

Cosmological Stasis and Its Observational Signatures

Fei Huang

Based on work done in collaboration with

K. Dienes, L. Heurtier, D. Kim, T. Tait, B. Thomas [arXiv:2111.04753]

K. Dienes, L. Heurtier, D. Kim, T. Tait, B. Thomas [arXiv:2212.01369]

K. Dienes, L. Heurtier, T. Tait, B. Thomas [arXiv:2309.10345]

K. Dienes, L. Heurtier, T. Tait, B. Thomas [arXiv:2406.06830]

V. Knapp-Perez [arXiv:2502.20449]

K. Dienes, L. Heurtier, B. Thomas, D. Hoover, A. Paulsen [arXiv:2503.19959]

The Standard Lore: Λ CDM

Equation of State $w_i = \frac{P_i}{\rho_i}$

Vacuum Energy $w_\Lambda = -1$

Matter $w_M = 0$

Radiation $w_\gamma = \frac{1}{3}$

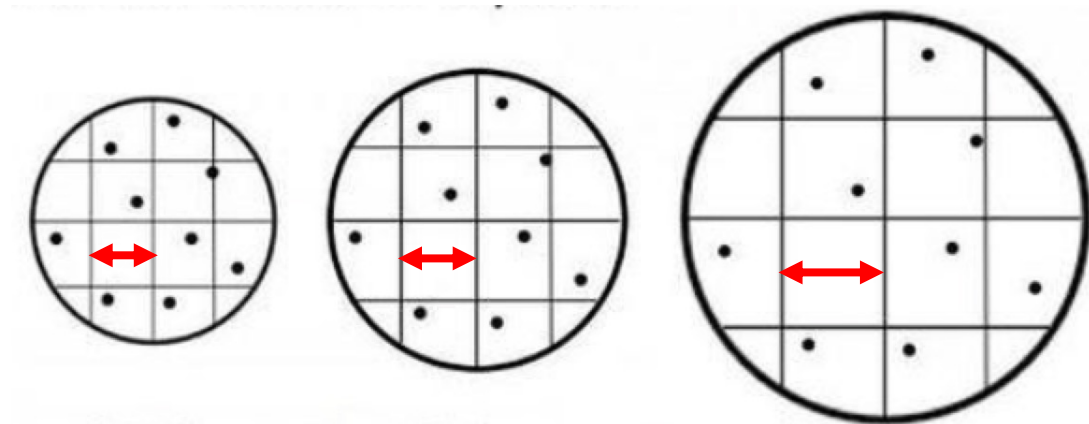
The Standard Lore: Λ CDM

Equation of State $w_i = \frac{P_i}{\rho_i} \rightarrow \frac{d\rho_i}{dt} = -3(1 + w_i)H\rho_i$
 $\rho_i \sim a^{-3(1+w_i)}$

Vacuum Energy $w_\Lambda = -1$

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$$\ell_{phys}(t) = a(t)\ell$$

The Standard Lore: Λ CDM

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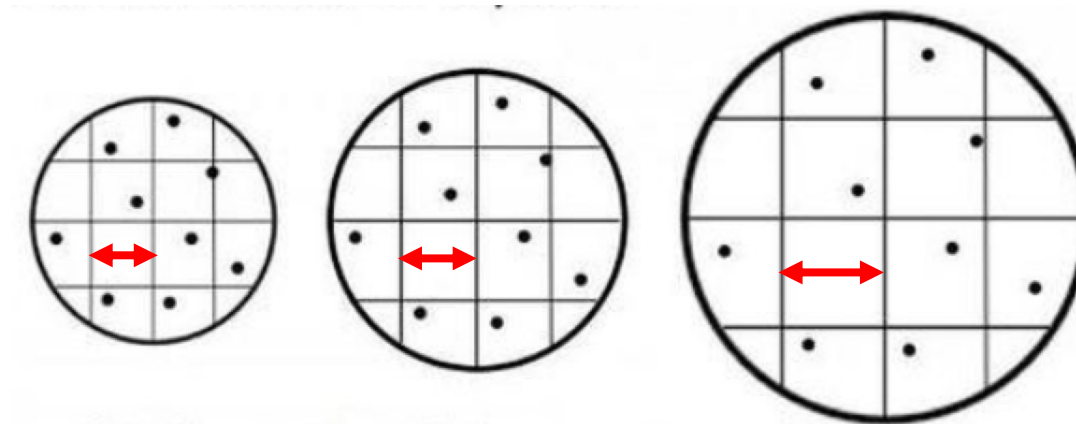
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$$\rho_\Lambda \sim a^0$$

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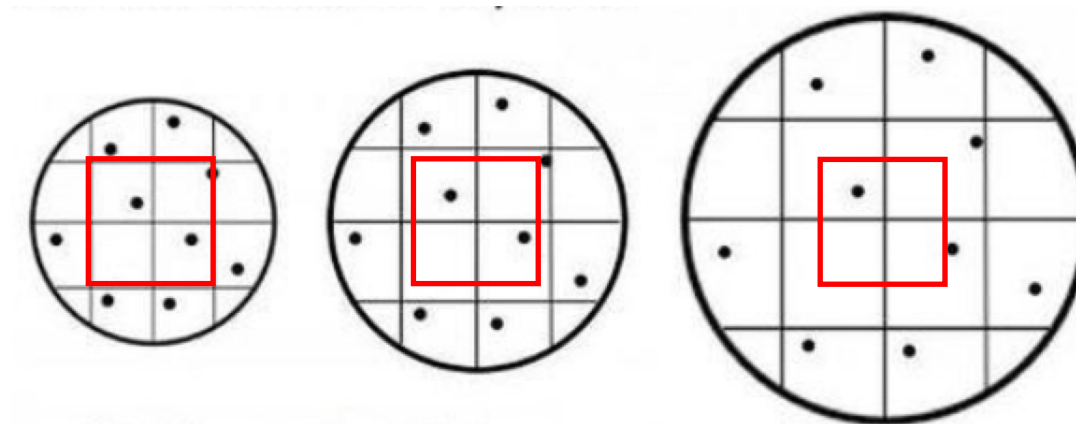
Vacuum Energy $w_\Lambda = -1 \Rightarrow$

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Matter $w_M = 0 \Rightarrow$

$$\rho_M \sim a^{-3}$$

Radiation $w_\gamma = \frac{1}{3}$



$$\ell_{phys}(t) = a(t)\ell$$

$$E \approx m$$

$$\rho_M(t) = n_M(t) \times m$$

The Standard Lore: Λ CDM

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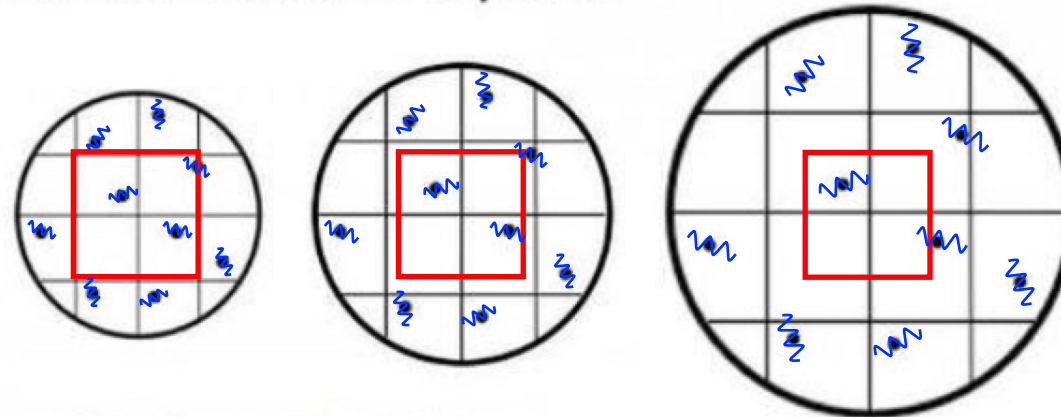
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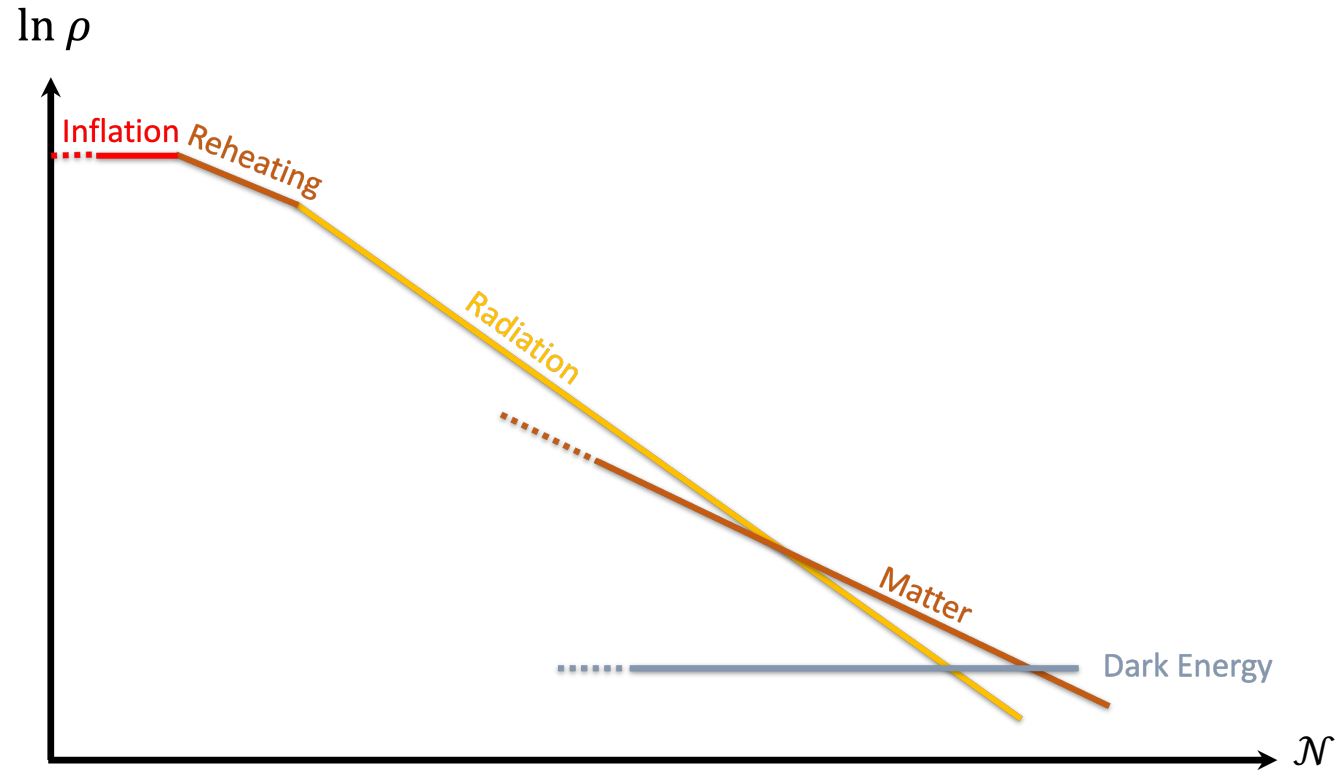
Radiation $w_\gamma = \frac{1}{3} \Rightarrow$

$$\begin{aligned} \rho_\Lambda &\sim a^0 \\ \rho_M &\sim a^{-3} \\ \rho_\gamma &\sim a^{-4} \end{aligned}$$



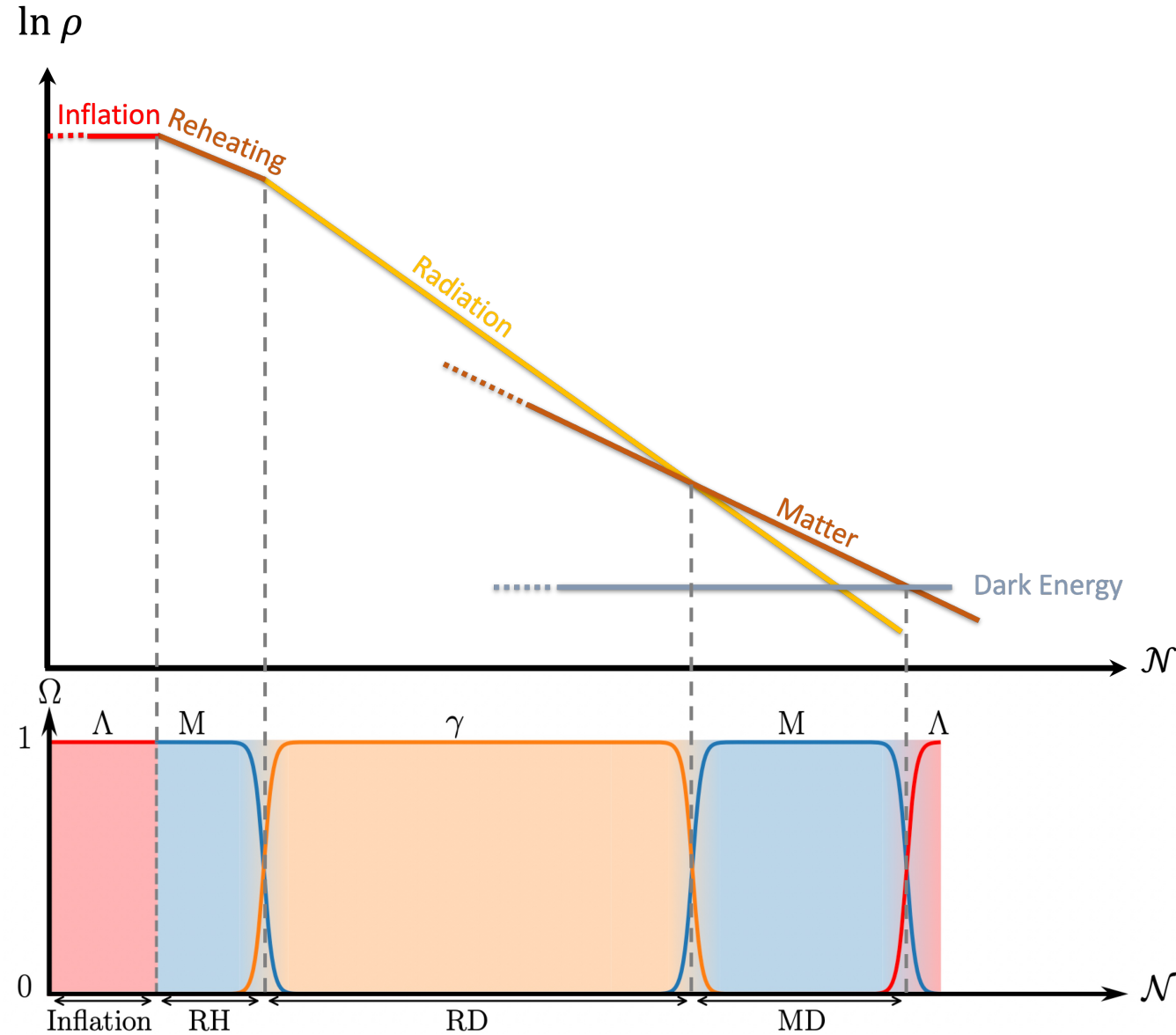
$$\begin{aligned} \ell_{phys}(t) &= a(t)\ell \\ E &\approx p \sim 1/\lambda \\ \rho_\gamma(t) &= n_\gamma(t) \times p \end{aligned}$$

The Standard Lore: Λ CDM



$$\begin{aligned}\rho_{\Lambda} &\sim a^0 \\ \rho_M &\sim a^{-3} \\ \rho_{\gamma} &\sim a^{-4}\end{aligned}$$

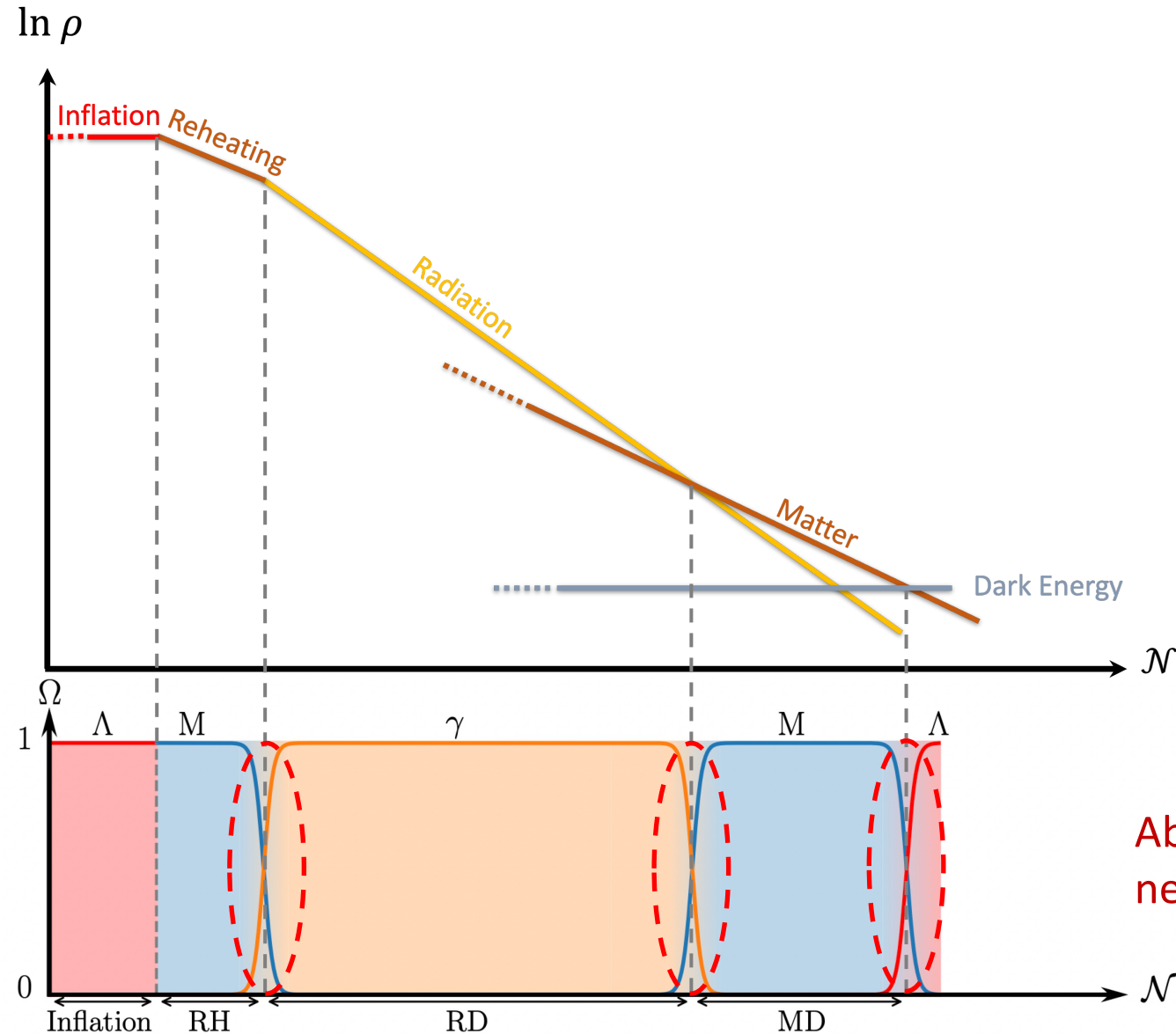
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$$\begin{aligned}\rho_\Lambda &\sim a^0 \\ \rho_M &\sim a^{-3} \\ \rho_\gamma &\sim a^{-4}\end{aligned}$$

Most parts are dominated by a single energy component.

The Standard Lore: Λ CDM



$$\begin{aligned}\rho_{\Lambda} &\sim a^0 \\ \rho_M &\sim a^{-3} \\ \rho_{\gamma} &\sim a^{-4}\end{aligned}$$

Most parts are dominated by a single energy component.

