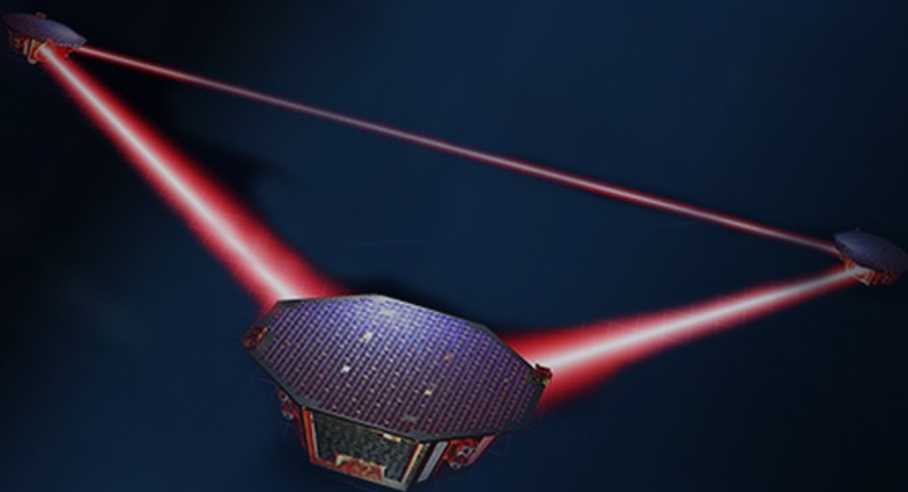


# Testing GUT phase transition via inflated gravitational waves

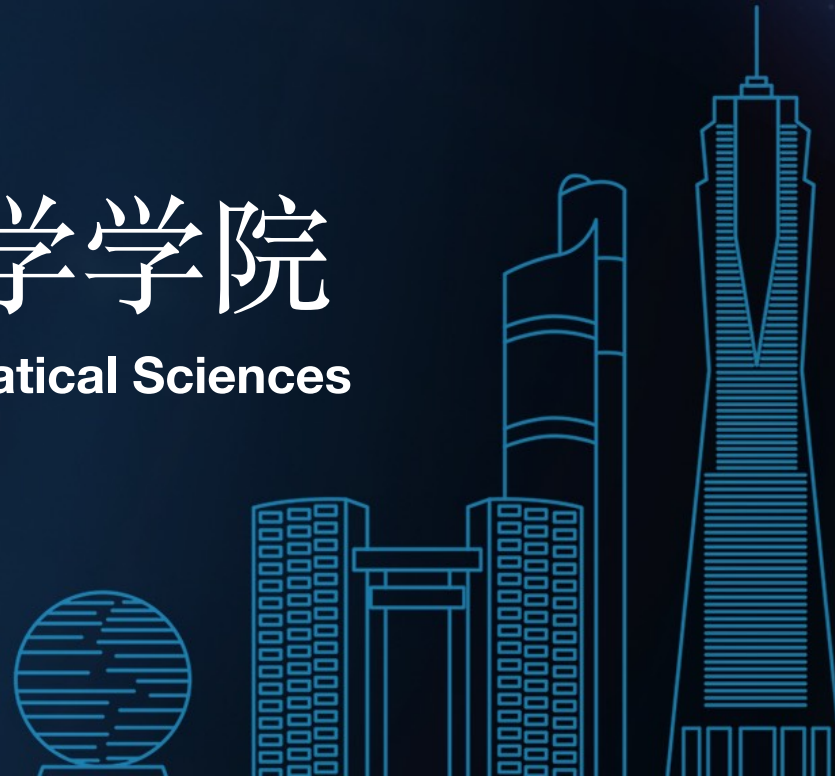
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2025-09-26



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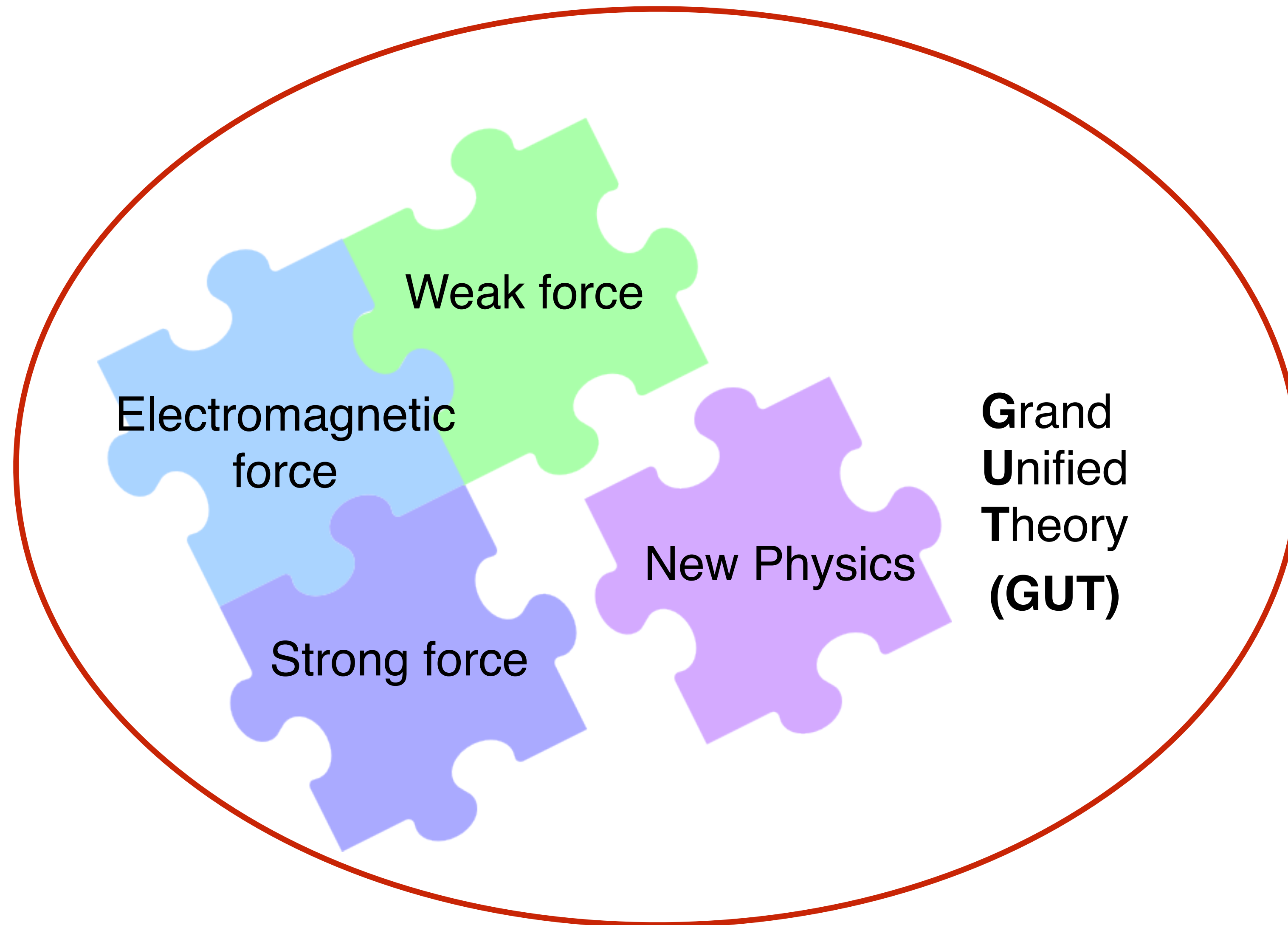
- Difficulty of direct testing GUT phase transition in cosmology
- Wayout: mechanism of inflated GWs via FOPT during inflation
- Application of the mechanism to GUT phase transition

