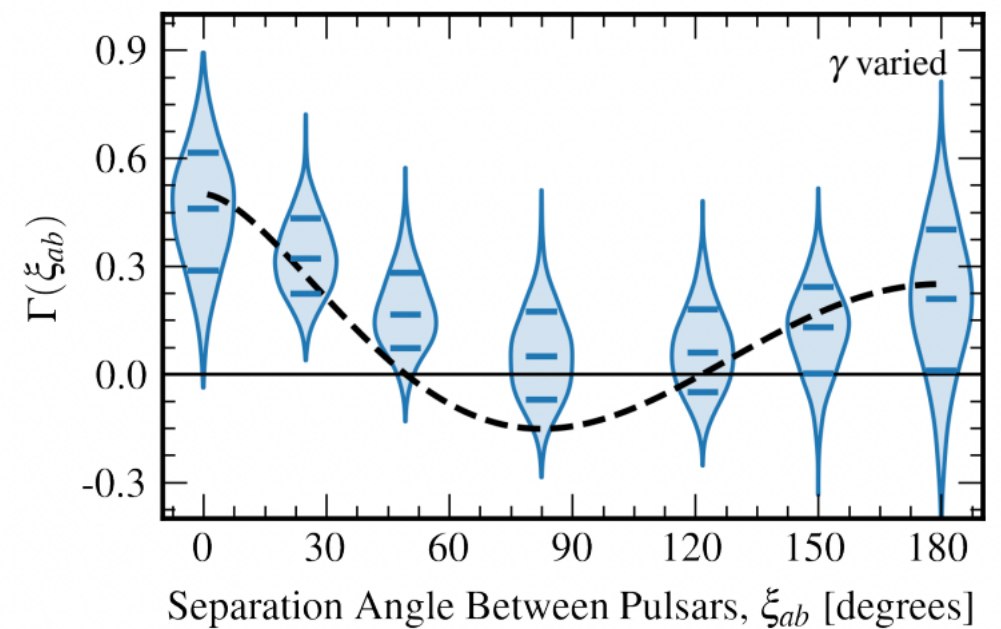
EPTA,2306.16214



PPTA,2306.16215

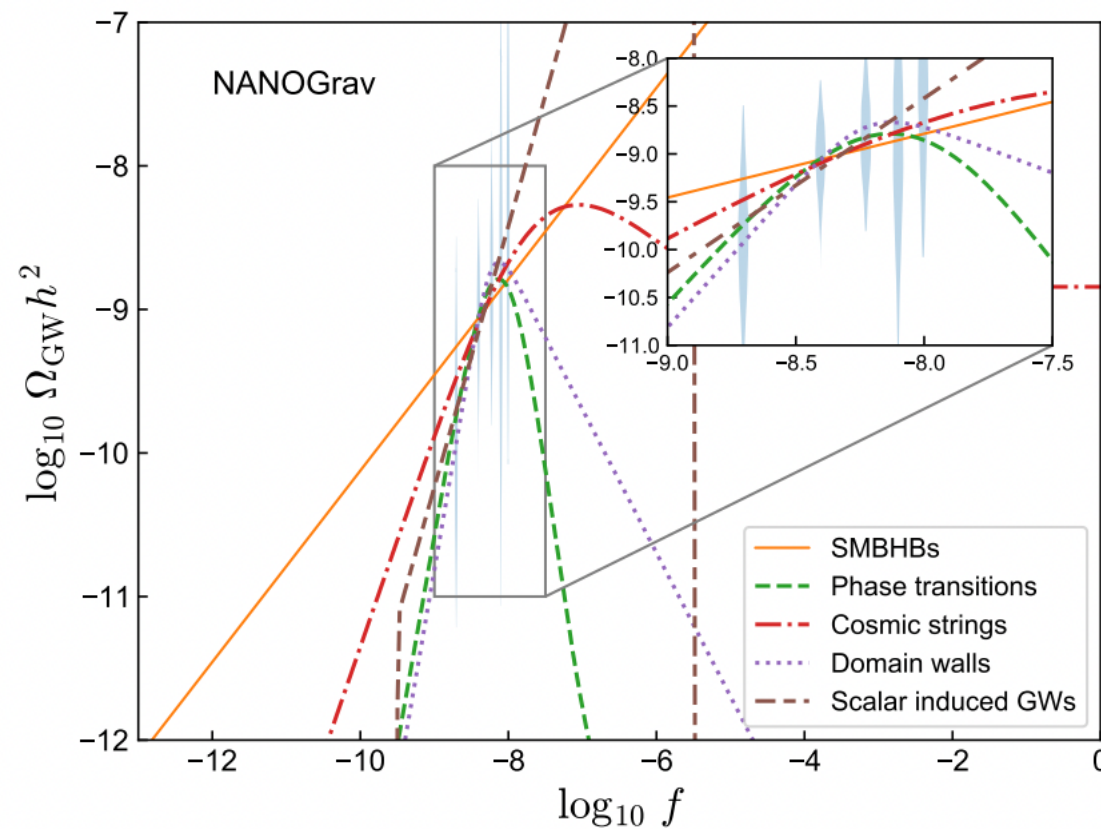
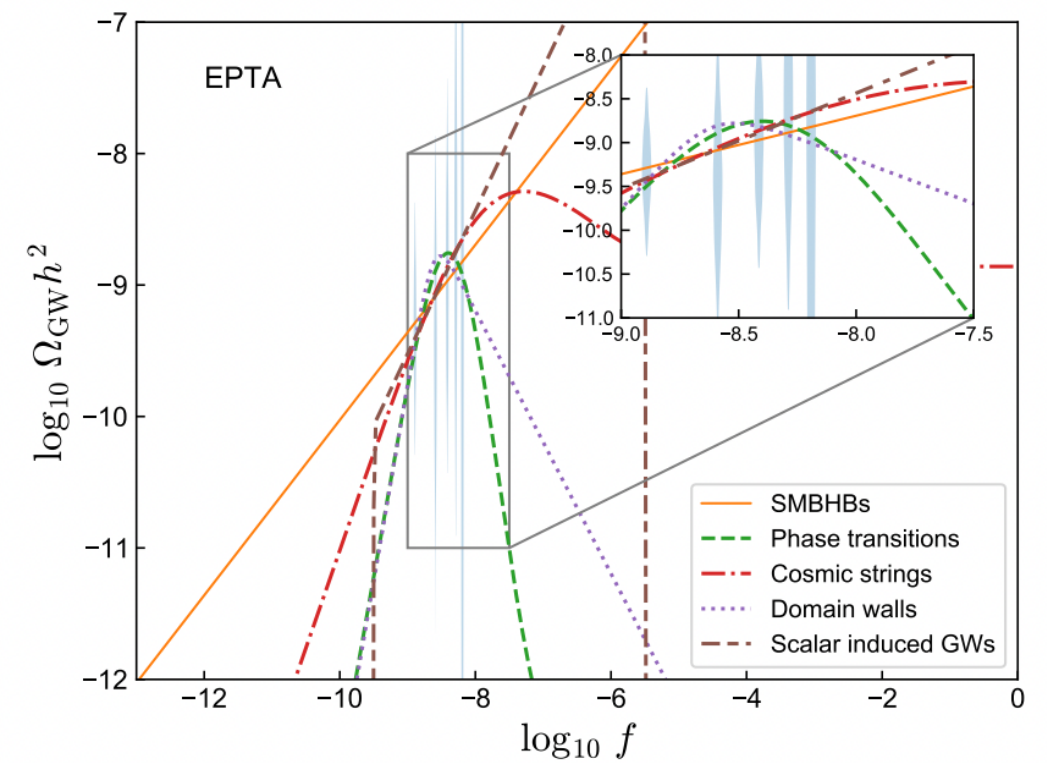
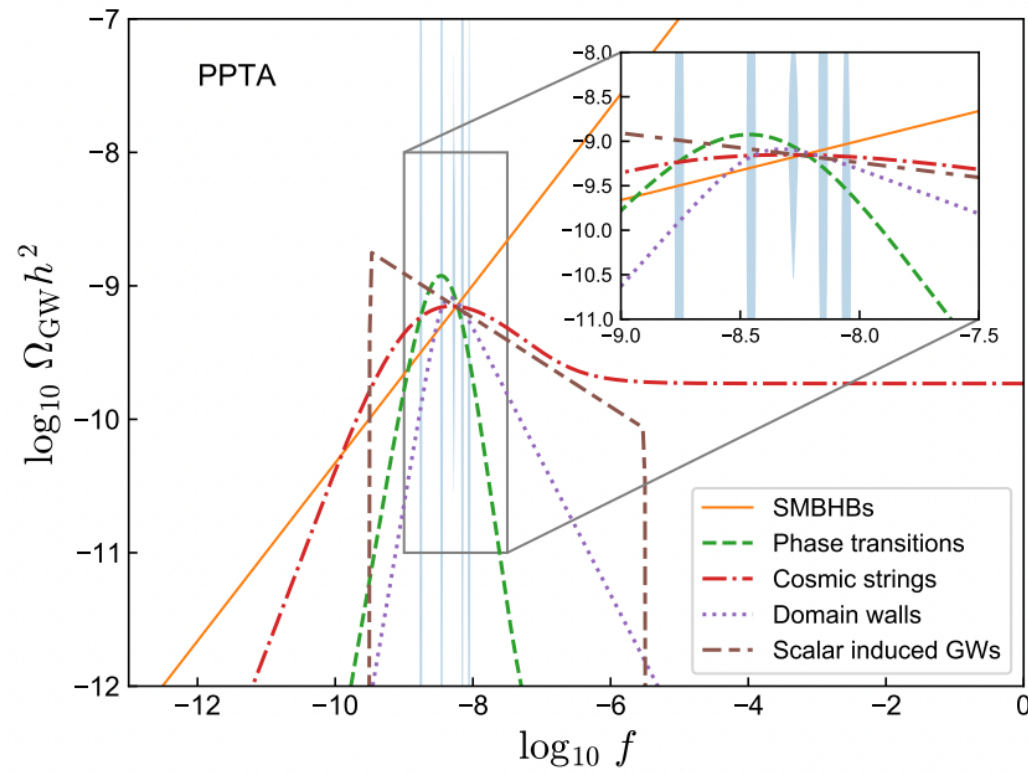


CPTA,2306.16216

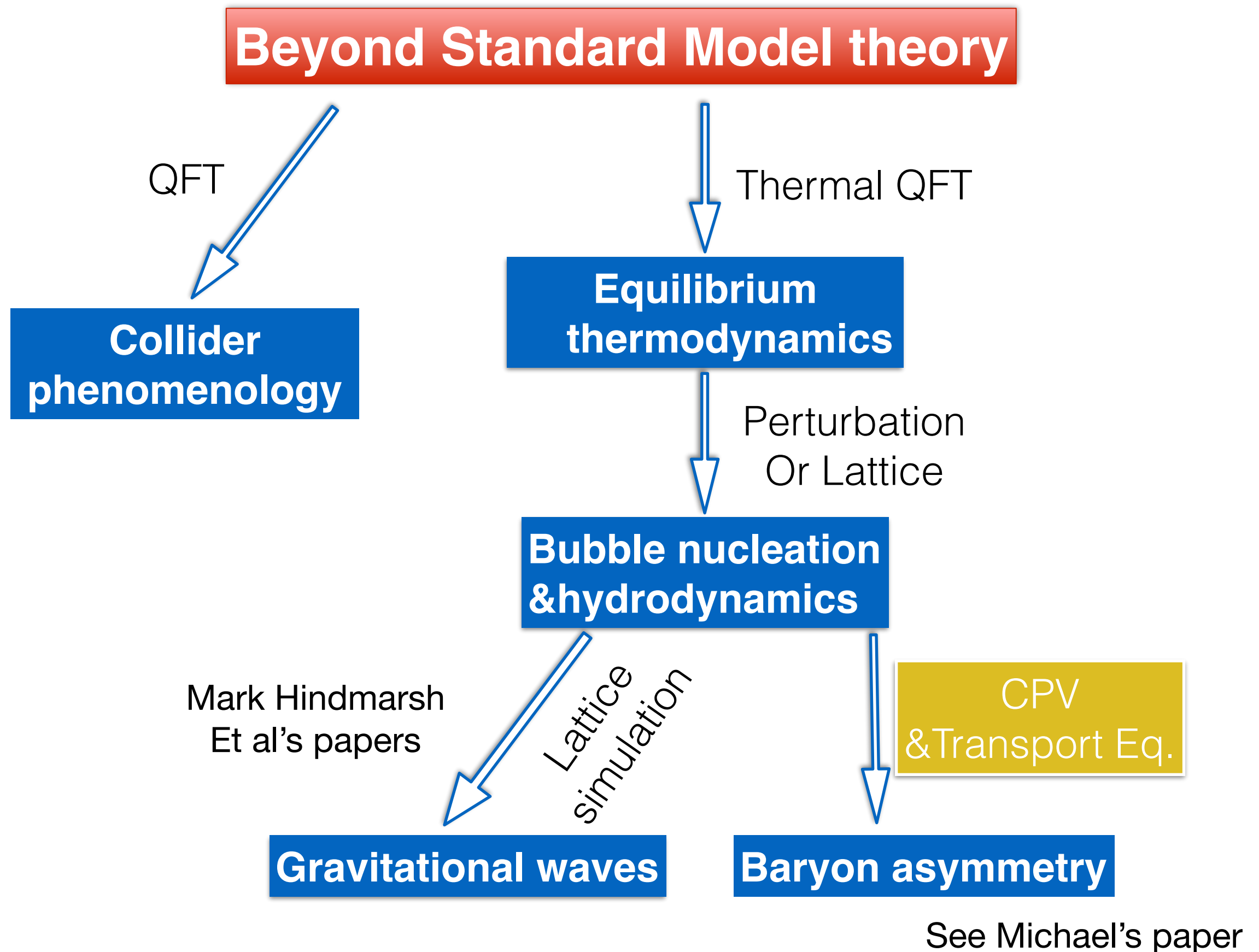


NANOGrav,2306.16213

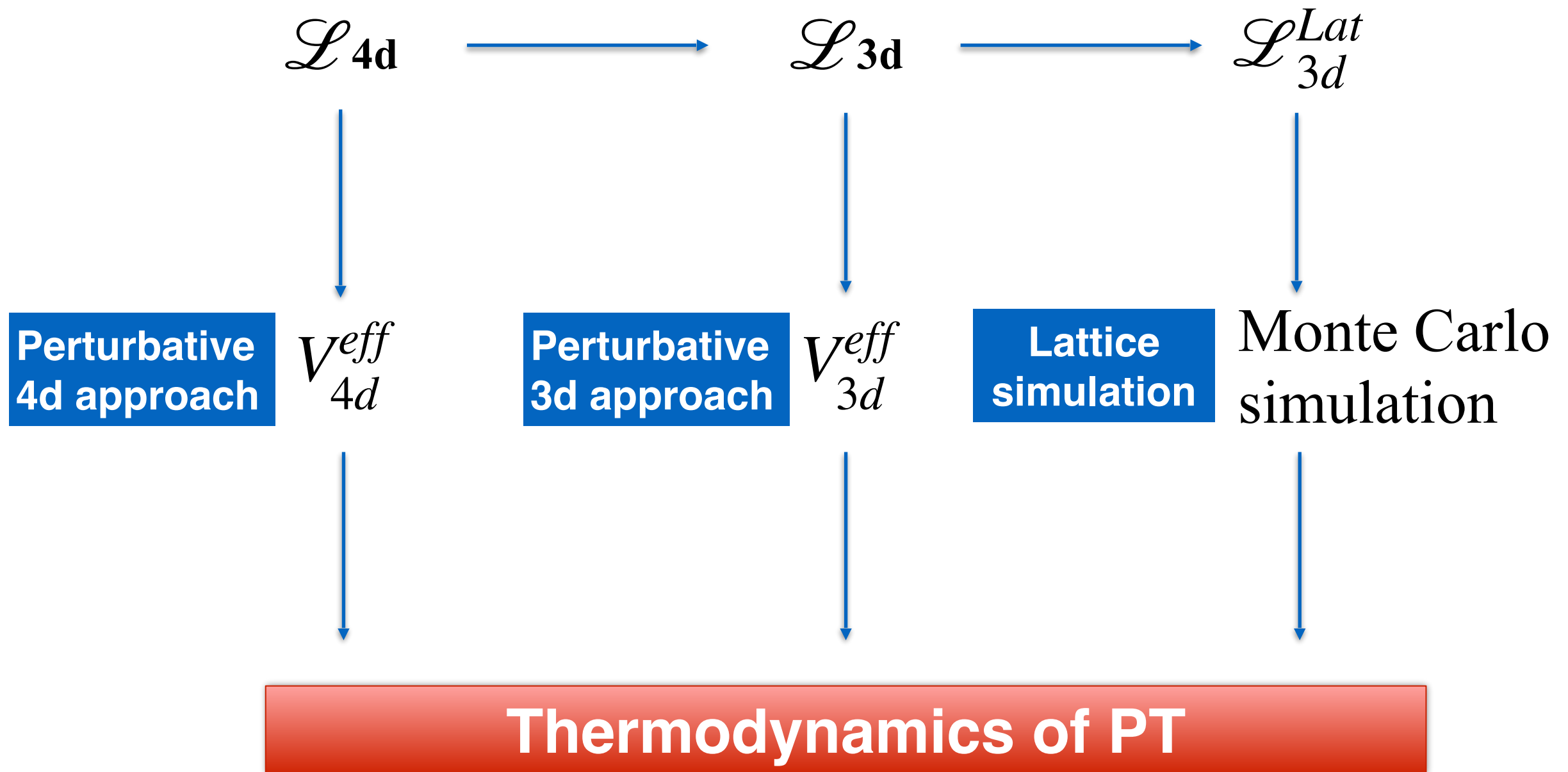
Gravitational wave sources for Pulsar Timing Arrays



Particle cosmology related with electroweak 1st PT

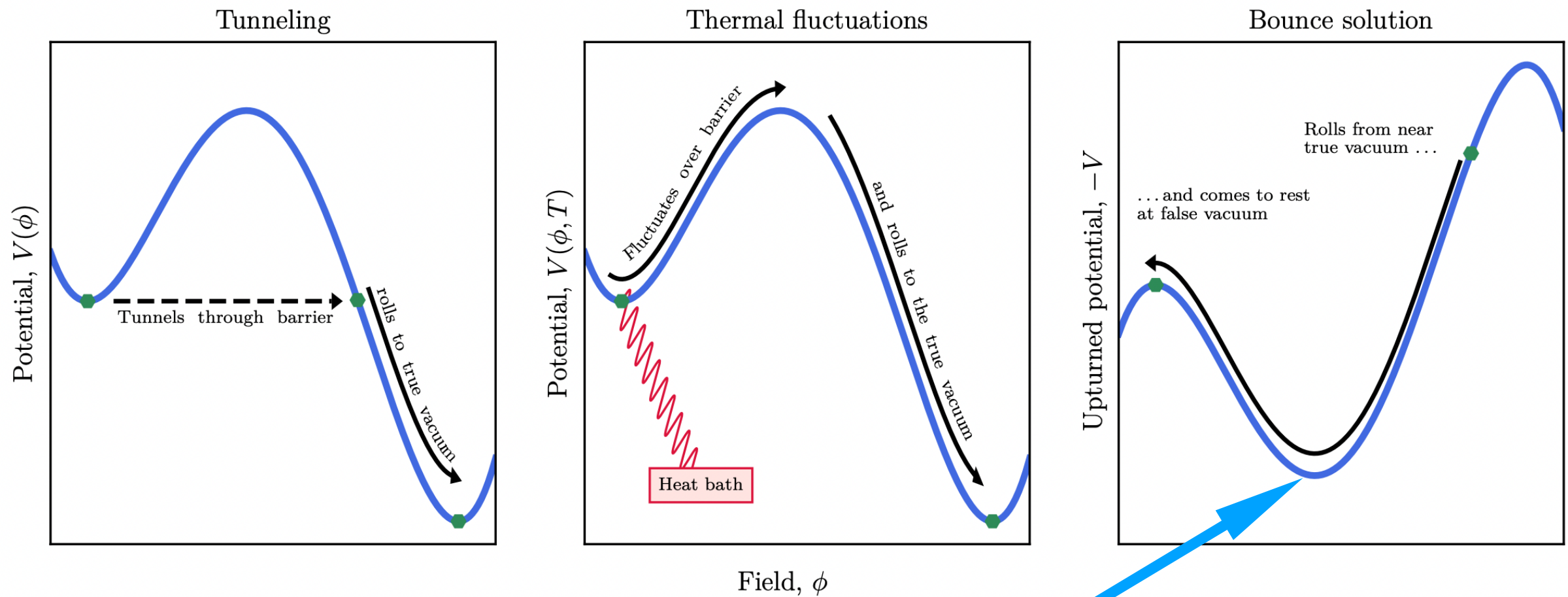


► Methods for PT dynamics study



See Philipp and Michael's talk

► Vacuum decay at finite temperature



$$p(t; T) \equiv \Gamma/V = |A(T)|e^{-B(T)/T}$$

$$A(T) \simeq T^4 \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}}$$

Bounce solution

$$S_3(T) = \int 4\pi r^2 dr \left[\frac{1}{2} \left(\frac{d\phi_b}{dr} \right)^2 + V(\phi_b, T) \right]$$

$$\lim_{r \rightarrow \infty} \phi_b = 0, \quad \left. \frac{d\phi_b}{dr} \right|_{r=0} = 0$$