Abundances only similar near transition points!

However, this picture is likely to be **incorrect** in the presence of many kinds of BSM physics...

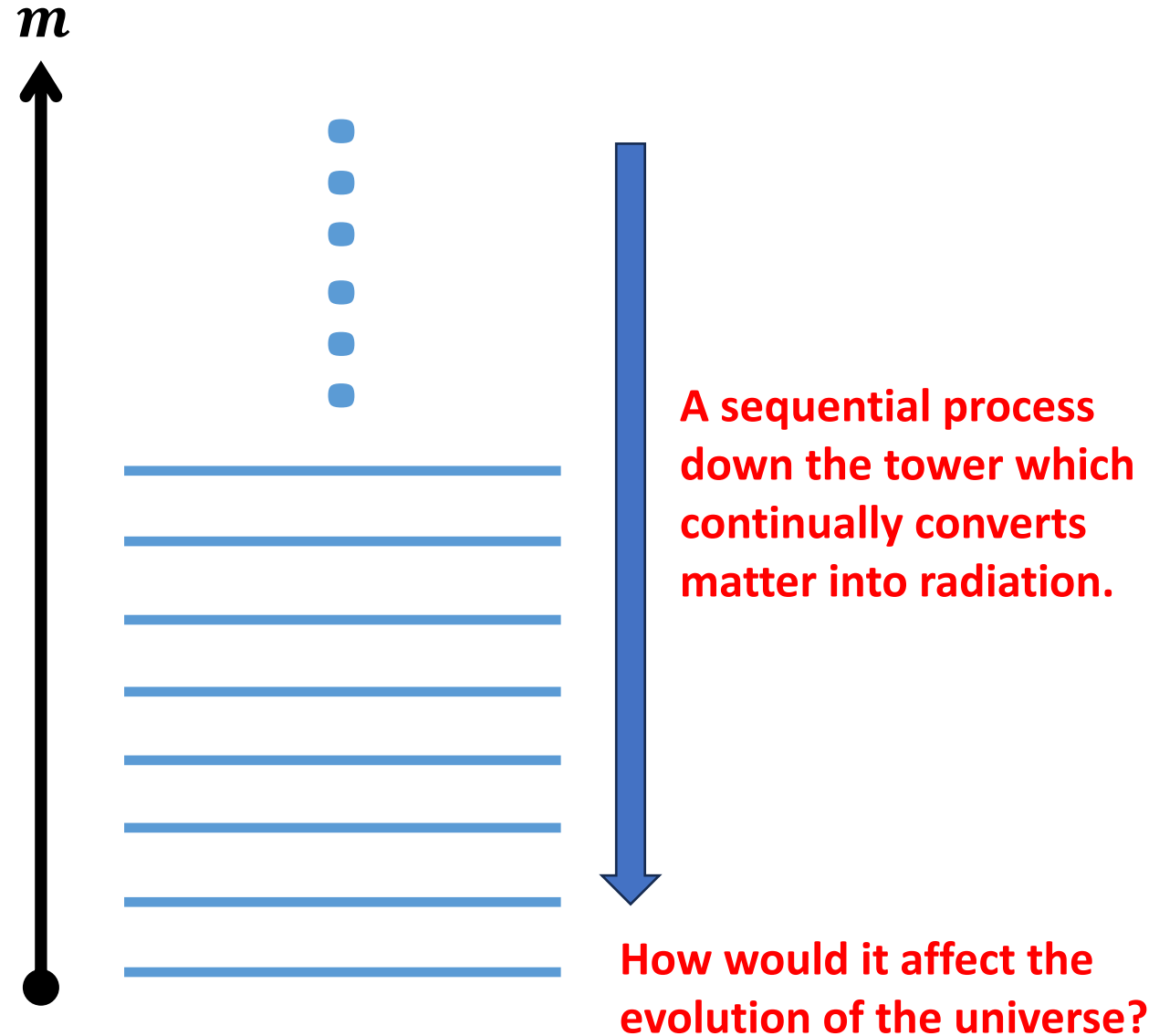
A wide variety of scenarios for BSM physics predict towers of unstable states with a broad spectrum of masses, lifetimes and cosmological abundances, for example

- Theories with extra spacetime dimensions (KK towers)
- String theory (string moduli, axions, KK towers, oscillator states)
- Scenarios with confining dark/hidden-sector gauge groups (bound-state resonances)
- PBHs with extended mass spectrum

If any of these towers exists in the early universe, dynamics across the entire tower can affect the evolution of the universe significantly.

Example: A Decaying Tower

- A Tower of (matter) states, potentially infinite (or bounded by a relevant cutoff) – generally stretch across many orders of magnitude in mass.
- Such states are generally unstable and can decay.
- Heavy states at top of tower tend to have largest decay widths and decay first, then lighter ones. Decays thus proceed “down the tower”.
- For any state, the dominant decay mode is to the lightest states available. Such decay products are therefore produced with huge amounts of kinetic energy (relativistic) and are effectively radiation.
- Let us assume the decay products are particles outside of the tower, e.g., photons or other light particles in a thermal bath.



Example: A Decaying Tower

$$\frac{d\rho_\ell}{dt} = -3H\rho_\ell$$

$$\frac{d\rho_\gamma}{dt} = -4H\rho_\gamma$$

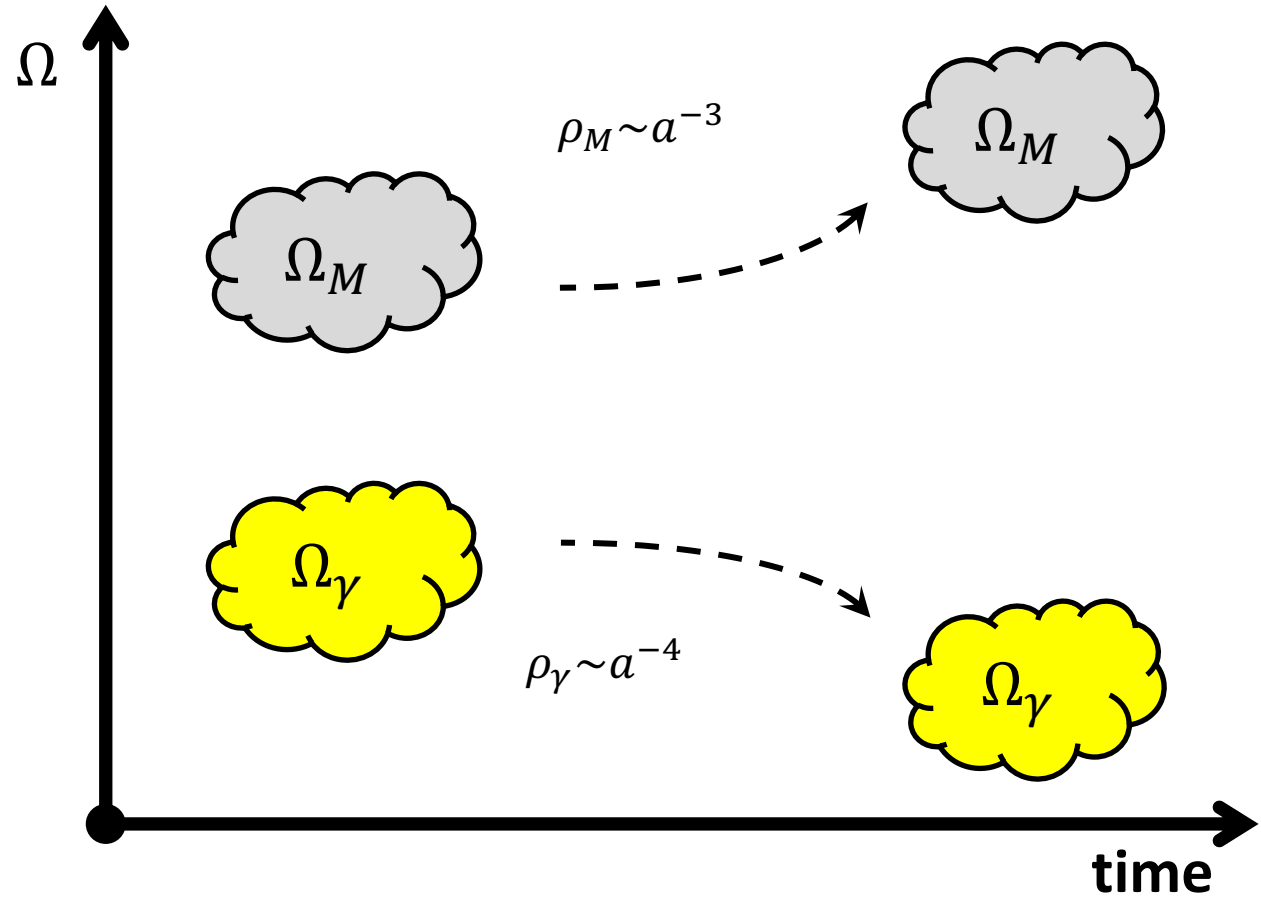
$$H^2 = \frac{8\pi G}{3}(\rho_M + \rho_\gamma)$$

↓

$$\Omega_\ell = \frac{8\pi G}{3H^2}\rho_\ell$$
$$\Omega_M = \sum_\ell \Omega_\ell$$

$$\frac{d\Omega_M}{dt} = H\Omega_M\Omega_\gamma$$

$$\frac{d\Omega_\gamma}{dt} = -H\Omega_M\Omega_\gamma$$



Example: A Decaying Tower

$$\frac{d\rho_\ell}{dt} = -3H\rho_\ell - \Gamma_\ell\rho_\ell$$

$$\frac{d\rho_\gamma}{dt} = -4H\rho_\gamma + \sum_\ell \Gamma_\ell\rho_\ell$$

$$H^2 = \frac{8\pi G}{3}(\rho_M + \rho_\gamma)$$

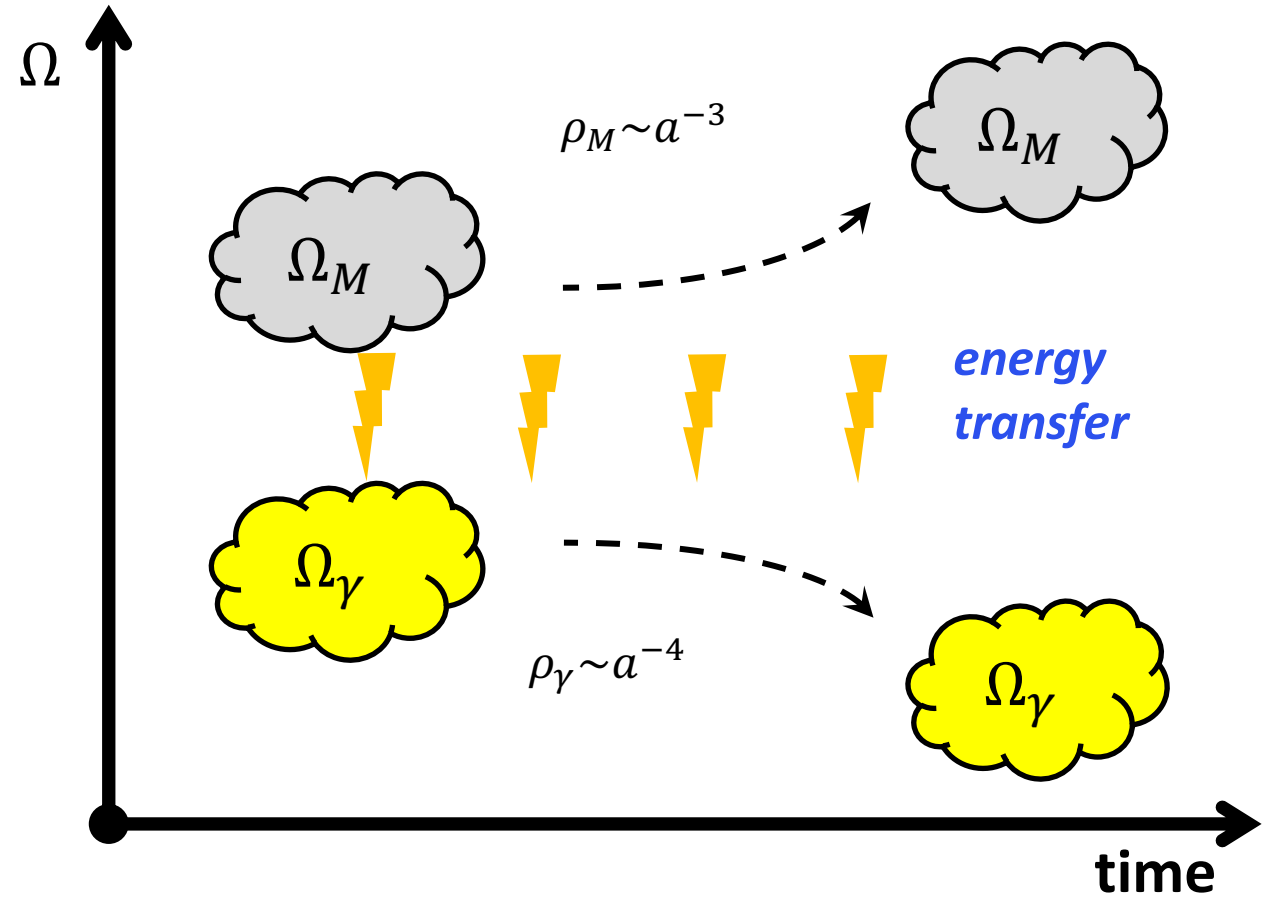
↓

$$\Omega_\ell = \frac{8\pi G}{3H^2}\rho_\ell$$

$$\Omega_M = \sum_\ell \Omega_\ell$$

$$\frac{d\Omega_M}{dt} = H\Omega_M\Omega_\gamma - \sum_\ell \Gamma_\ell\Omega_\ell$$

$$\frac{d\Omega_\gamma}{dt} = -H\Omega_M\Omega_\gamma + \sum_\ell \Gamma_\ell\Omega_\ell$$



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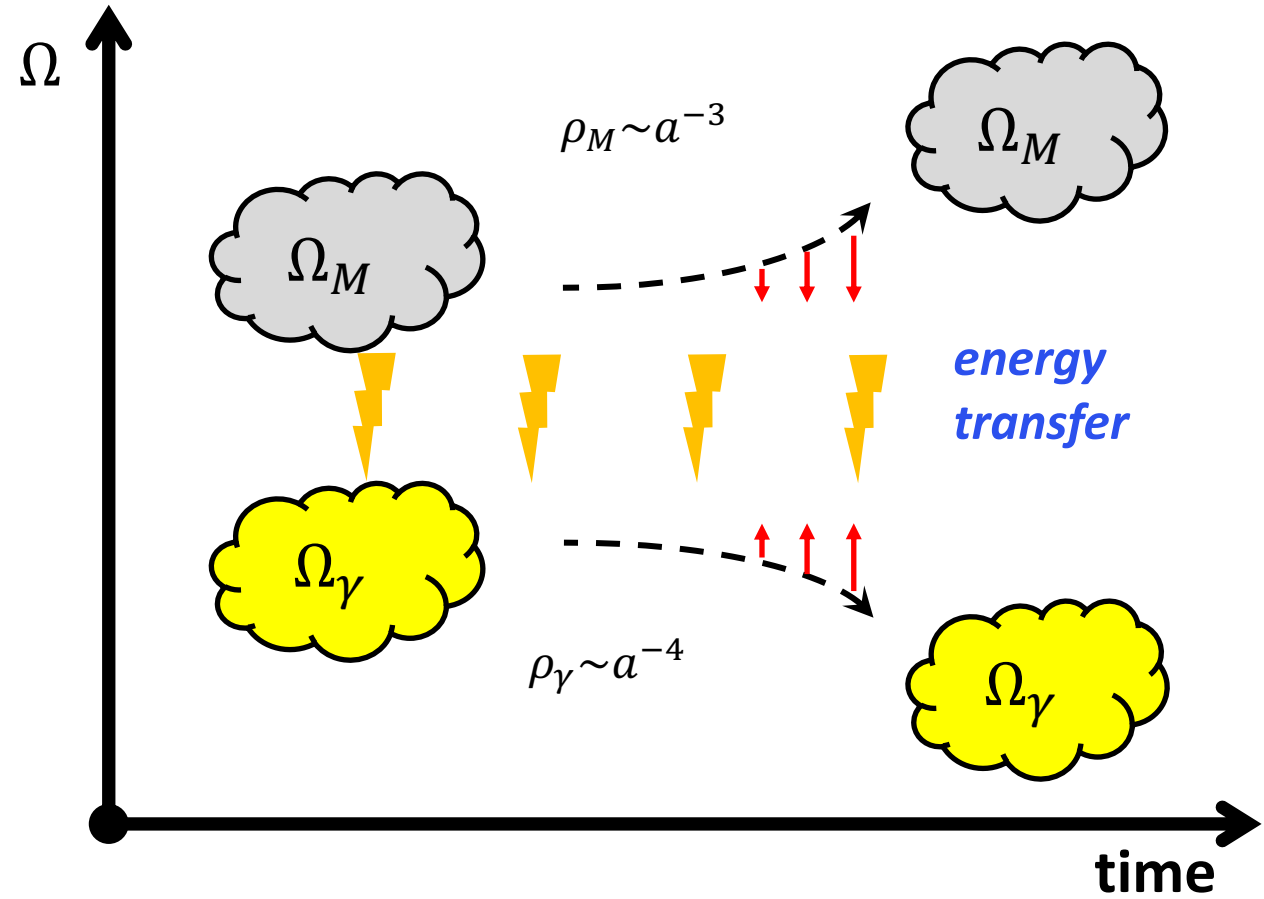
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Cosmological expansion $\Omega_\gamma \rightarrow \Omega_M$

Sequential decays of tower states $\Omega_M \rightarrow \Omega_\gamma$

Can these two effects balance? Seems like too much to ask for!

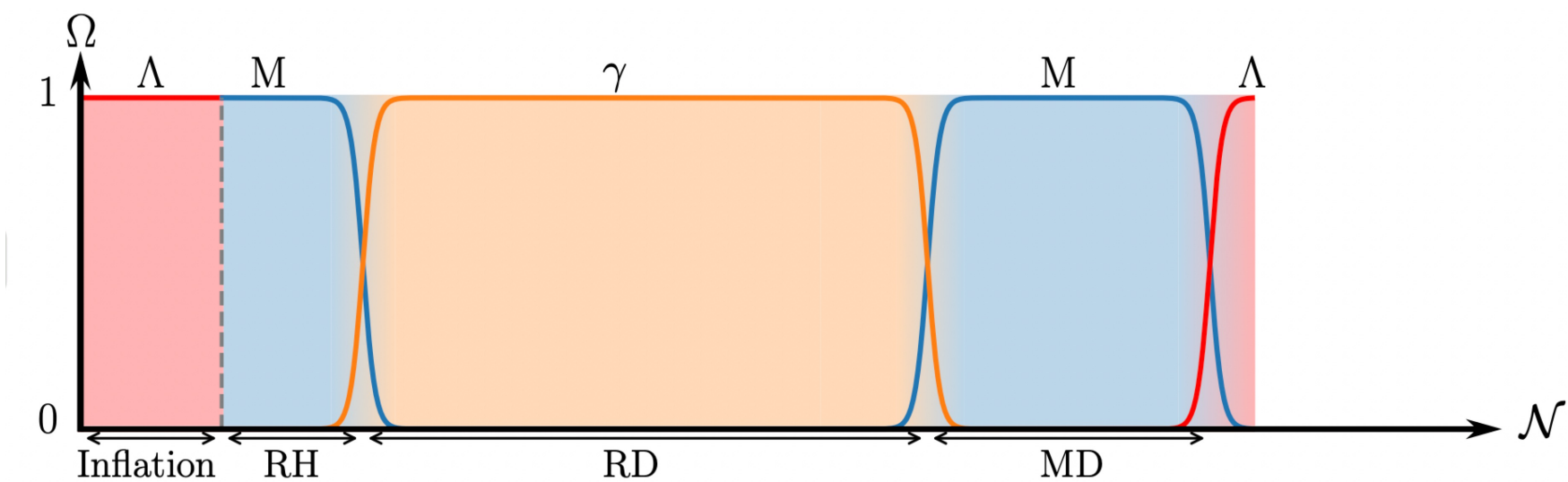
But, they **CAN** balance. In fact, they **DO** balance.