2501.01491, collaboration with Xi-He Hu



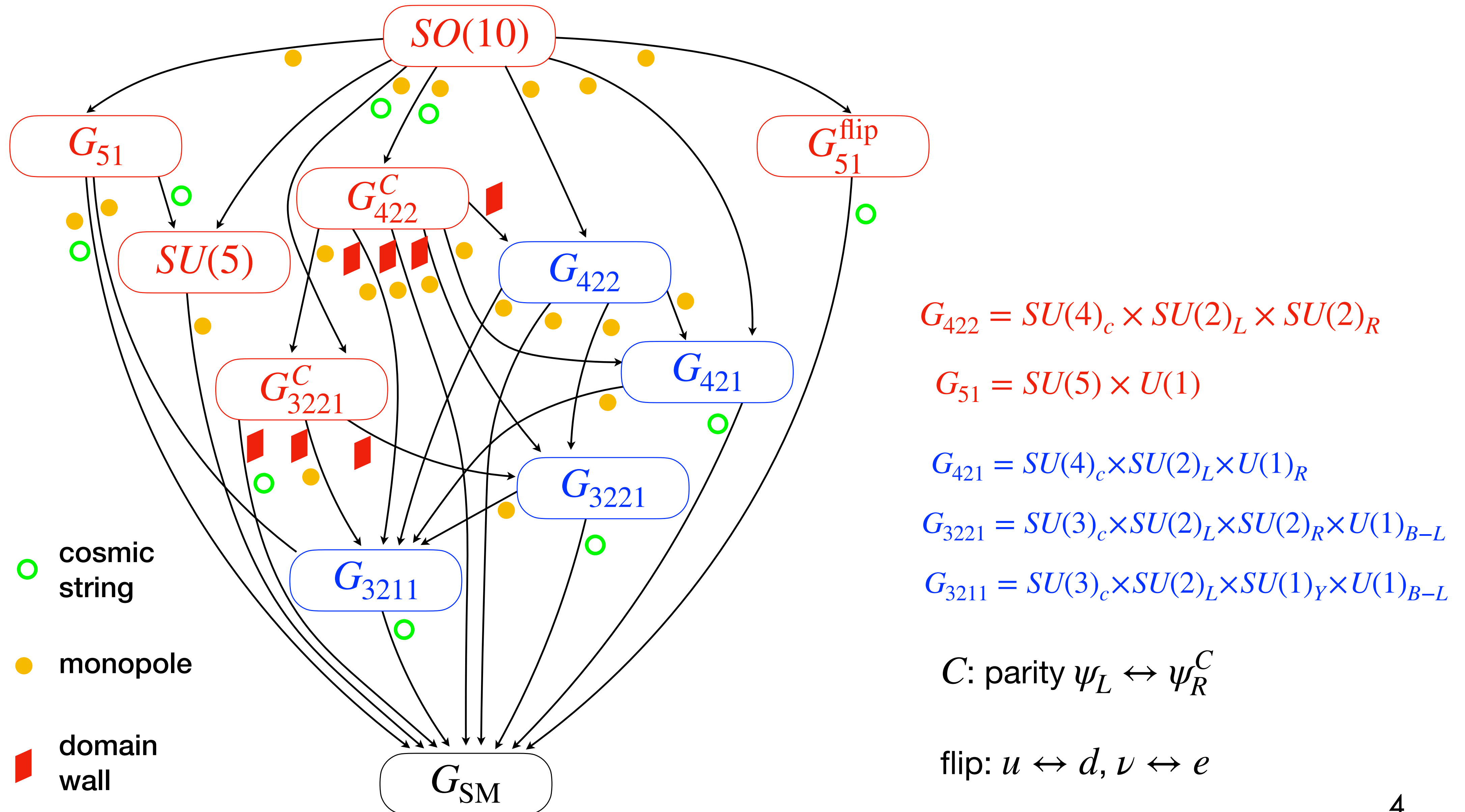
# Introduction

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Gravity... not included

# Monopoles in grand unified theories



# GUT monopole problem

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- GUT monopoles are produced after the breaking of GUTs, with masses naturally around the GUT scale  $M_{\text{mono}} \simeq \Lambda_{\text{GUT}}/\alpha_{\text{GUT}}$  and number density  $n_{\star} = H_{\star}^3$ .
- Monopoles, once they are produced, evolve as matter during Hubble expansion. The number density today is given by

$$n_{\text{mono}}(t_0) = \left( \frac{a(t_{\star})}{a(t_0)} \right)^3 n_{\star}$$

- Their energy density fraction  $\Omega_{\text{mono}} = M_{\text{mono}} n(t_0)/\rho_c$  is given by

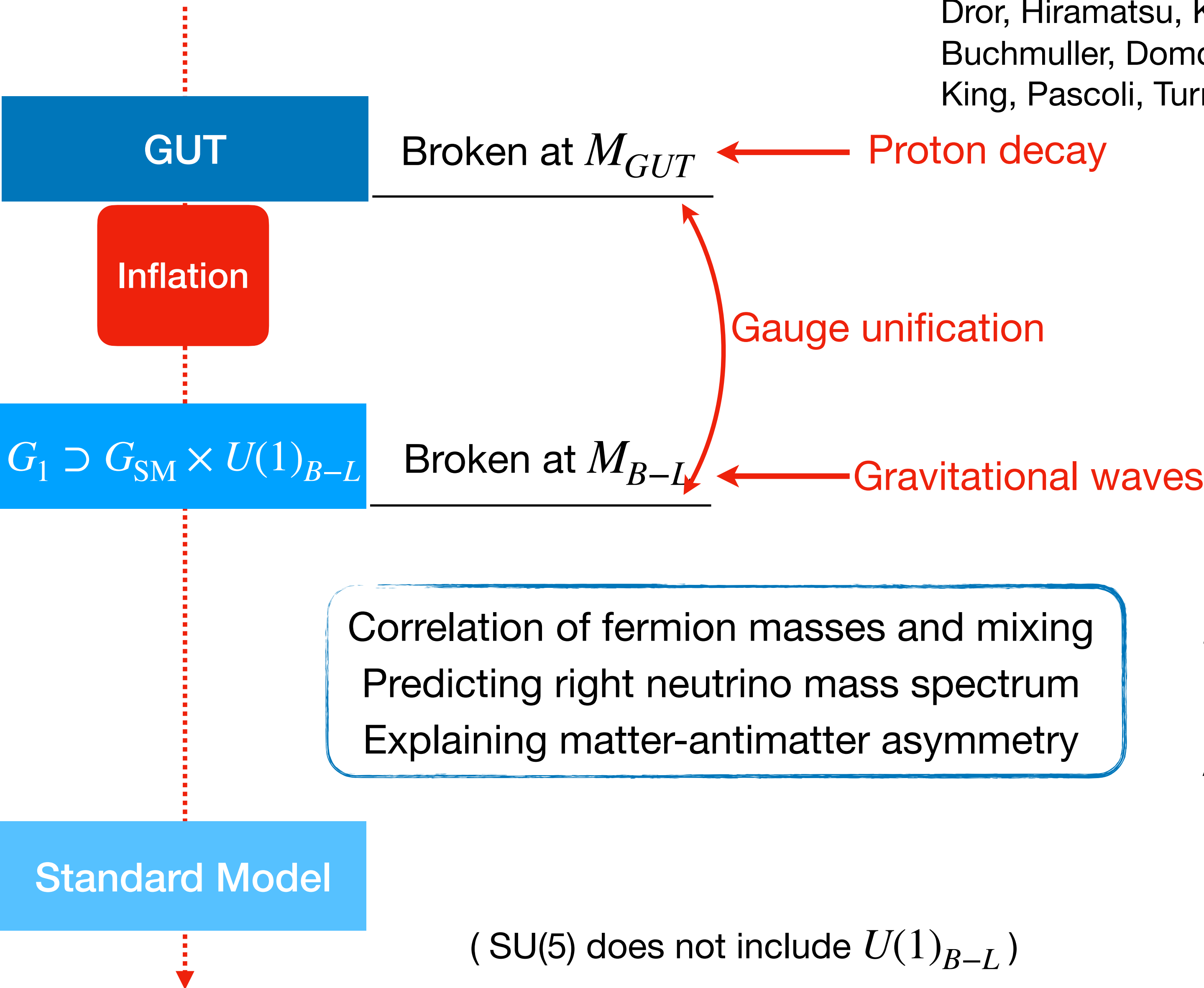
$$\Omega_{\text{mono}} = \frac{8\pi G M_{\text{mono}} H_{\star}^3}{3H_0^2(1+z_{\text{Rh}})^3} \sim 10^{14} \left( \frac{\Lambda_{\text{GUT}}}{10^{15} \text{ GeV}} \right)^4 \gg 1$$

Zeldovich and Khlopov, PLB 1978;  
Preskill, PRL 1979

- Solving the monopole problem is one of the initial motivations of inflation

Guth, PRD, 1981

# GWs via cosmic strings predicted in GUTs



Dror, Hiramatsu, Kohri, Murayama, White, 1908.03227;  
Buchmuller, Domcke, Murayama, Schmitz, 1912.03695;  
King, Pascoli, Turner, YLZ, 2005.13549, 2106.15634

Fu, King, Marsili, Pascoli, Turner, YLZ, 2209.00021; 2308.05799;  
King, Leontaris, YLZ, 2407.02701