Bubble nucleation

$$\Gamma \approx A(T) e^{-S_3/T} \sim 1$$

PT strength

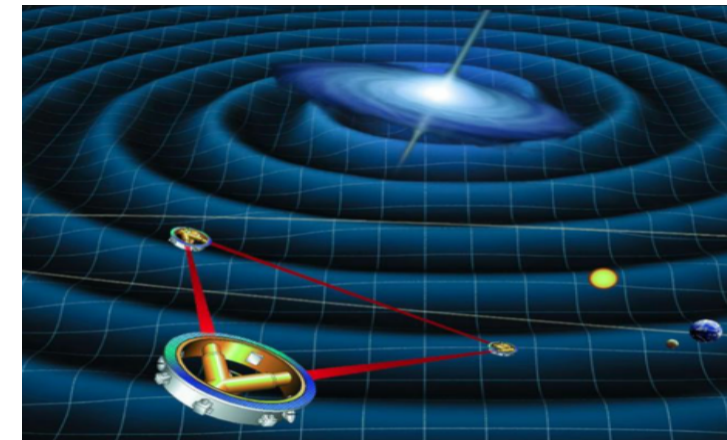
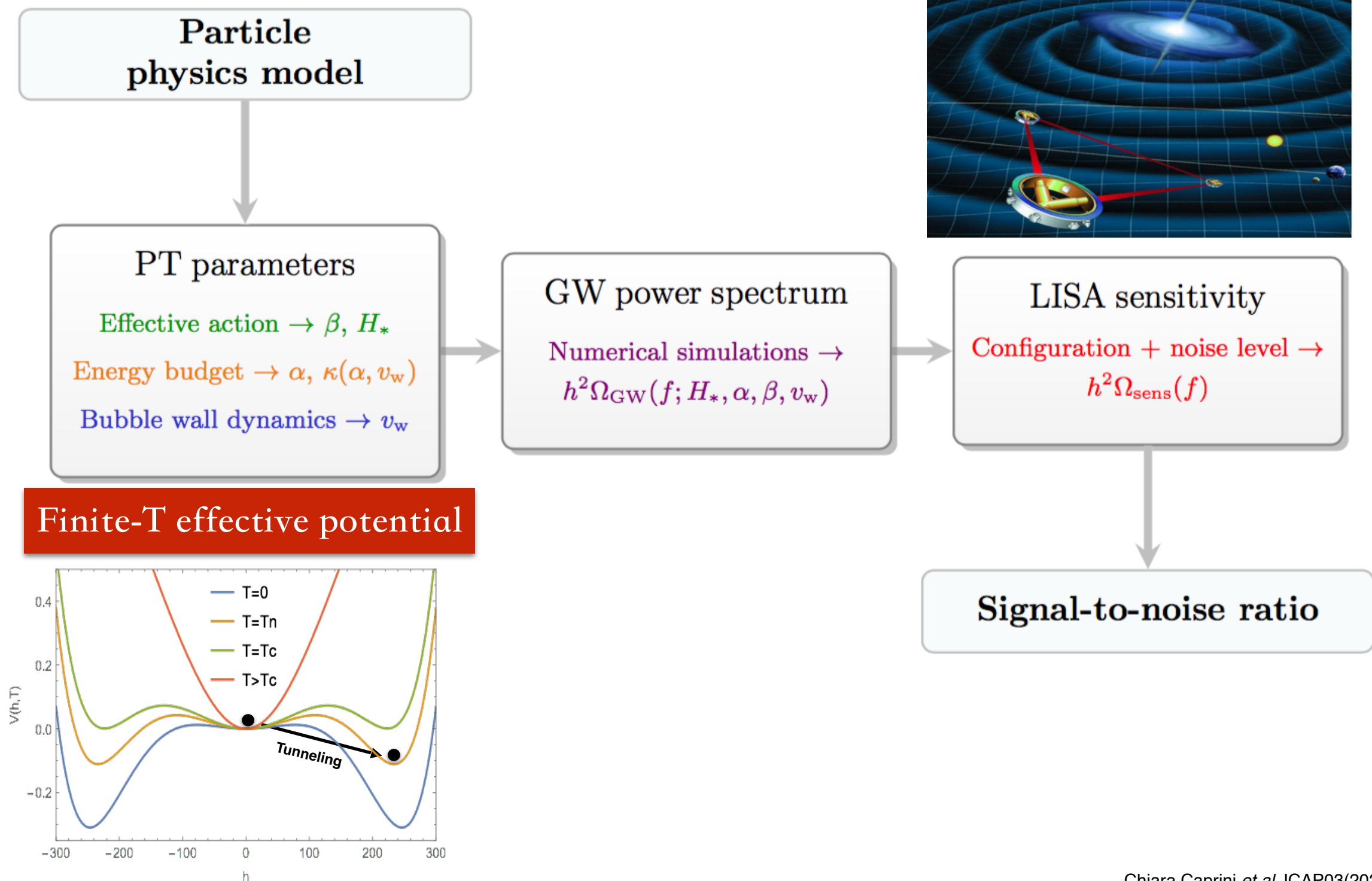
$$\alpha \equiv \frac{1}{\rho_r} \left(\Delta V_{\text{eff}}(\phi, T) - \frac{T}{4} \Delta \frac{\partial V_{\text{eff}}(\phi, T)}{\partial T} \right)$$

**Phase transition
inverse duration**

$$\frac{\beta}{H_n} = T \frac{d(S_3(T)/T)}{dT} \Big|_{T=T_n}$$

New physics & Gravitation waves

PTA,LIGO,LISA,TianQin,Taiji,...



► Lattice electroweak theory

$\Phi(t, \mathbf{x})$: Higgs field doublet defined on sites;

$U_i(t, \mathbf{x})$ and $V_i(t, \mathbf{x})$: SU(2) and U(1) link fields, defined on the link between the neighboring sites $\mathbf{x}$ and $\mathbf{x} + \mathbf{i}$, $\Phi(t, \mathbf{x})$, $U_i(t, \mathbf{x})$ and $V_i(t, \mathbf{x})$ are defined at time steps $t + \Delta t$, $t + 2\Delta t, \dots$;

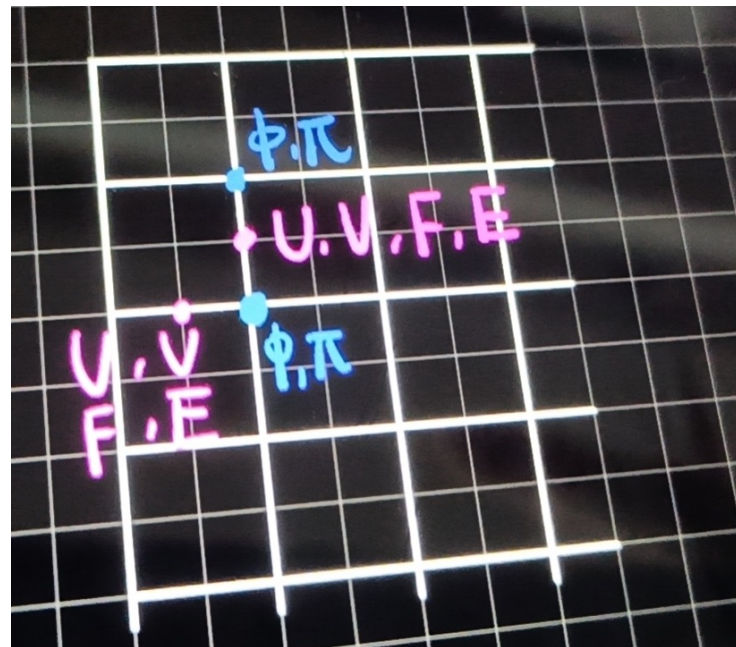
Conjugate momentum fields: $\Pi(t + \Delta t/2, \mathbf{x})$, $F(t + \Delta t/2, \mathbf{x})$ and $E(t + \Delta t/2, \mathbf{x})$, are defined at time steps $t + \Delta t/2$, $t + 3\Delta t/2$.

$$U_i(t, x) = \exp \left(-\frac{i}{2} g \Delta x \sigma^a W_i^a \right)$$

$$U_0(t, x) = \exp \left(-\frac{i}{2} g \Delta t \sigma^a W_0^a \right)$$

$$V_i(t, x) = \exp \left(-\frac{i}{2} g \Delta x B_i \right)$$

$$V_0(t, x) = \exp \left(-\frac{i}{2} g \Delta t B_0 \right).$$



Temporal gauge
 $U_0(t, \mathbf{x}) = \mathbf{I}_2, V_0(t, \mathbf{x}) = 1$

$$D_i \Phi = \frac{1}{\Delta x} [U_i(t, x) V_i(t, x) \Phi(t, x + i) - \Phi(t, x)]$$

$$D_0 \Phi = \frac{1}{\Delta t} [U_0(t, x) V_0(t, x) \Phi(t + \Delta t, x) - \Phi(t, x)].$$

$$\Phi(t + \Delta t, x) = \Phi(t, x) + \Delta t \Pi(t + \Delta t/2, x)$$

$$V_i(t + \Delta t, x) = \frac{1}{2} g' \Delta x \Delta t E_i(t + \Delta t/2, x) V_i(t, x)$$

$$U_i(t + \Delta t, x) = g \Delta x \Delta t F_i(t + \Delta t/2, x) U_i(t, x),$$

leapfrog

► 1st order EWPT simulation-quantum tunneling

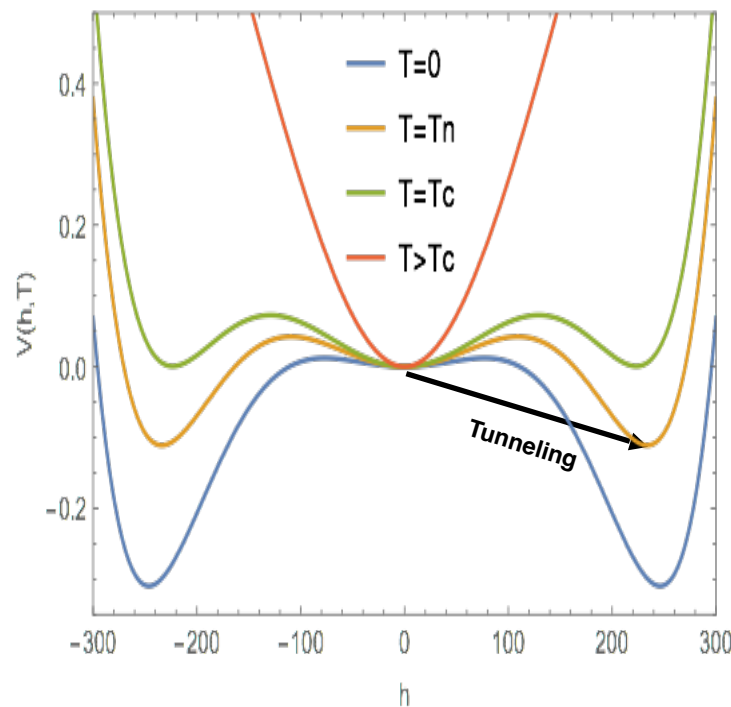
Field basis equation of motion

$$\begin{aligned}\partial_0^2 \Phi &= D_i D_i \Phi - \frac{dV(\Phi)}{d\Phi}, \\ \partial_0^2 B_i &= -\partial_j B_{ij} + g' \text{Im}[\Phi^\dagger D_i \Phi], \\ \partial_0^2 W_i^a &= -\partial_k W_{ik}^a - g \epsilon^{abc} W_k^b W_{ik}^c + g \text{Im}[\Phi^\dagger \sigma^a D_i \Phi], \\ \partial_0 \partial_j B_j - g' \text{Im}[\Phi^\dagger \partial_0 \Phi] &= 0, \\ \partial_0 \partial_j W_j^a + g \epsilon^{abc} W_j^b \partial_0 W_j^c - g \text{Im}[\Phi^\dagger \sigma^a \partial_0 \Phi] &= 0.\end{aligned}$$

Lattice implementation

$$\begin{aligned}\Pi(t + \Delta t/2, x) &= \Pi(t - \Delta t/2, x) + \Delta t \left\{ \frac{1}{\Delta x^2} \sum_i [U_i(t, x) V_i(t, x) \Phi(t, x + i) \right. \\ &\quad \left. - 2\Phi(t, x) + U_i^\dagger(t, x - i) V_i^\dagger(t, x - i) \Phi(t, x - i)] - \frac{\partial U}{\partial \Phi^\dagger} \right\} \\ \text{Im}[E_k(t + \Delta t/2, x)] &= \text{Im}[E_k(t - \Delta t/2, x)] + \Delta t \left\{ \frac{g'}{\Delta x} \text{Im}[\Phi^\dagger(t, x + k) U_k^\dagger(t, x) V_k^\dagger(t, x) \Phi(t, x)] \right. \\ &\quad \left. - \frac{2}{g' \Delta x^3} \sum_i \text{Im}[V_k(t, x) V_i(t, x + k) V_k^\dagger(t, x + i) V_i^\dagger(t, x) \right. \\ &\quad \left. + V_i(t, x - i) V_k(t, x) V_i^\dagger(t, x + k - i) V_k^\dagger(t, x - i)] \right\} \\ \text{Tr}[i\sigma^m F_k(t + \Delta t/2, x)] &= \text{Tr}[i\sigma^m F_k(t - \Delta t/2, x)] + \Delta t \left\{ \frac{g}{\Delta x} \text{Re}[\Phi^\dagger(t, x + k) U_k^\dagger(t, x) V_k^\dagger(t, x) i\sigma^m \Phi(t, x)] \right. \\ &\quad \left. - \frac{1}{g \Delta x^3} \sum_i \text{Tr}[i\sigma^m U_k(t, x) U_i(t, x + k) U_k^\dagger(t, x + i) U_i^\dagger(t, x) \right. \\ &\quad \left. + i\sigma^m U_k(t, x) U_i^\dagger(t, x + k - i) U_k^\dagger(t, x - i) U_i(t, x - i)] \right\},\end{aligned}$$

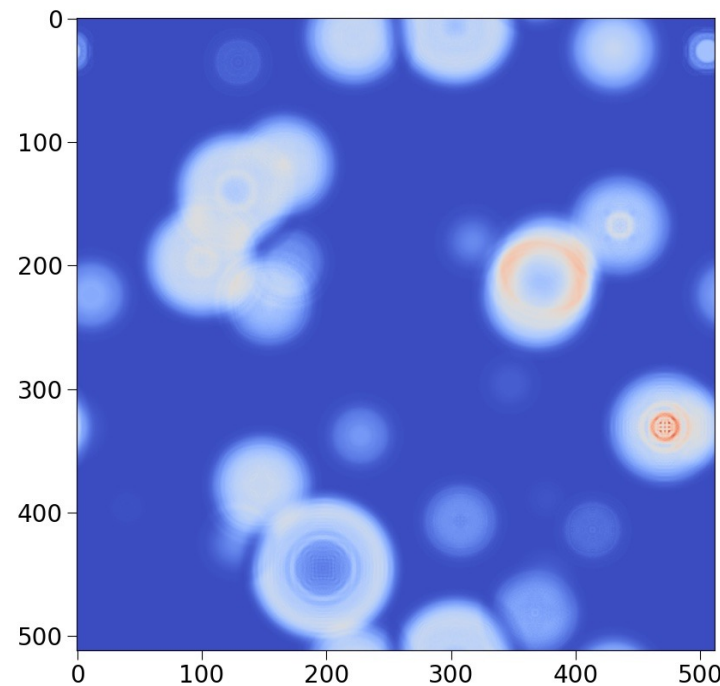
Finite-T Veff



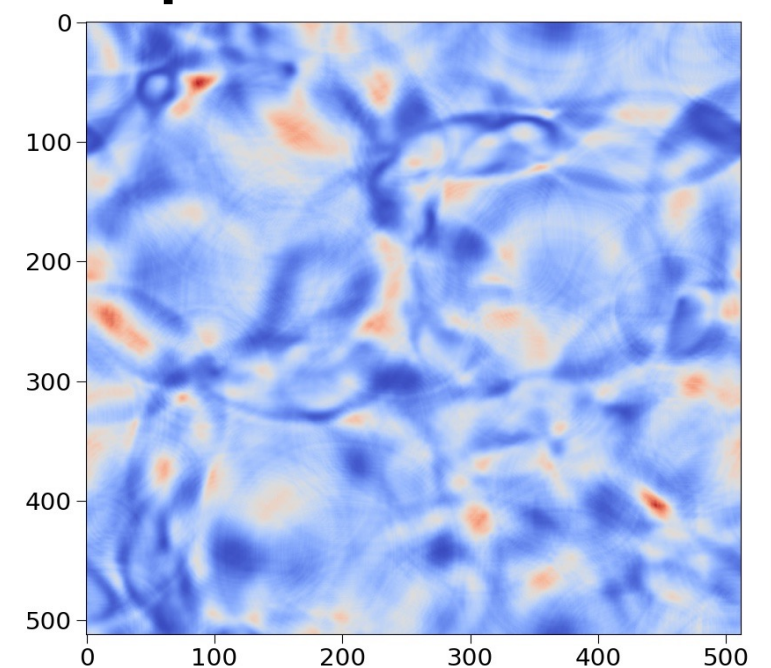
Finite-T calculation

PT temperature (T_*)
duration (β)
strength (α)