Even if they don't start out by balancing, the system will quickly come into balance all by itself!

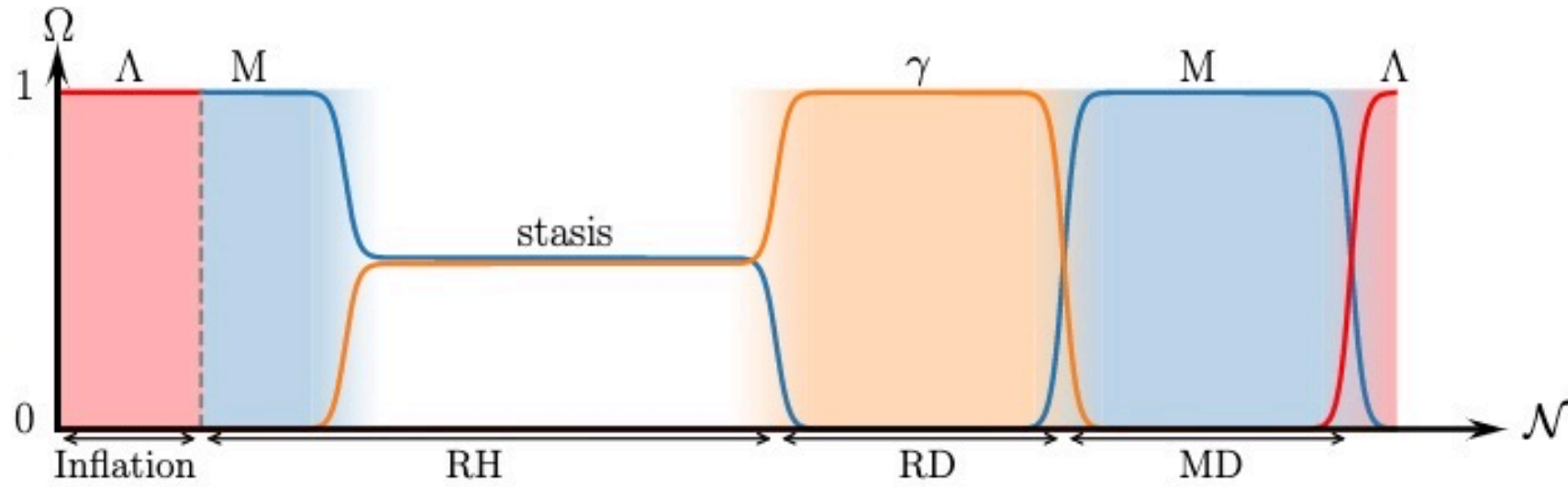
The balanced solution is an ***attractor!***

Especially remarkable because particle decay and cosmological expansion are very different things --- one is particle physics, the other cosmology!

Therefore, Instead of a picture like this ...

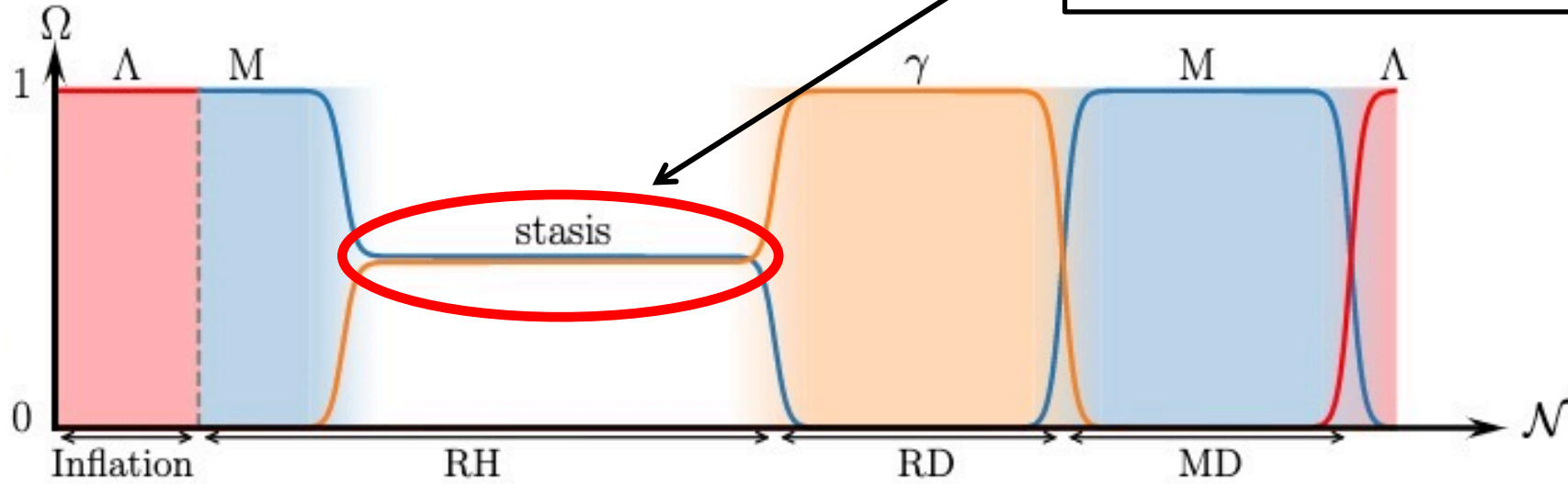


The universe may more likely evolve like this

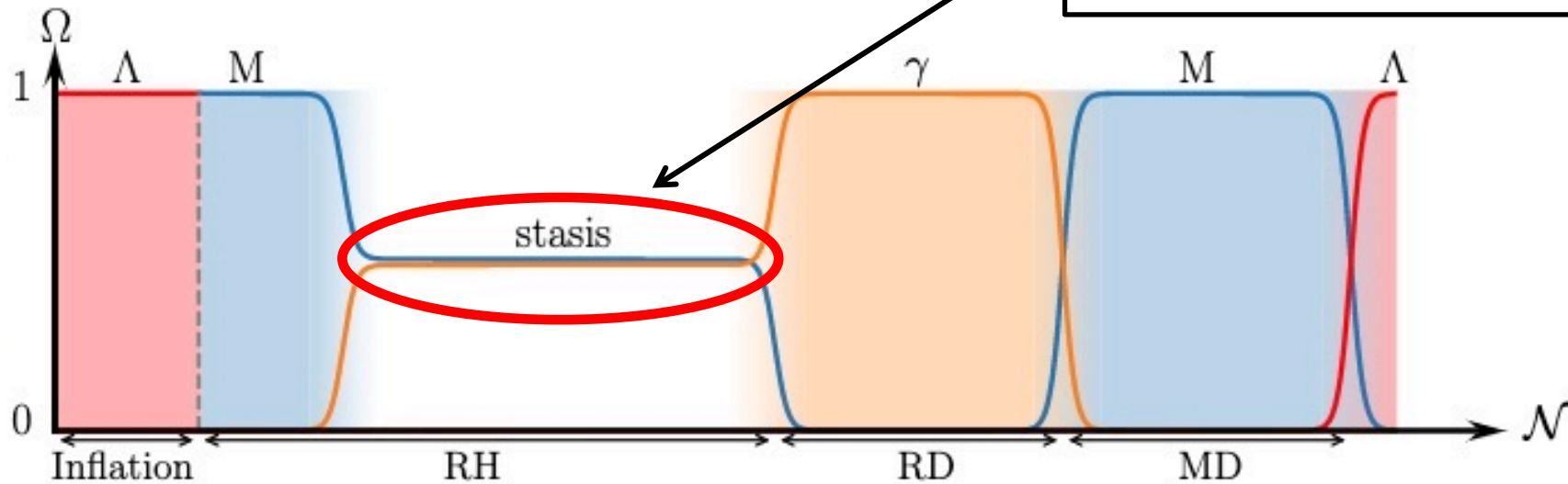


The universe may more likely evolve like this

- constant abundances
- nothing dominates
- any constant abundances are possible



The universe may more likely evolve like this



This may seem surprising, but ...

- Naturally occurs for a variety of models and for a wide range of parameters
- No finetuning required
- Global Attractor – Even unavoidable!!!

For example, we can parametrize

Mass Spectrum

$$m_\ell = m_0 + (\Delta m)\ell^\delta$$

Decay Widths

$$\Gamma_\ell = \Gamma_0 \left(\frac{m_\ell}{m_0} \right)^\gamma$$

Initial Abundances

$$\Omega_\ell^{(0)} = \Omega_0^{(0)} \left(\frac{m_\ell}{m_0} \right)^\alpha$$

Stasis arises for all values of these parameters within the range

$$\alpha + 1/\delta \in (0, \gamma/2)$$

regardless of $m_0, \Delta m, \Gamma_0, \Omega_0^{(0)}$.

$$\bar{\Omega}_M = \frac{2\gamma\delta - 4(1 + \alpha\delta)}{2\gamma\delta - (1 + \alpha\delta)}$$

$$\bar{w} = w_M \bar{\Omega}_M + w_\gamma \bar{\Omega}_\gamma = \frac{1 - \bar{\Omega}_M}{3}$$

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initial
conditions

Free parameters

$$\{\alpha, \gamma, \delta, m_0, \Delta m, \Gamma_0, \Omega_0^{(0)}, t^{(0)}, N\}$$

Long, Sham Es Haghi, Venegas
arXiv:2506.04502

Mass spectrum depends on particle physics model

- KK excitations of a 5-d scalar field compactified on a circle of radius R
 - $\delta \sim 1$ for $mR \ll 1$
 - $\delta \sim 2$ for $mR \gg 1$
- Bound states of strongly-coupled gauge theory
 - $\delta \sim 1/2$
- String axiverse
 - $m_\ell \sim m_0 \exp(\mu \ell)$

Halverson and Pandya
arXiv:2408.00835

Depends on decay mode

- if ϕ_ℓ decays to photons through contact operator $\mathcal{O}_\ell \sim c_\ell \phi_\ell \mathcal{F} / \Lambda^{d-4}$, $\gamma = 2d - 7$, e.g., $\gamma \sim \{3, 5, 7\}$

Depends on the production mechanism

- misalignment production $\longrightarrow \alpha < 0$
- thermal freeze-out $\longrightarrow \alpha > 0$ or $\alpha < 0$
- universal inflaton decay $\longrightarrow \alpha \sim 1$
- PBH evaporation $\longrightarrow \alpha \sim \pm 1$
- Gravitational production $\longrightarrow \alpha \sim 1, 1/2, 2$

For example, we can parametrize

Mass Spectrum

$$m_\ell = m_0 + (\Delta m)\ell^\delta$$

Evaporation rate

~~Decay Widths~~

$$\Gamma_\ell = \Gamma_0 \left(\frac{m_\ell}{m_0} \right)^\gamma$$

Initial Abundances

$$\Omega_\ell^{(0)} = \Omega_0^{(0)} \left(\frac{m_\ell}{m_0} \right)^\alpha$$

mass range $0.1 \text{ g} \lesssim M_{\min} < M_{\max} \lesssim 10^9 \text{ g}$

$H_\star < 2.5 \times 10^{-5} M_P$
from CMB

evaporate before BBN

$$T_{BH} \sim 1.06 \text{ TeV} \left(\frac{10^{10} \text{ g}}{M} \right)$$

all evaporation products are relativistic!

A naturally continuous mass distribution

$$n_{BH}(t) = \int_0^\infty dM f_{BH}(M, t)$$

with $\delta = 1$

Hawking evaporation indicates

$$\gamma = -3$$

lighter PBHs evaporate faster

To have $\Omega^{(0)}(M_i) \sim M_i^\alpha$, need

$$f_{BH}(M_i, t_i) = \begin{cases} C M_i^{\alpha-1}, & M_{\min} < M_i < M_{\max} \\ 0, & \text{otherwise} \end{cases}$$

with $\alpha < 0$ to achieve stasis. Arises naturally if PBHs form via the collapse of a scale-invariant power spectrum

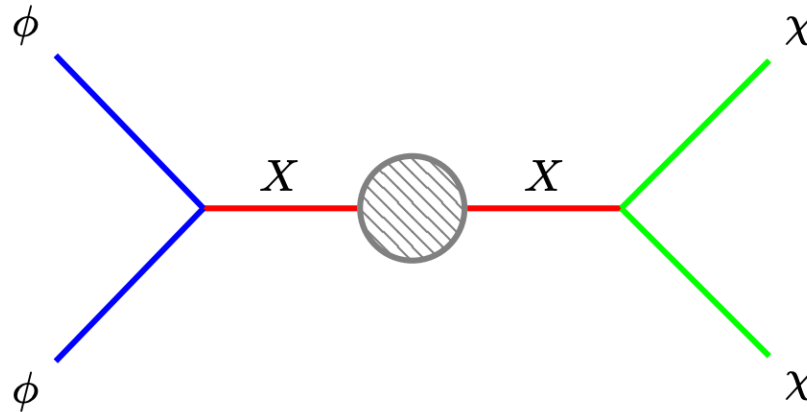
Does it have to be a tower?

- Annihilation of a single particle species

J. Barber, K. Dienes, B. Thomas
arXiv: 2408.16255

Matter field ϕ in thermal equilibrium with itself, characterized by a temperature T