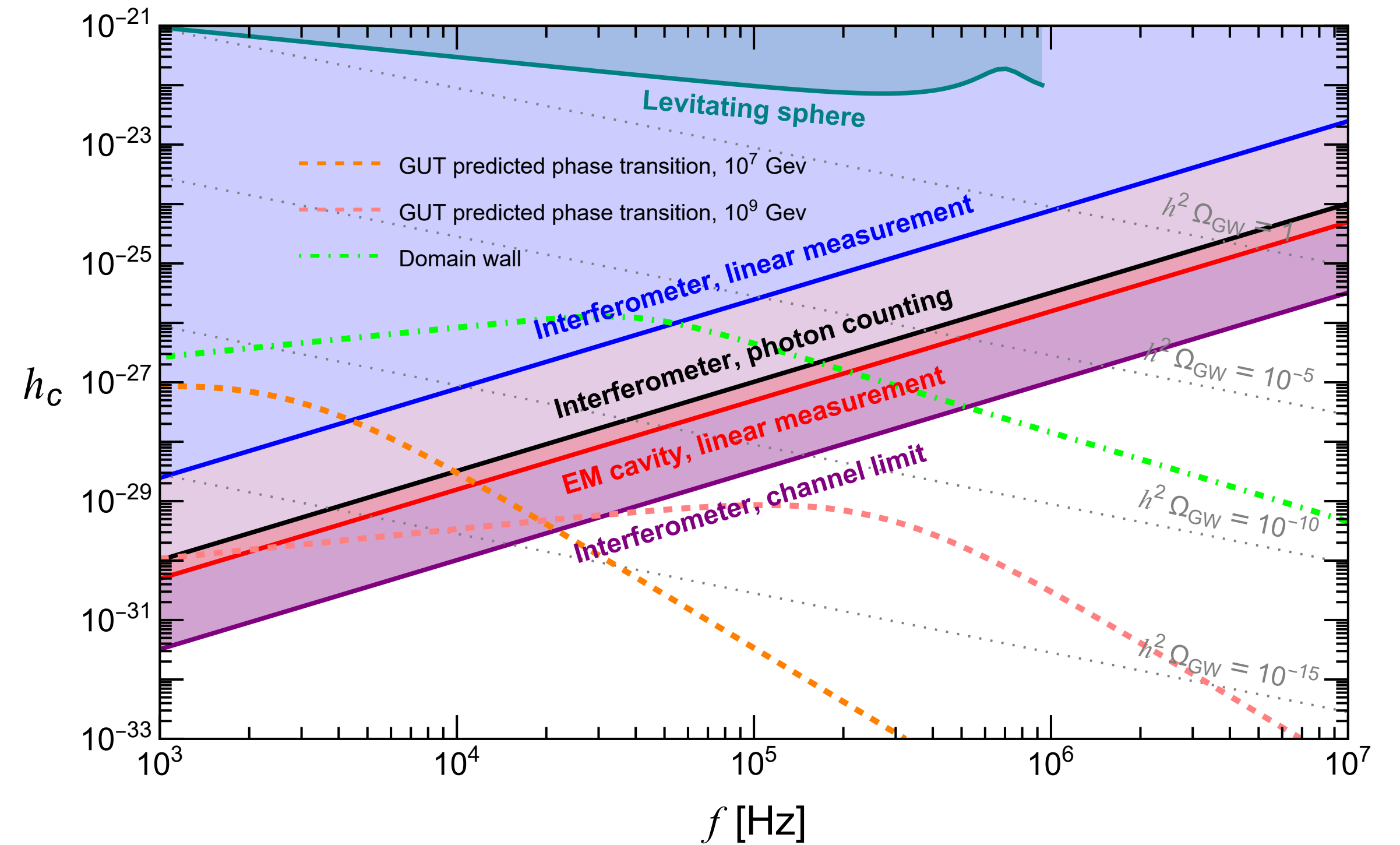
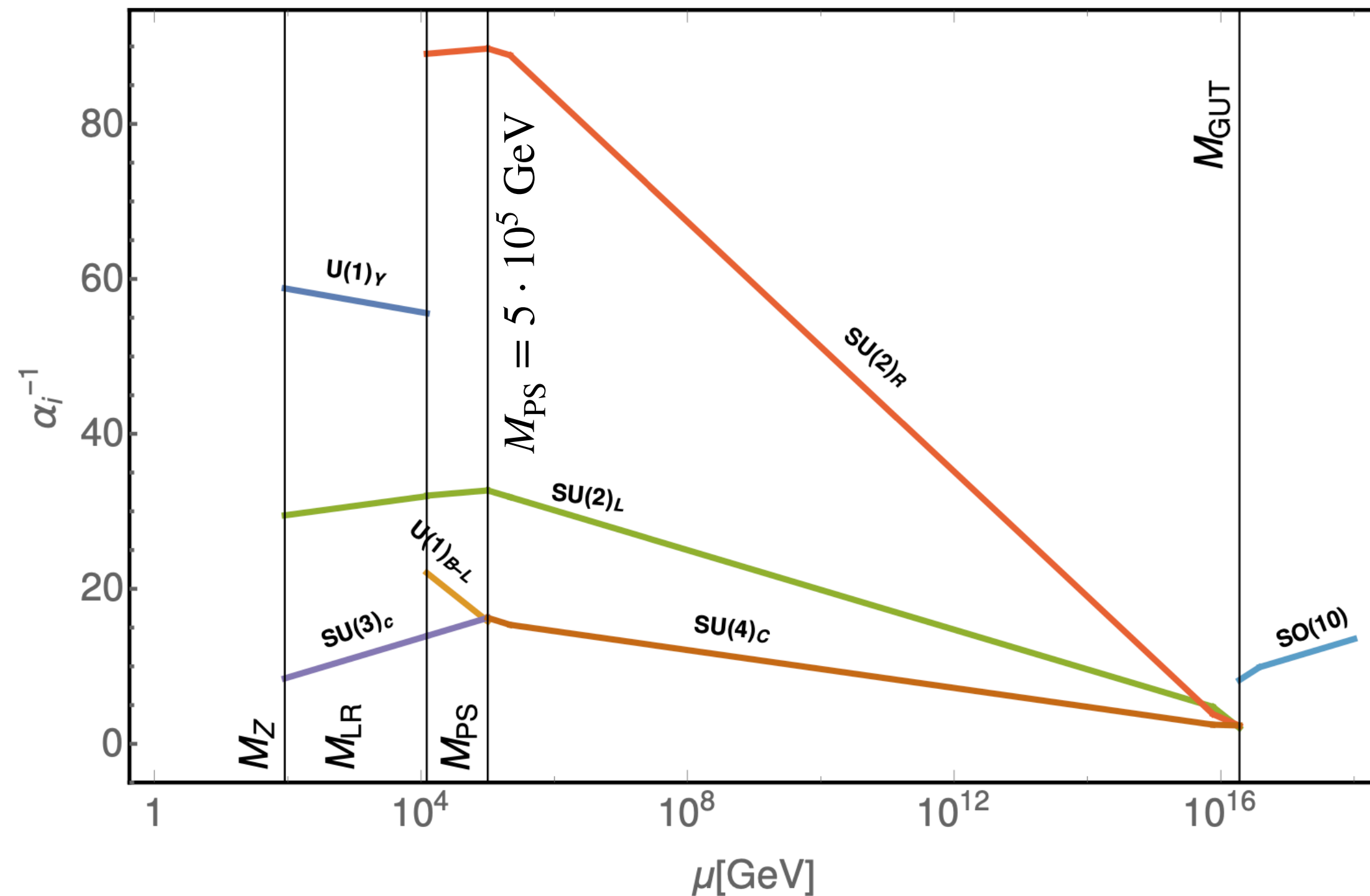
Also see e.g.,  
Babu *et al*, 2409.03840; 2508.14969;  
Saad *et al*, 2506.11806



# GWs via phase transition motivated by GUTs

For example, GWs via phase transition in Pati-Salam model

Croon, Gonzalo, White, 1812.02747;  
Huang, Sannino, Wang, 2004.02332;  
Athron, Balazs, Gonzalo, Pearce, 2307.02544

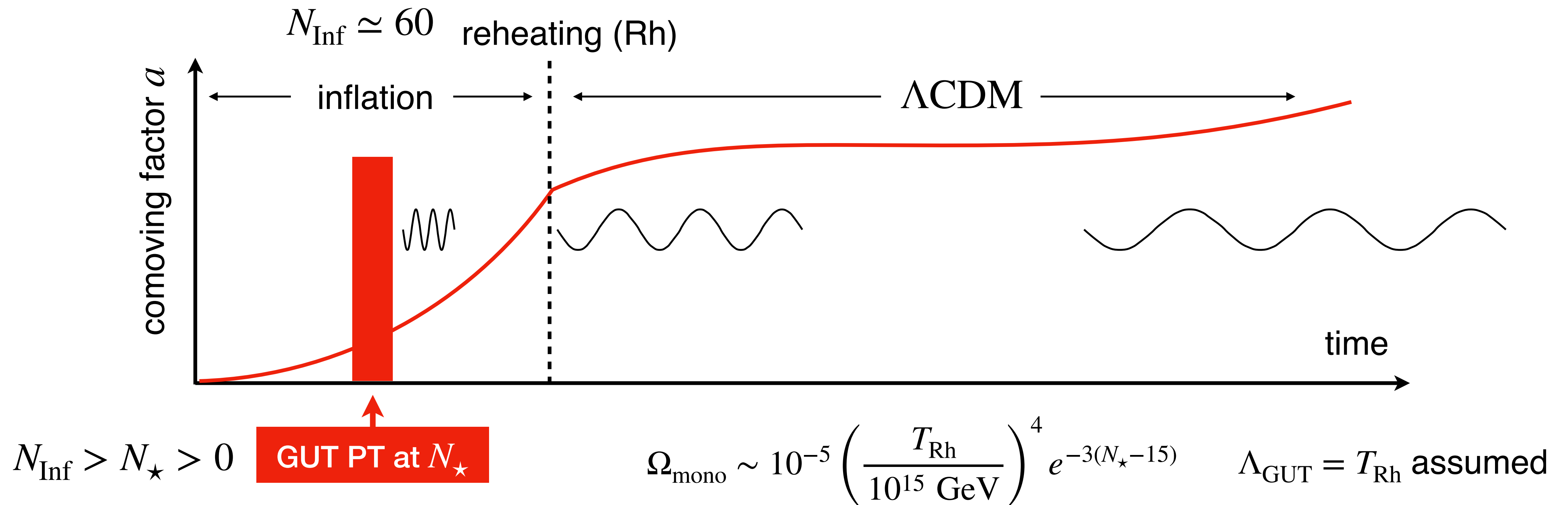


The testability of GWs via ultra-high scale PT conflict with quantum limits

Guo, Miao, Wang, Yang, YLZ, 2501.18146

# GUT breaking during inflation

- Locating the GUT PT during inflation can also solve the monopole problem.  
And if the PT is first order ...



- Explicit model constructions      Hu, Ouyang, YLZ, in progress

SU(5) inflation,      Vilenki, Shafi, PRL, 1984

Smooth hybrid inflation,      Lazarides, Panagiotakopoulos, hep-ph/9506325

Shifted hybrid inflation in PS model,      Jeannerot, Khalil, Lazarides, Shafi, hep-ph/0002151, ...



