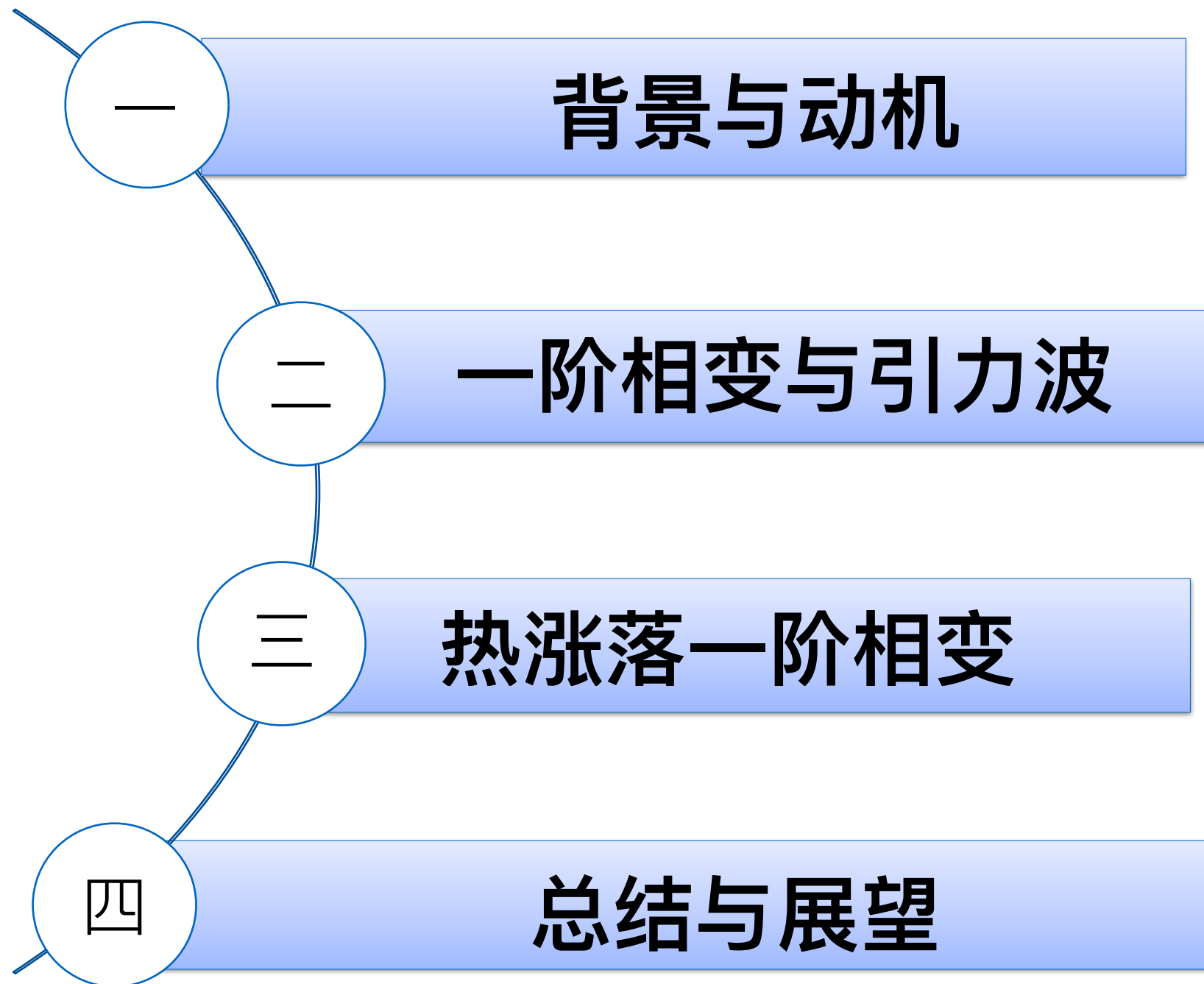


真空衰变的数值模拟与研究

边立功
重庆大学

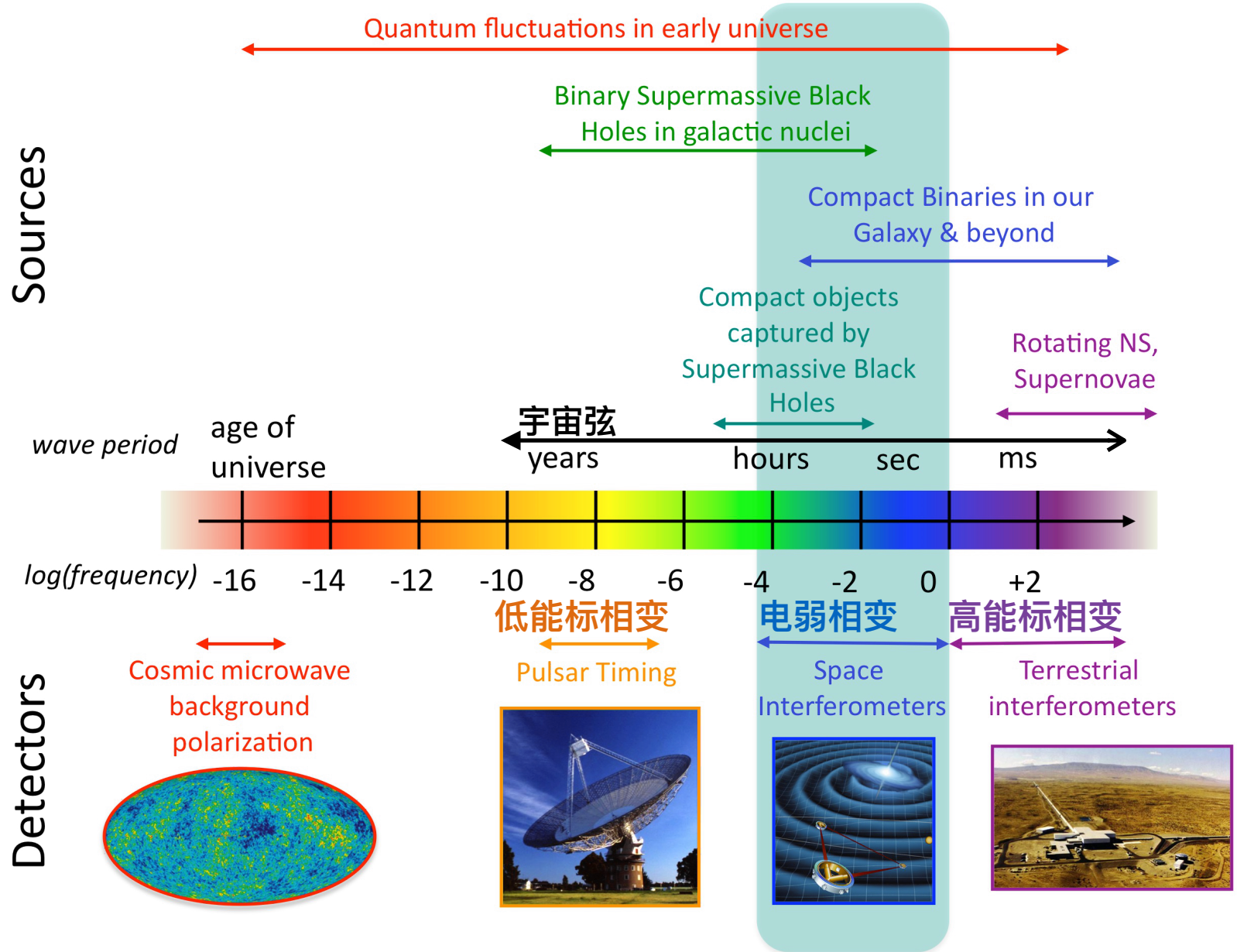