Nucleation



Expansion&Percolation



Lattice Simulation

Di, Wang, Zhou, [Bian*](#), Cai*, Liu*, Phys.Rev.Lett. 126 (2021) 251102

See Jinno and Chi's talk for the fluid simulation

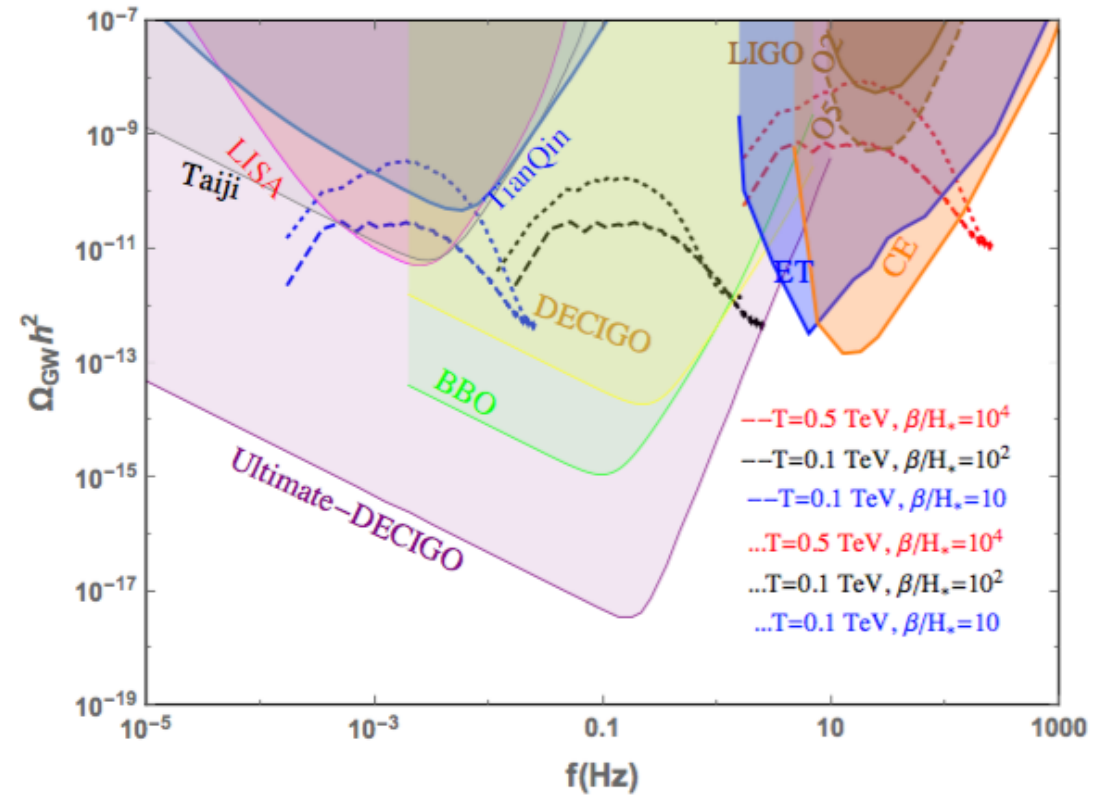
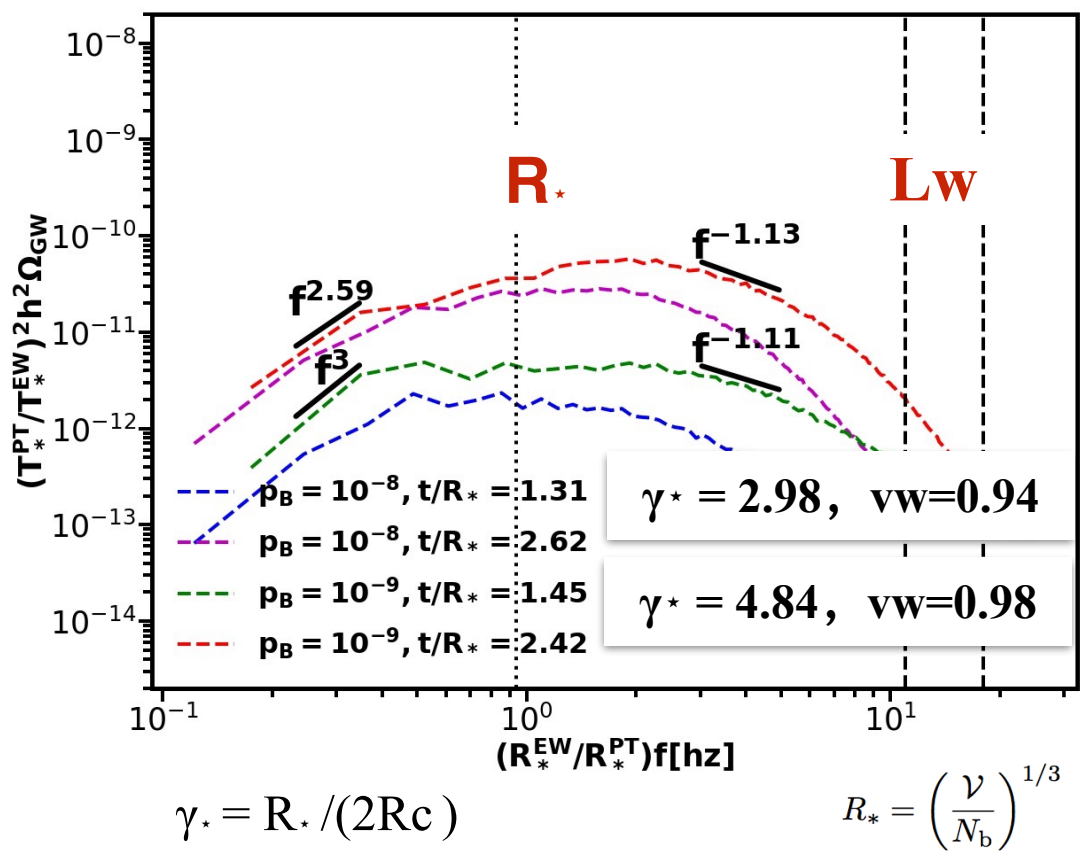
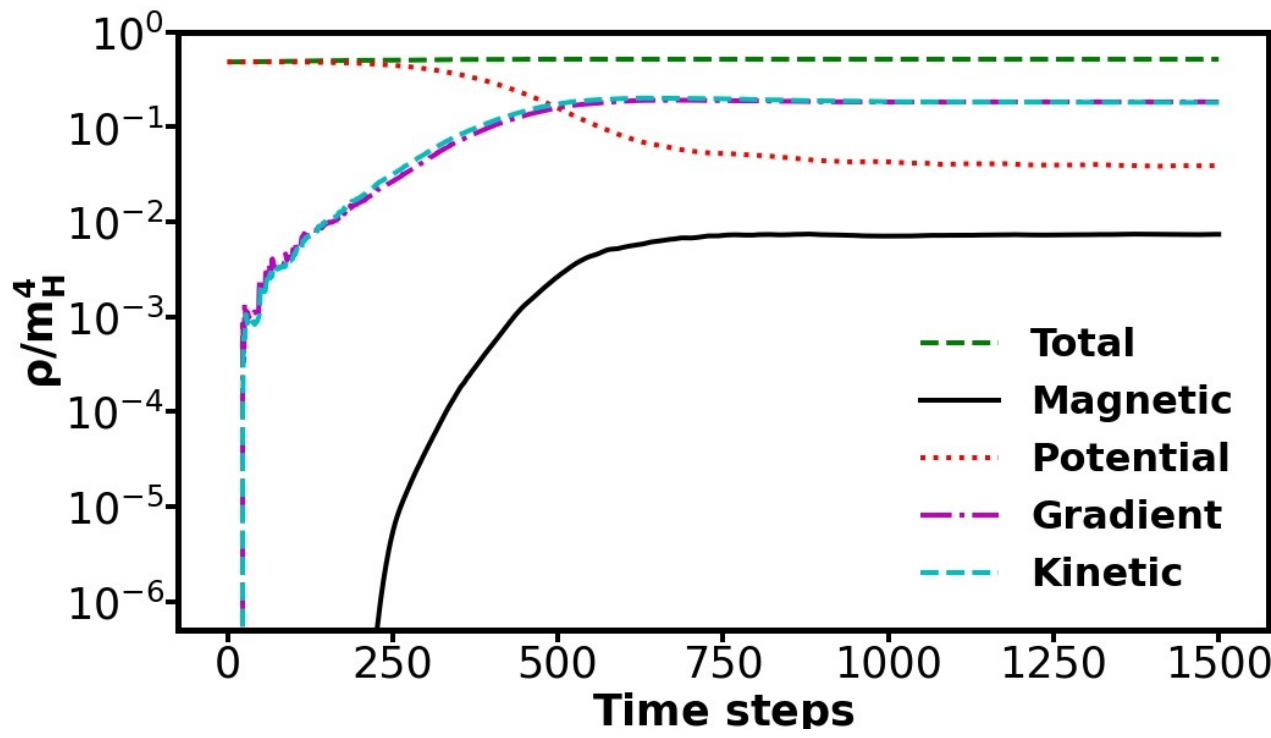
Bubble collision and GWs generation

$$\ddot{h}_{ij} - \nabla^2 h_{ij} = 16\pi G T_{ij}^{TT}$$

$$T_{\mu\nu} = \partial_\mu \Phi^\dagger \partial_\nu \Phi - g_{\mu\nu} \frac{1}{2} \text{Re}[(\partial_i \Phi^\dagger \partial^i \Phi)^2]$$

$$\langle \dot{h}_{ij}^{TT}(\mathbf{k}, t) \dot{h}_{ij}^{TT}(\mathbf{k}', t) \rangle = P_h(\mathbf{k}, t) (2\pi)^3 \delta(\mathbf{k} + \mathbf{k}')$$

$$\frac{d\Omega_{\text{gw}}}{d\ln(k)} = \frac{1}{32\pi G \rho_c} \frac{k^3}{2\pi^2} P_h(\mathbf{k}, t)$$



Di, Wang, Zhou, [Bian*](#), Cai*, Liu*, Phys.Rev.Lett. 126 (2021) 251102

See Jiang Zhu's talk for the wall velocity's calculation

Bubble dynamics of FOPT

From QFT

$$p(t; T) \equiv \Gamma/V = |A(T)|e^{-B(T)/T}$$

Tunneling

$$A(T) = T \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}} \left(\frac{\det'[-\nabla^2 + V''(\bar{\phi})]}{\det[-\nabla^2 + V''(\phi_f)]} \right)^{-\frac{1}{2}}$$

Fluctuation

$$A(T) = \frac{\sqrt{-\lambda_-}}{2\pi} \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}} \left(\frac{\det'[-\nabla^2 + V''(\bar{\phi})]}{\det[-\nabla^2 + V''(\phi_f)]} \right)^{-\frac{1}{2}} \\ = \frac{1}{2\pi} \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}} \left(\frac{\det^+[-\nabla^2 + V''(\bar{\phi})]}{\det[-\nabla^2 + V''(\phi_f)]} \right)^{-\frac{1}{2}},$$

2305.02357

False vacuum fraction considering bubbles expansion

Bubble Volume

$$h(t) = \exp \left[- \int_{t_c}^t dt' \frac{4\pi}{3} v_w^3 (t - t')^3 \frac{\Gamma(t')}{\mathcal{V}} \right]$$

$$\frac{\Gamma}{\mathcal{V}} = \frac{\Gamma_f}{\mathcal{V}} e^{\beta(t-t_f)}$$

$$\beta \equiv \left. \frac{d}{dt} \log \left(\frac{\Gamma(t)}{\mathcal{V}} \right) \right|_{t=t_f}$$

$$-\log h(t) \simeq \int_{t_c}^t dt' \frac{4\pi}{3} v_w^3 (t - t')^3 \frac{\Gamma_f}{\mathcal{V}} e^{\beta(t'-t_f)} \\ = \frac{4\pi}{3} v_w^3 \frac{\Gamma_f}{\mathcal{V}} \frac{3!}{\beta^4} e^{\beta(t-t_f)}.$$

$$h(t_f) = 1/e$$

$$8\pi \frac{v_w^3}{\beta^4} \frac{\Gamma_f}{\mathcal{V}} = 1$$

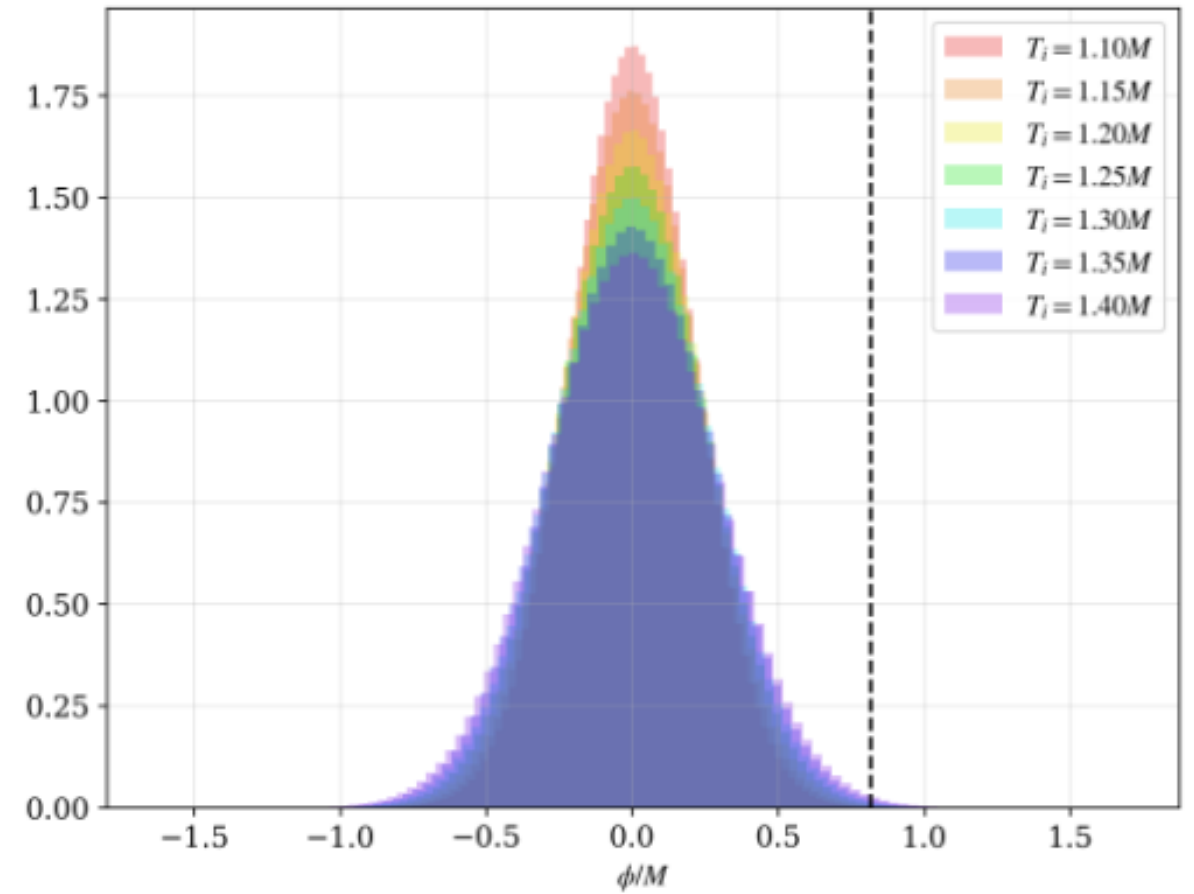
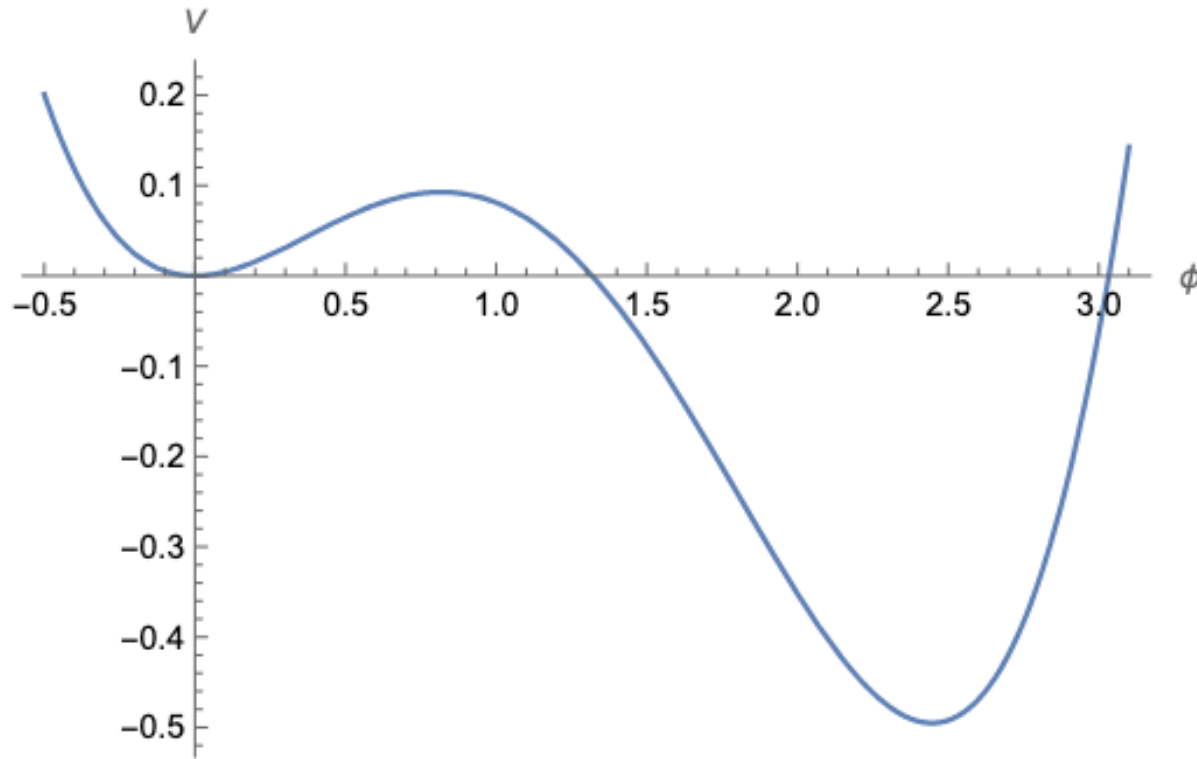
$$h(t) = \exp \left[- e^{\beta(t-t_f)} \right]$$

2008.09136

► 1st order EWPT simulation-thermal fluctuation

Toy model

$$V(\phi) = \frac{1}{2}M^2\phi^2 + \frac{1}{3}\delta\phi^3 + \frac{1}{4}\lambda\phi^4$$



Bose-Einstein distribution

$$\tilde{\phi} = \phi/f_*, \quad d\tilde{t} = w_* dt, \quad d\tilde{x}^i = w_* dx^i,$$

$$\tilde{S} = \left(\frac{w_*}{f_*}\right)^2 S(f_*\tilde{\phi})$$

$$\ddot{\tilde{\phi}} - \tilde{\nabla}^2 \tilde{\phi} + \tilde{V}_{,\tilde{\phi}} = 0$$

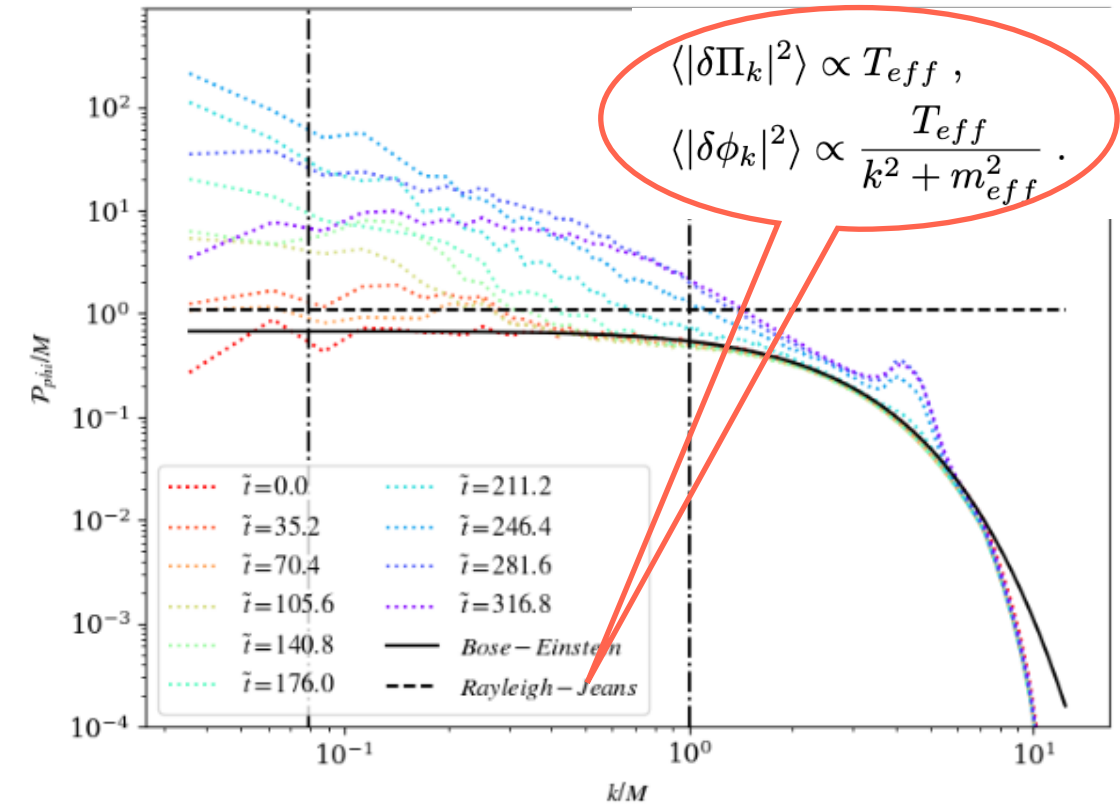
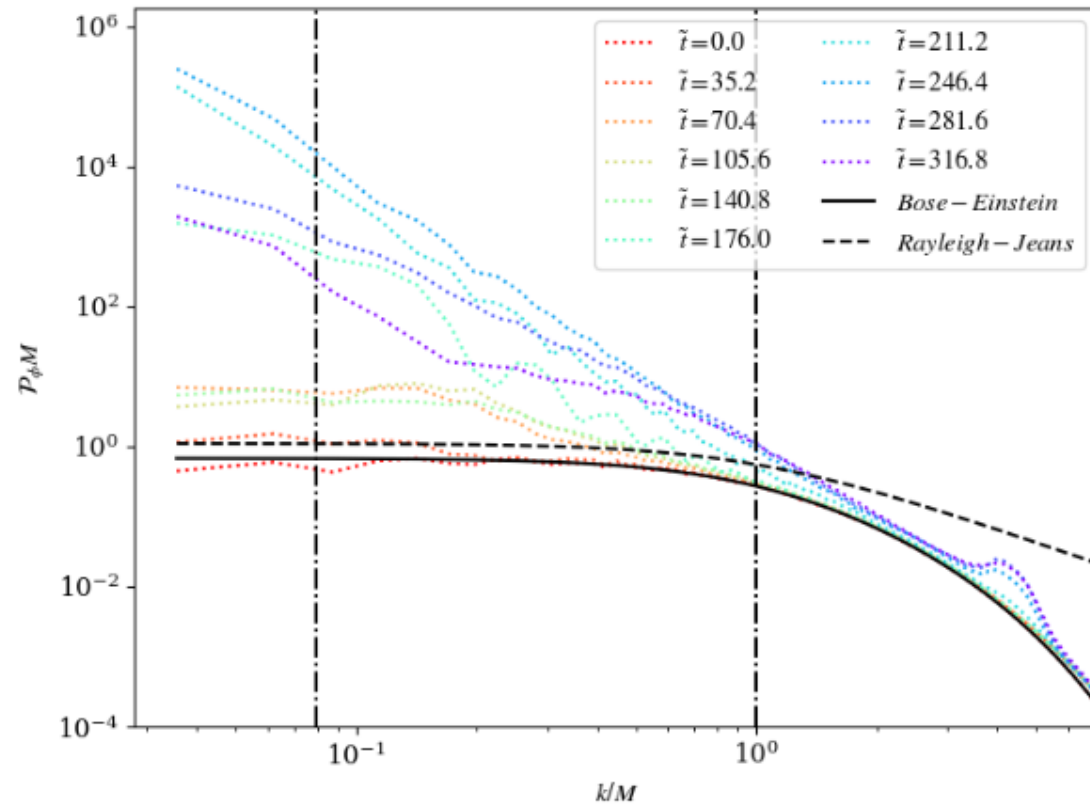
Dimensionless EOM

$$\mathcal{P}_\phi(k) = \frac{n_k}{w_k} = \frac{1}{w_k} \frac{1}{e^{w_k/T} - 1}, \quad \mathcal{P}_{\dot{\phi}}(k) = n_k w_k = \frac{w_k}{e^{w_k/T} - 1},$$