# GWs from phase transition during inflation: formalism

- The mechanism was originally proposed in [An, Lyu, Wang, Zhou, 2009.12381, 2201.05171 ]
- We repeat and generalise the formalism to PT happens at **any e-folds** to the end of inflation (=reheating), and interpret the formalism in a more transparent way (specifying **IR, UV, FUV** band)

- Conformal frame  $ds^2 = a^2(\tau) [d\tau^2 - d\mathbf{x}^2], dt = a d\tau$

- GWs as perturbation of the metric  $ds^2 = a^2(\tau) \left[ d\tau^2 - (\delta_{ij} + h_{ij}(\tau, \mathbf{x})) dx^i dx^j \right]$

- EOM of GWs  $h''_{ij}(\tau, \mathbf{x}) + 2a(\tau)H h'_{ij}(\tau, \mathbf{x}) - \nabla^2 h_{ij}(\tau, \mathbf{x}) = 16\pi G_N a^2(\tau) \sigma_{ij}(\tau, \mathbf{x})$

- Fourier Trans.  $\tilde{h}''_{ij}(\tau, \mathbf{k}) + 2a(\tau)H \tilde{h}'_{ij}(\tau, \mathbf{k}) + k^2 \tilde{h}_{ij}(\tau, \mathbf{k}) = 16\pi G_N a^2(\tau) \tilde{\sigma}_{ij}(\tau, \mathbf{k})$

- GW metric proportional from  $\tau'$  to  $\tau$  ( $\tau' < \tau$ ) is given by

$$h_1^{\text{Inf}}(\tau, \mathbf{k}) = \cos k\tau + k\tau \sin k\tau$$

$$h_2^{\text{Inf}}(\tau, \mathbf{k}) = \sin k\tau - k\tau \cos k\tau$$

$$\tilde{h}_{ij}(\tau, \mathbf{k}) = 16\pi G_N \int d\tau' \theta(\tau - \tau') a^2(\tau') \tilde{\sigma}_{ij}(\tau', \mathbf{k}) \times \mathcal{G}(\tau, \tau'; \mathbf{k})$$

Green function:  $\mathcal{G}(\tau, \tau'; \mathbf{k}) = \left[ \frac{\partial h_1}{\partial \tau} - \frac{h_1}{h_2} \frac{\partial h_2}{\partial \tau} \right]_{\tau=\tau'}^{-1} h_1(\tau, \mathbf{k}) + \left[ \frac{\partial h_2}{\partial \tau} - \frac{h_2}{h_1} \frac{\partial h_1}{\partial \tau} \right]_{\tau=\tau'}^{-1} h_2(\tau, \mathbf{k})$

# GWs from phase transition during inflation: formalism

- GW propagation in Inflation (Inf) era

$$\tilde{h}_{\mu\nu}(\tau^{\text{Inf}}, \mathbf{k}) = C_{\mu\nu,1}^{\text{Inf}} h_1^{\text{Inf}}(\tau^{\text{Inf}}, \mathbf{k}) + C_{\mu\nu,2}^{\text{Inf}} h_2^{\text{Inf}}(\tau^{\text{Inf}}, \mathbf{k})$$

$$h_1^{\text{Inf}}(\tau, \mathbf{k}) = \cos k\tau + k\tau \sin k\tau$$

$$h_2^{\text{Inf}}(\tau, \mathbf{k}) = \sin k\tau - k\tau \cos k\tau$$

- GW propagation in Radiation Domination (RD) era

$$\tilde{h}_{\mu\nu}(\tau^{\text{RD}}, \mathbf{k}) = C_{\mu\nu,1}^{\text{RD}} h_1^{\text{RD}}(\tau^{\text{RD}}, \mathbf{k}) + C_{\mu\nu,2}^{\text{RD}} h_2^{\text{RD}}(\tau^{\text{RD}}, \mathbf{k})$$

$$h_1^{\text{RD}}(\tau, \mathbf{k}) = \frac{\cos k\tau}{k\tau} \quad h_2^{\text{RD}}(\tau, \mathbf{k}) = \frac{\sin k\tau}{k\tau}$$

- Matching between the end of Inflation and the beginning of RD (ignoring the influence of reheating)

Dirichlet condition  $\tilde{h}_{ij}^{\text{Inf}}(\tau^{\text{Inf}}, \mathbf{k}) \Big|_{\text{Rh}} = \tilde{h}_{ij}^{\text{RD}}(\tau^{\text{RD}}, \mathbf{k}) \Big|_{\text{Rh}}$

Neumann condition  $\partial_t \tilde{h}_{ij}^{\text{Inf}}(\tau^{\text{Inf}}, \mathbf{k}) \Big|_{\text{Rh}} = \partial_t \tilde{h}_{ij}^{\text{RD}}(\tau^{\text{RD}}, \mathbf{k}) \Big|_{\text{Rh}}$

- GW energy density 
$$\rho_{\text{GW}} = \frac{1}{32\pi G_{\text{N}} a^2(t)} \int_{T_\tau} \frac{d\tau}{T_\tau} \int \frac{d^3\mathbf{k}}{(2\pi)^3 V} \left| h'_{ij}(\tau, \mathbf{k}) \right|^2$$

And the ratio to the critical energy density

$$h^2 \Omega_{\text{GW}}(f) = \frac{h^2}{\rho_c} \frac{d\rho_{\text{GW}}}{d \log k} \Big|_{t=t_0, k=2\pi a_0 f}$$

- PS. Matching from RD to Matter Domination (MD) and further to Vacuum Domination (VD) eras are also considered. These periods induce no new effect, thus ignored in the discussion.

# GW spectrum: inflated vs uninflated

Inflated GW

Uninflated GW

$$h^2 \Omega_{\text{GW}}(f) = h^2 \widetilde{\Omega}_{\text{GW}}(f e^{N_\star}) \times S(f)$$

redshift

deformation

$$h^2 \widetilde{\Omega}_{\text{GW}}(\tilde{f}) \equiv \frac{h^2}{\rho_c} \frac{d\rho_{\text{GW}}^{\text{flat}}}{d \log k} \times \frac{a_{\text{Rh}}^4}{a_0^4}$$

Instant-source approximation (瞬时源近似)

$$S(f) = S_0(f) + S_1(f)$$

$$S_0(f) = \left\{ \frac{\cos[y(1-\epsilon)]}{y^2} - \frac{\sin[y(1-\epsilon)]}{y^3} \right\}^2$$

$$y = \frac{2\pi a_0 f}{a_\star H_\star}$$

Derived in [An et al, 2009.12381]

$$S_1(f) = y\epsilon \times \left\{ \left[ \frac{1}{y^2} + 2\epsilon - 1 \right] \frac{\sin[2y(1-\epsilon)]}{y^4} - \left[ \frac{2-\epsilon}{y^2} + \epsilon \right] \frac{\cos[2y(1-\epsilon)]}{y^3} + \frac{\epsilon^3}{y} \left( \frac{1}{y^2} + 1 \right) \right\}$$

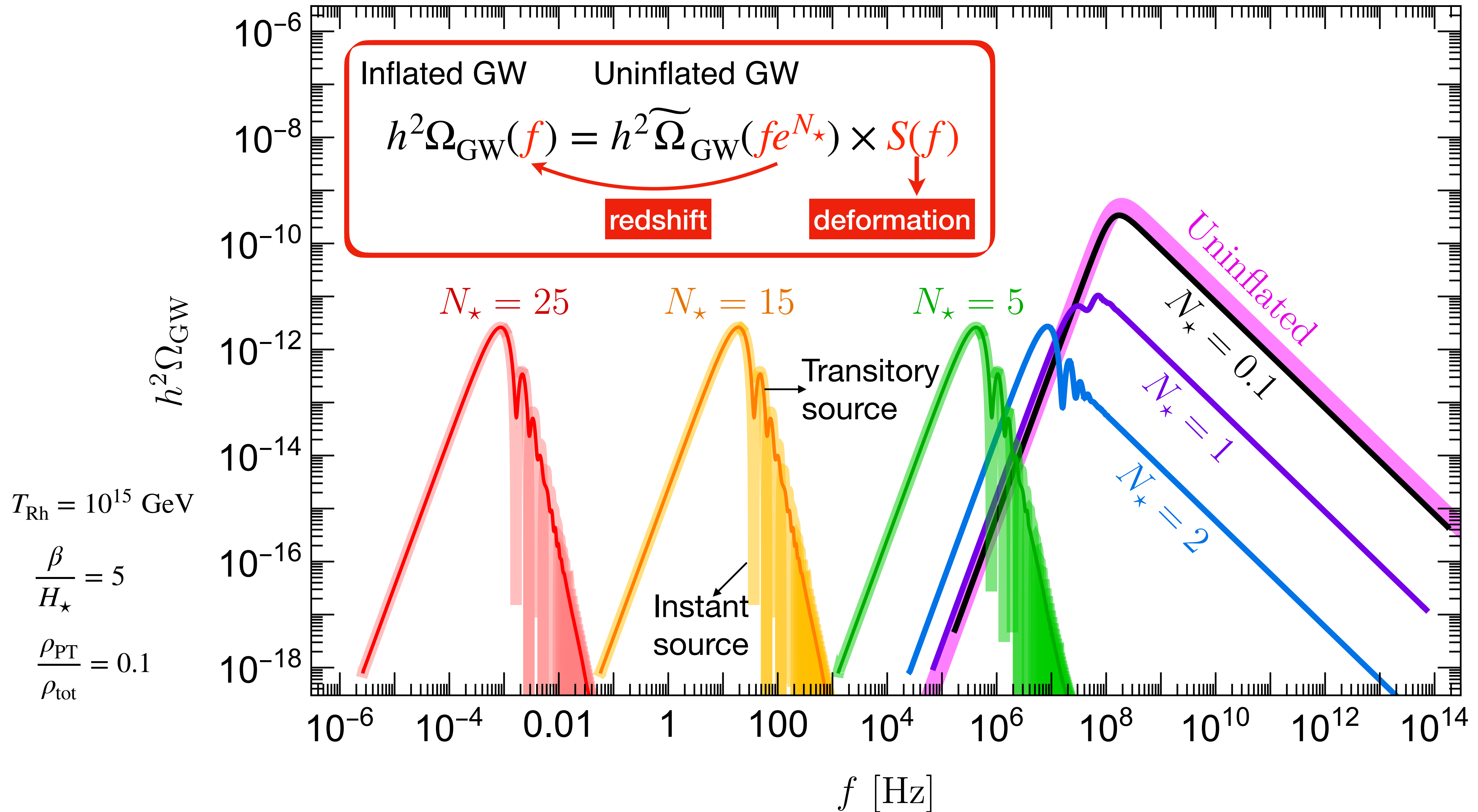
Our correction

Transitory-source approximation (短时源近似)

$$S(f) \rightarrow \bar{S}(f) = \frac{1}{\Delta_y} \int_{\bar{y}-\Delta_y/2}^{\bar{y}+\Delta_y/2} dy S(f) \Big|_{\bar{y}=\frac{2\pi a_0 f}{a_\star H_\star}} \quad \Delta_y = \frac{a_\star \Delta_\tau}{1/H_\star} \bar{y}$$