第十四届“新物理研讨会”（原威海新物理研讨会）
13-26 July 2025

报告内容



随机引力波探测开启了探索早期宇宙背后基础物理的一个新的窗口

The Gravitational Wave Spectrum

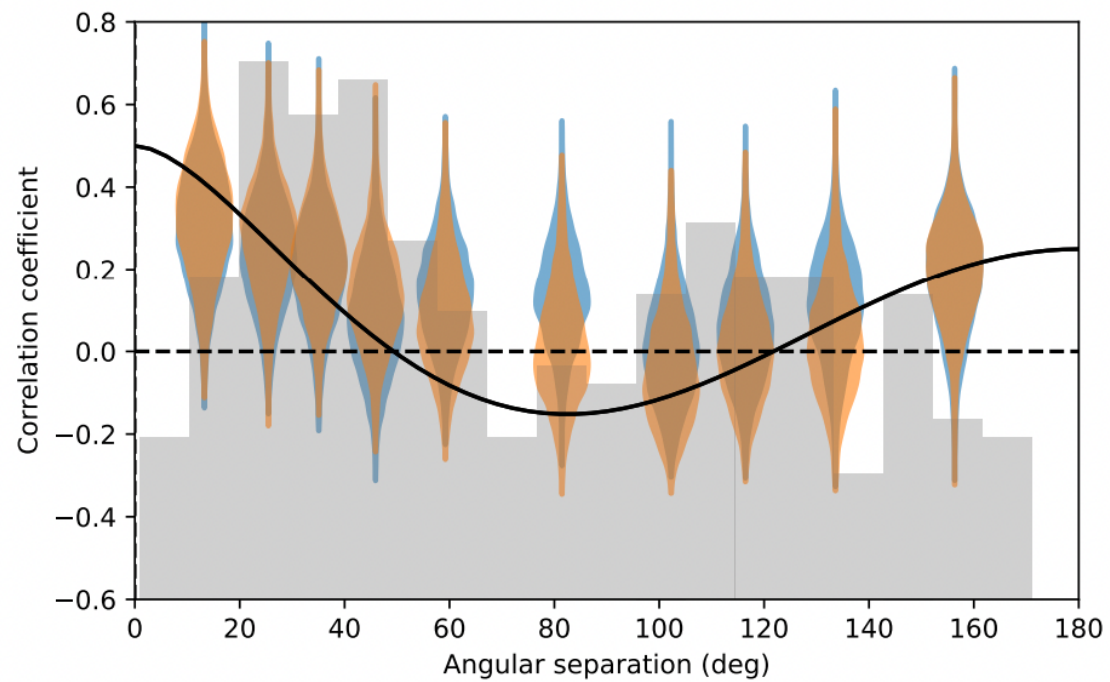


脉冲星阵列计时

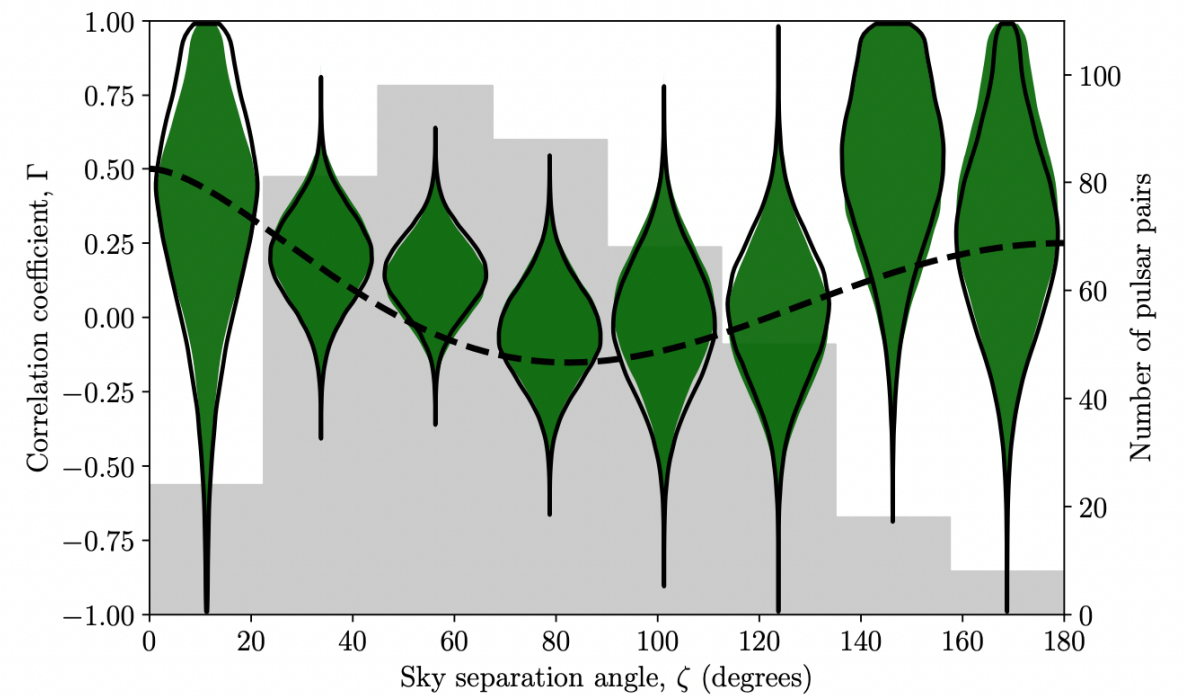
LISA,天琴,太极

激光干涉引力波天文台 (LIGO)