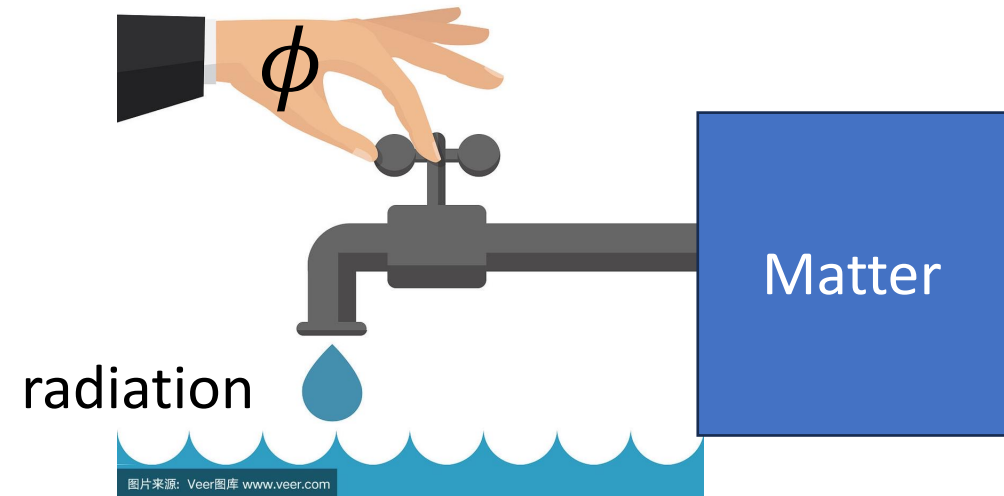
Not in equilibrium with radiation χ

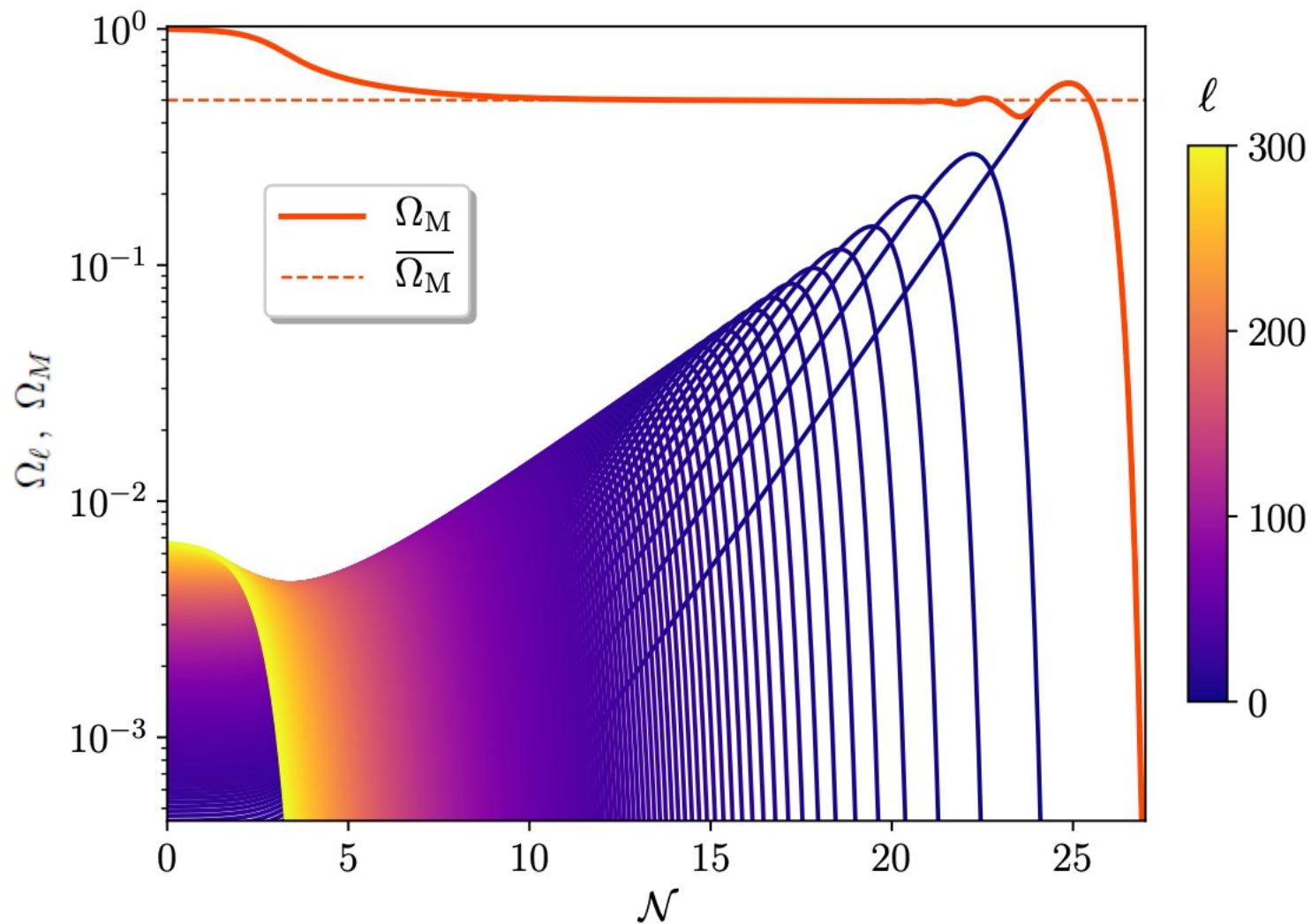


- Field-dependent decay

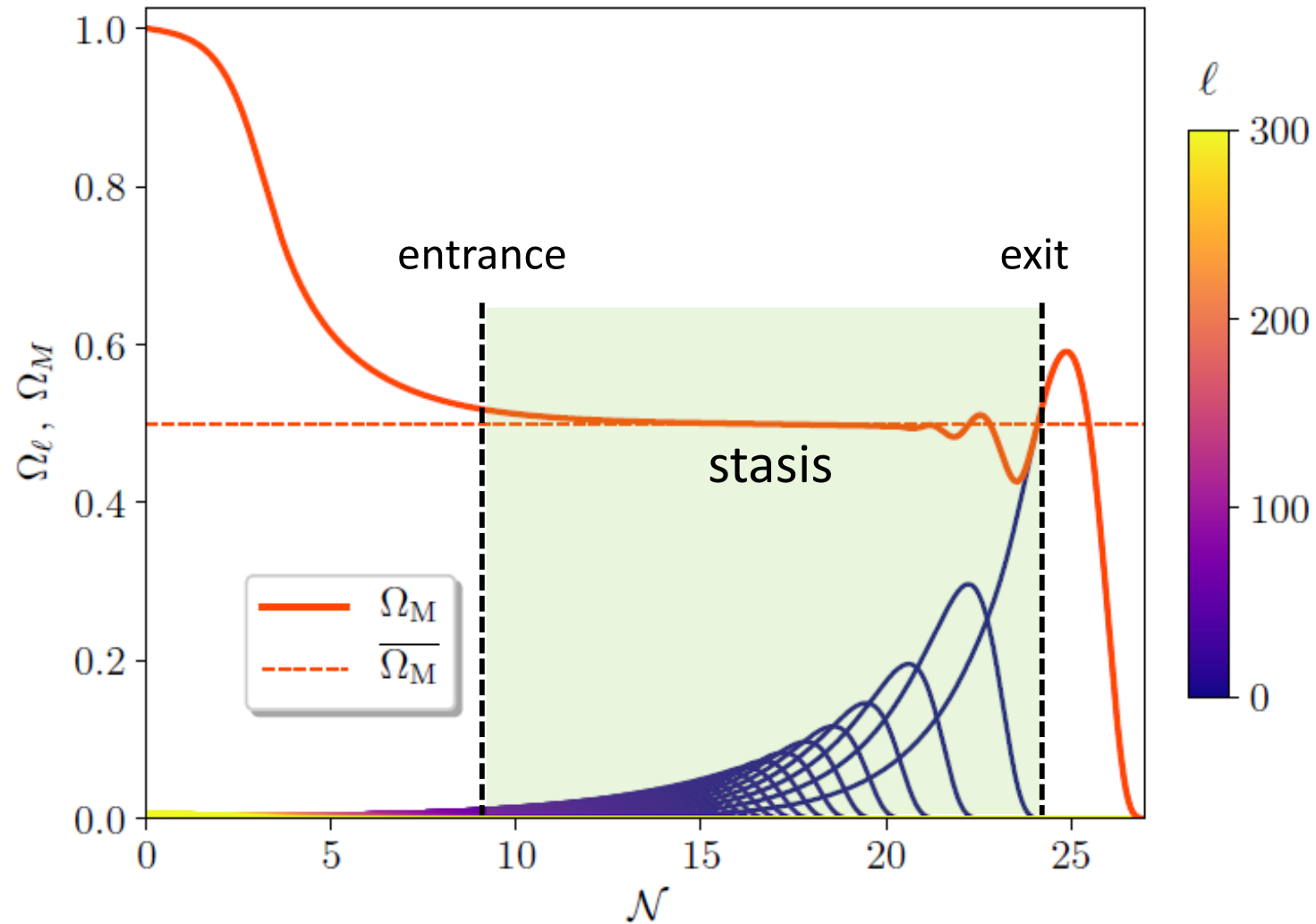
FH, V. Knapp-Perez
arXiv: 2502.20449

- When the decay rate of matter is regulated by the dynamics of a scalar field ϕ under a Hubble mass potential, the decay rate can match the expansion rate and results in a matter/radiation stasis



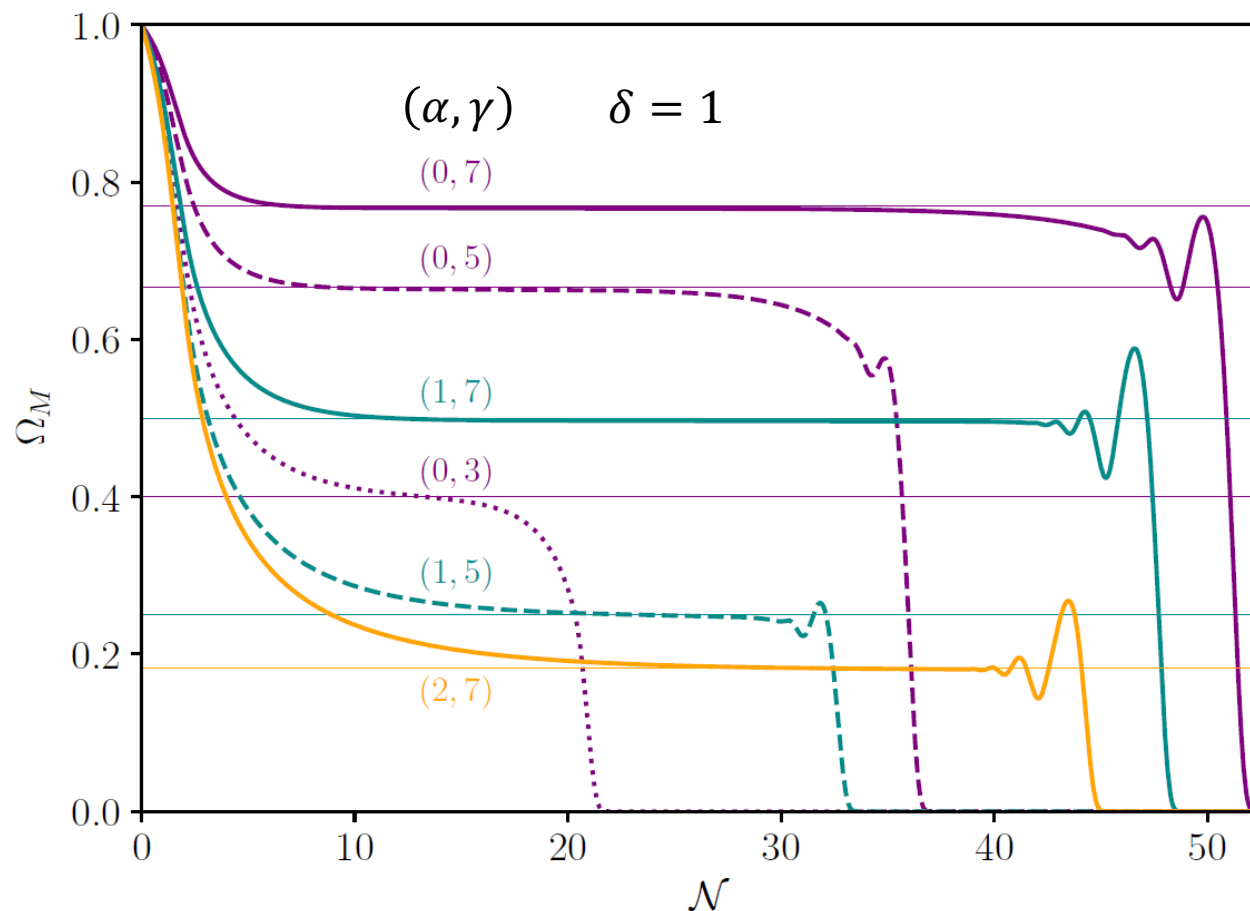


$$(\alpha, \gamma, \delta) = (1, 7, 1) \rightarrow \overline{\Omega}_M = 1/2, N = 300, \mathcal{N}_s \sim \frac{2\gamma\delta}{4-\overline{\Omega}_M} \log N$$



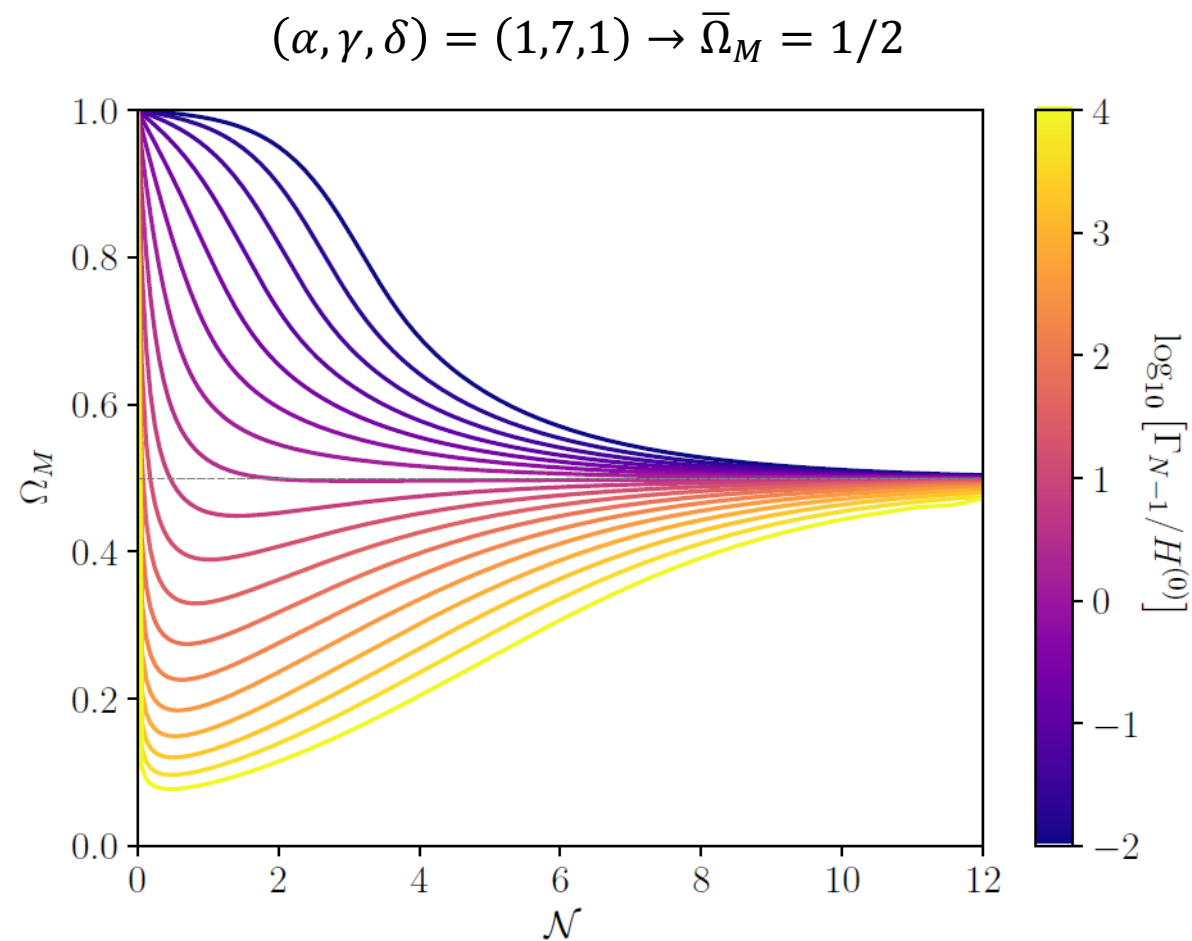
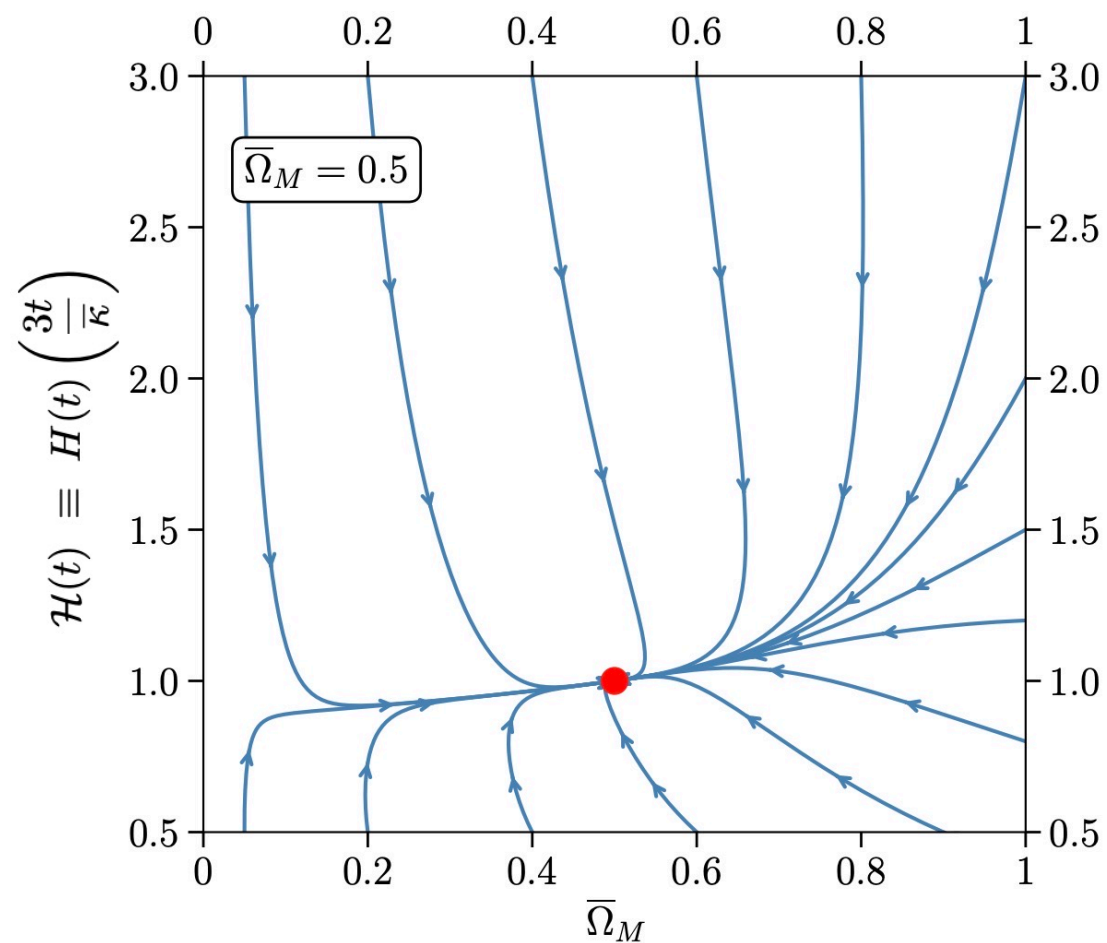
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Similar behavior for other parameter choices



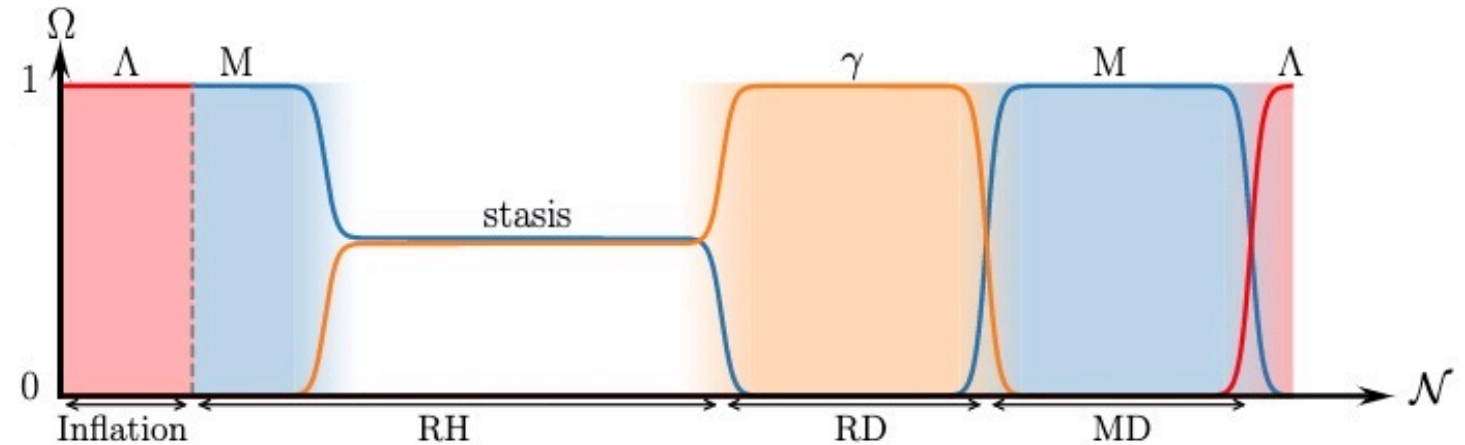
Stasis always emerges, only the stasis abundance changes

Moreover, stasis is a Global Attractor

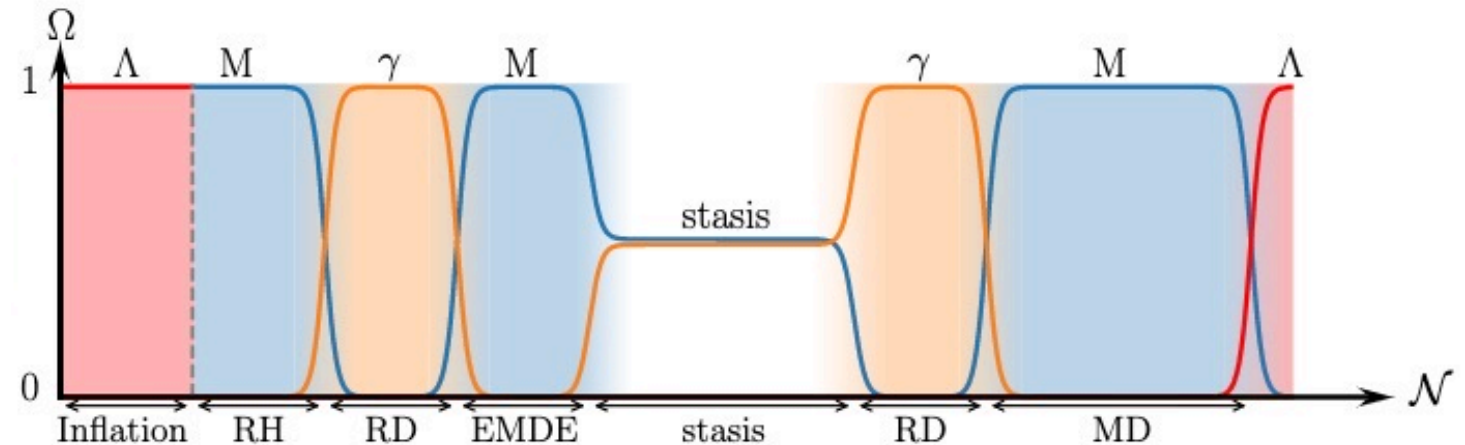


Where does stasis arise?

Reheating occurs during the stasis epoch and results from decays of states in the tower



The presence of multiple matter fields first leads to an early matter-dominated era (EMDE), then stasis occurs when decays start



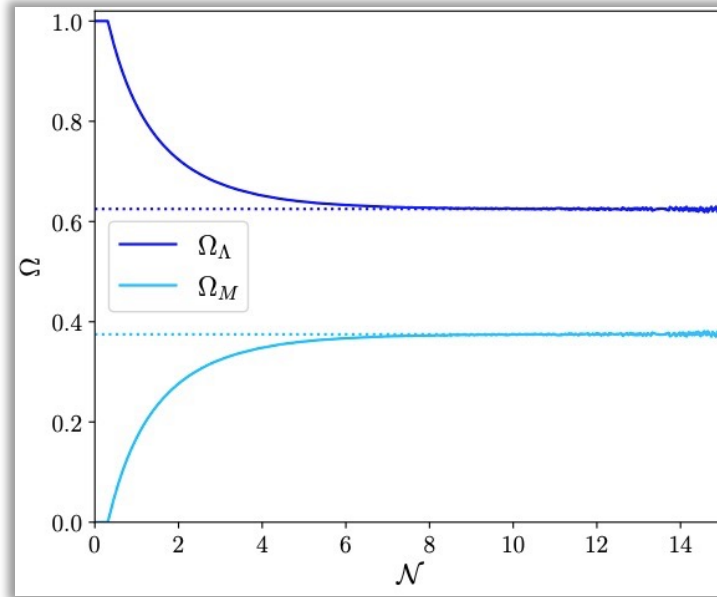
Thus far, we have seen stasis arises between matter and radiation.