# GW spectrum: inflated vs uninflated



# Three bands of frequencies

## Infrared (IR)

### Wave length

$$\lambda_{\star} = \frac{2\pi a_{\star}}{k} \gg H_{\star}^{-1}$$

## Ultraviolet (UV)

$$\lambda_{\star} \ll H_{\star}^{-1} \ll \lambda_{\star} \frac{a_{\text{Rh}}}{a_{\star}}$$

## Far Ultraviolet (FUV)

$$\lambda_{\star} \frac{a_{\text{Rh}}}{a_{\star}} \ll H_{\star}^{-1}$$

A quantity with subscript  $\star$  means its value during phase transition, which happens during the inflation

The Hubble rate is the same as that during inflation  $H_{\star} = H_{\text{Inf}}$

The coming factor is much smaller than that at reheating  $a_{\star} = a_{\text{Rh}} e^{-N_{\star}}$

### Co-moving momentum

$$k \ll a_{\star} H_{\star}$$

$$a_{\star} H_{\star} \ll k \ll a_{\text{Rh}} H_{\star}$$

$$k \gg a_{\text{Rh}} H_{\star}$$

### Frequency today

$$f \ll \frac{a_{\star} H_{\star}}{2\pi a_0}$$

$$\frac{a_{\star} H_{\star}}{2\pi a_0} \ll f \ll \frac{a_{\text{Rh}} H_{\star}}{2\pi a_0}$$

$$f \gg \frac{a_{\text{Rh}} H_{\star}}{2\pi a_0}$$

## GW propagation to the radiation domination (RD)

$$h_{\text{RD}}^{\text{IR}} \simeq \frac{1}{k} \frac{a_{\text{Rh}}^2}{a(t)} \times \frac{1}{3} \sin\left(k\tau - \frac{k}{a_{\text{Rh}} H_{\star}}\right)$$

$$h_{\text{RD}}^{\text{UV}} \simeq \frac{-1}{k} \frac{a_{\text{Rh}}^2}{a(\tau)} \frac{\cos[y(1 - \epsilon)]}{y^2} \sin(k\tau - y\epsilon)$$

$$h_{\text{RD}}^{\text{FUV}} \simeq \frac{1}{k} \frac{a_{\star}^2}{a(t)} \sin[k\tau + y(1 - 2\epsilon)]$$

### Deformation function

$$S(f)^{\text{IR}} \simeq \frac{1}{9}$$

$$S(f)^{\text{UV}} \simeq \frac{\cos[2y(1 - \epsilon)] + 1}{2y^4}$$

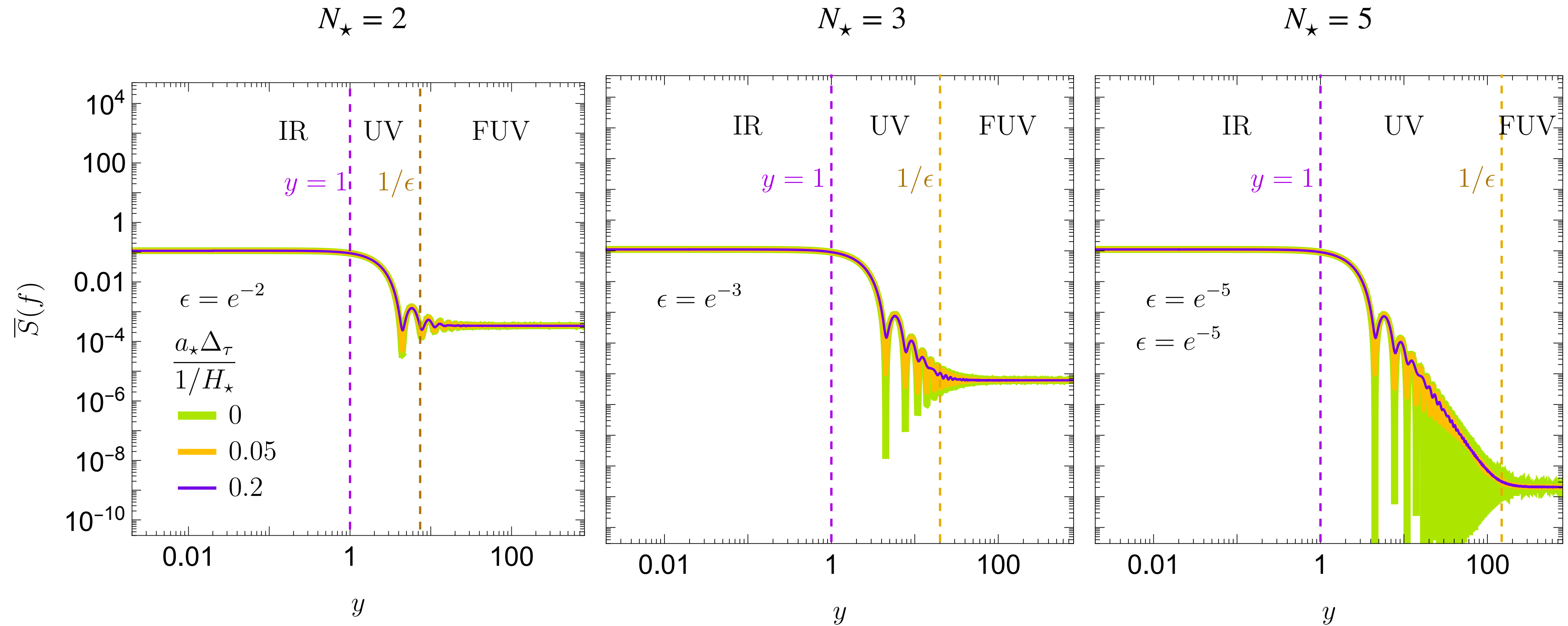
$$S(f)^{\text{FUV}} \simeq \frac{a_{\star}^4}{a_{\text{Rh}}^4}$$