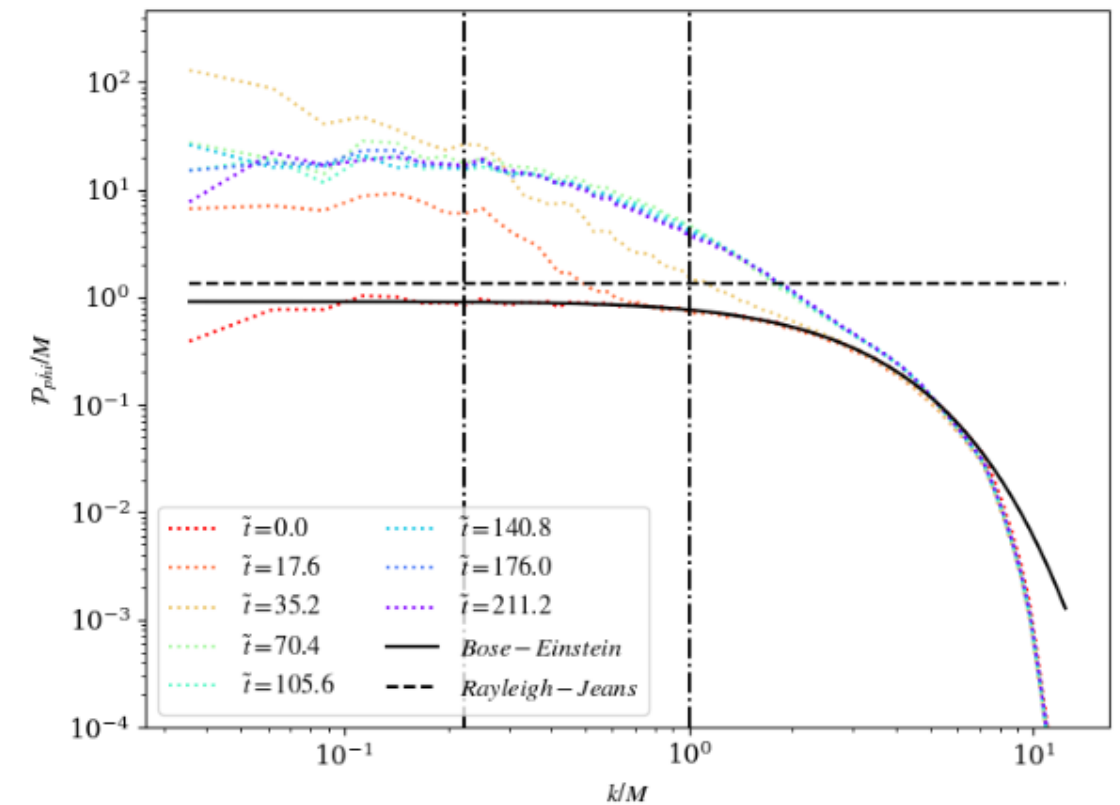
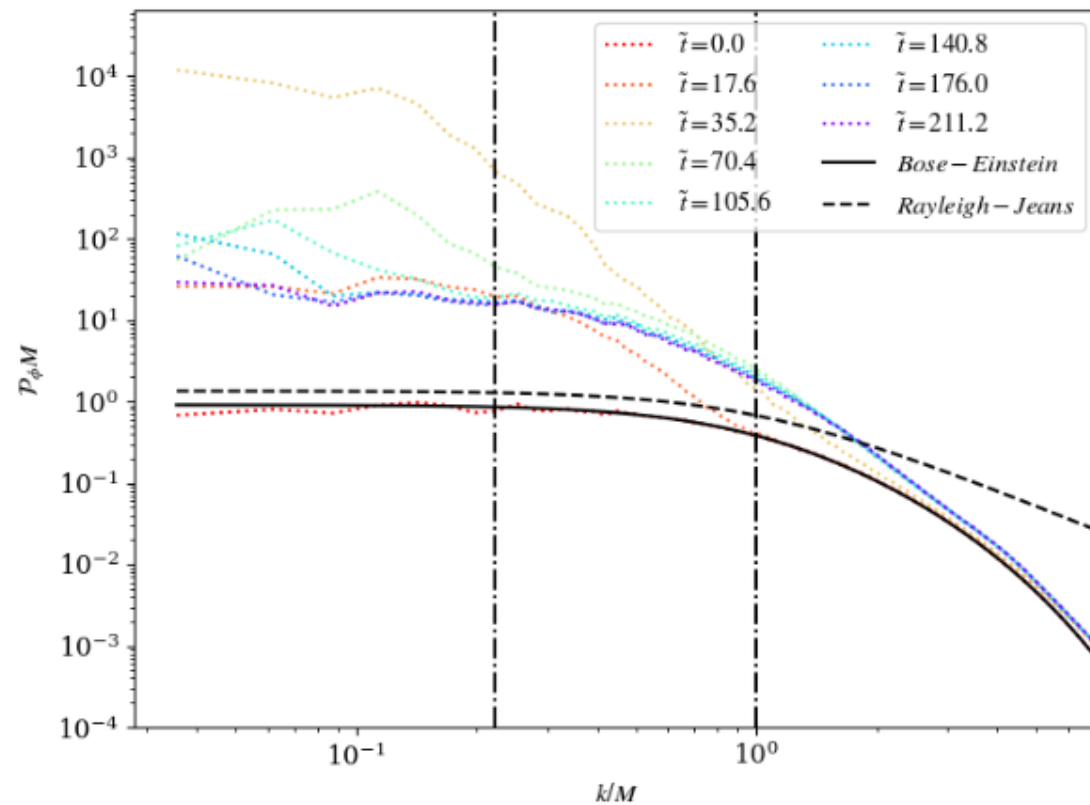
$$\begin{aligned} \langle \phi(\mathbf{k})\phi(\mathbf{k}') \rangle &= (2\pi)^3 \mathcal{P}_\phi(k) \delta(\mathbf{k} - \mathbf{k}'), & \langle |\phi(\mathbf{k})|^2 \rangle &= \left(\frac{N}{\delta x_{\text{phy}}}\right)^3 \mathcal{P}_\phi(k), & \langle \phi(\mathbf{k}) \rangle &= 0, \\ \langle \dot{\phi}(\mathbf{k})\dot{\phi}(\mathbf{k}') \rangle &= (2\pi)^3 \mathcal{P}_{\dot{\phi}}(k) \delta(\mathbf{k} - \mathbf{k}'), & \langle |\dot{\phi}(\mathbf{k})|^2 \rangle &= \left(\frac{N}{\delta x_{\text{phy}}}\right)^3 \mathcal{P}_{\dot{\phi}}(k), & \langle \dot{\phi}(\mathbf{k}) \rangle &= 0, \\ \langle \phi(\mathbf{k})\dot{\phi}(\mathbf{k}') \rangle &= 0. \end{aligned}$$

► 1st order EWPT simulation-the real thermal scenario?

Ti = 1.1M

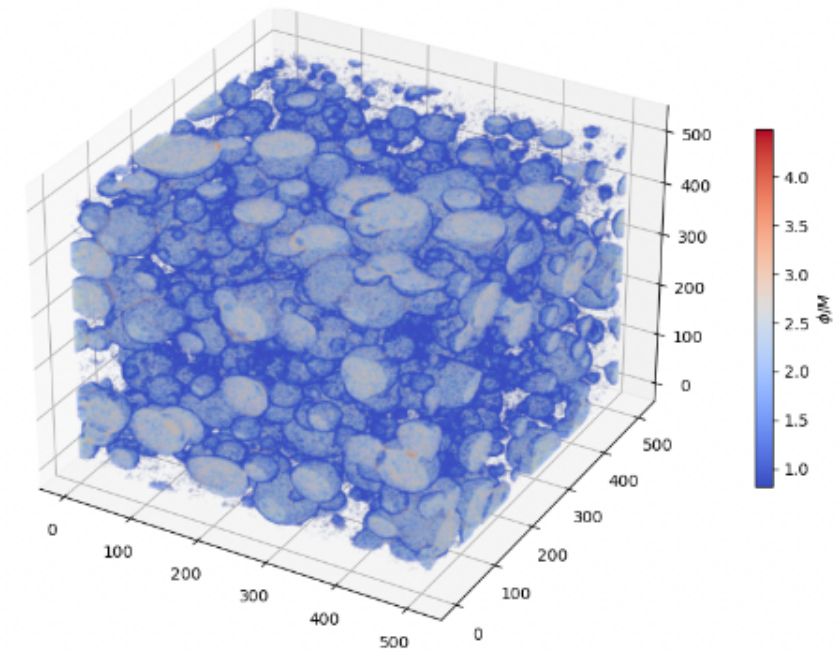
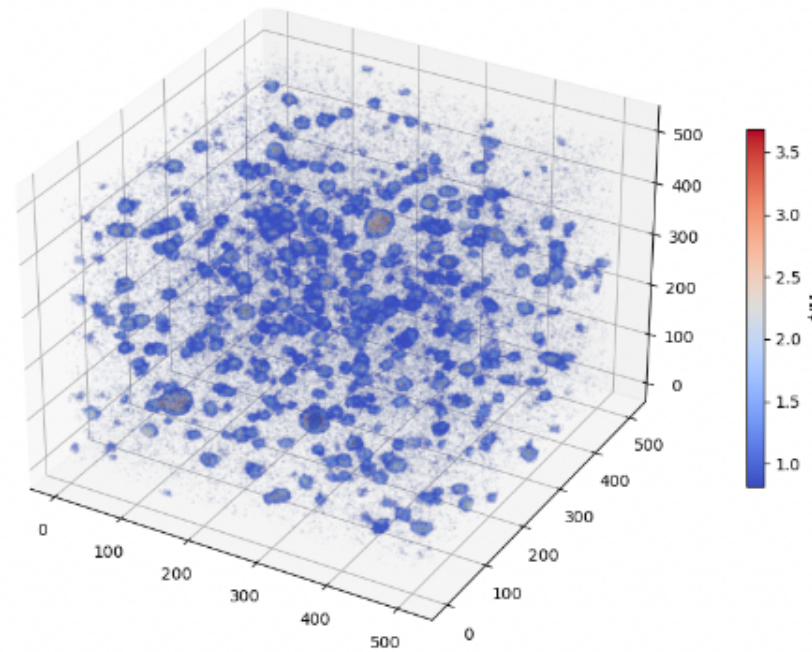
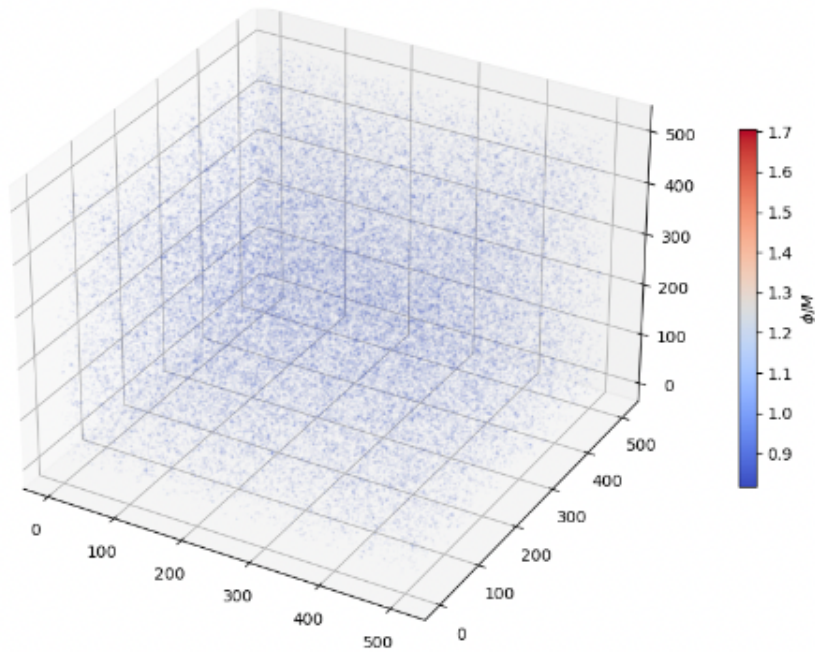
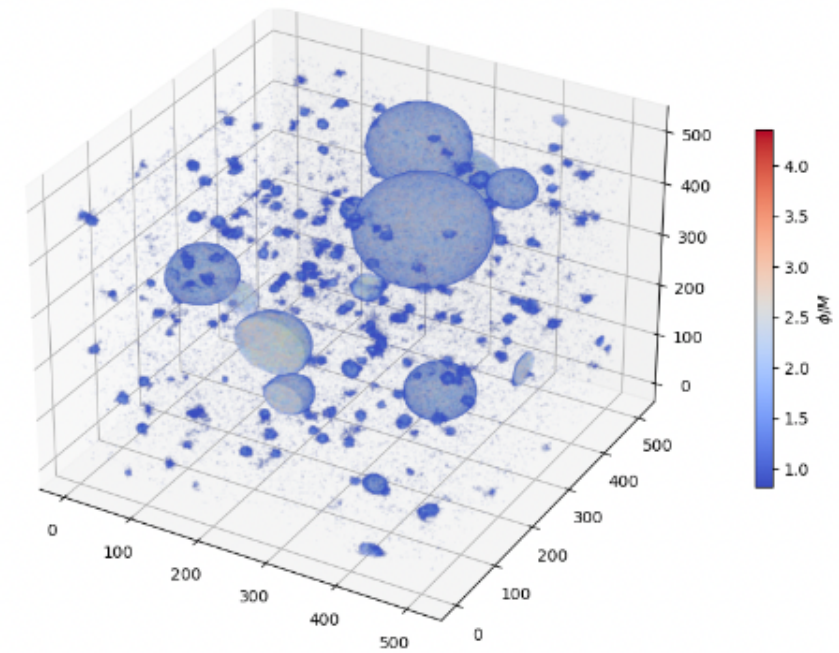
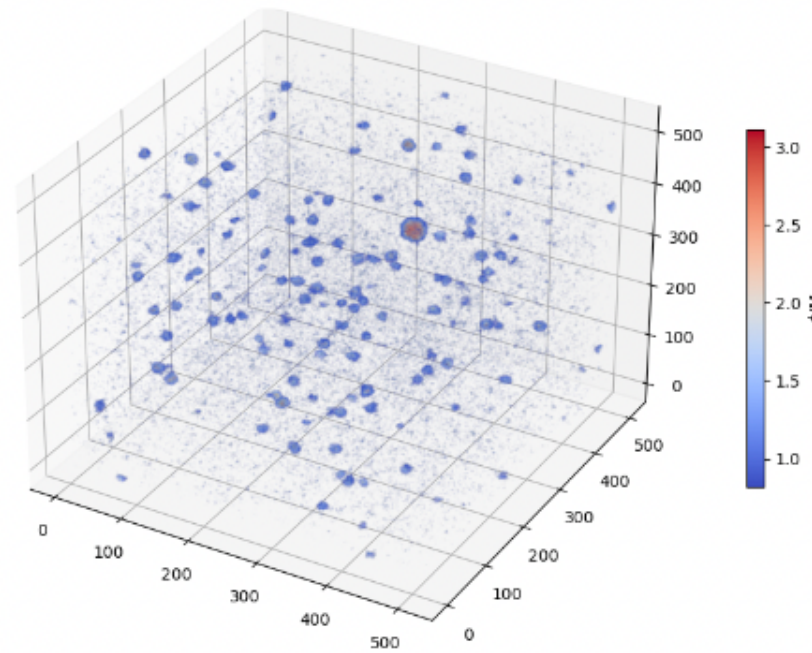
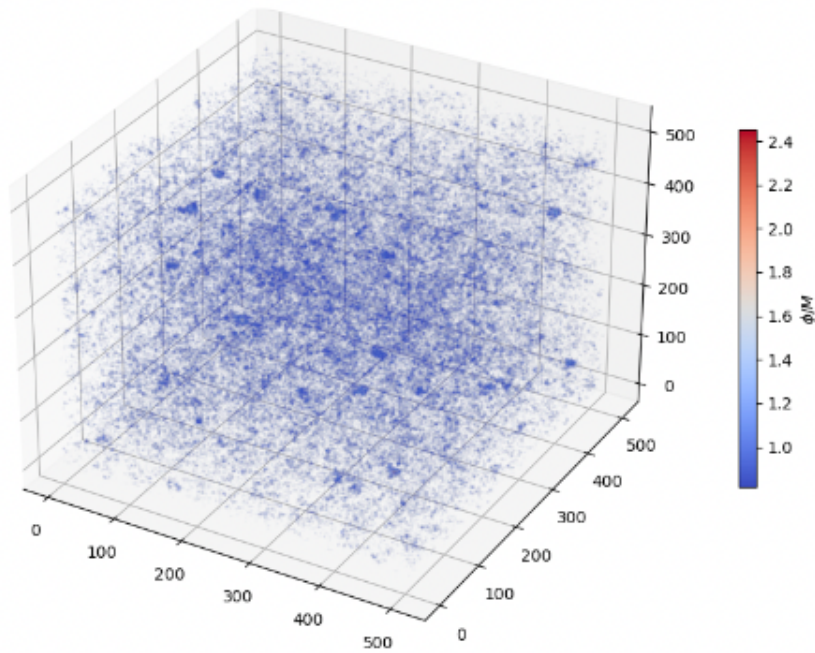