Are there other types of stasis?

Other types of stasis

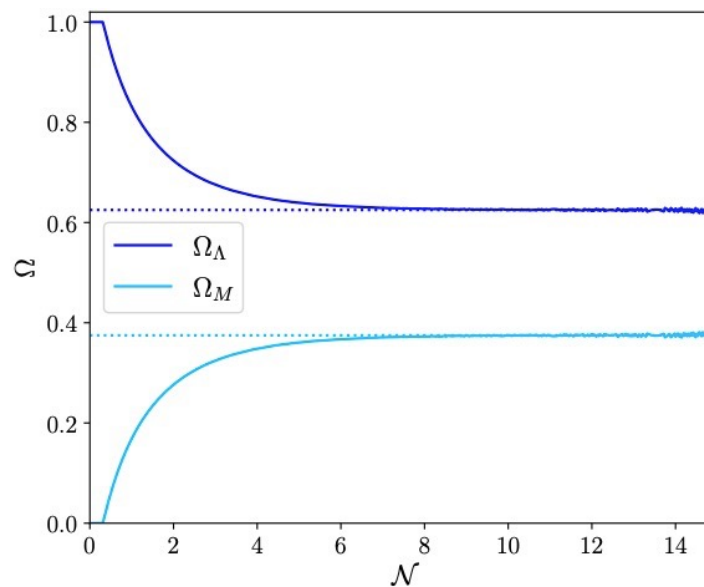
- Vacuum energy/Matter stasis

Dienes, Heurtier, FH, Tait, Thomas
arXiv: 2309.10345

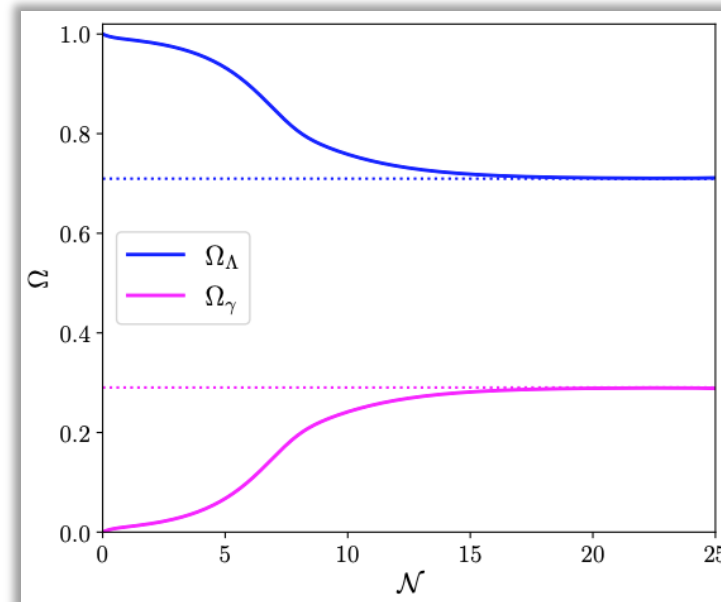


Other types of stasis

- Vacuum energy/Matter stasis
- Vacuum energy/Radiation stasis



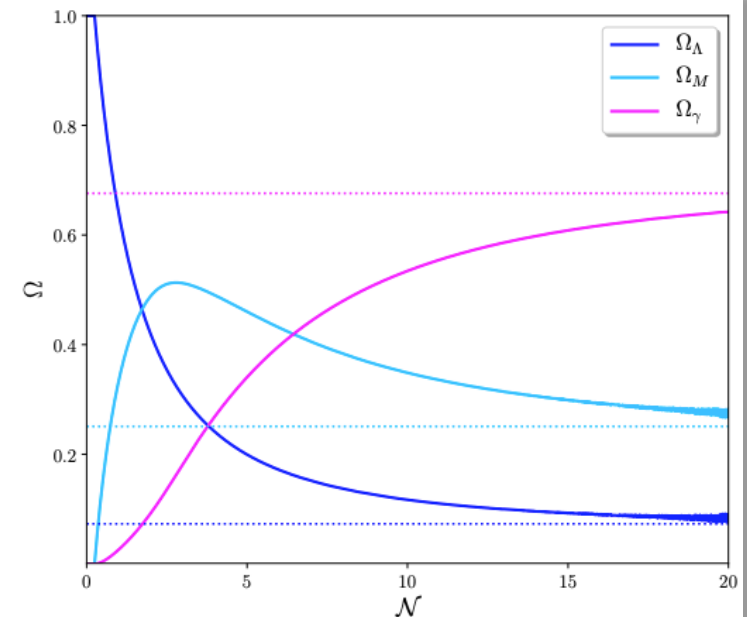
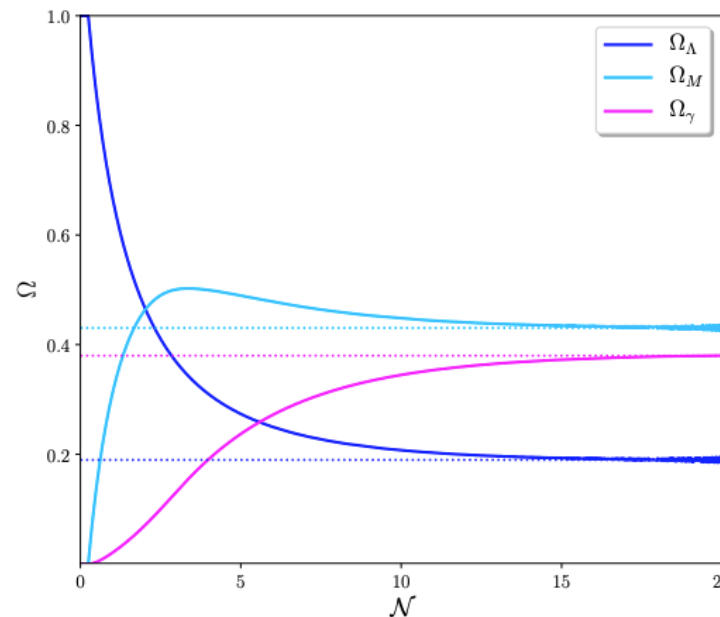
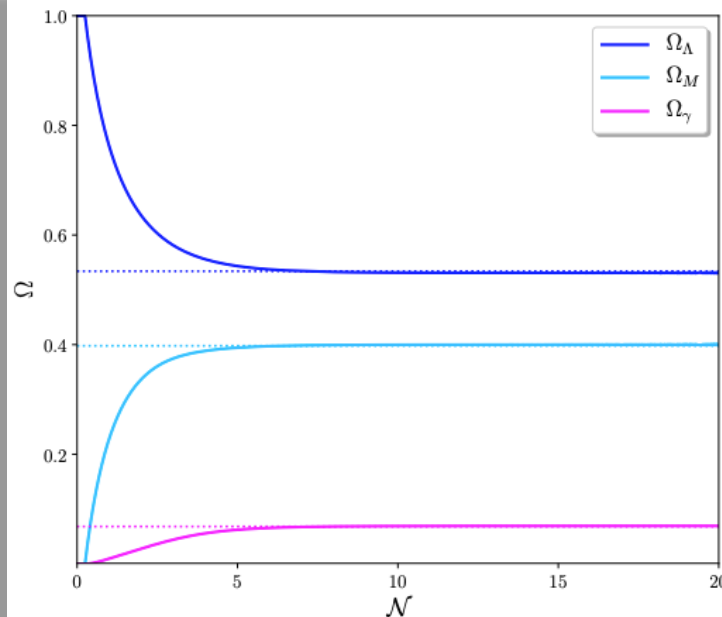
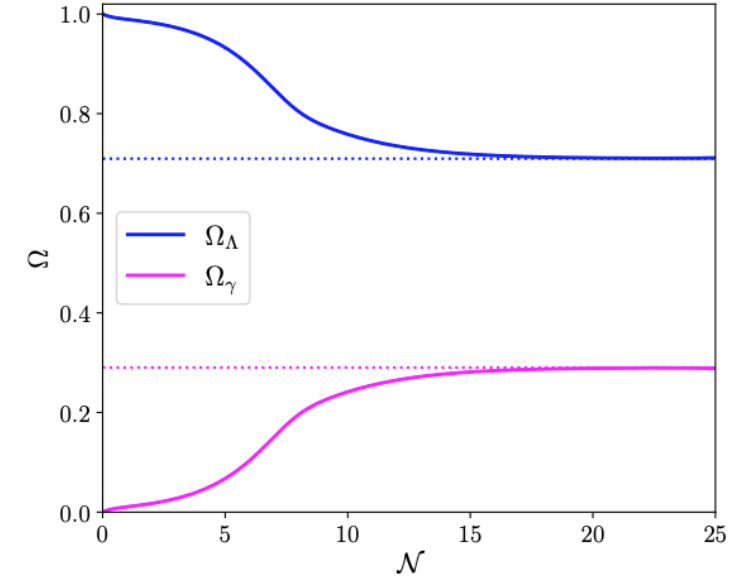
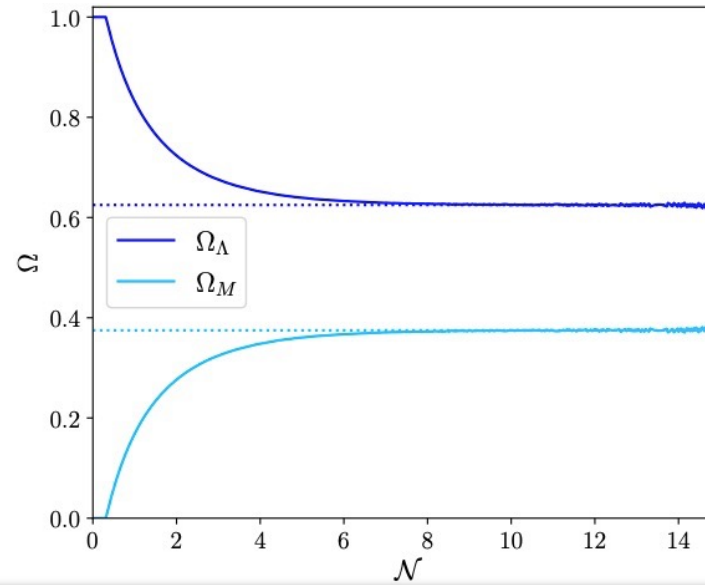
Dienes, Heurtier, FH, Tait, Thomas
arXiv: 2309.10345



Other types of stasis

- Vacuum energy/Matter stasis
- Vacuum energy/Radiation stasis
- Triple stasis between vacuum energy, matter, and radiation simultaneously

Dienes, Heurtier, FH, Tait, Thomas
arXiv: 2309.10345



Stasis-induced inflation?

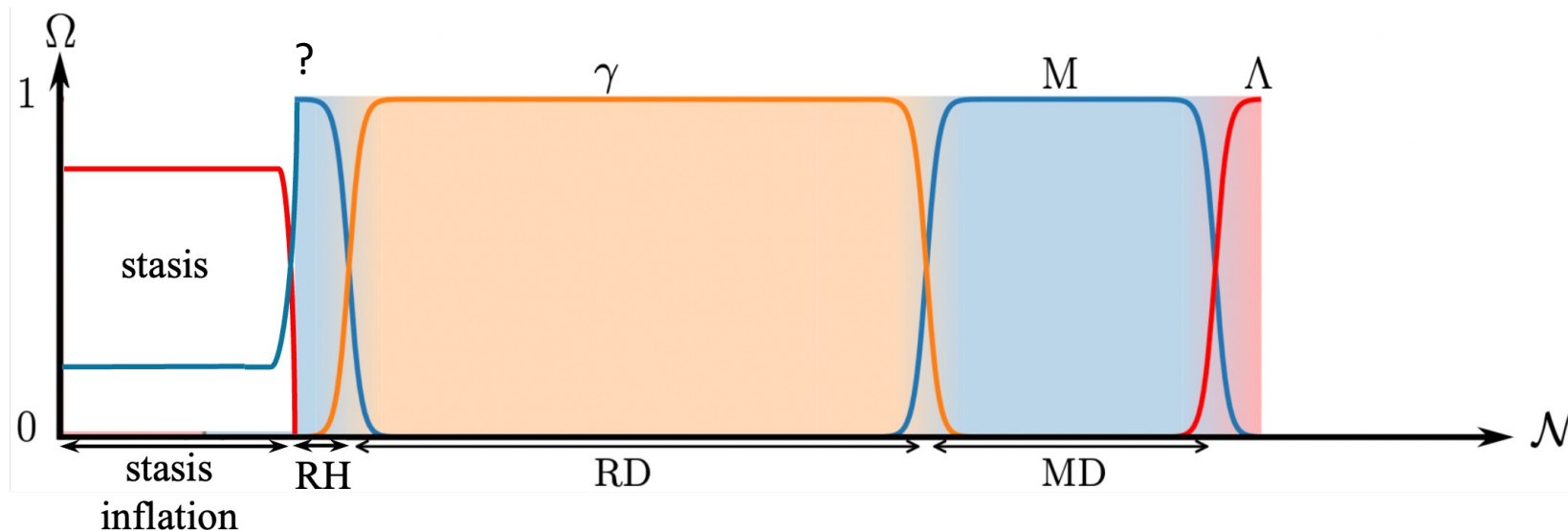
Among these possibilities, we observe that if stasis involves ***vacuum energy*** ...

- EoS extends to the region $-1 < \bar{w} < 0$
- Accelerated expansion if $\bar{w} < -1/3$
- Stasis can potentially be the **inflation** epoch!

Stasis-induced inflation?

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Stasis inflation!

Dienes, Heurtier, FH, Tait, Thomas
arXiv: 2406. 06830

Stasis inflation is an intriguing possibility ...

- If such a stasis epoch can endure for $\mathcal{N}_e \sim 60$ e-folds of expansion, it can in principle solve the ***horizon and flatness problems***.
- The number of e-folds of inflation (***cosmology***) is often related in a deep way to ***hierarchies among fundamental particle-physics scales*** – e.g., in KK theories

$$\mathcal{N}_e \sim \log N, \quad \text{where}$$

$$N \sim (RM_{\text{UV}})^n$$

compactification
radius

of compactified
dimensions

UV cutoff: $M_P^{(D)}$ or M_{string}

- Complicated potentials are in principle ***not required***. Dynamics reflects the structure of the underlying theory, not the shape of the inflaton potential.

Stasis inflation is an intriguing possibility ...

- As we have seen, during stasis inflation, any $\bar{w} < -1/3$ is possible, and not restricted to $\bar{w} \approx -1$
- A “**graceful exit**” is built into this scenario. Stasis inflation naturally ends when underdamping transitions reach the bottom of the tower
- A **non-zero constant matter abundance** (and potentially even radiation abundance) can be carried throughout inflation (abundances **do not** inflate away), thus may significantly change conditions needed for reheating.

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Of course, any model of inflation along these lines would also need to ...

- produce a (nearly scale-invariant) density perturbation spectrum consistent with CMB data, etc;
- satisfy applicable constraints on non-Gaussianities and isocurvature;
- eventually reheat the universe (presumably from the decays of the tower states after stasis ends)

Stasis inflation is a scenario that warrants further exploration!

Observational signatures

- How do we know if the universe had gone through a period of stasis?
Observational consequences?

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Observational consequences?
- Before we ask this question, perhaps we should first ask, what type of stasis?
 - vacuum energy/matter stasis?
 - matter/radiation stasis?
 - vacuum energy/radiation stasis
 - triple stasis?
 - What is the model?

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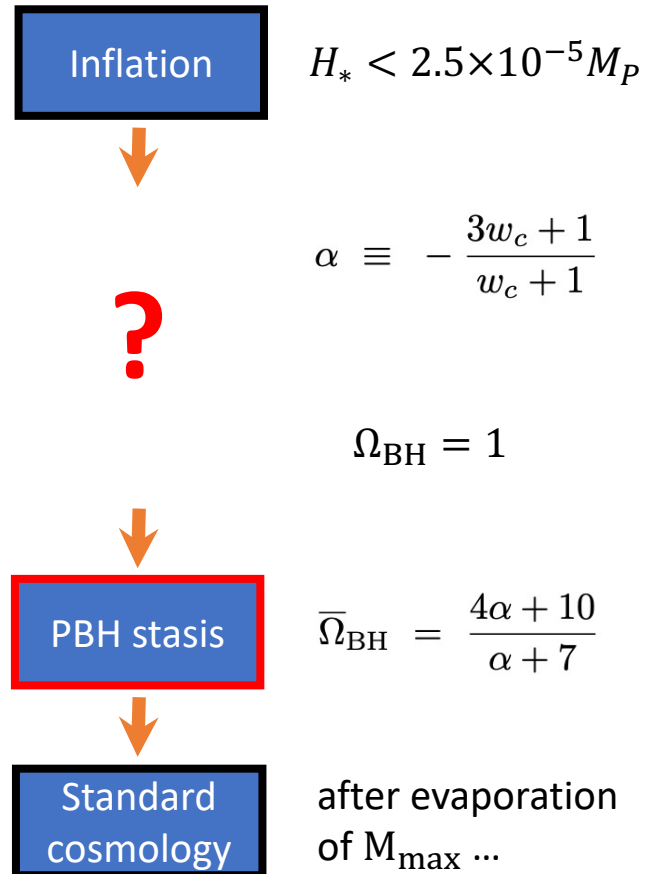
we shall focus on this
for the rest of the talk.