Frozen

Oscillation and partial dilution

Dilution as radiation

# Deformation function in three regimes





# Source of GWs during phase transition

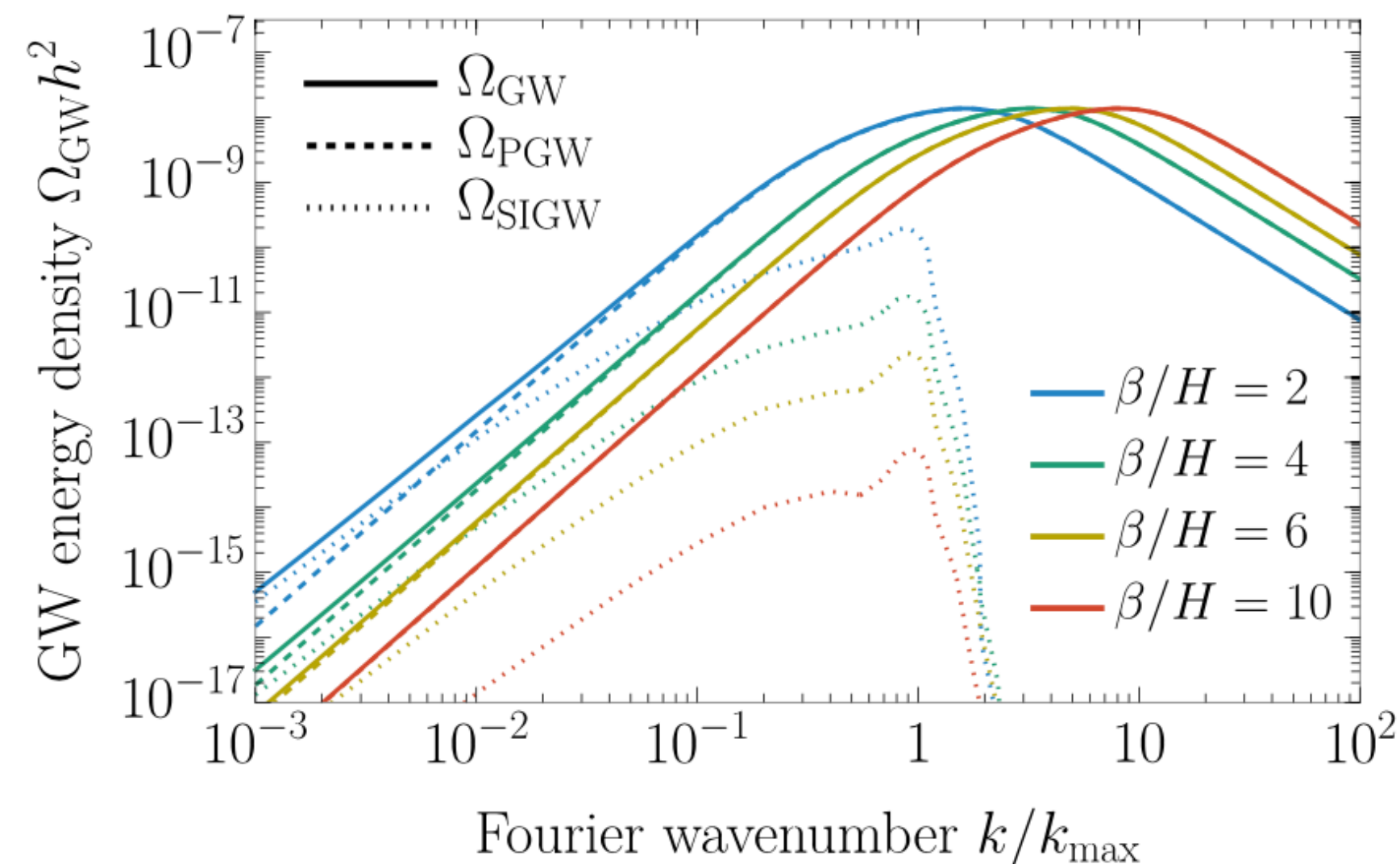
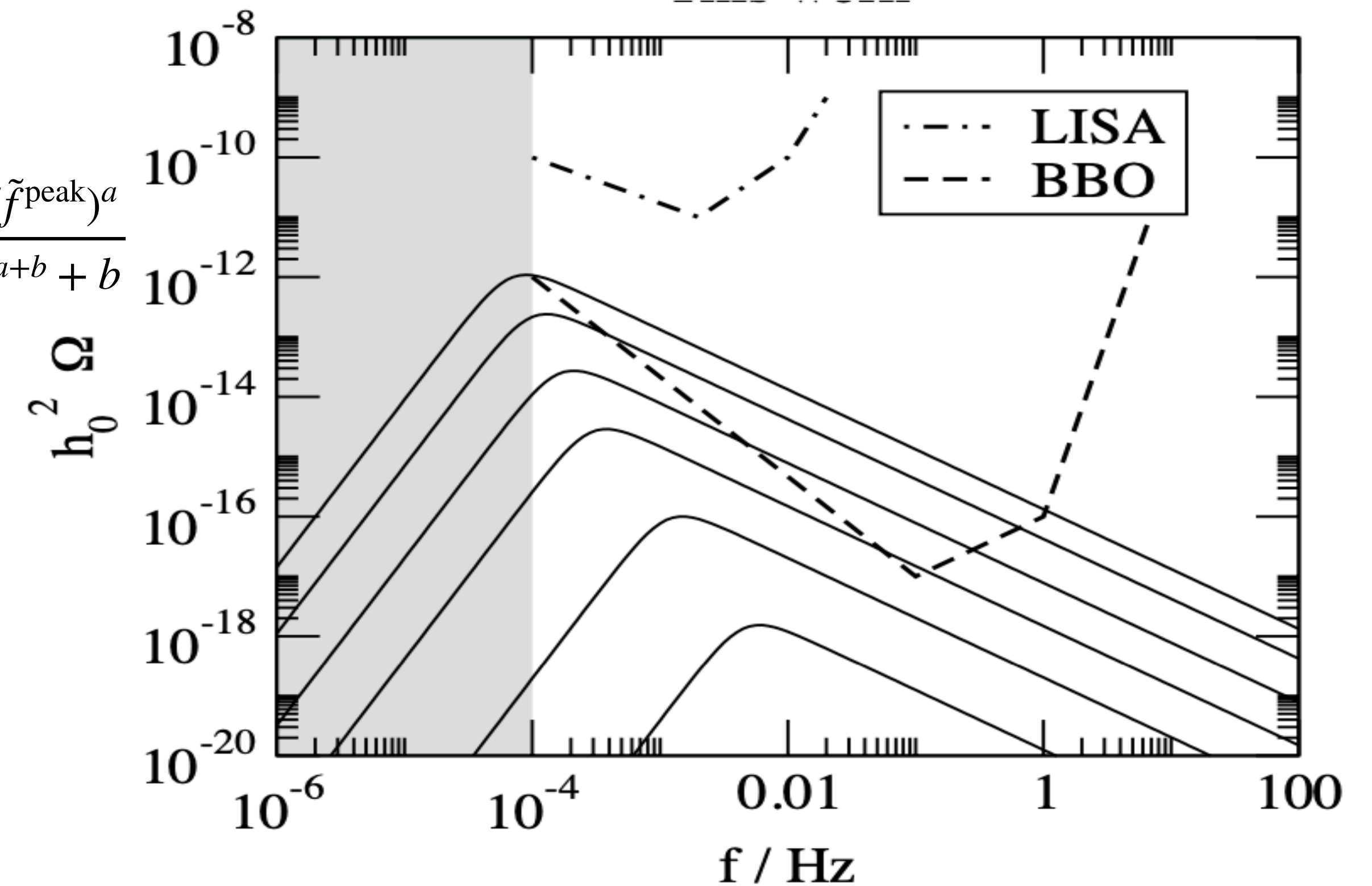
- GWs via bubble collisions in FOPT

$$h^2 \tilde{\Omega}_{\text{GW}}(\tilde{f}) = 1.27 \times 10^{-6} \times \left( \frac{H_\star}{\beta} \right)^2 \left( \frac{\rho_{\text{PT}}}{\rho_{\text{tot}}} \right)^2 \left( \frac{100}{g_\star} \right)^{1/3} \times \frac{(a+b)(\tilde{f}/\tilde{f}^{\text{peak}})^a}{a(\tilde{f}/\tilde{f}^{\text{peak}})^{a+b} + b}$$

$$\tilde{f}^{\text{peak}} = 37.8 \text{ MHz} \times \left( \frac{\beta}{H_\star} \right) \left( \frac{T_\star}{10^{15} \text{ GeV}} \right) \left( \frac{g_\star}{100} \right)^{1/6}$$

$$a = 2.8, b = 1$$

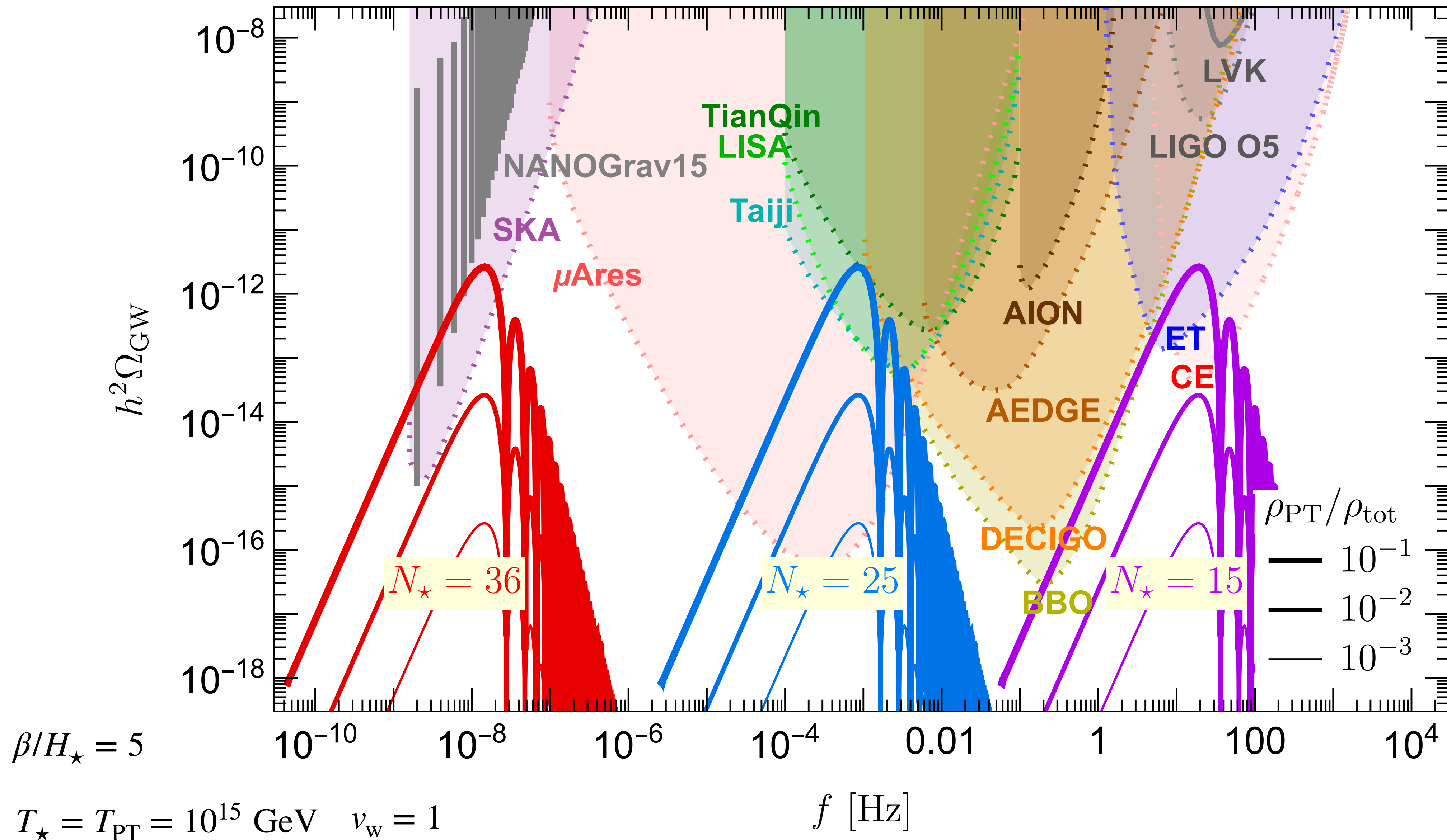
Kosowsky, Turner, Watkins, PRD, 92;  
Huber, Konstandin, 0806.1828