Ti = 1.3 M



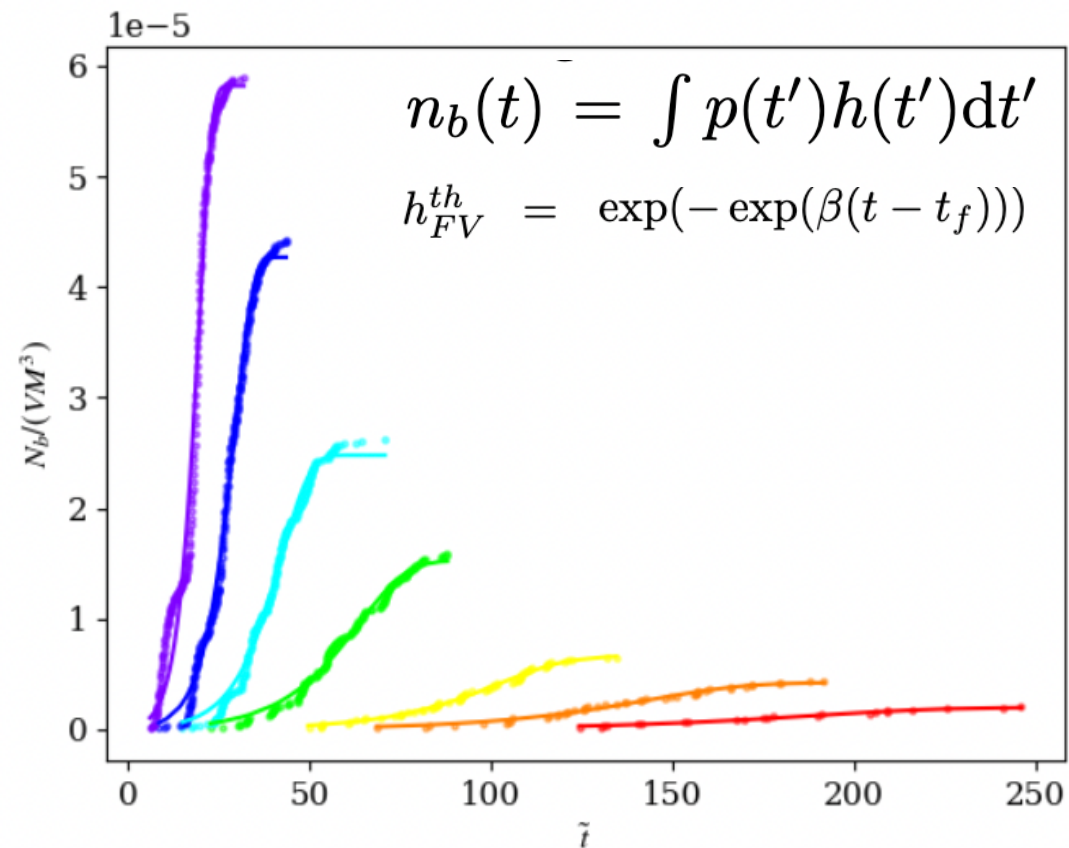
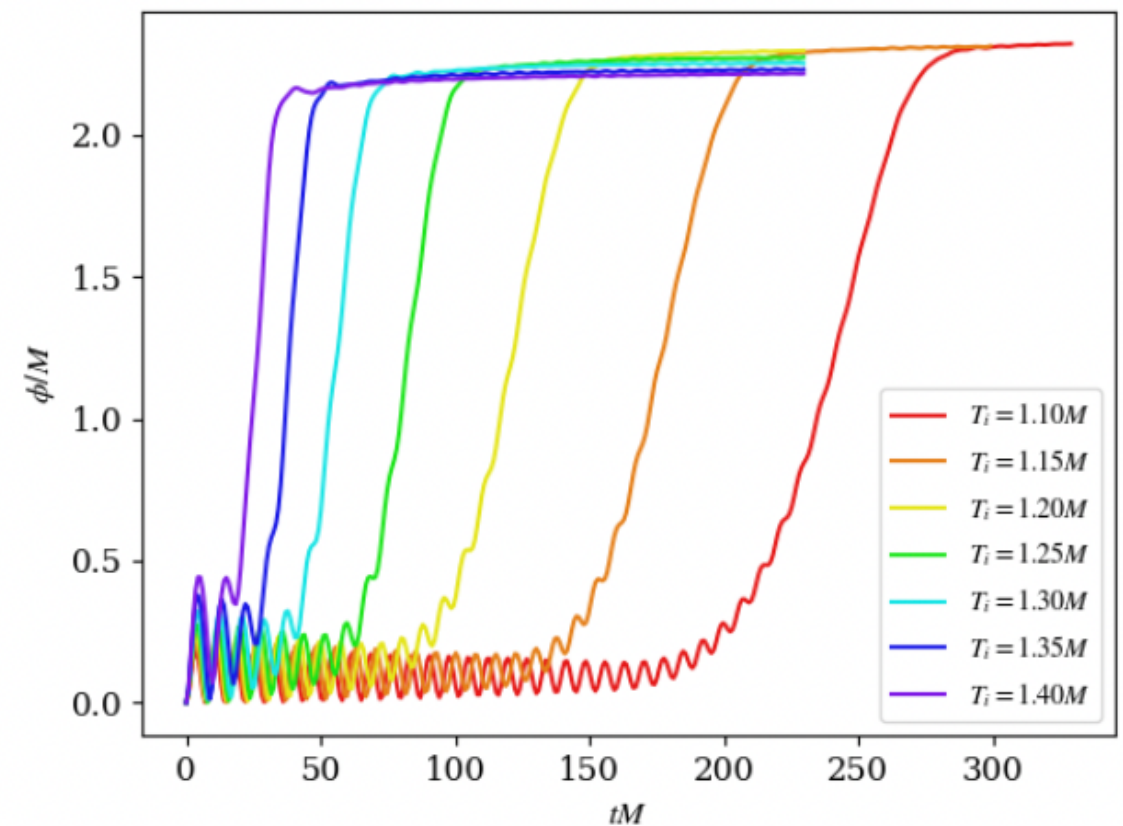
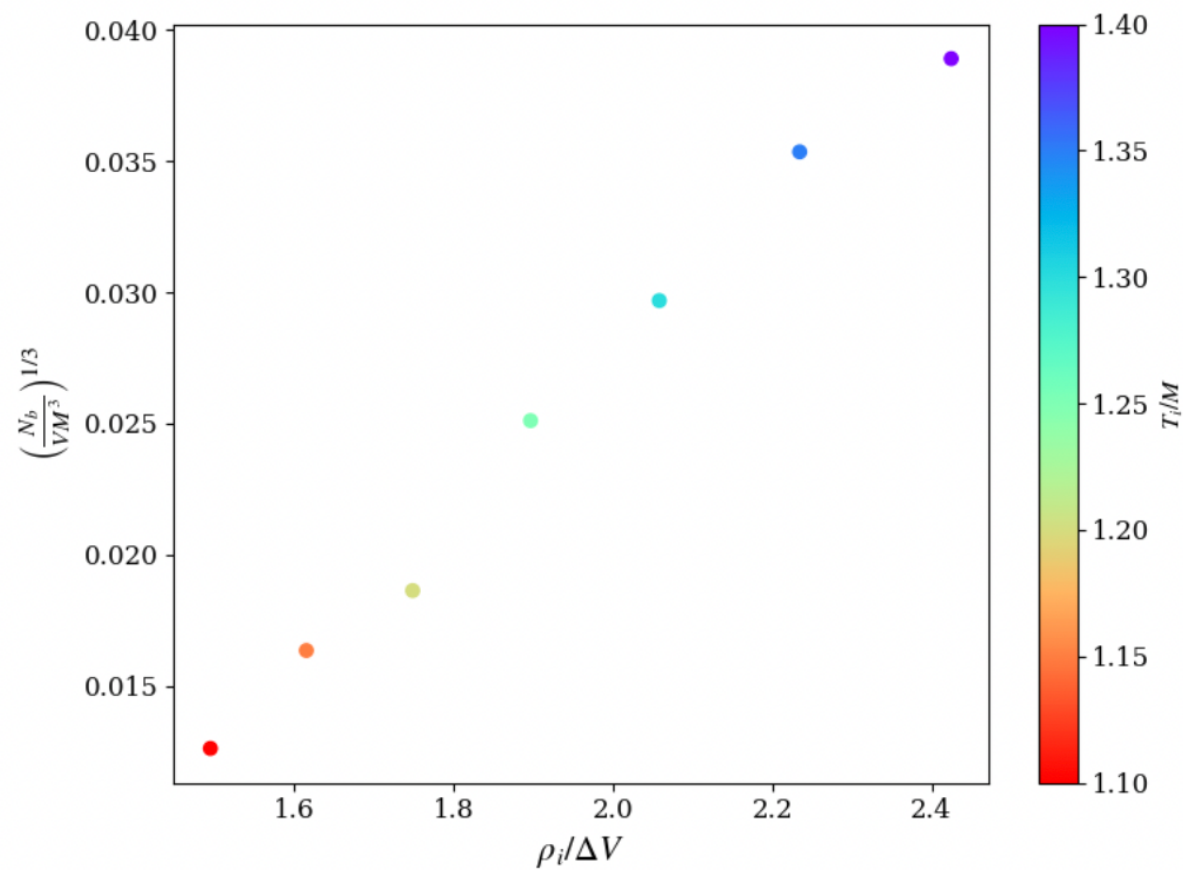
► Oscillons-like bubble

Ti = 1.15 M



Ti = 1.35 M

► Nucleation theory

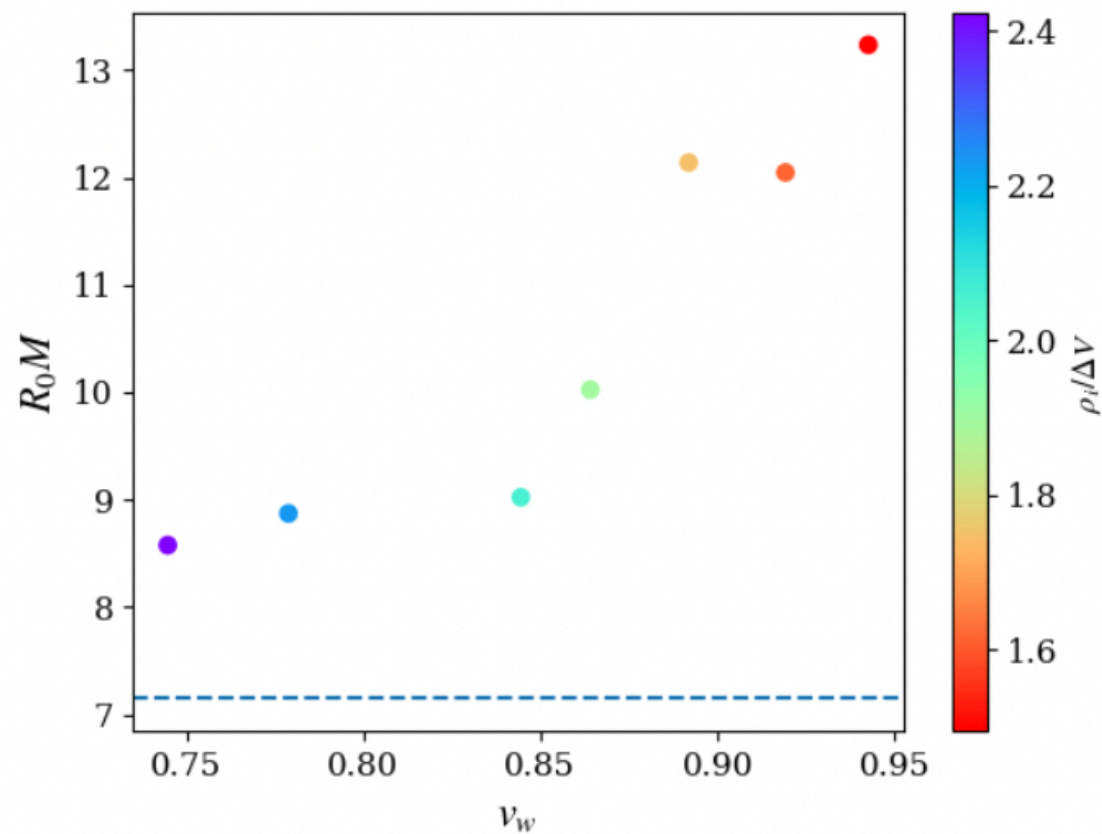
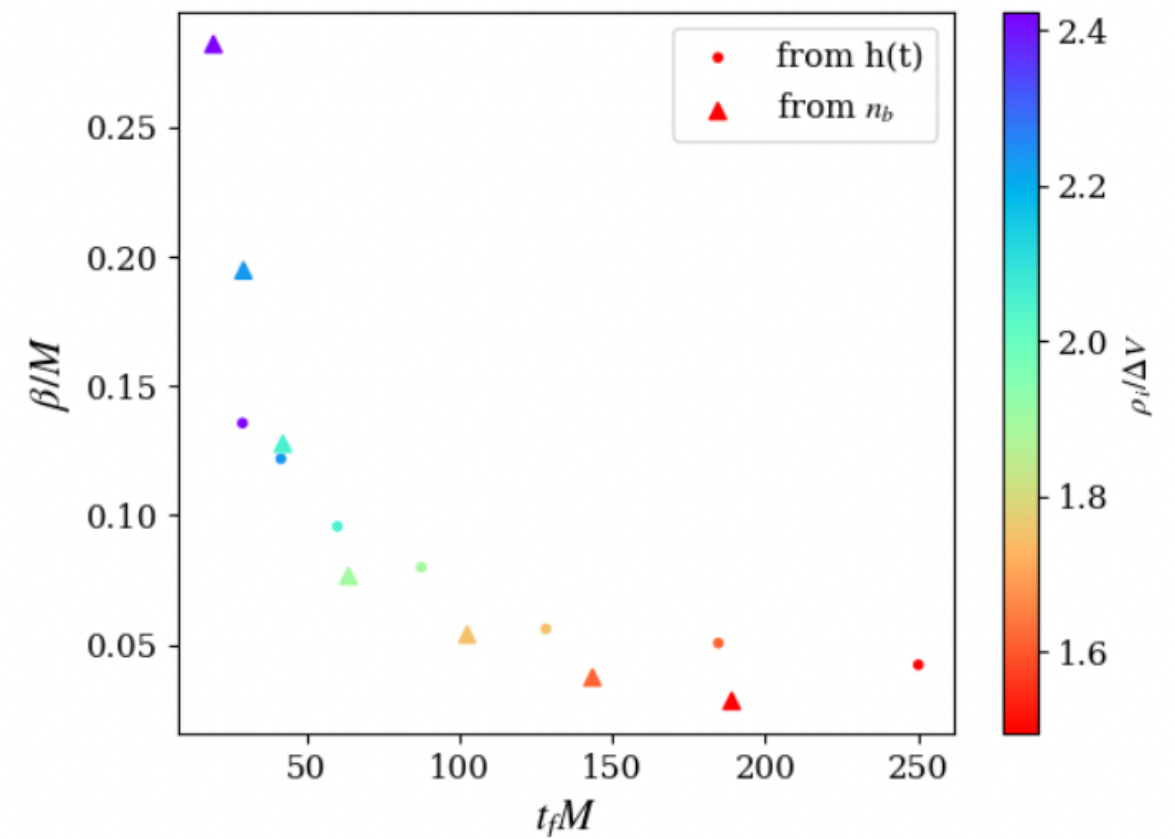
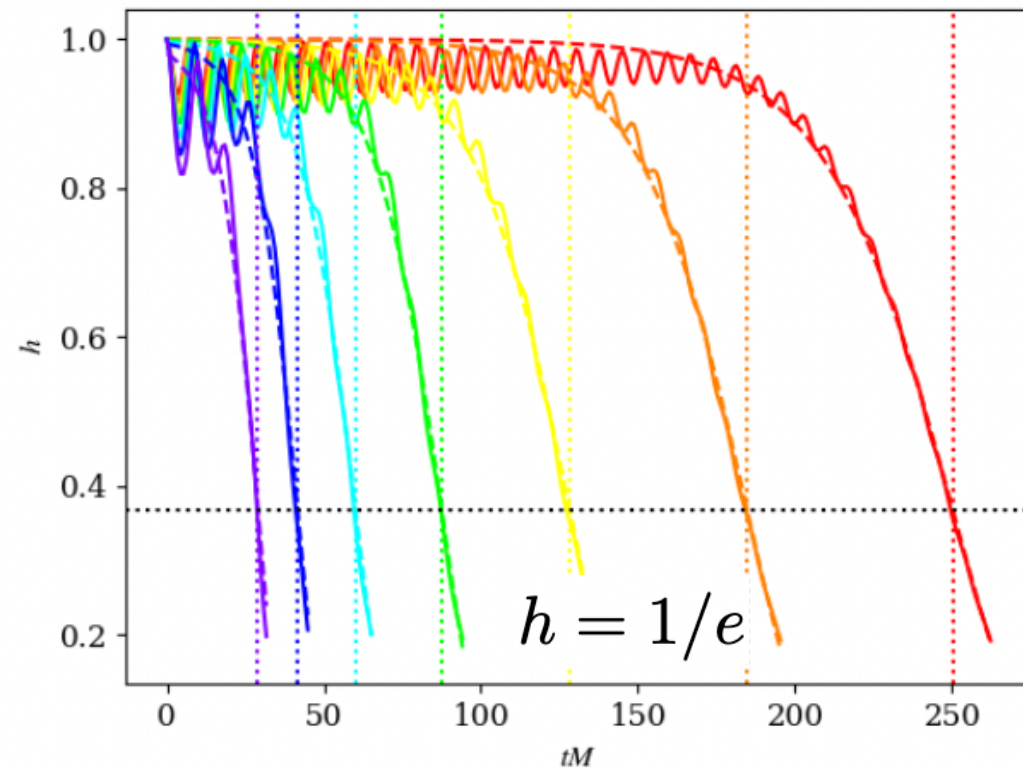


$$p(t) = p_f \exp[\beta(t - t_f)]$$

T_i/M	p_f/M^4	β/M	$t_f M$
1.10	5.56×10^{-8}	0.028	189.10
1.15	1.58×10^{-7}	0.037	143.53
1.20	3.57×10^{-7}	0.054	102.54
1.25	1.17×10^{-6}	0.077	63.72
1.30	3.18×10^{-6}	0.128	42.25
1.35	8.34×10^{-6}	0.195	29.35
1.40	1.65×10^{-5}	0.282	19.53

► Nucleation theory

$$h_{FV}^{sim} = 1 - \frac{\langle \phi \rangle}{\phi_v} \quad h_{FV}^{th} = \exp(-\exp(\beta(t - t_f)))$$