Observational signatures: PBH stasis

Dienes, Heurtier, FH, Kim, Tait, Thomas
arXiv: 2212.01369

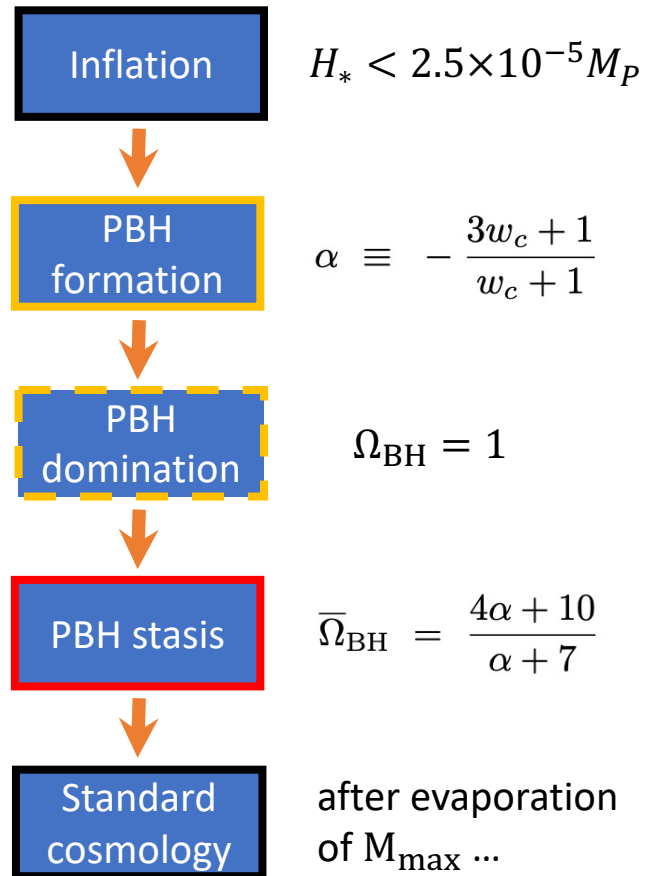
PBH-induced stasis implies a
sequence of epochs that modifies
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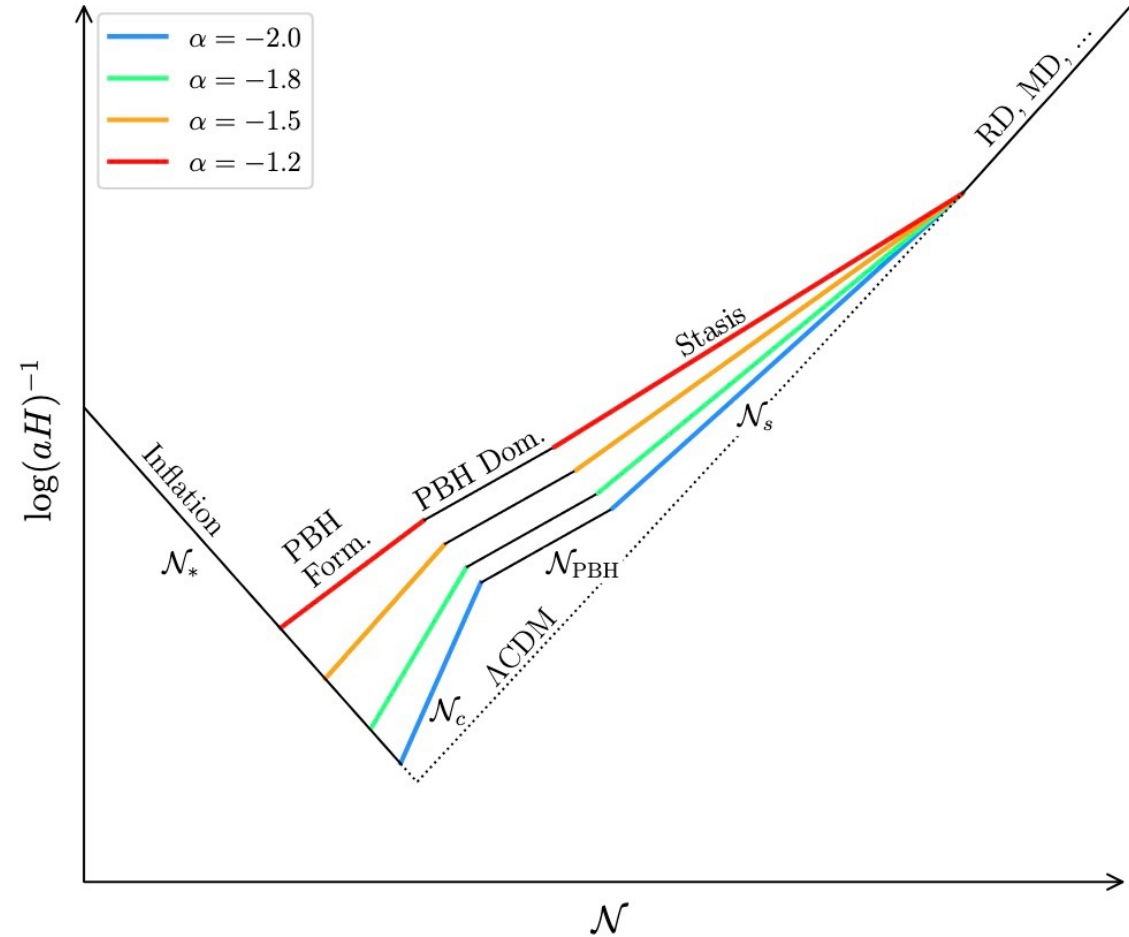
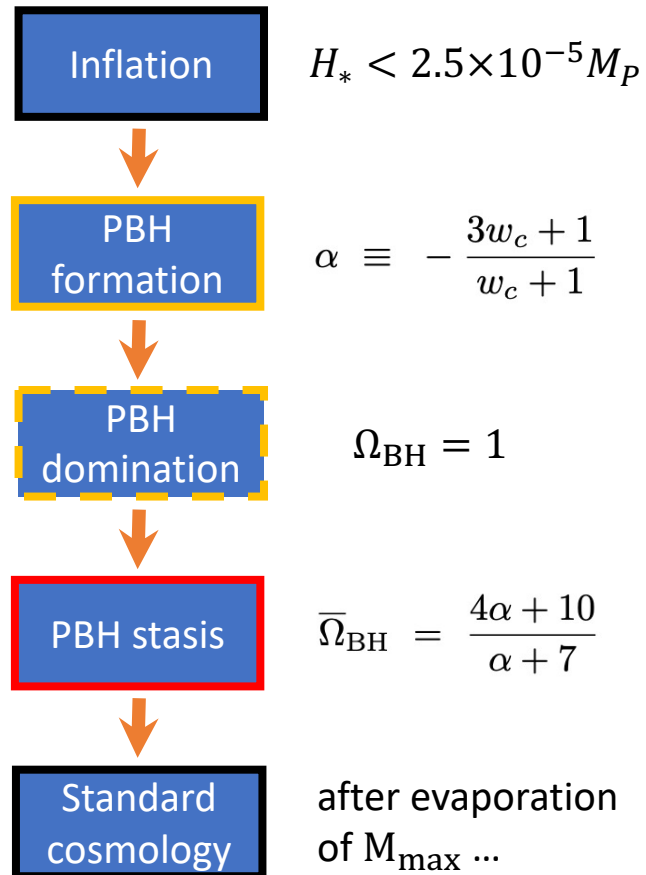
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PBH-induced stasis implies a sequence of epochs that modifies the standard cosmological timeline



Slopes of each epoch depend on EoS parameter of each epoch, can be fully determined by α

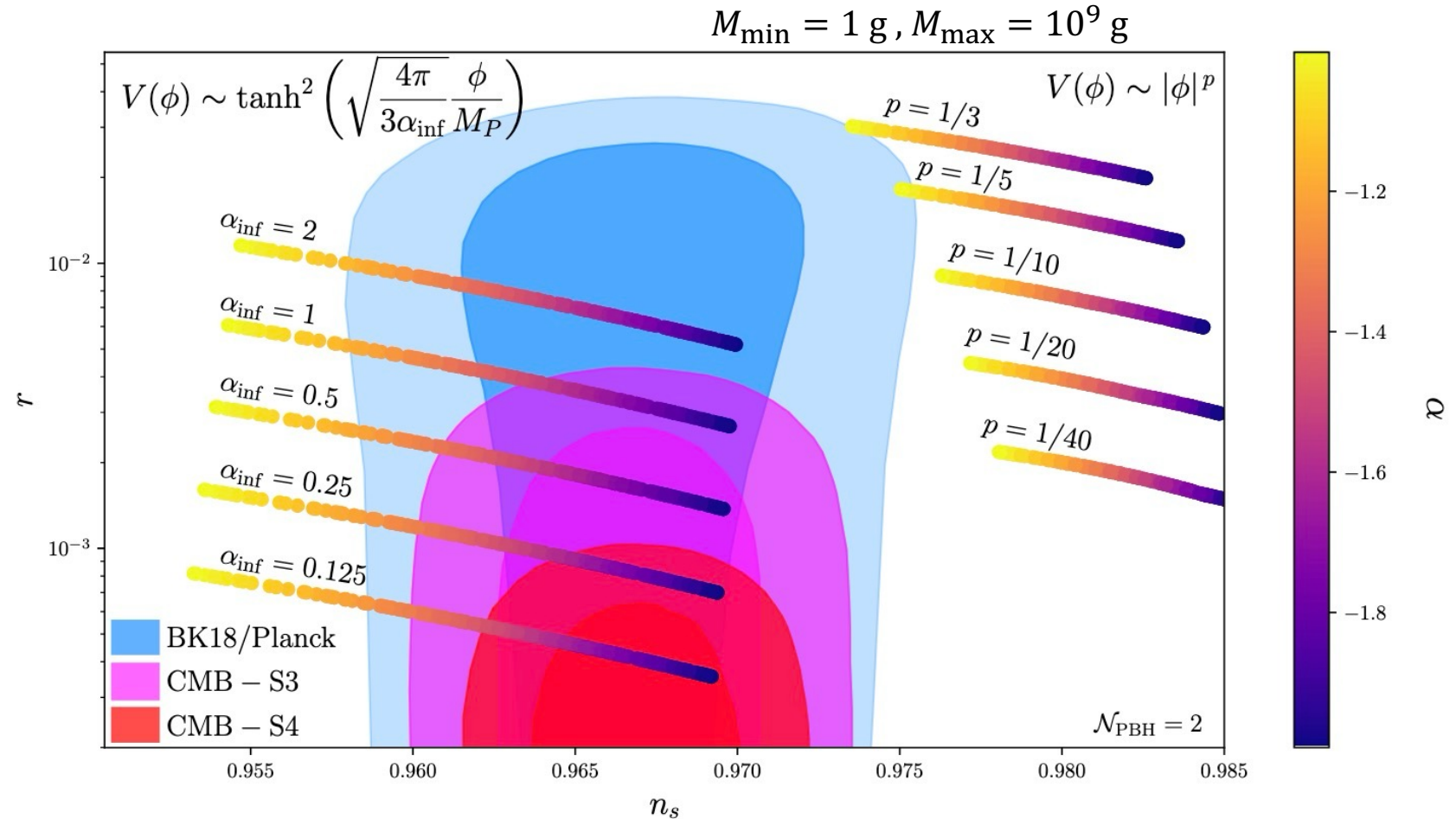
Observational signatures: PBH stasis

Dienes, Heurtier, FH, Kim, Tait, Thomas
arXiv: 2212.01369

The modification to the cosmological timeline is tightly constrained by the CMB measurements through **Spectral index** n_s and **tensor-to-scalar ratio** r

With increasing α

- n_s tends to decrease
- r tends to increase
- increases the tension for α -attractor potentials
- reduces the tension for polynomial potentials

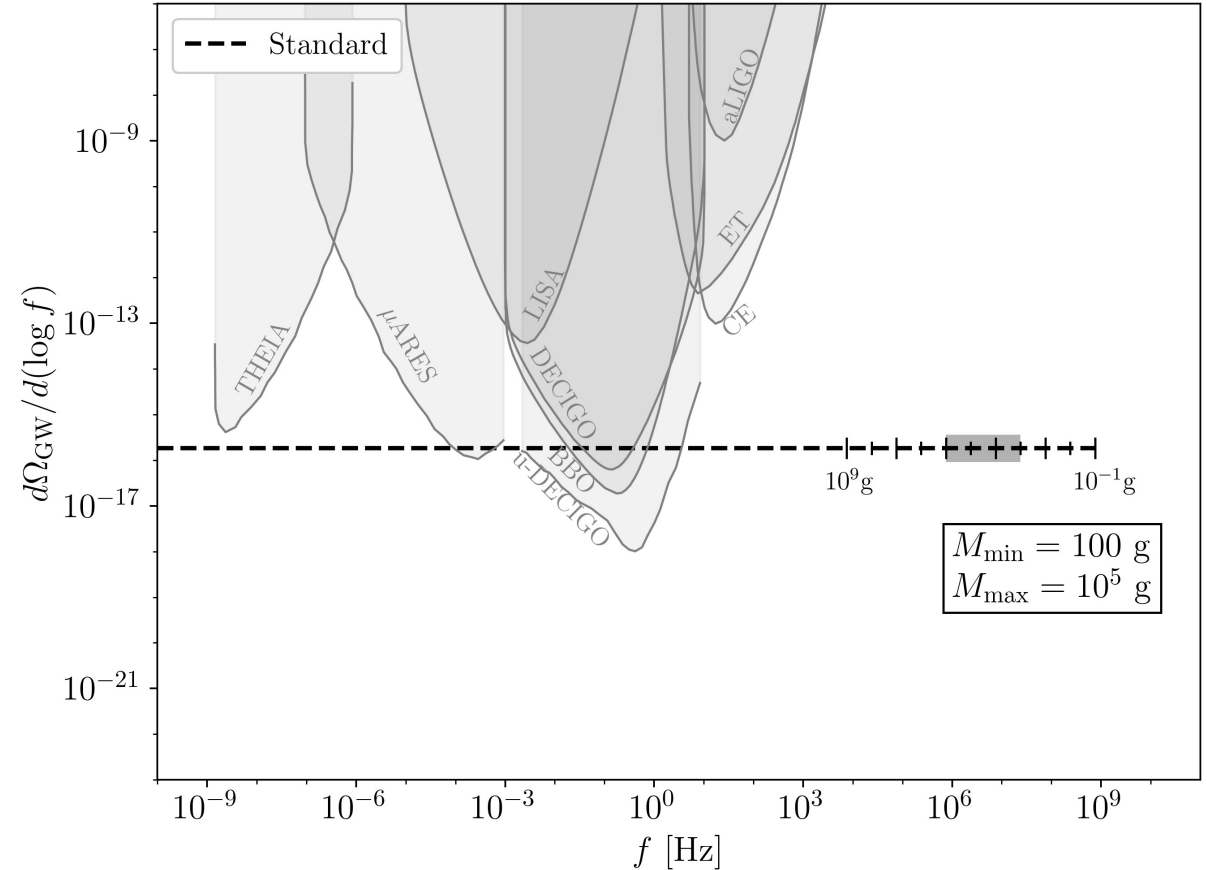


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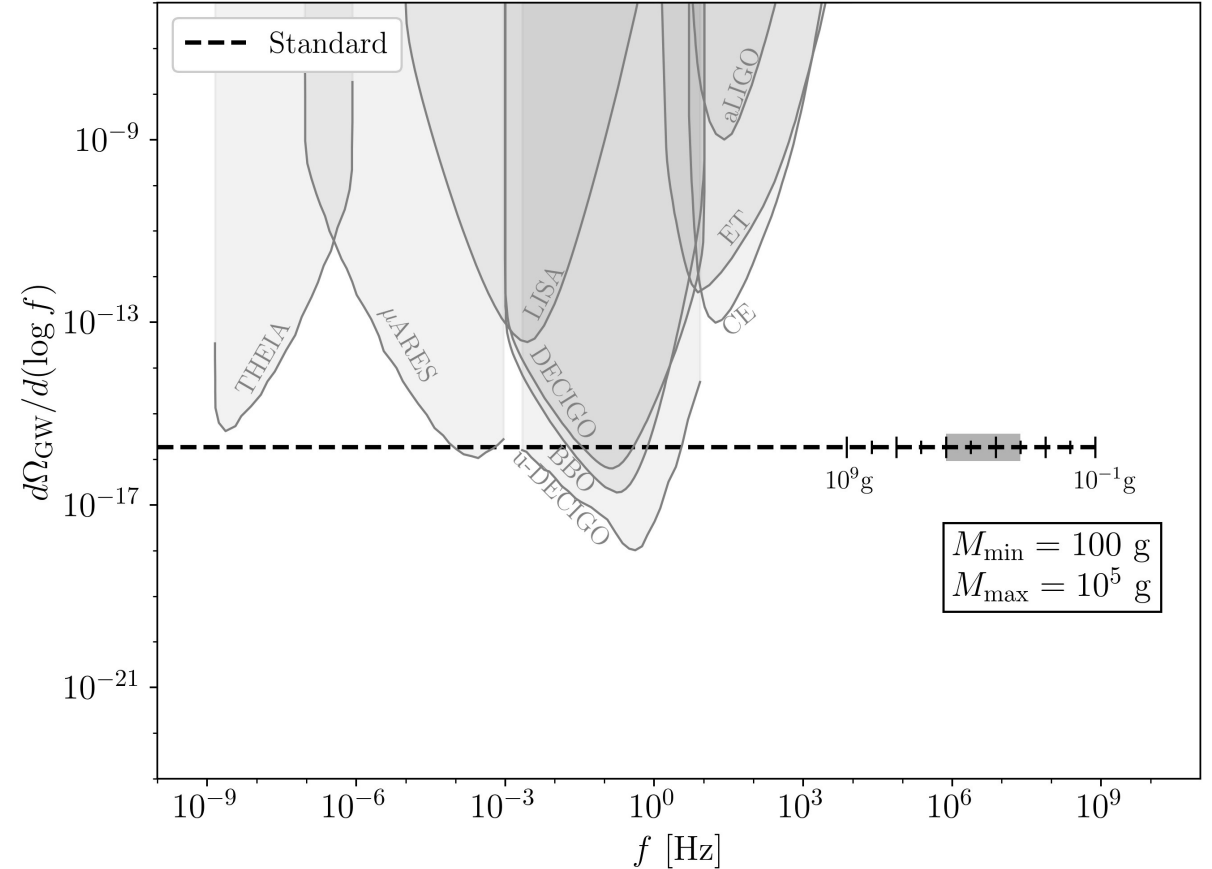
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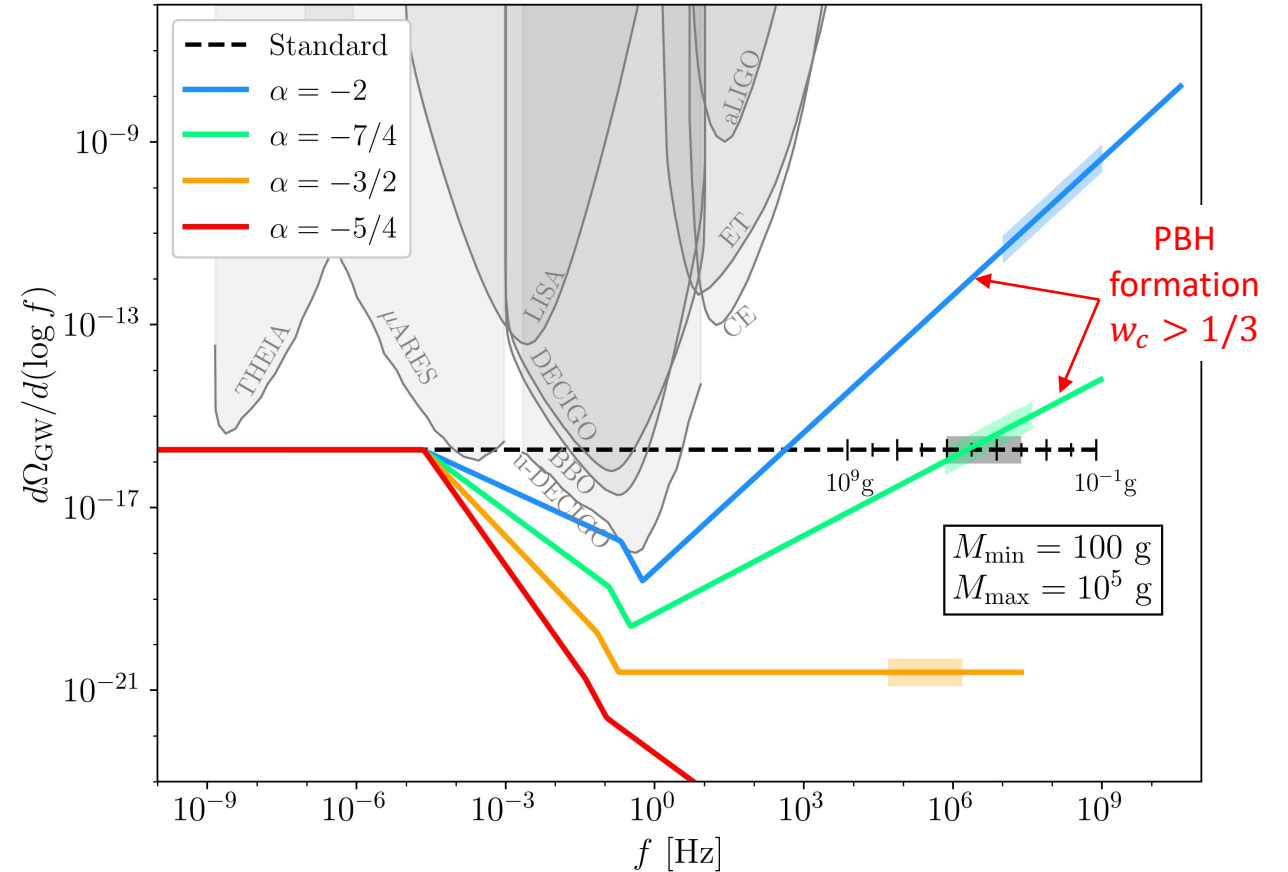
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From 0th order to 1st order

- The observational implications presented thus far are essentially due to modified background expansion histories.
- At background level, a stasis epoch mimics an epoch of perfect fluid domination (PFD) wherein $w_{PF} = \overline{w}$.
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Is a stasis epoch equivalent to a PFD epoch with the same EoS?