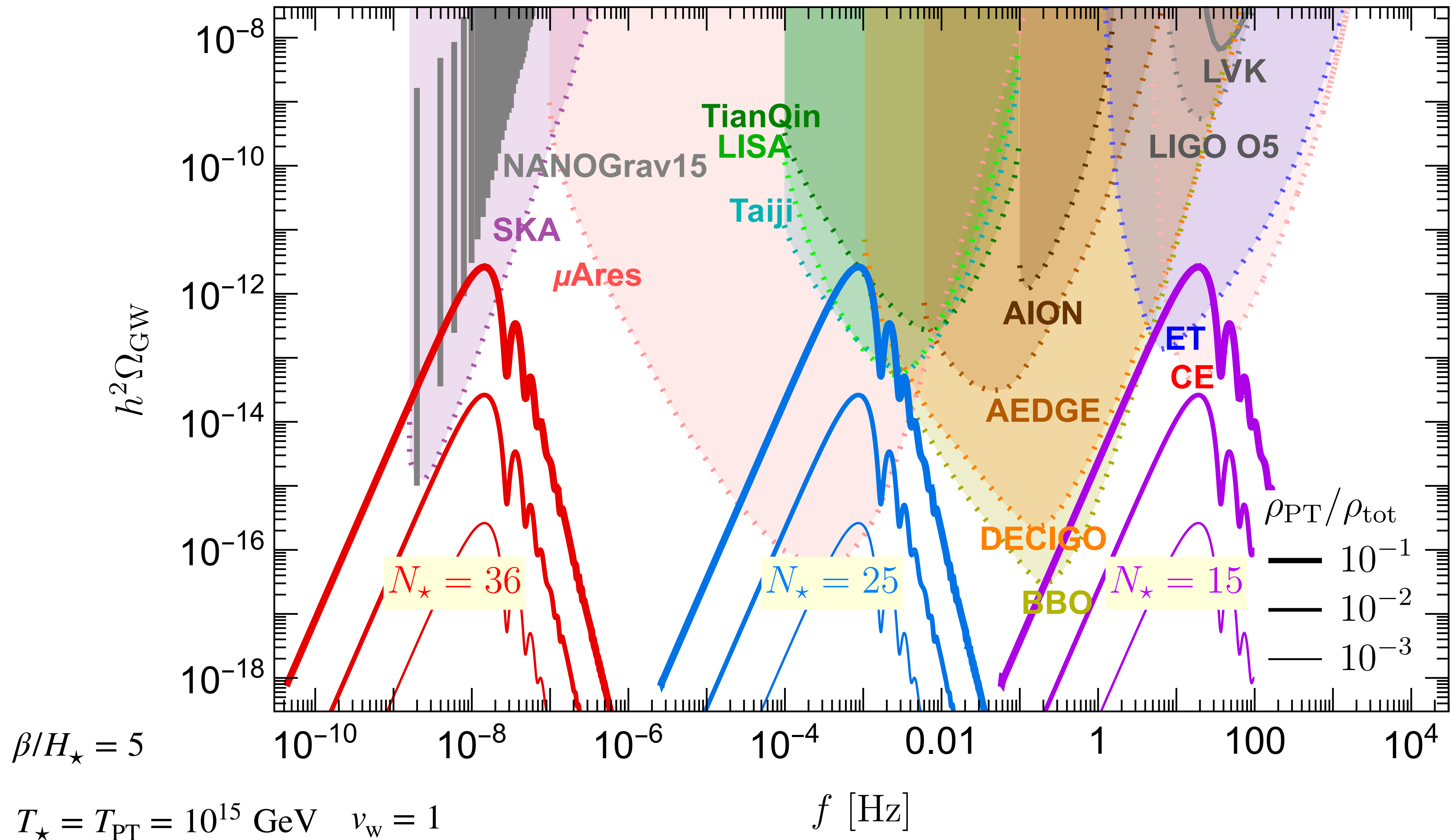


- Scalar-induced GWs

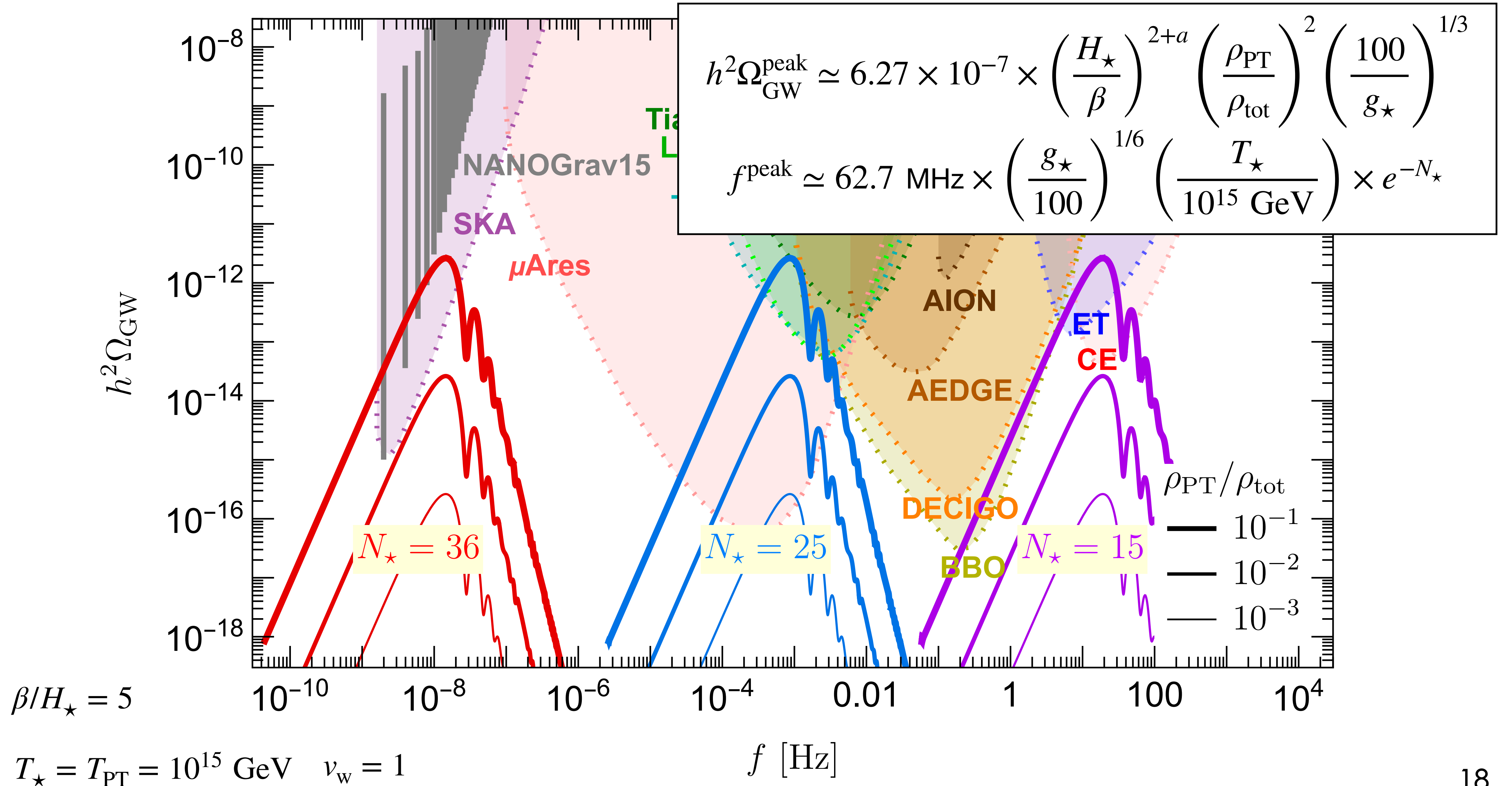
Gauge dependence should be properly accounted