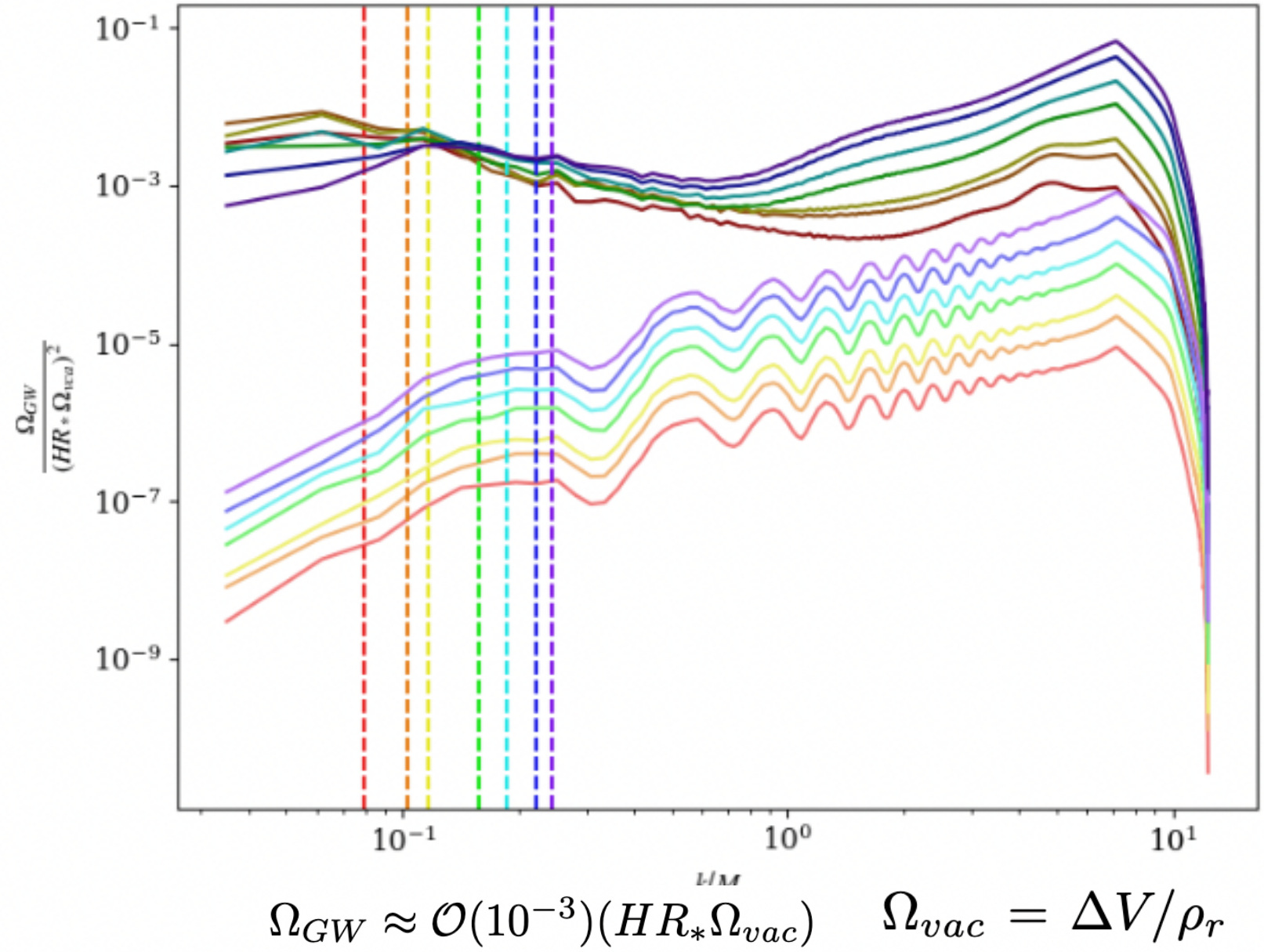
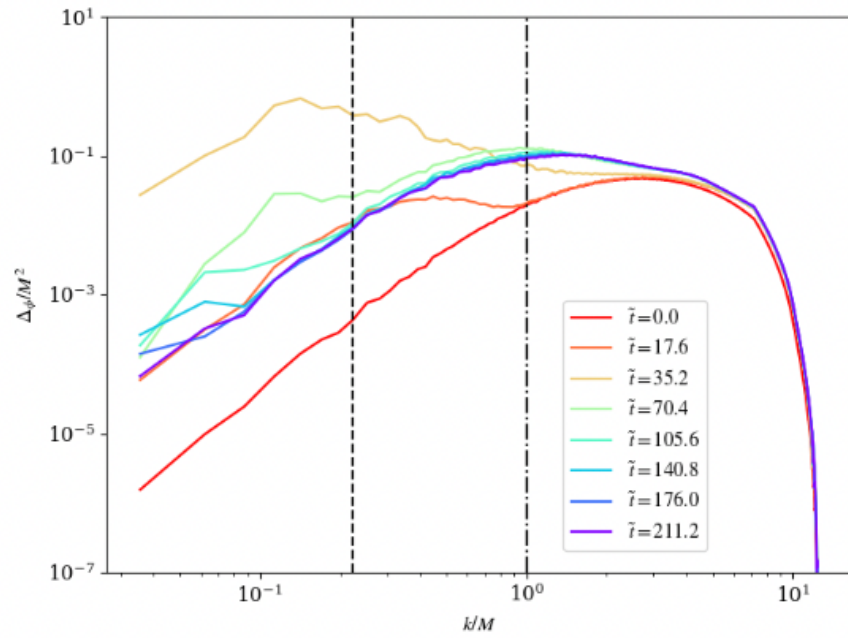
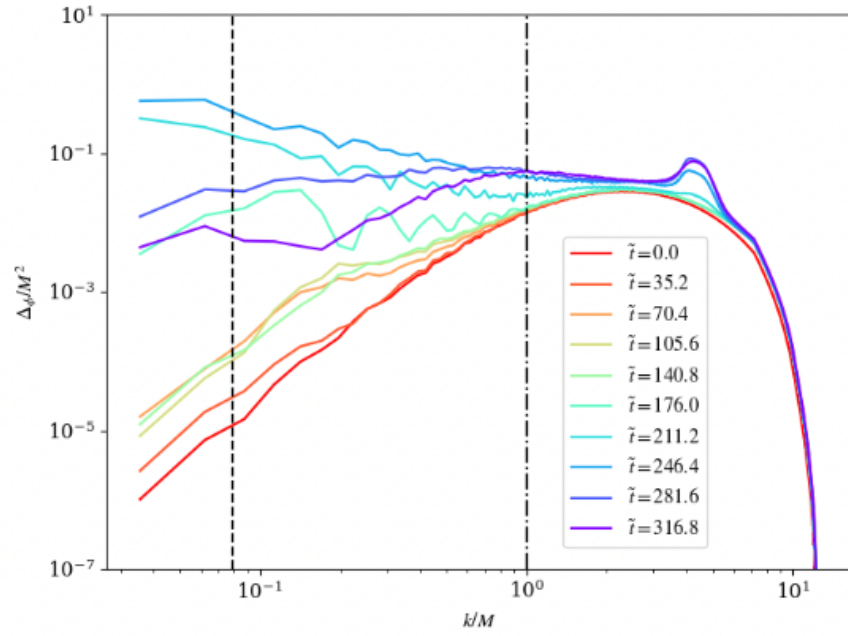
$$v_w \approx \sqrt{\Delta \rho_k / \Delta \rho_g}$$

$\downarrow$ $\downarrow$
 $\frac{1}{2} \dot{\phi}^2$ $\frac{1}{2} (\nabla \phi)^2$

$$R_0 = R_* \sqrt{1 - v_w^2/2}$$

$$R_* = (V/N_b)^{1/3}$$

► 1st order EWPT simulation-GWs



$$\Omega_{GW} \approx \mathcal{O}(10^{-3})(HR_*\Omega_{vac}) \quad \Omega_{vac} = \Delta V/\rho_r$$

► 1st order EWPT simulation-thermal fluctuation

Wigner function in field theory

$$P_R(T) \equiv \int_R dx |\psi(x, T)|^2 \quad \longrightarrow \quad P_R(t) \equiv \int_R \mathcal{D}\phi |\Psi(\phi, t)|^2$$

(量子力学中Wigner函数: (q, p) 相空间中准概率密度性质) $\Psi(\phi, t) = \langle \phi(x) | \Psi(t) \rangle = \int \mathcal{D}\phi_i \langle \phi | \hat{U}(t|t_0) | \phi_i \rangle \langle \phi_i(\mathbf{x}) | \Psi(t_0) \rangle$

$$W(q, p; t) \sim |\Psi(x, t)|^2$$

$$W(q, p; t) = \int du e^{-\frac{i}{\hbar} p u} \left\langle q + \frac{u}{2} \left| \hat{\rho}(t) \right| q - \frac{u}{2} \right\rangle \quad \longrightarrow \quad W[\phi(x), \Pi(x); t] = \int \mathcal{D}\varphi(x) \exp \left[-\frac{i}{\hbar} \int dx \Pi(x) \varphi(x) \right] \times \left\langle \phi(x) + \frac{\varphi(x)}{2} \left| \hat{\rho}(t) \right| \phi(x) - \frac{\varphi(x)}{2} \right\rangle$$

Wigner function: (ϕ, Π) phase space Quasi-probability distribution

$$\hat{\rho}(0) = \frac{1}{Z} e^{-\beta \hat{H}} \quad W[\phi(x), \Pi(x); t] \gtrsim 0$$

$$W[\phi(x), \Pi(x); 0] = \frac{1}{Z} \int \mathcal{D}\varphi(x) \exp \left[-\frac{i}{\hbar} \int dx \Pi(x) \varphi(x) \right] \times \left\langle \phi(x) + \frac{\varphi(x)}{2} \left| e^{-\beta \hat{H}} \right| \phi(x) - \frac{\varphi(x)}{2} \right\rangle$$

$$\approx \frac{1}{Z} \exp \left[-\beta \int dx \left[\frac{1}{2} \Pi^2(x) + \frac{1}{2} (\nabla \phi(x))^2 + V(\phi) \right] \right]$$

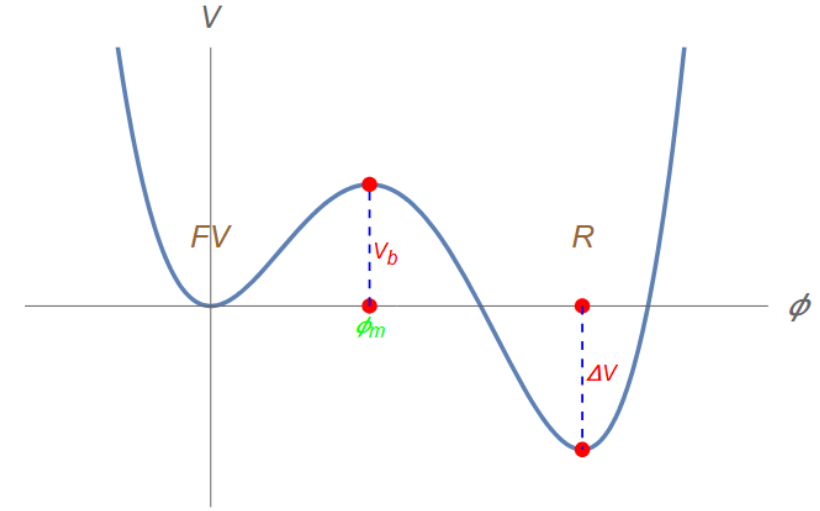
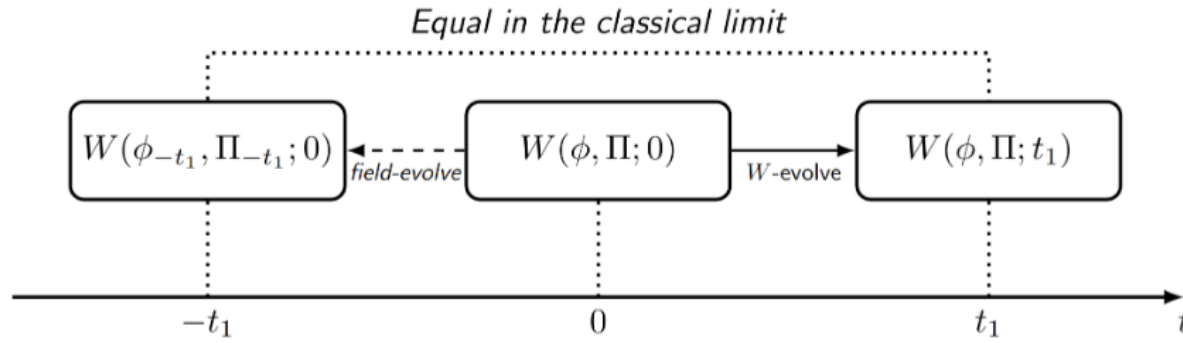
$$Z \equiv \text{Tr} \hat{\rho} = \int \mathcal{D}\phi(x) \frac{\mathcal{D}\Pi(x)}{2\pi} W[\phi, \Pi; t]$$

$\phi(x)$ is the real scale field

$$\Pi(x) \equiv \frac{\delta \mathcal{L}}{\delta \dot{\phi}(x)}$$

$$\hat{\rho}(t) = |\Psi(t)\rangle \langle \Psi(t)|$$

► Wigner function's EOM



$$\hat{L} = \int d^3x \left(\frac{1}{2} \partial^\mu \hat{\phi} \partial_\mu \hat{\phi} - V(\hat{\phi}) \right) \quad \hat{H} = \int d^3x \hat{\mathcal{H}} = \int d^3x \left[\frac{\hat{\Pi}^2}{2} + \frac{(\nabla \hat{\phi})^2}{2} + V(\hat{\phi}) \right]$$

$$i\hbar \frac{\partial}{\partial t} \hat{\rho}(t) = [\hat{H}, \hat{\rho}(t)] \quad \frac{\partial}{\partial t} W[\phi, \pi; t] = -2H \frac{1}{i\hbar} \sin\left(\frac{i\hbar}{2} \Lambda\right) W[\phi, \pi; t]$$

$$\Lambda = \overleftarrow{\frac{\delta}{\delta \Pi}} \overrightarrow{\frac{\delta}{\delta \phi}} - \overleftarrow{\frac{\delta}{\delta \Phi}} \overrightarrow{\frac{\delta}{\delta \Pi}} \text{ is the Poisson bracket operator}$$

$$\text{Ignore } O(\hbar^2)$$

$$\left[\frac{\partial}{\partial t} + \int d^3x \left(\frac{\delta H}{\delta \Pi} \frac{\delta}{\delta \phi} - \frac{\delta H}{\delta \phi} \frac{\delta}{\delta \Pi} \right) \right] W[\phi, \Pi; t] = 0$$

$$W[\phi, \Pi; t] = W[\phi_{-t}, \Pi_{-t}; 0]$$

$$\begin{cases} \frac{\delta H}{\delta \Pi} = \frac{d\phi}{dt} = \Pi \\ -\frac{\delta H}{\delta \phi} = \frac{d\Pi}{dt} = \nabla^2 \phi - \frac{\delta V(\phi)}{\delta \phi} \end{cases}$$

$$P_{FV}(T) \sim e^{-\Gamma T} \implies \Gamma = -\frac{1}{P_{FV}} \frac{d}{dT} P_{FV}$$

$$P_{FV}(t) \equiv \int_{FV} \mathcal{D}\phi |\Psi(\phi, t)|^2 = \frac{1}{Z} \int_{FV} \mathcal{D}\phi \int \frac{\mathcal{D}\Pi}{2\pi} W[\phi, \Pi; t]$$

$$\begin{aligned} P_{FV}(t) &= \frac{1}{Z} \int_{FV} D\phi \frac{D\Pi}{2\pi} W(\phi, \Pi; t) \\ &= \frac{1}{Z} \int_{FV} D\phi \frac{D\Pi}{2\pi} W(\phi_{-t}, \Pi_{-t}; 0) \\ &= \frac{1}{Z} \int_{FV} D\phi_{-t} \frac{D\Pi_{-t}}{2\pi} J(\phi_{-t}, \Pi_{-t}) W(\phi_{-t}, \Pi_{-t}; 0) \end{aligned}$$

$$J(\phi_{-t}, \Pi_{-t}) = \det \begin{vmatrix} \frac{\partial \phi}{\partial \Pi_{-t}} & \frac{\partial \phi}{\partial \Pi_{-t}} \\ \frac{\partial \phi_{-t}}{\partial \Pi_{-t}} & \frac{\partial \Pi_{-t}}{\partial \Pi_{-t}} \end{vmatrix} = 1$$

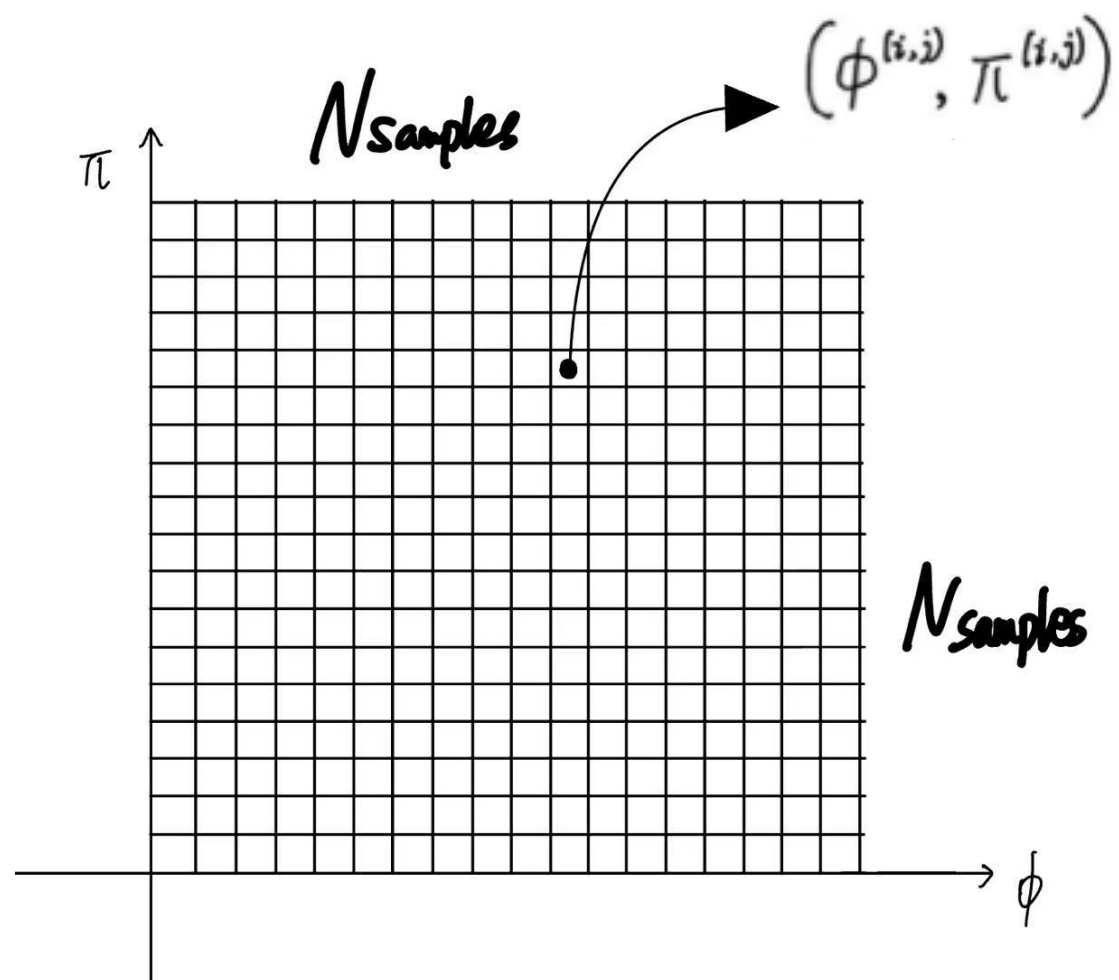
► Numerical simulation's setup

$$\hat{L} = \int d^3x \left(\frac{1}{2} \partial^\mu \hat{\phi} \partial_\mu \hat{\phi} - V(\hat{\phi}) \right) \quad V(\phi) = a\phi^2 + b\phi^3 + c\phi^4$$

Initial condition: $\mathcal{P}_\phi(k) = \frac{n_k}{w_k} = \frac{1}{w_k} \frac{1}{e^{w_k/T} - 1}, \mathcal{P}_\Pi(k) = n_k w_k = \frac{w_k}{e^{w_k/T} - 1}$

$$w_k = \sqrt{k^2/R^2 + m_{eff}^2}, m_{eff}^2 = V''(\phi_{fv})$$

N_samples*N_samples for (phi, pi) phase space



$$P_{FV}(t) \approx \frac{\sum_{ij} \chi_{FV}(\phi_{-t}^{(i,j)}) \cdot W(\phi_{-t}^{(i,j)}, \Pi_{-t}^{(i,j)}; 0)}{\sum_{ij} W(\phi_{-t}^{(i,j)}, \Pi_{-t}^{(i,j)}; 0)}$$