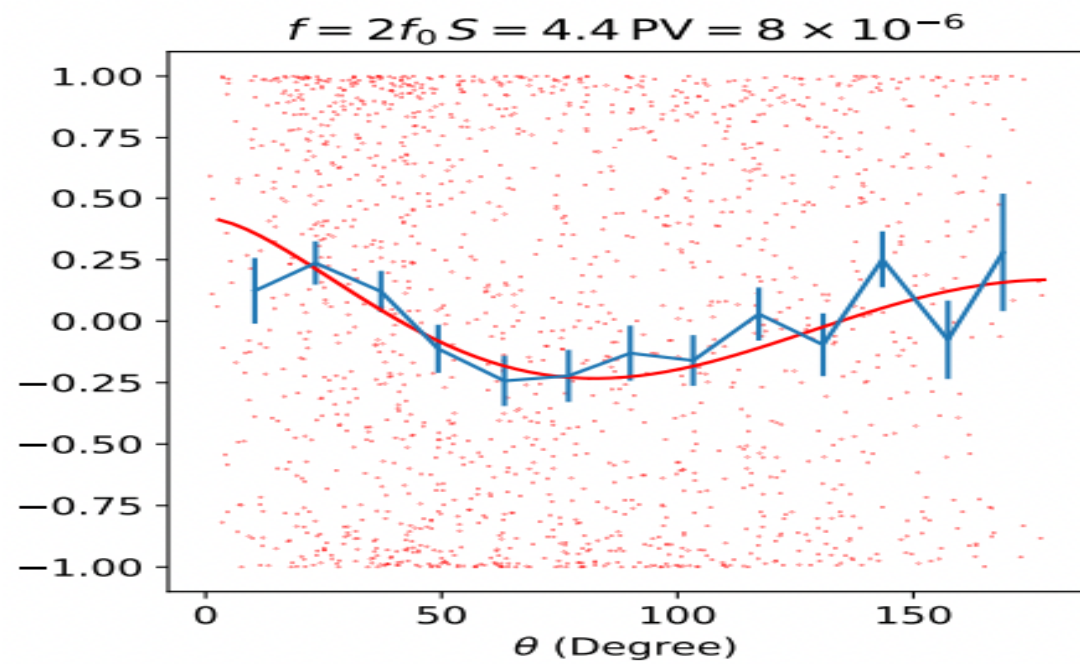
New dataset from PTAs



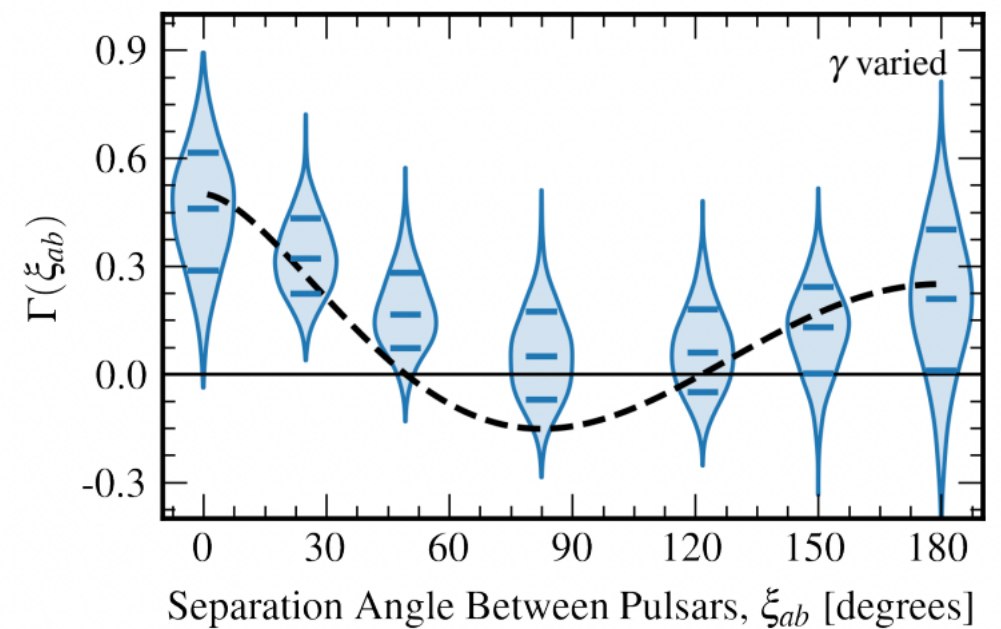