Franciolini, Gouttenoire, Jinno, 2503.01962

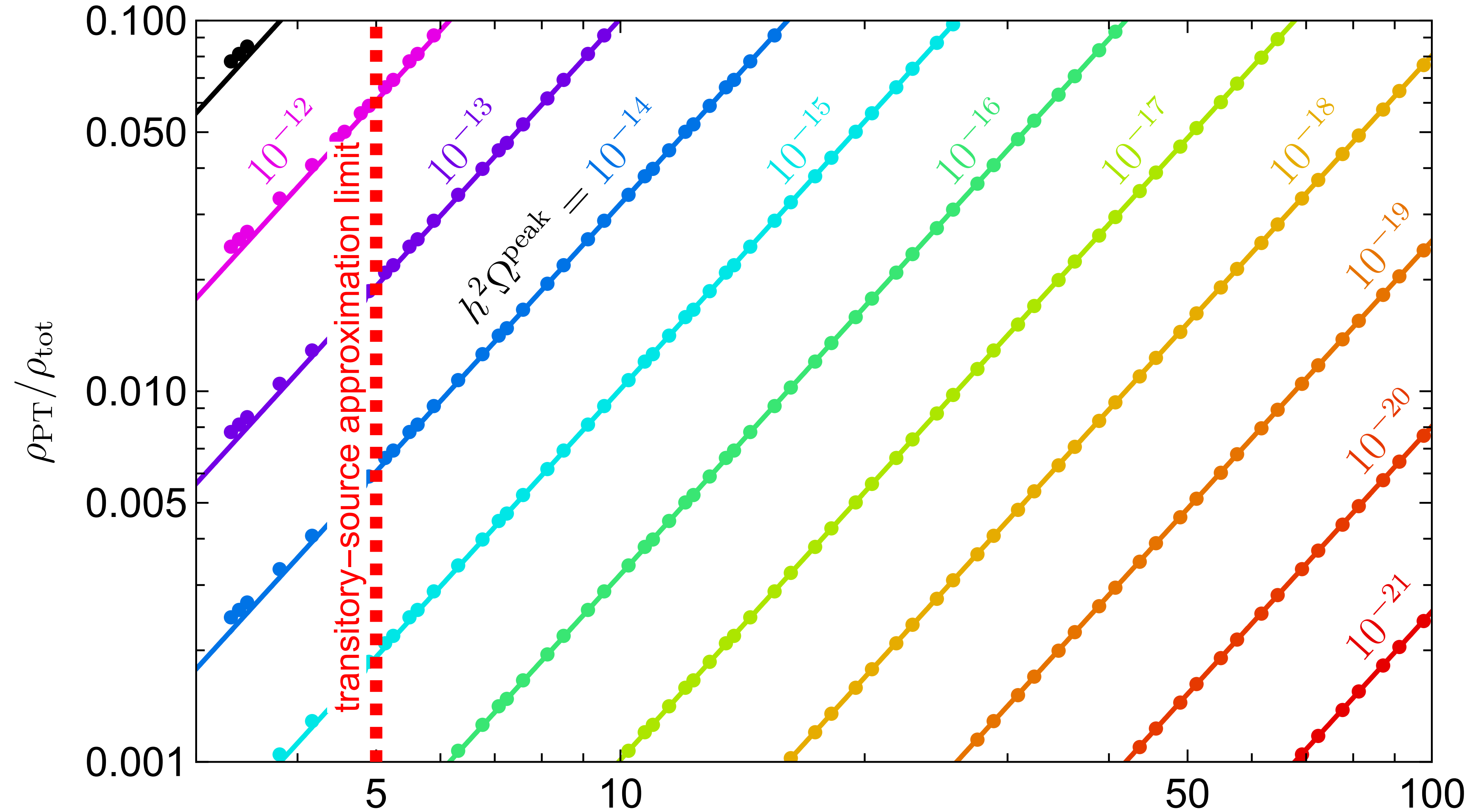








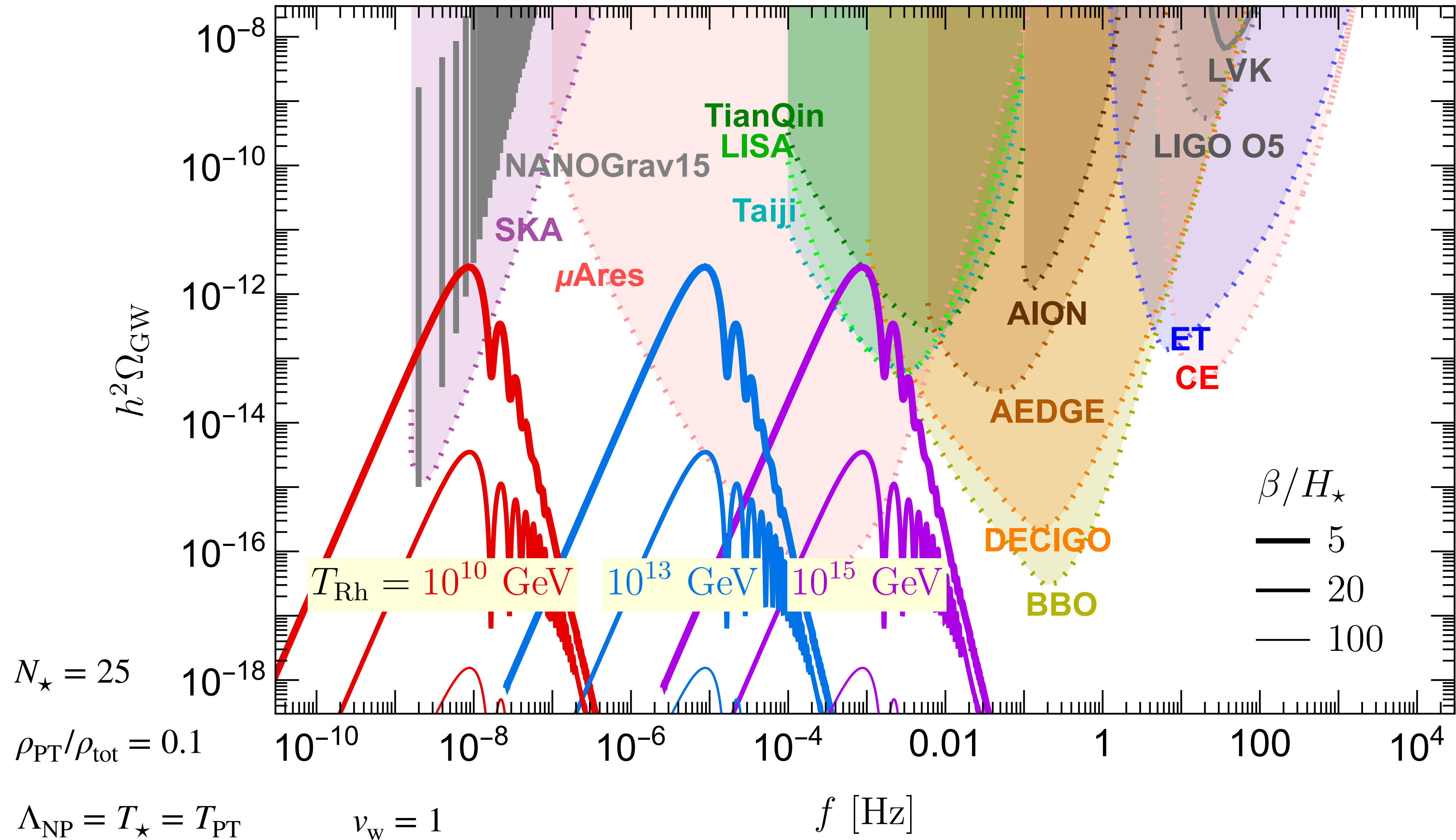
# Testable region respect to the peak of GW spectrum



$$T_\star = T_{PT} = 10^{15} \text{ GeV} \quad v_w = 1$$

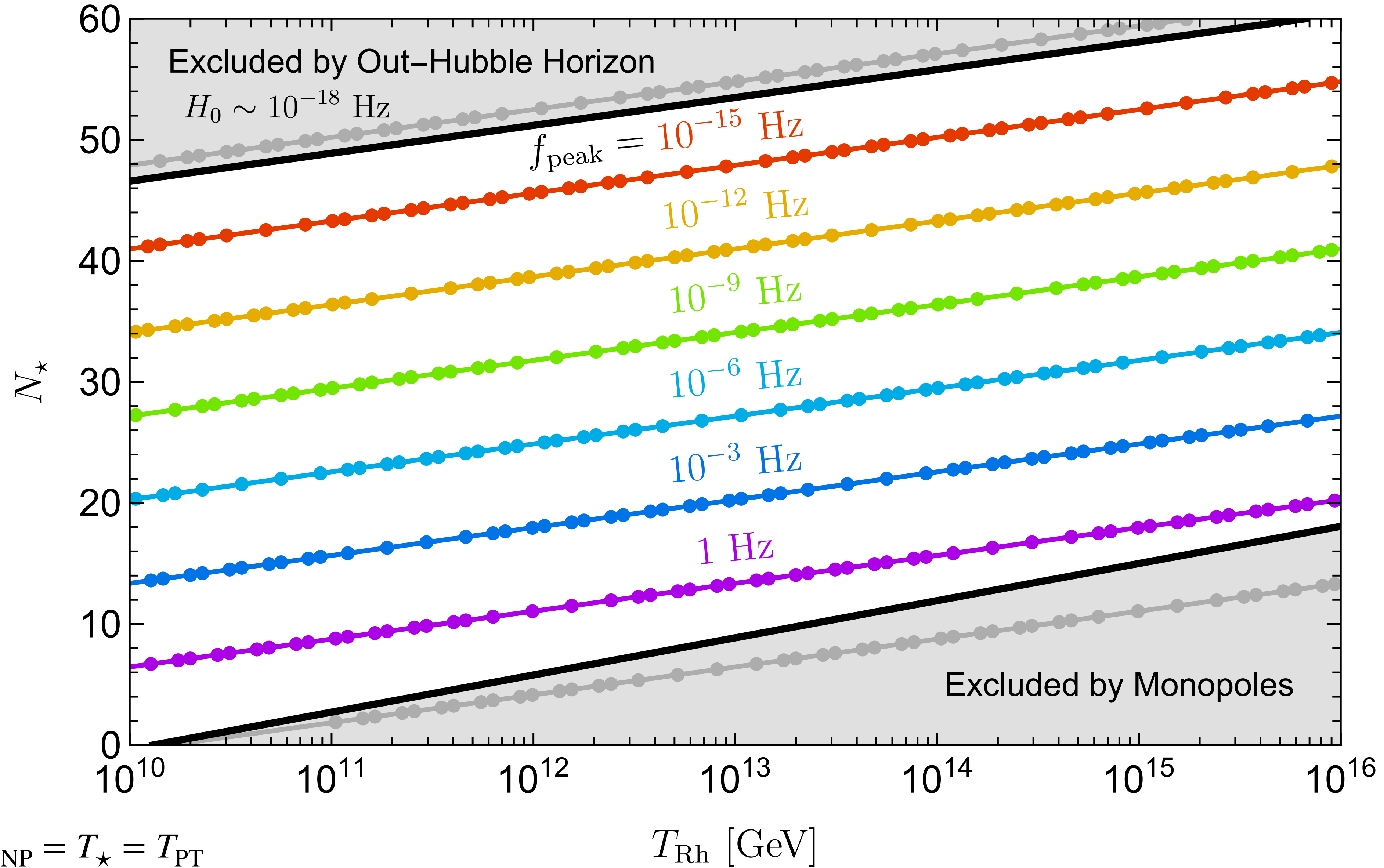
$$\beta/H_\star$$

# Application to other ultra-high energy physics not at GUT scale





# Application to other ultra-high energy physics not at GUT scale





# Conclusion

- ✓ We present a scenario that GUT phase transition can be directly tested in GW observation  
It happens during inflation  
The phase transition is strong first order
- ✓ We develop the formalism of GWs via phase transition during inflation  
Both instant- and transitory-source approximations are considered  
Consistent with [An et al], but generalised to PT at any e-folds before the end of inflation
- ✓ We specify three frequency bands: IR, UV and FUV.  
IR: The GW metric is frozen  
UV: GW spectrum oscillates and is partially diluted  
FUV: GW is high diluted, similar to radiation
- ✓ The mechanism is applied to GUT phase transition  
GW source: bubble collision  
Testable regimes: e-folds  $15 \rightarrow 36$ ,  $100 \text{ Hz} \rightarrow \text{nHz}$ ;  $\rho_{\text{PT}}/\rho_{\text{tot}} > 10^{-3}$ ,  $5 < \beta/H_{\star} < 100$
- ✓ Outlook: explicit model building, application to another ultra-high-energy physics ...

Thanks and questions!