Need to look at the perturbation level!

Observational signatures at the perturbation level

More specifically, let's consider

- A matter/radiation stasis caused by a tower of decaying particles (and a PFD with the same EoS)

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In other words, let χ be a population of decoupled **dark-matter** particles.

We'll now examine how density perturbations $\delta_\chi \equiv \Delta\rho_\chi/\rho_\chi$ evolves during a **matter/radiation stasis** (and the corresponding PFD epoch) with $0 < \bar{w} < 1/3$.

As we'll see, the results differ significantly from the corresponding results for PFD!

Observational signatures at the perturbation level

Since χ is decoupled (no source/sink terms):

$$\nabla_\mu (T_\chi)^\mu{}_\nu = 0$$

This relation yields an equation of motion for $\delta_{k\chi}$

$$\delta''_{k\chi} + \frac{3}{2a} (1 - \langle w \rangle) \delta'_{k\chi} = -3\Phi''_k - \frac{9}{2a} (1 - \langle w \rangle) \Phi'_k + \tilde{k}^2 a^{3\langle w \rangle - 1} \Phi_k$$

On the other hand, the evolution of Φ_k follows from the Einstein equation:

$$\Phi''_k + \frac{(7 + 3\langle w \rangle)}{2a} \Phi'_k + \frac{\langle w \rangle k^2}{a^4 H^2} \Phi_k = \frac{4\pi G}{a^2 H^2} \sum_X \bar{\rho}_X \delta_{kX} (\langle w \rangle - c_{sX}^2)$$

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$\langle w \rangle \equiv \sum_X \Omega_X w_X$

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First, let's consider a PFD epoch, in this case, $\langle w \rangle = w_{PF} = c_{SPF}^2$, and therefore

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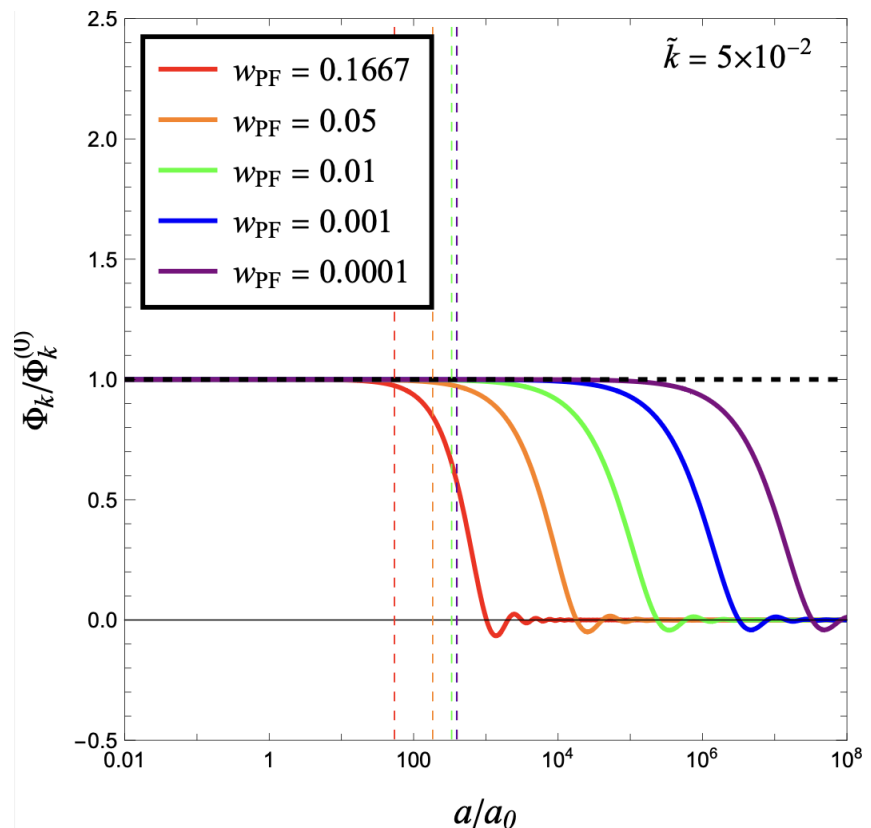
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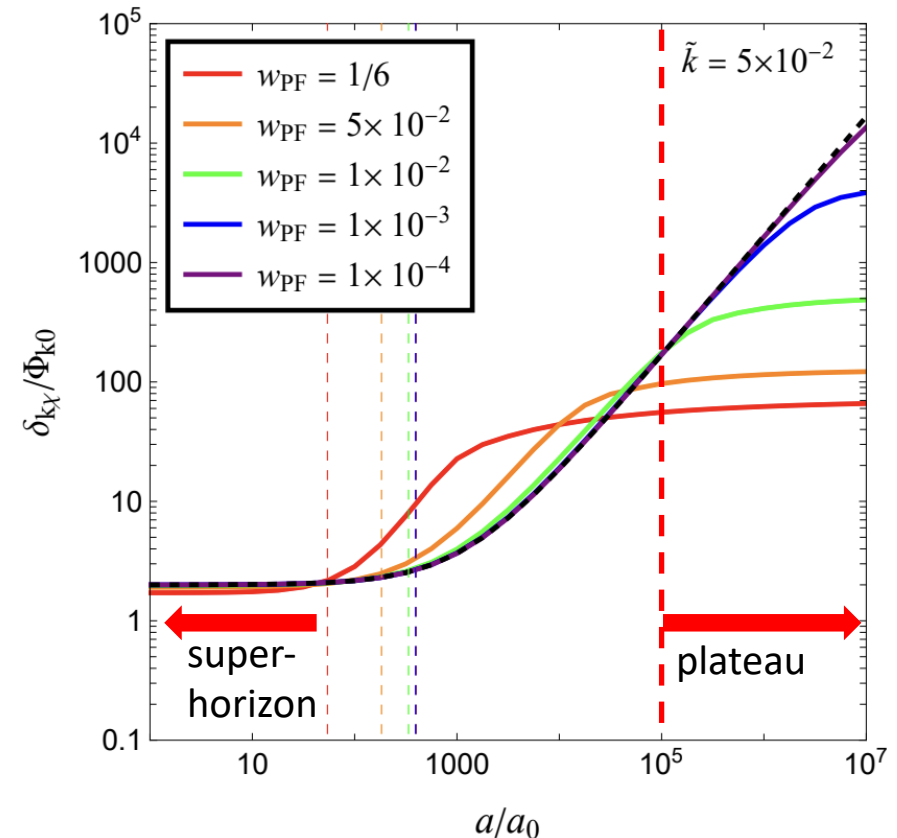
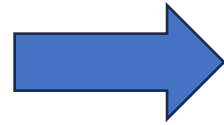
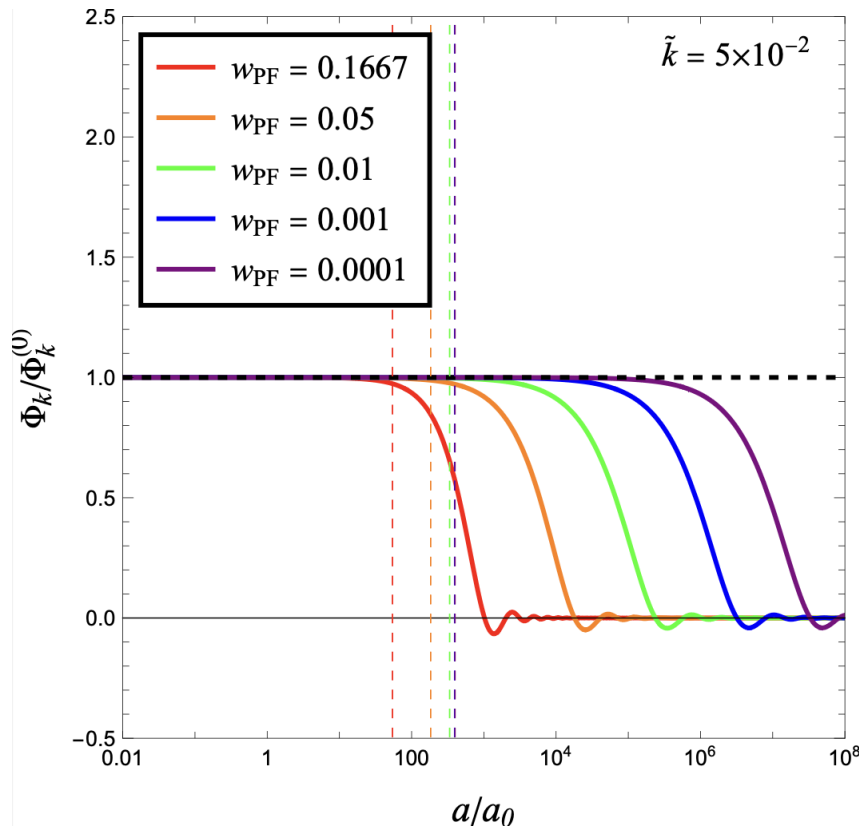
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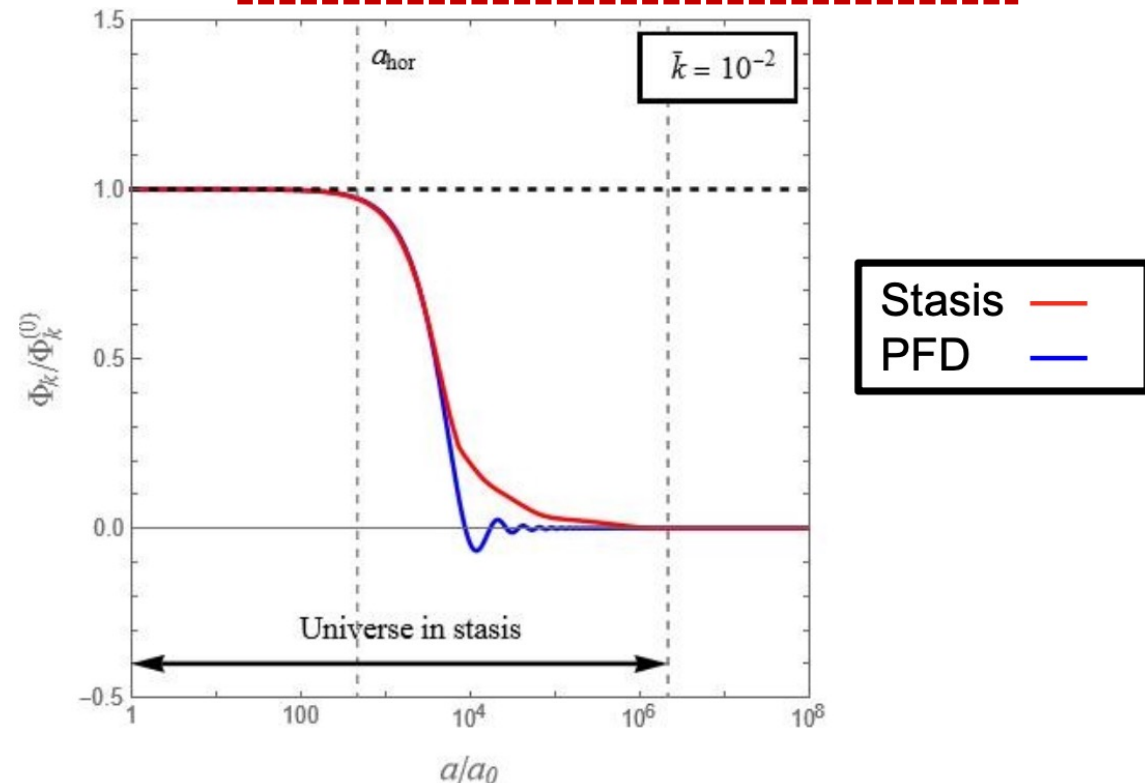
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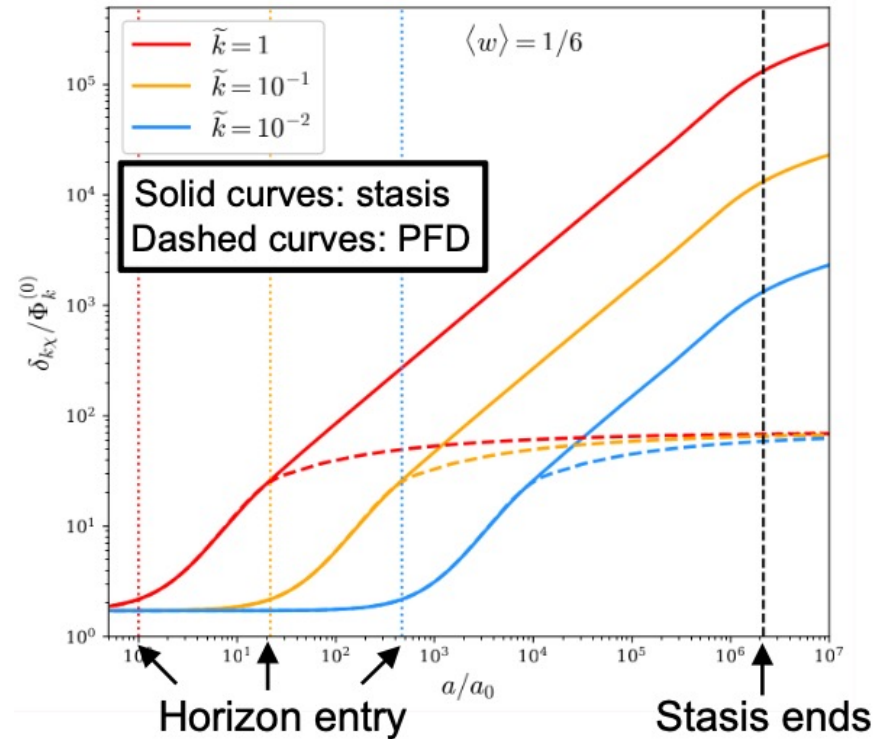
These effects can dramatically impact how $\delta_{k\chi}$ evolves!



Observational signatures at the perturbation level

We find that after entering the horizon (when $k \sim aH$), modes experience **enhanced, power-law growth** until stasis ends:

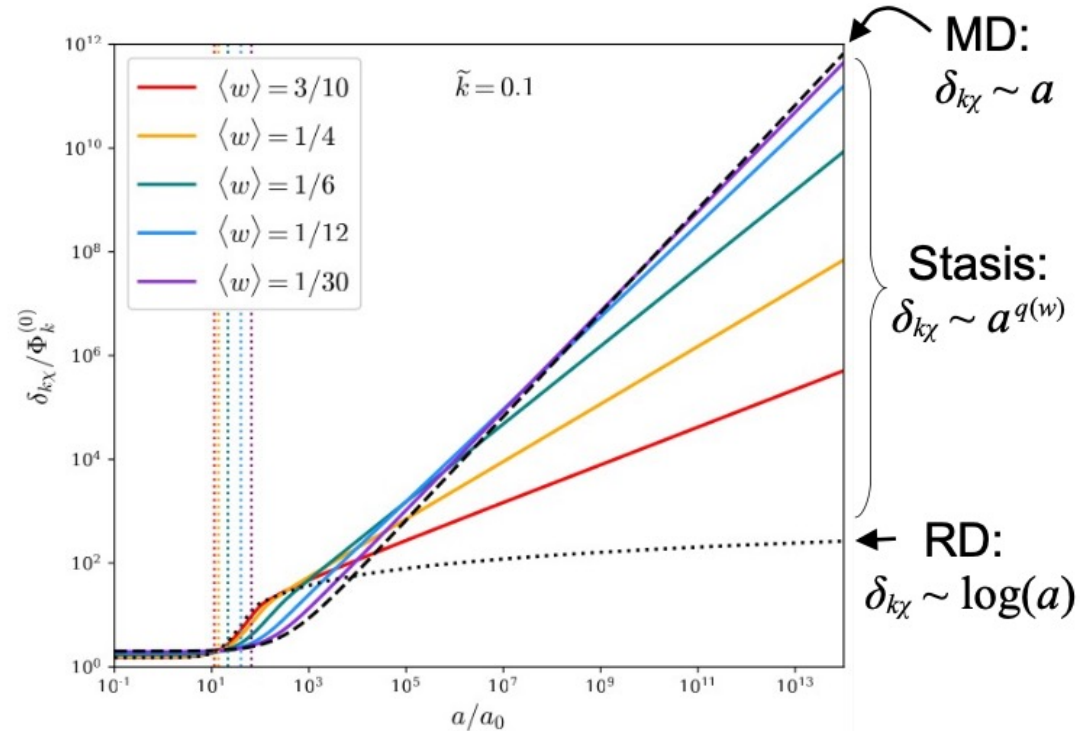
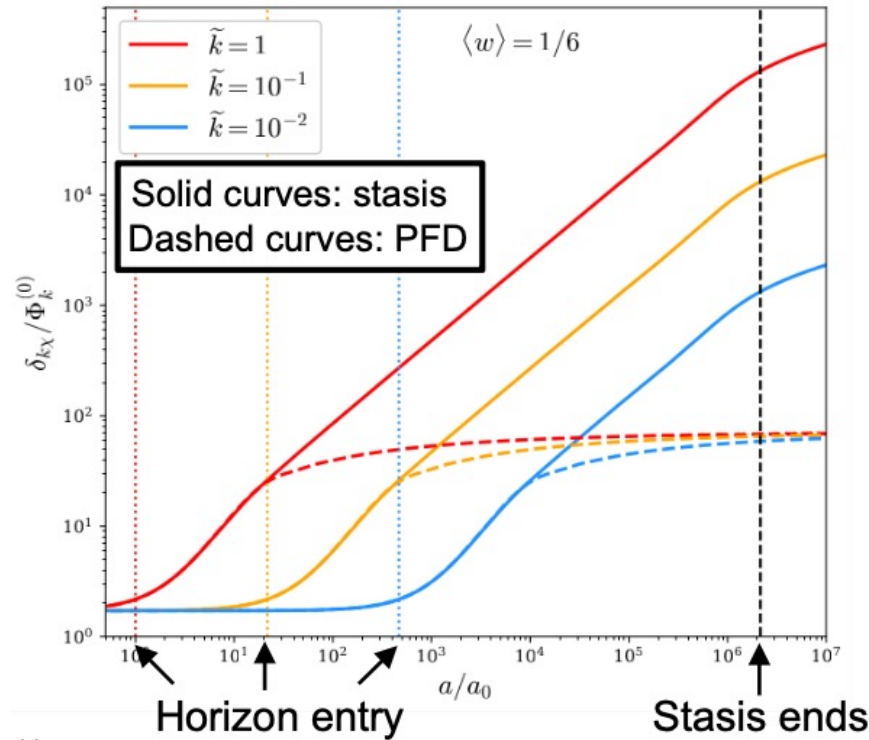
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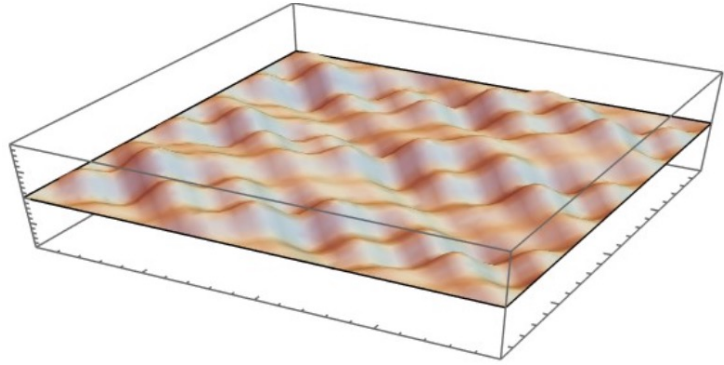
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This power-law growth interpolates between the logarithmic growth during radiation domination and the linear growth during matter domination!