Summation range: $i, j = 1, 2, 3 \dots N_{samples}$

$$\chi_{FV}(\phi_{-t}^{(i,j)}) = \frac{N_x(\phi_x^{(i,j)} < \phi_m)}{N_x}$$

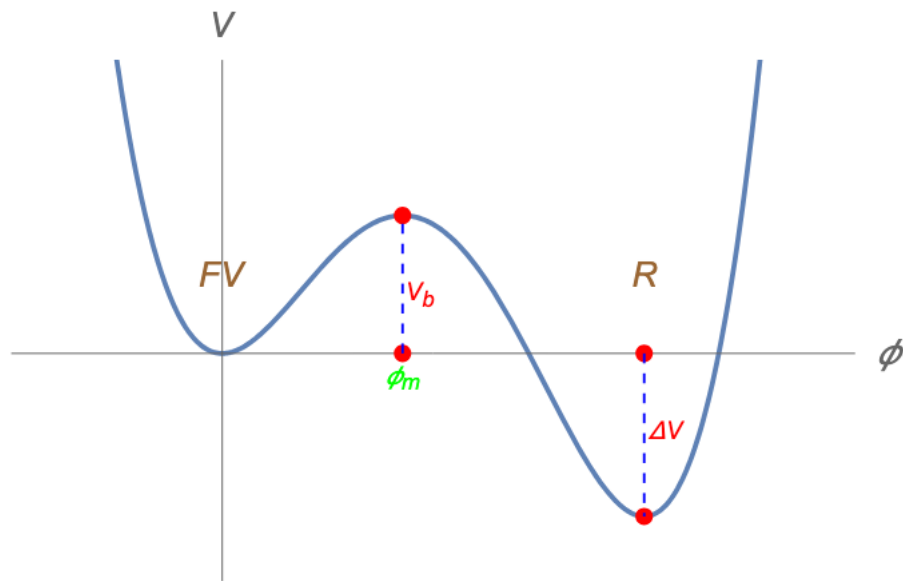
► Simulation results

Nsamples = 1000

$\Delta x = 0.25$

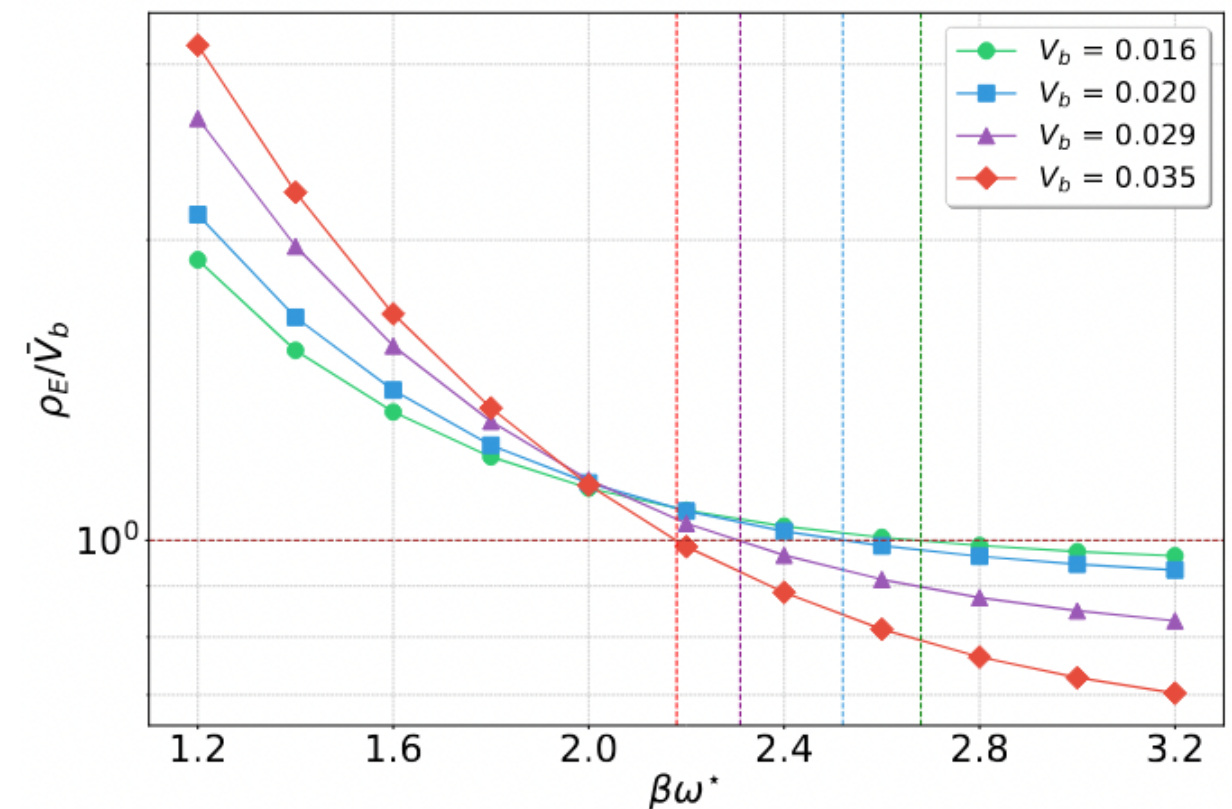
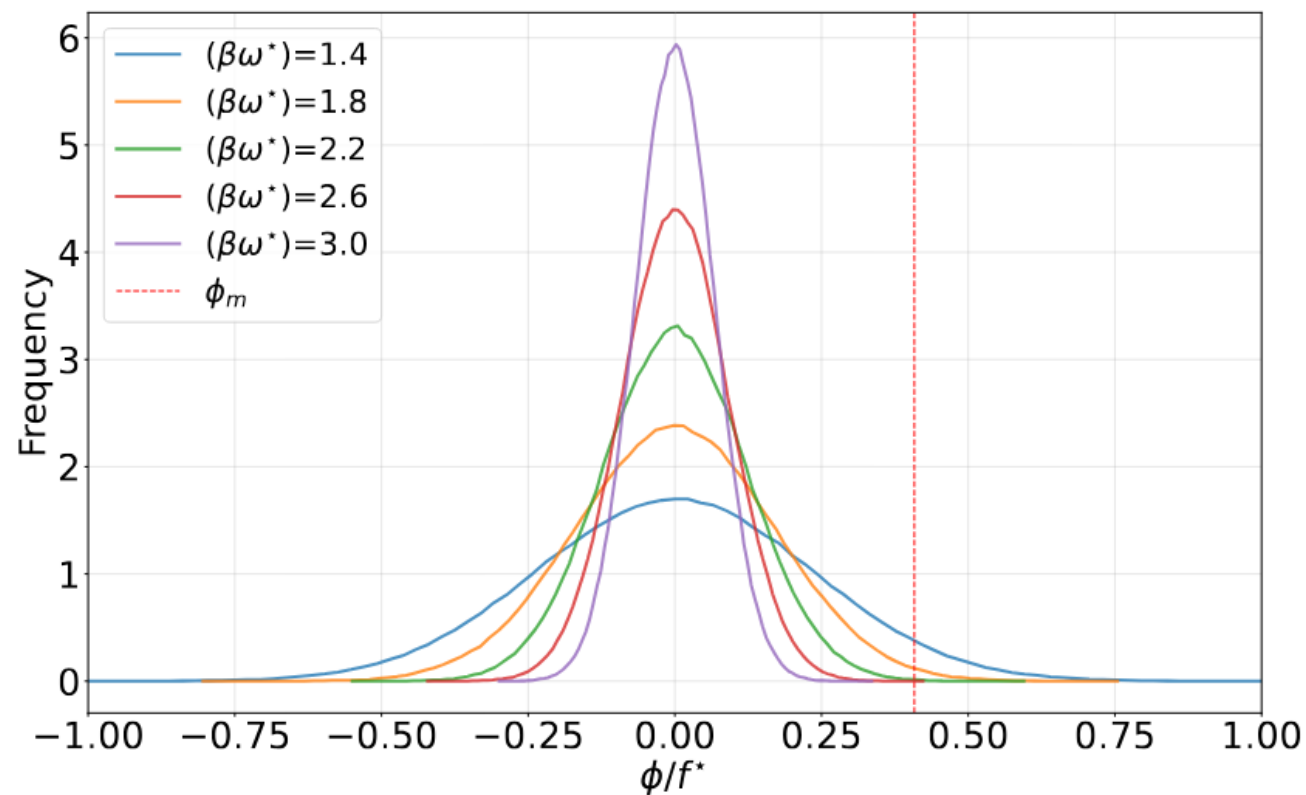
$\Delta t = 0.01$

$Nx = 1024$



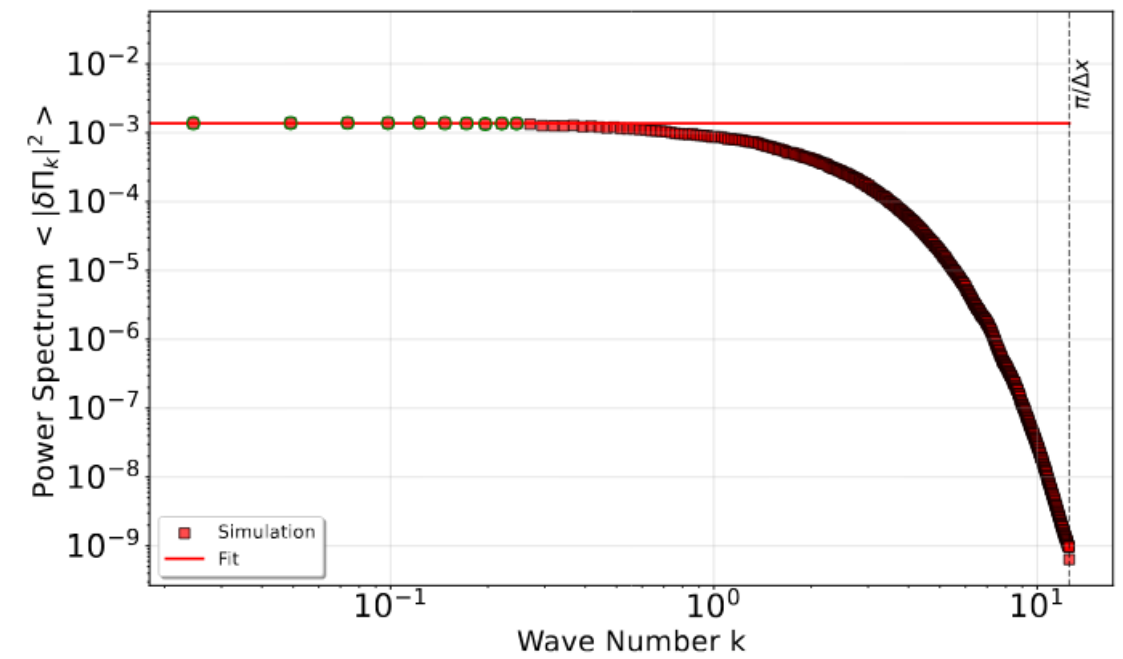
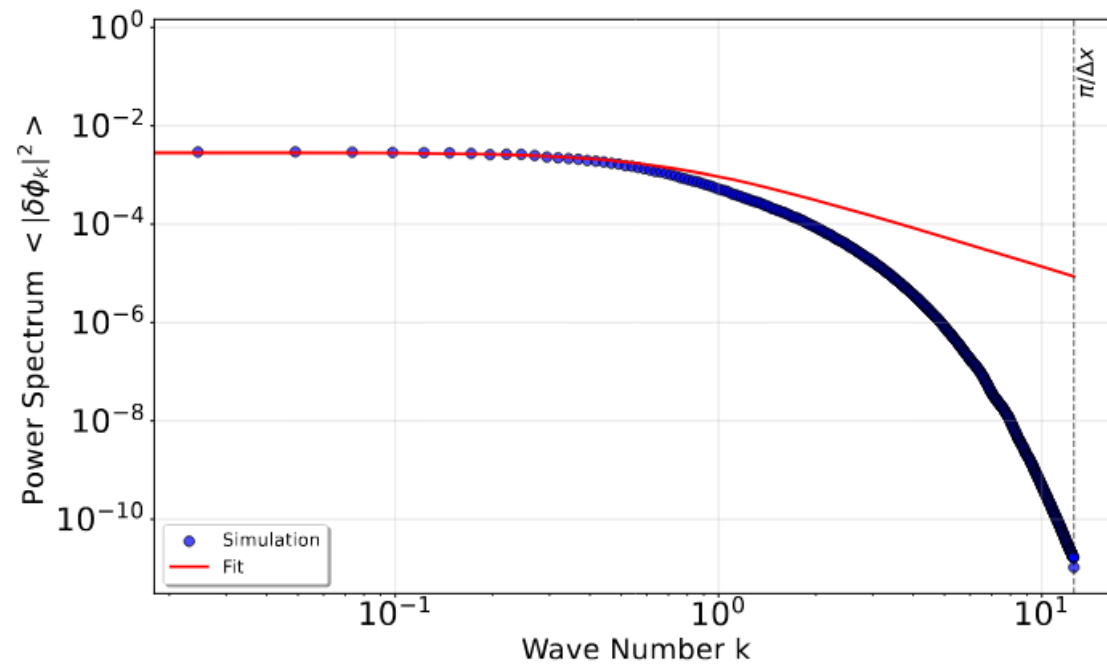
$$\phi_s = \phi / f^* \quad t_s = \omega^* * t \quad x_s = \omega^* * x$$

$$\frac{\partial^2 \phi_s}{\partial t_s^2} = \frac{\partial^2 \phi_s}{\partial x_s^2} - (2a\phi_s + 3b\phi_s^2 + 4c\phi_s^3)$$

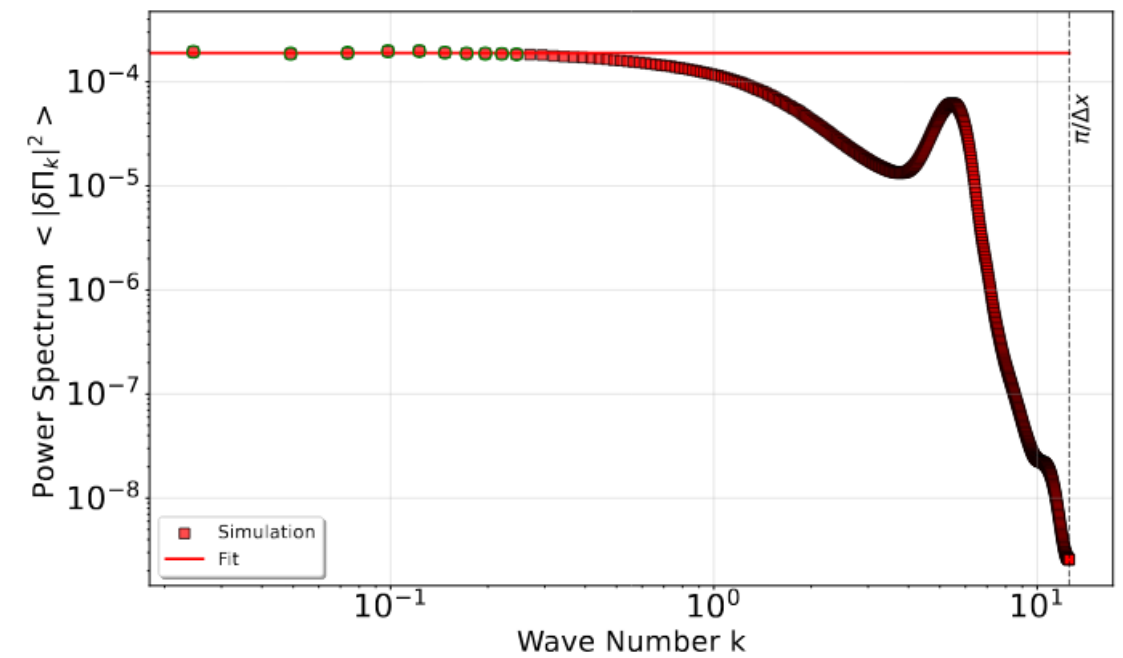
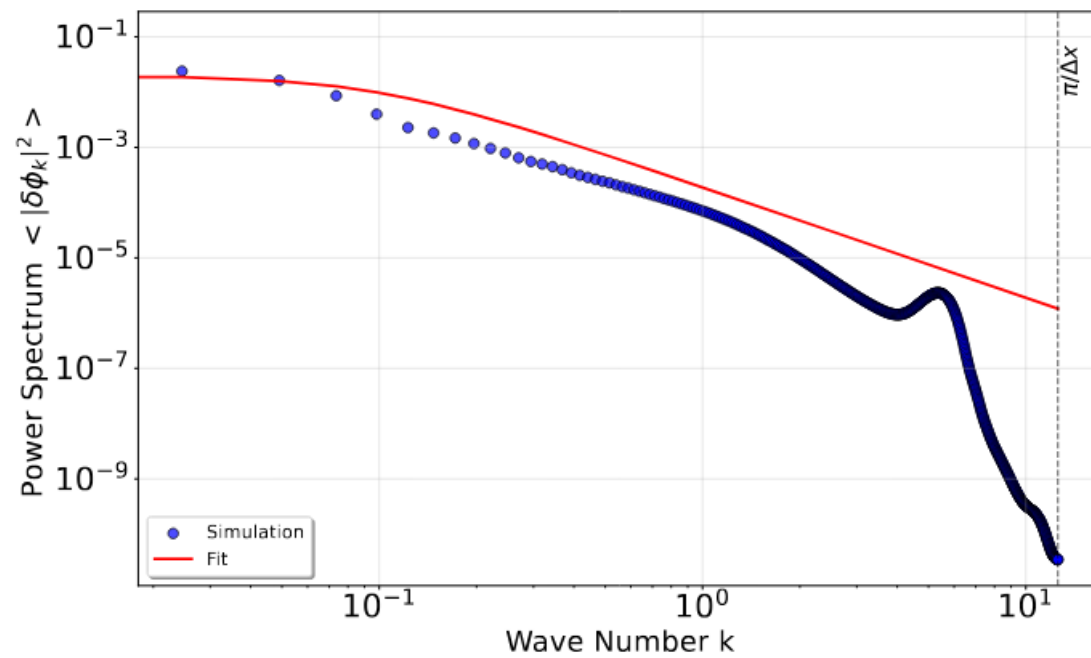