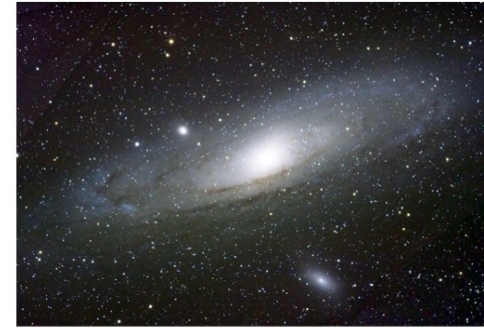
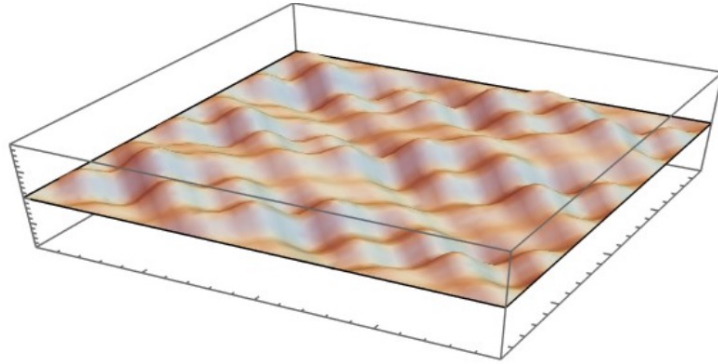
Observational signatures at the perturbation level

Small primordial inhomogeneities in the matter density provide the seeds for the formation of structure at later times.



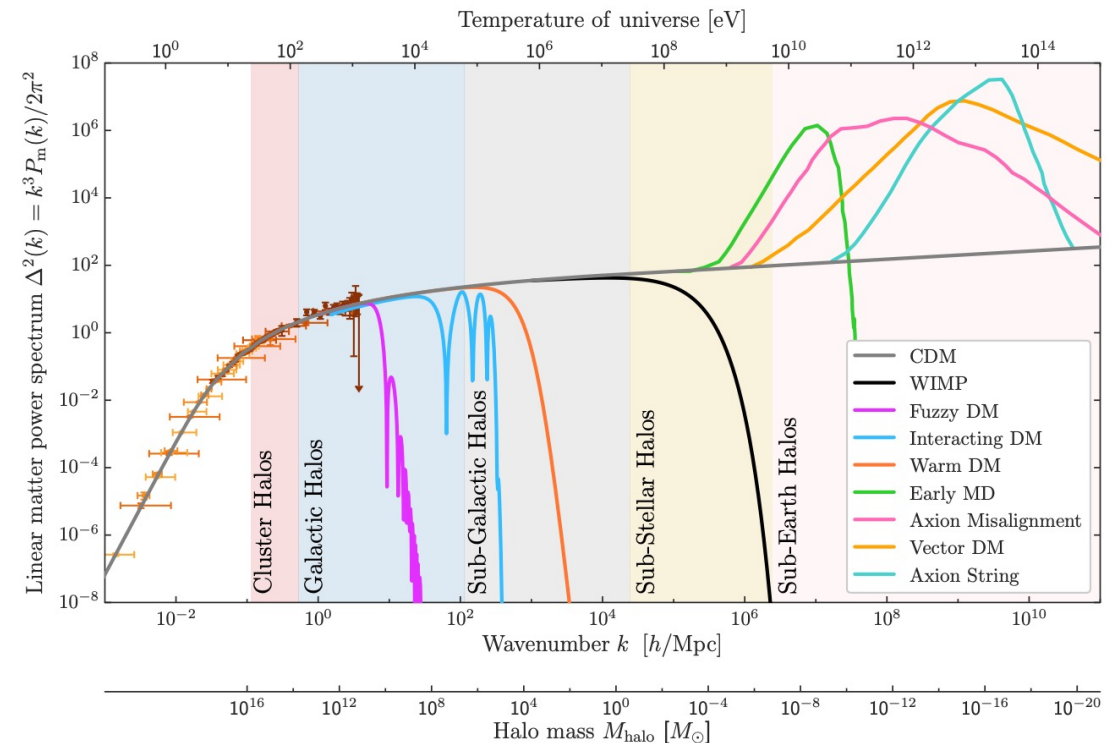
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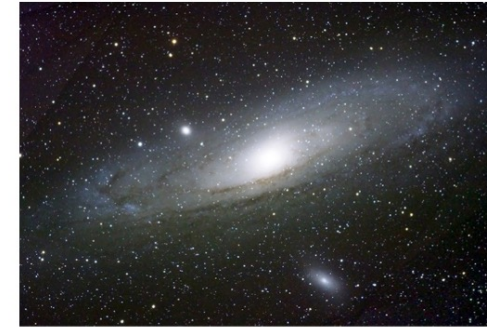
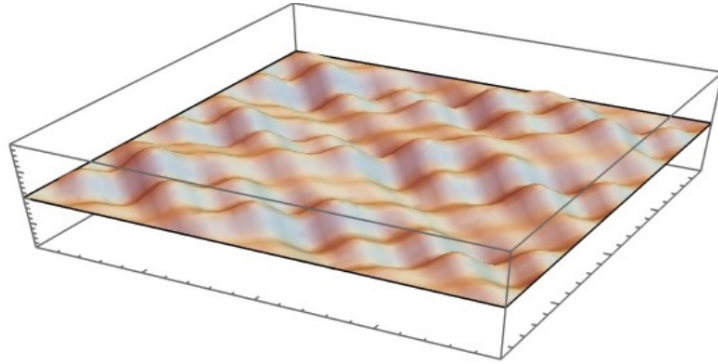
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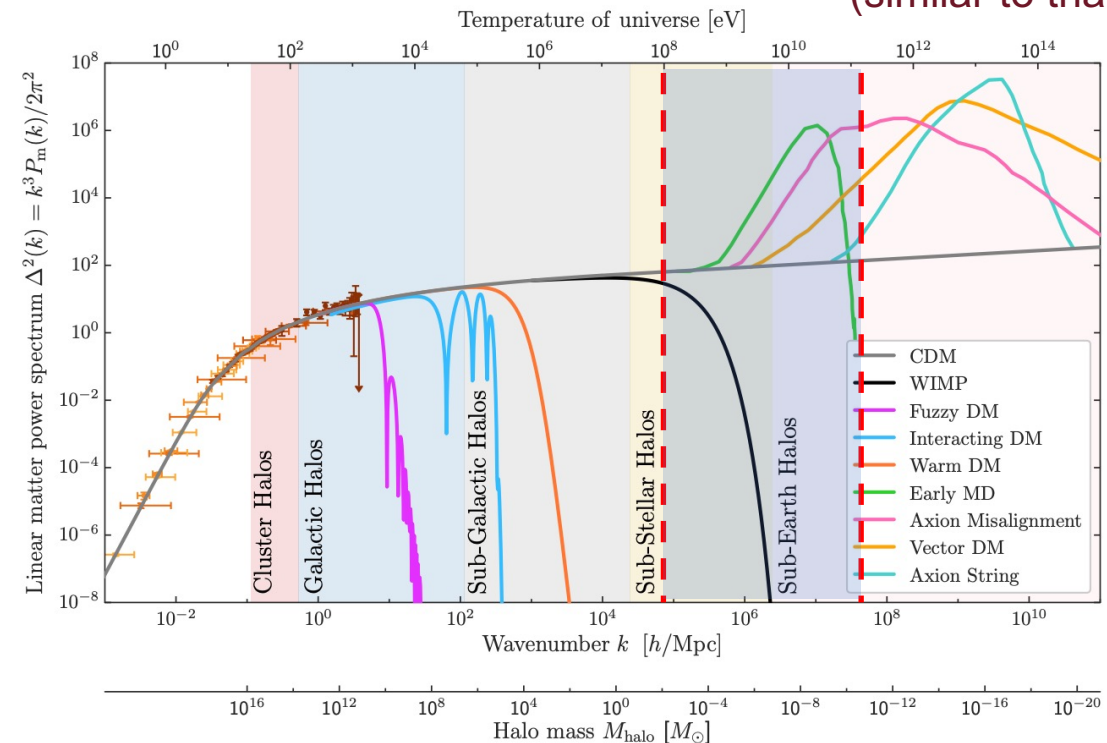
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Regime of interest
(similar to that for EMDEs)

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Summary

- **Stable, mixed-component cosmological eras** – i.e., **stasis eras** – are a viable cosmological possibility – and one that can arise naturally in many extensions of the Standard Model.
- Stasis can be generated via different ways, such as a **tower of decaying matter states**, and a population of **evaporating PBHs** with an extended mass spectrum, and has different forms, such as matter/radiation stasis, and vacuum energy/matter stasis, etc.
- The existence of a stasis epoch can lead to a number of phenomenological implications, ranging from the effects on inflationary observables, primordial gravitational wave background, to the enhanced formation of small scale structures.

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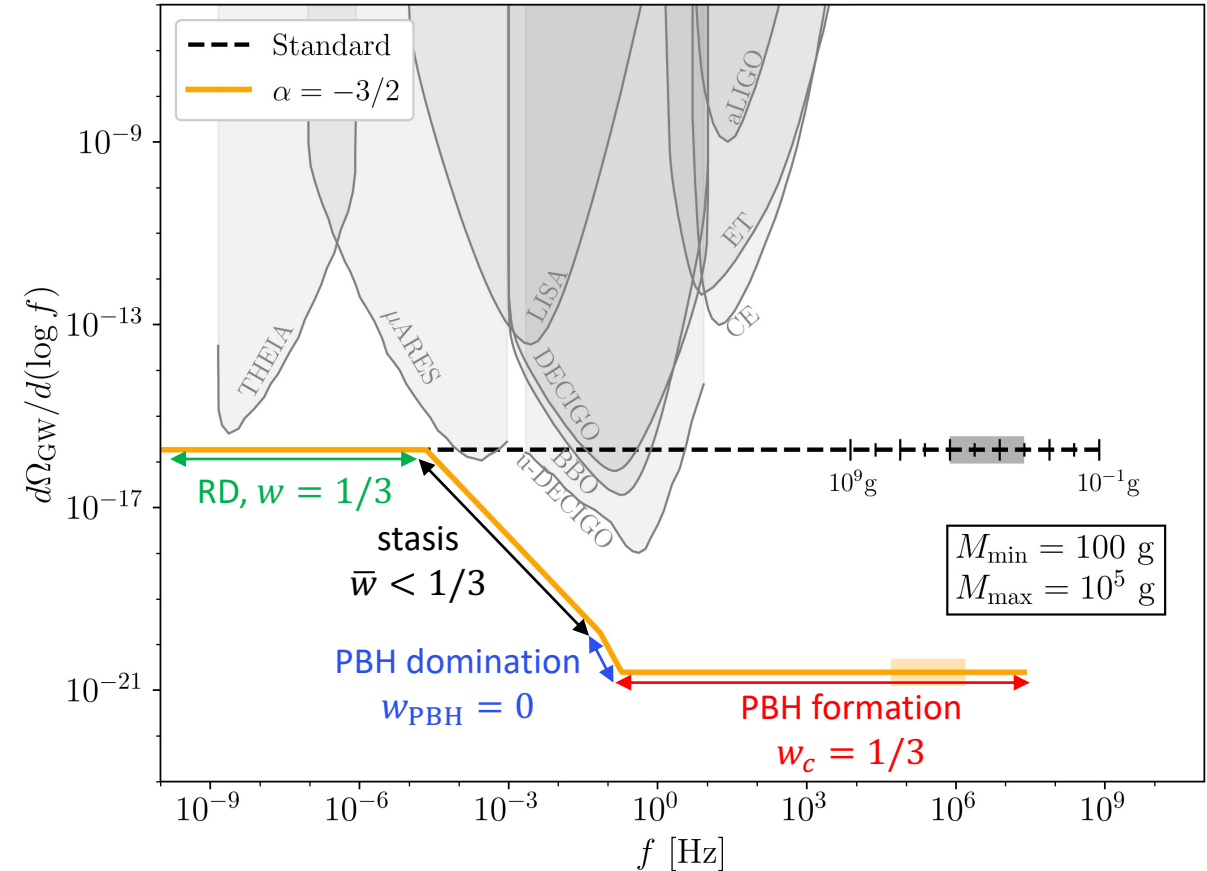
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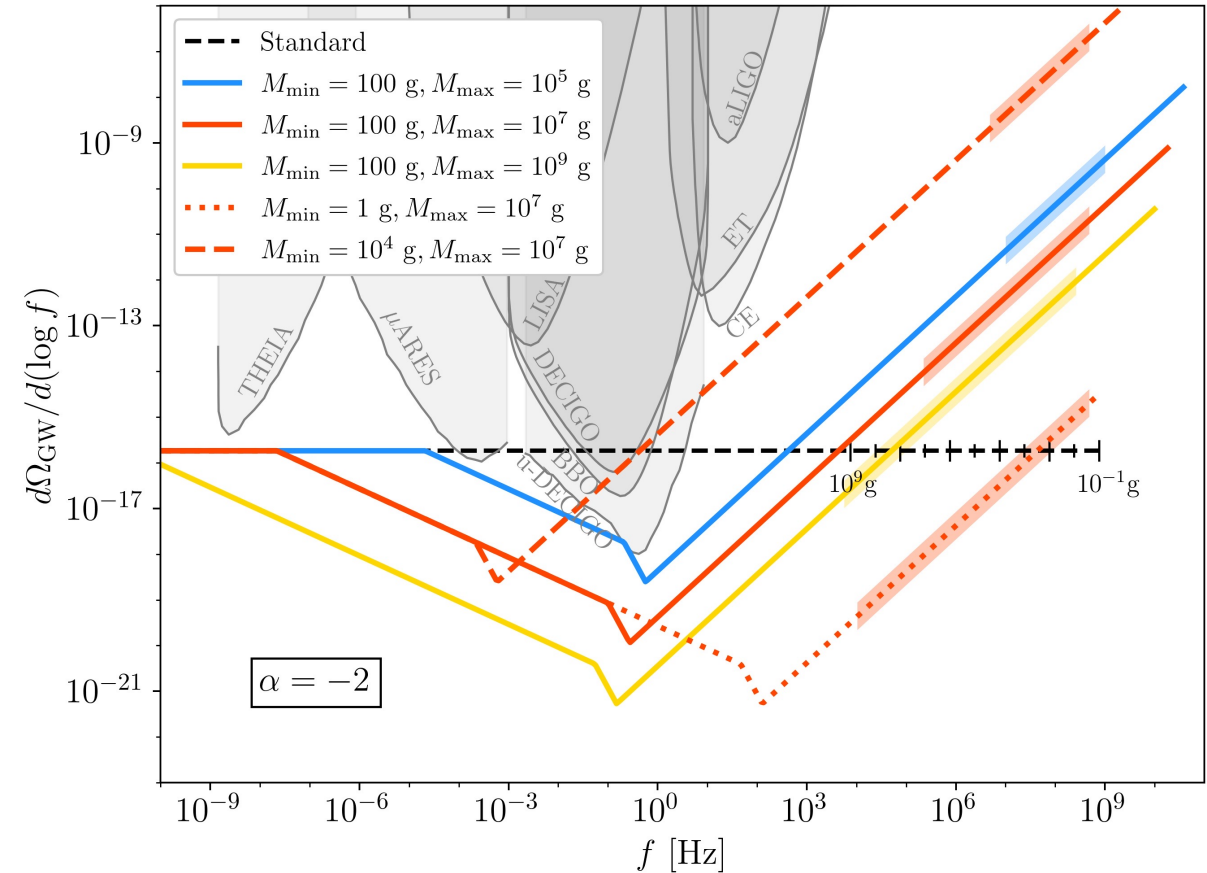
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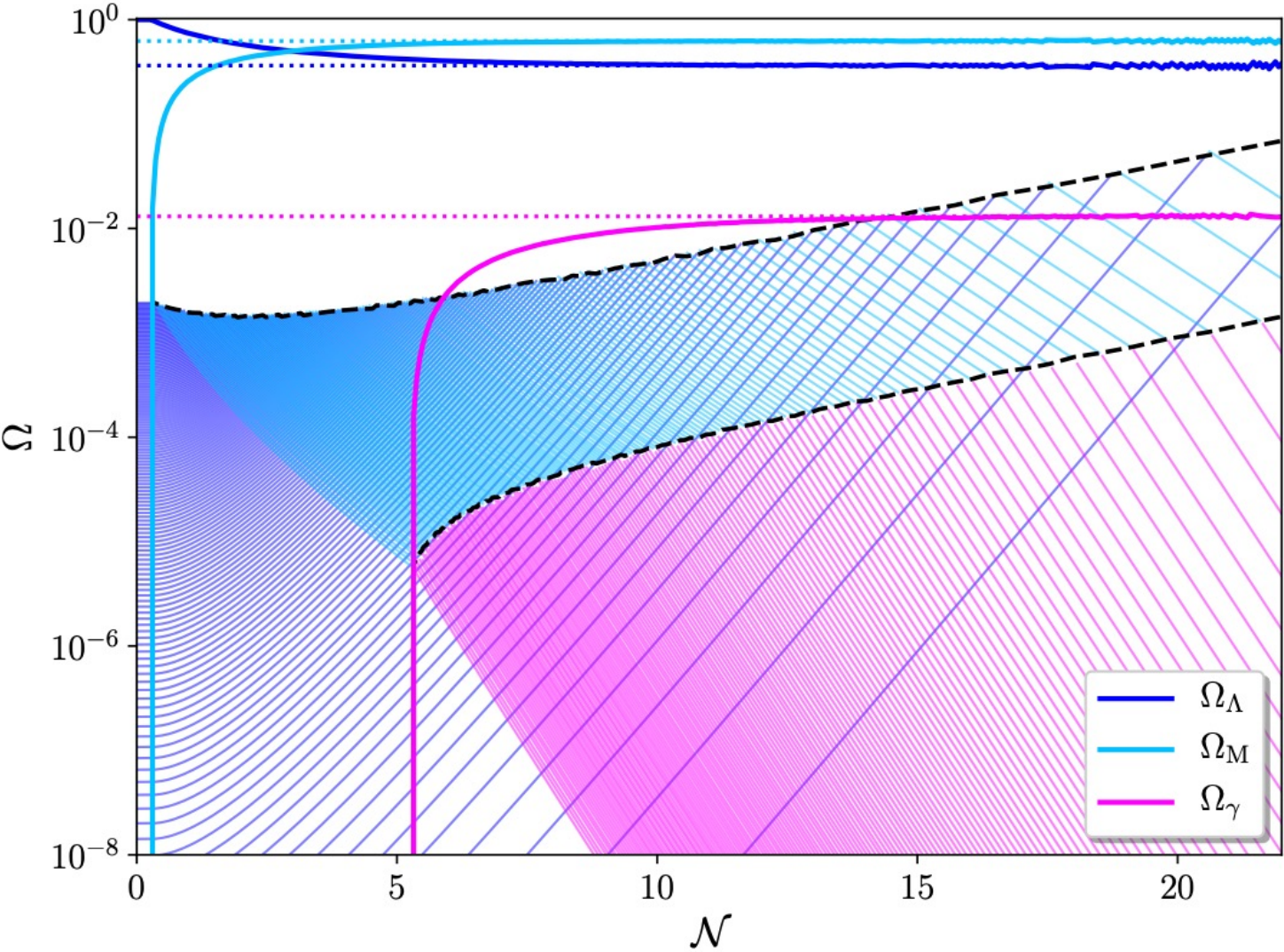
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