► Simulation results-field spectrum

$$\beta\omega^* = 1.4$$

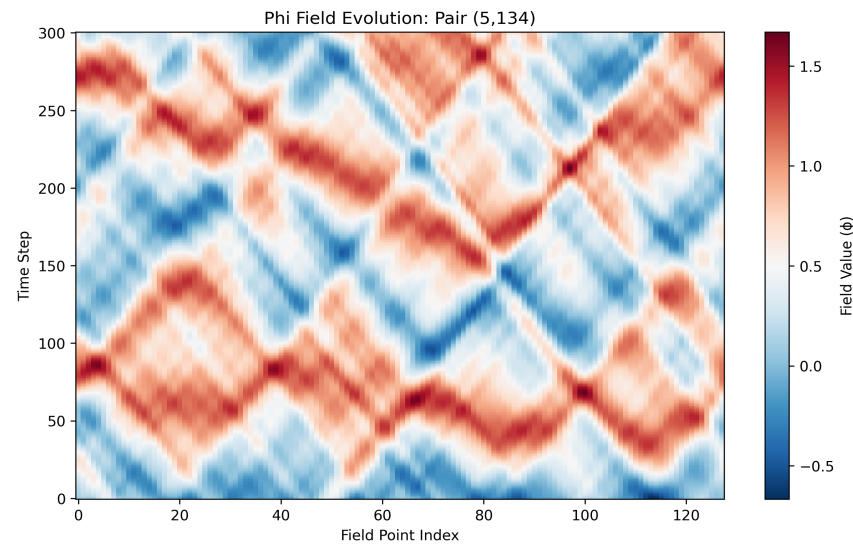


$$\beta\omega^* = 2.6$$

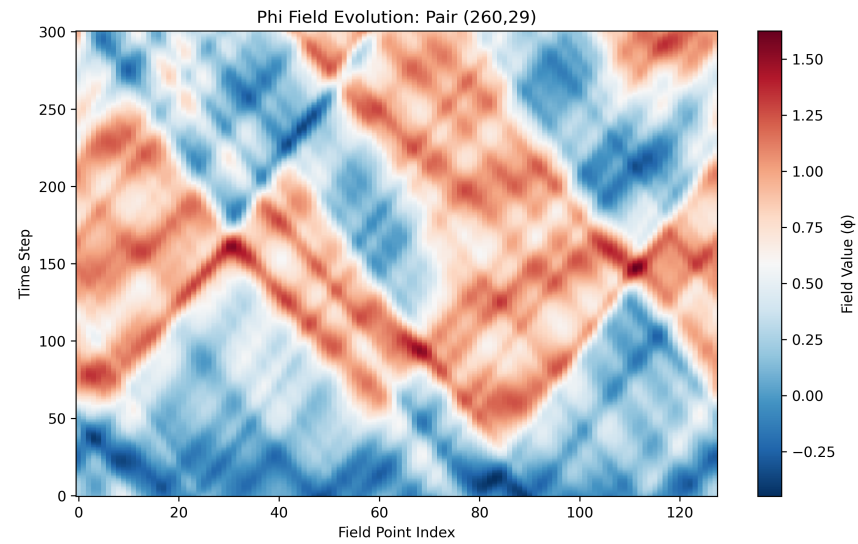


► Simulation results

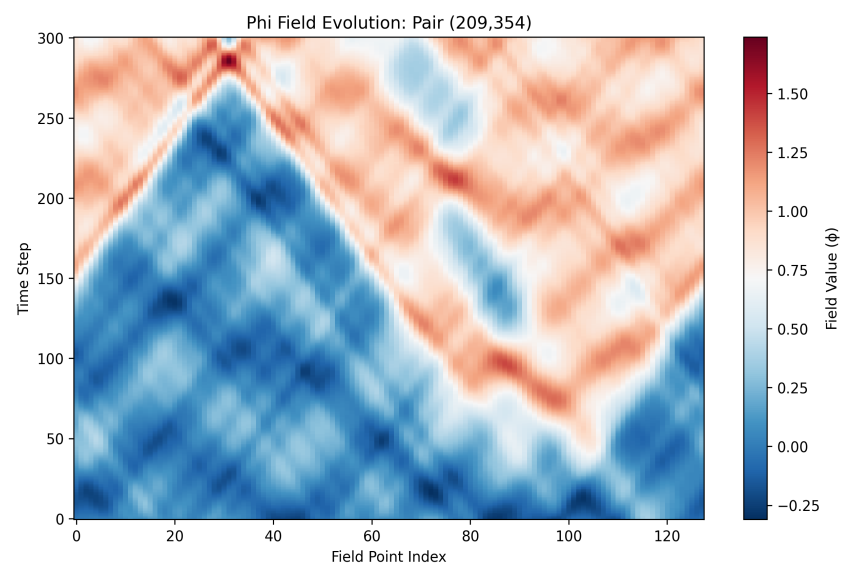
1D field



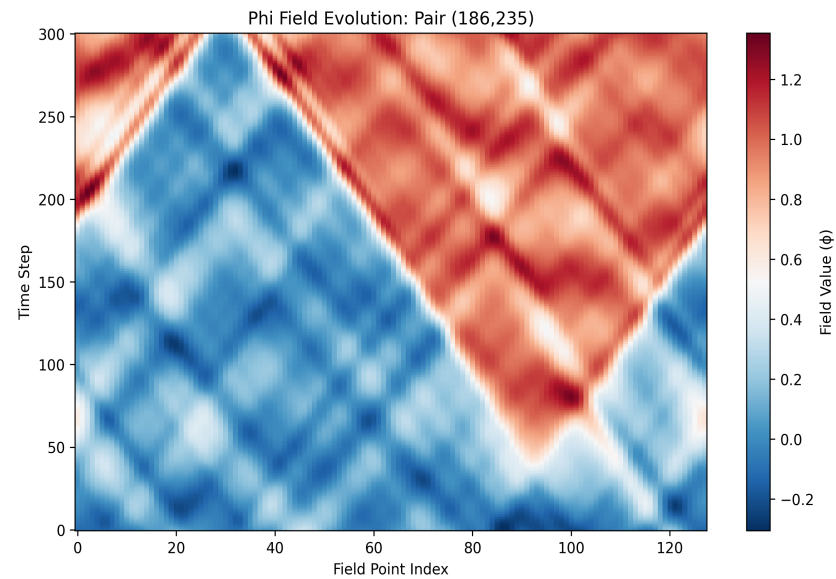
$\beta=0.8$



$\beta=1.0$

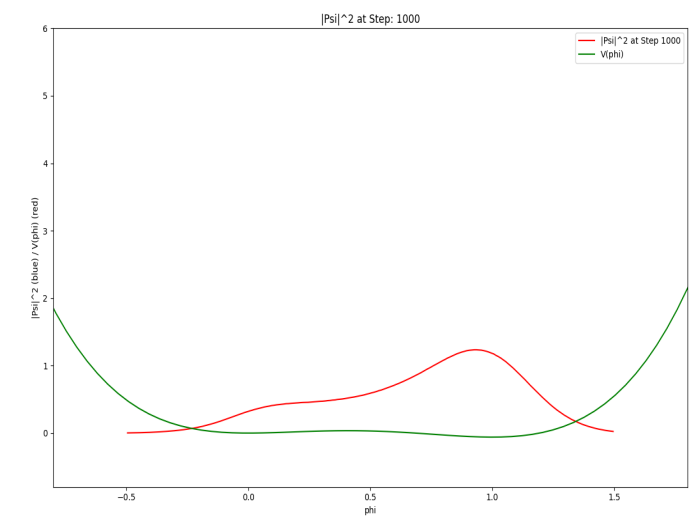
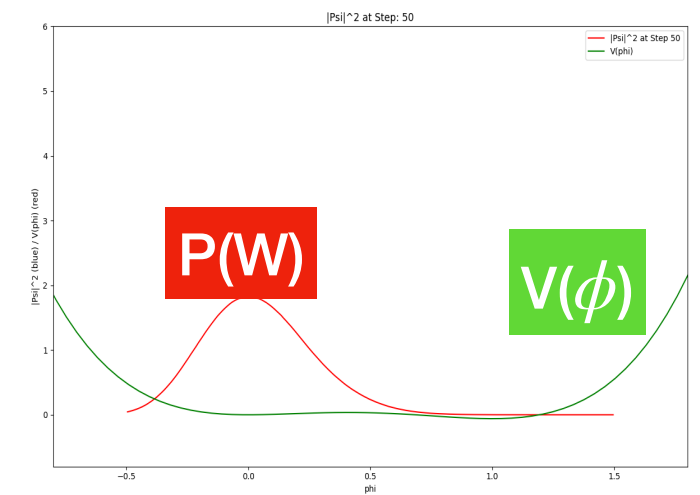


$\beta=1.2$



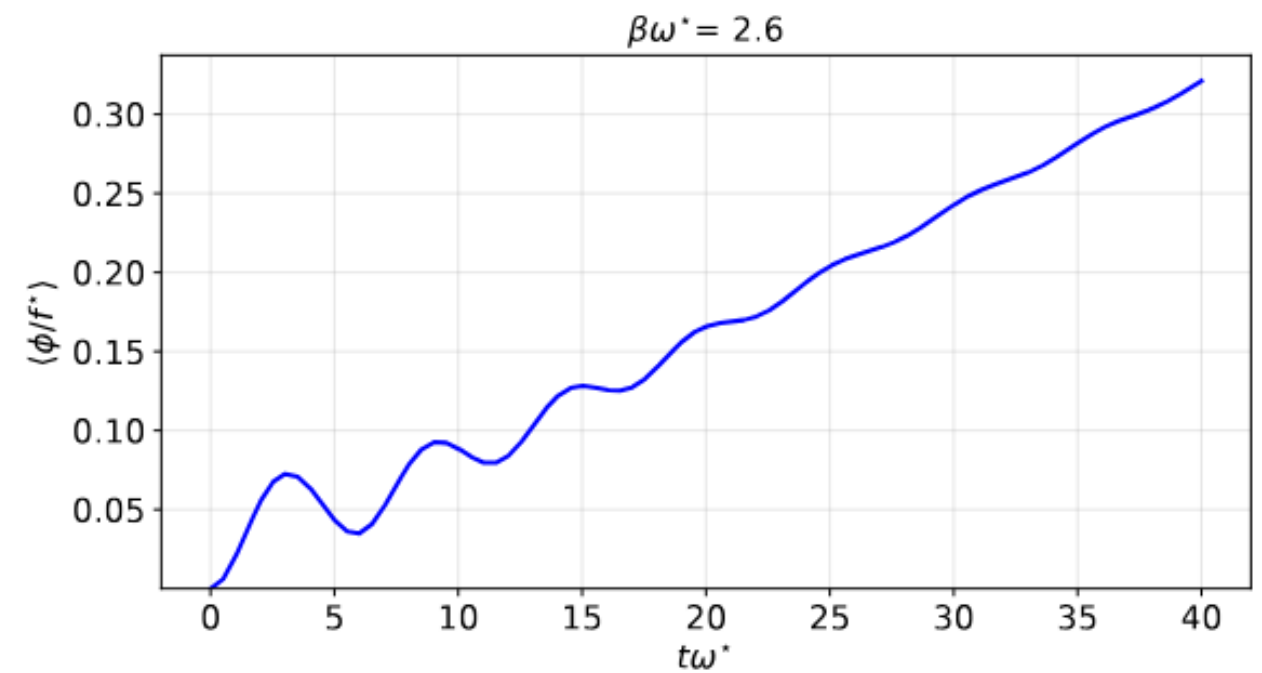
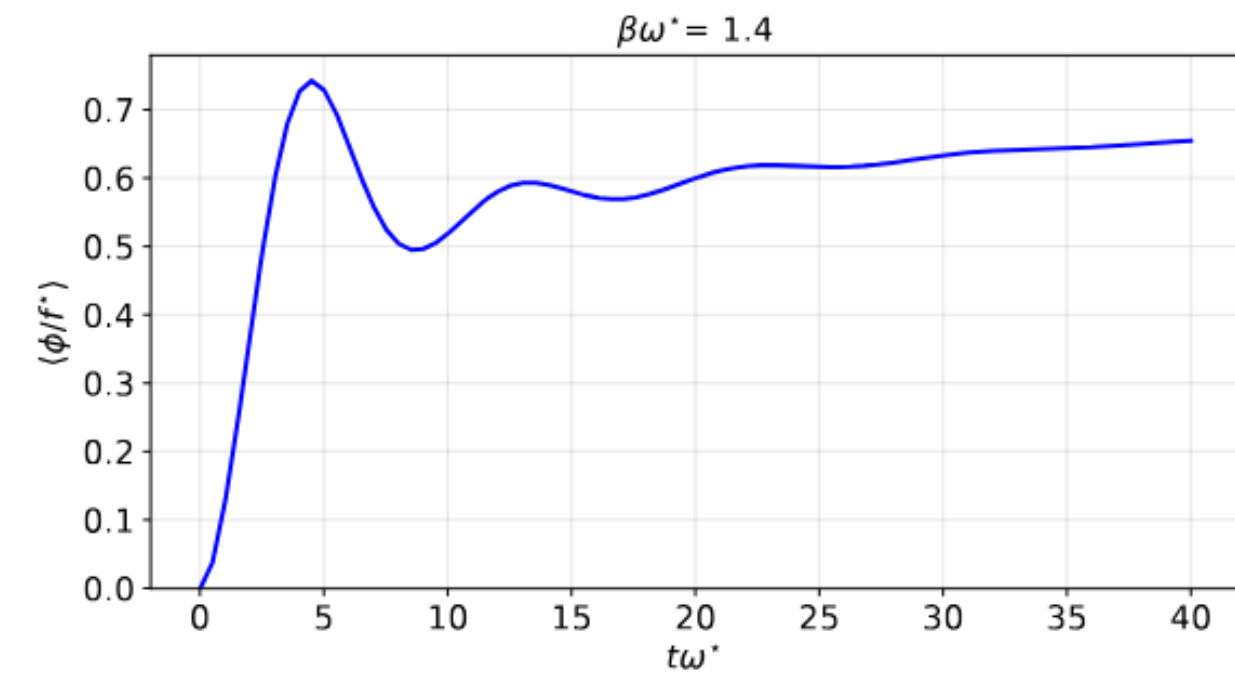
$\beta=1.4$

Wave function evolution

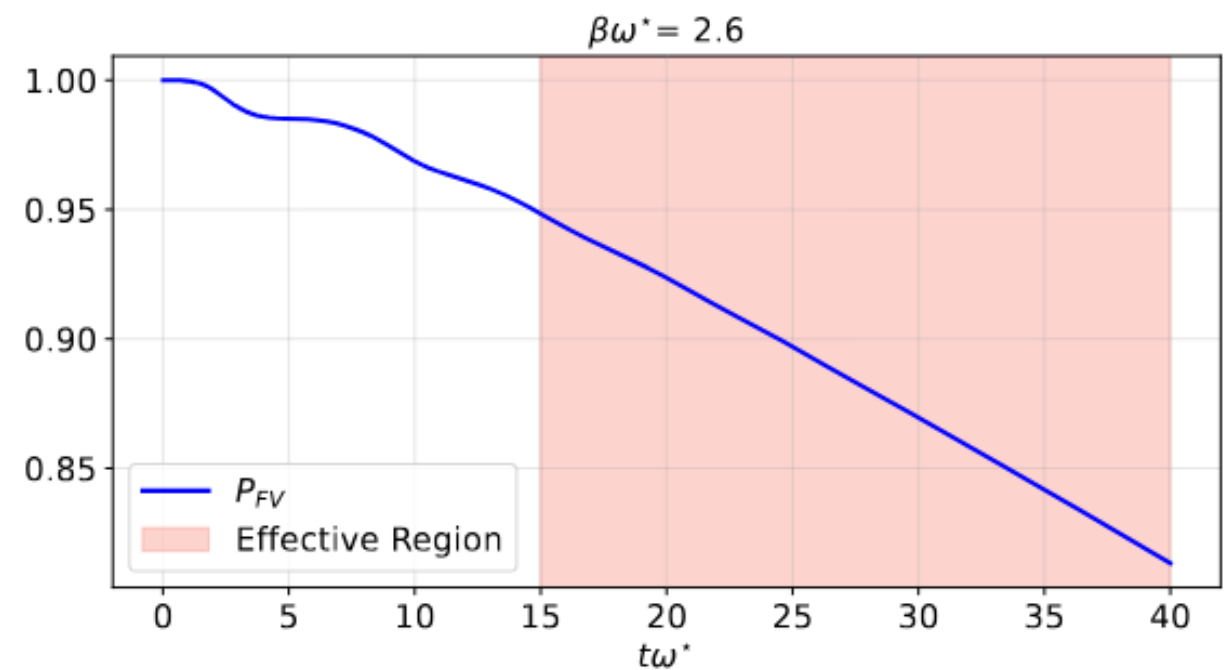
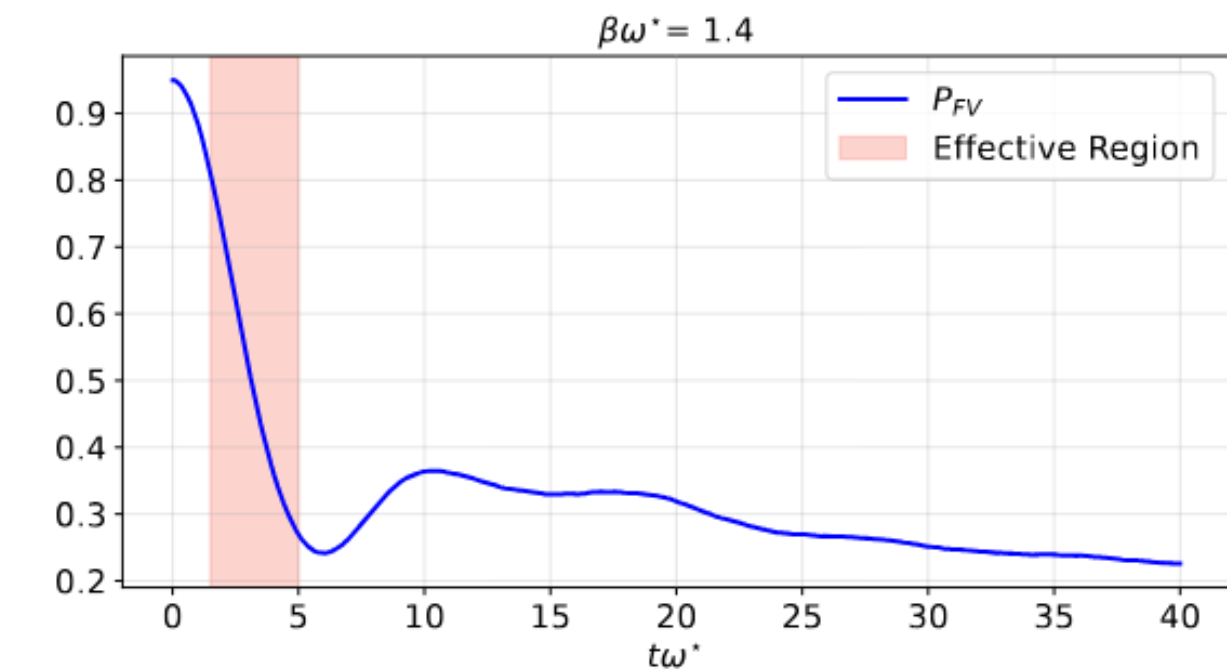


$\beta\omega^* = 1$

► Simulation results

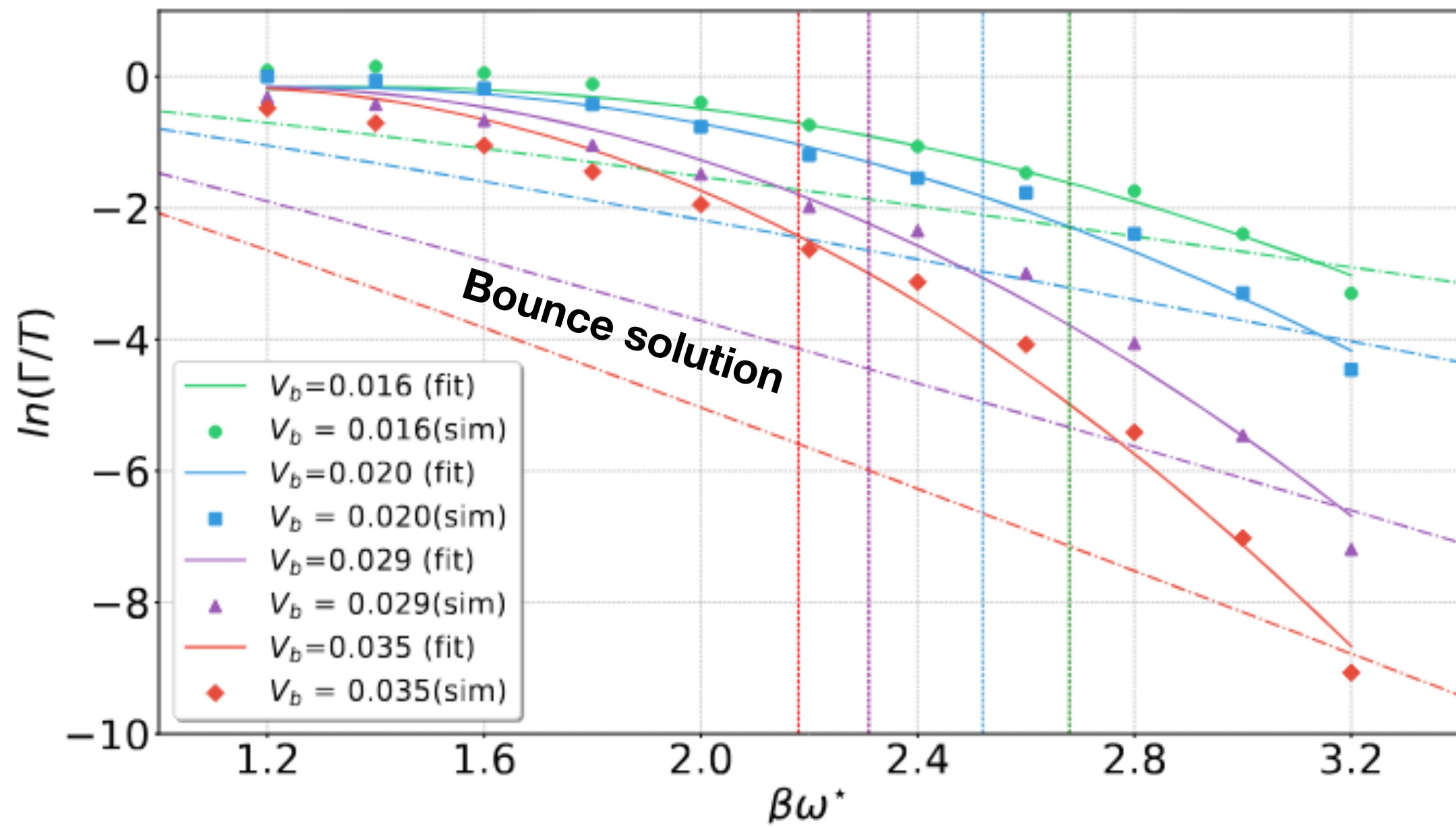


Variations of average field values over time



Variations of false vacuum probabilities over time

► Simulation results



Gravitational waves provide a new window to probe/constrain beyond standard model physics

❖ Lattice simulation

- **Nucleation/Sphaleron rate simulations**
- **PT-GW simulation**
- **Topological defects: Magnetic monopoles, cosmic strings, domain walls, string-wall**

❖ Pheno

1. **Baryon Asymmetry of the Universe and GW from FOPT**
 - **Sphaleron process, bubble velocity (local equilibrium?)**
2. **DM and GW from FOPT**
 - **DM and high/low-scale PT, DM out-of-equilibrium & FOPT, PBH DM&FOPT**

Thanks!