EPTA,2306.16214



PPTA,2306.16215

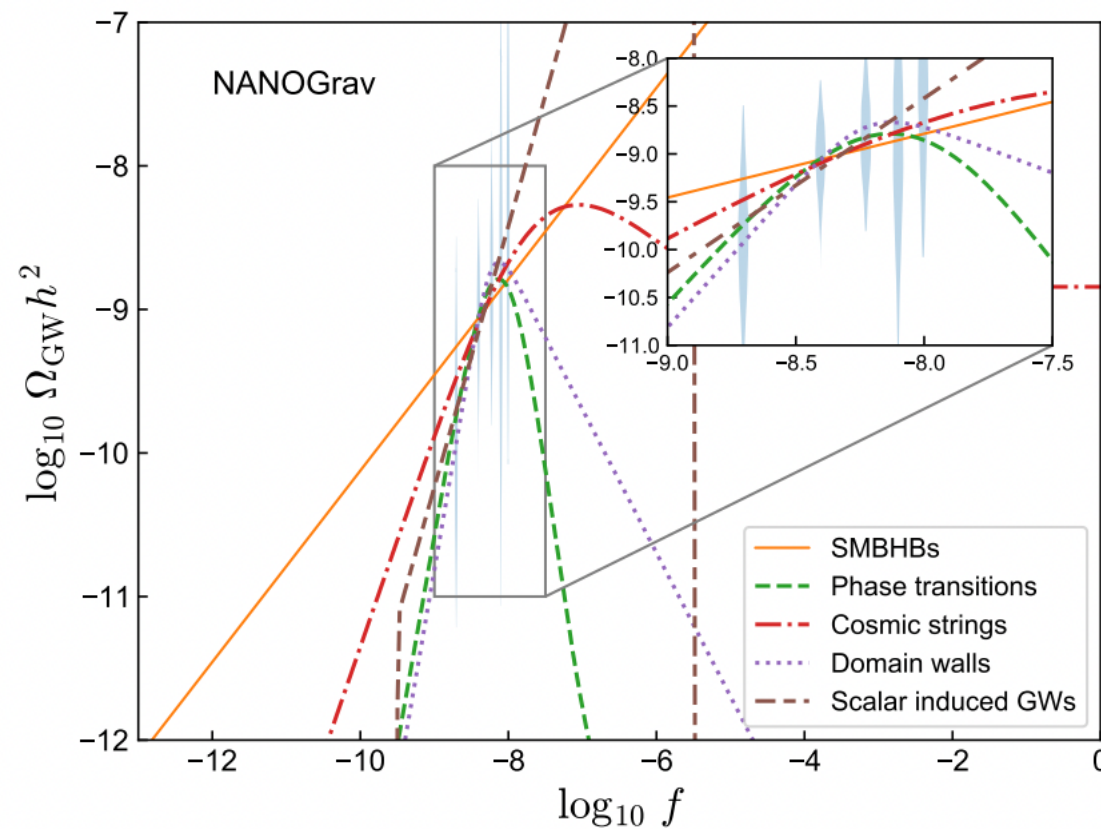
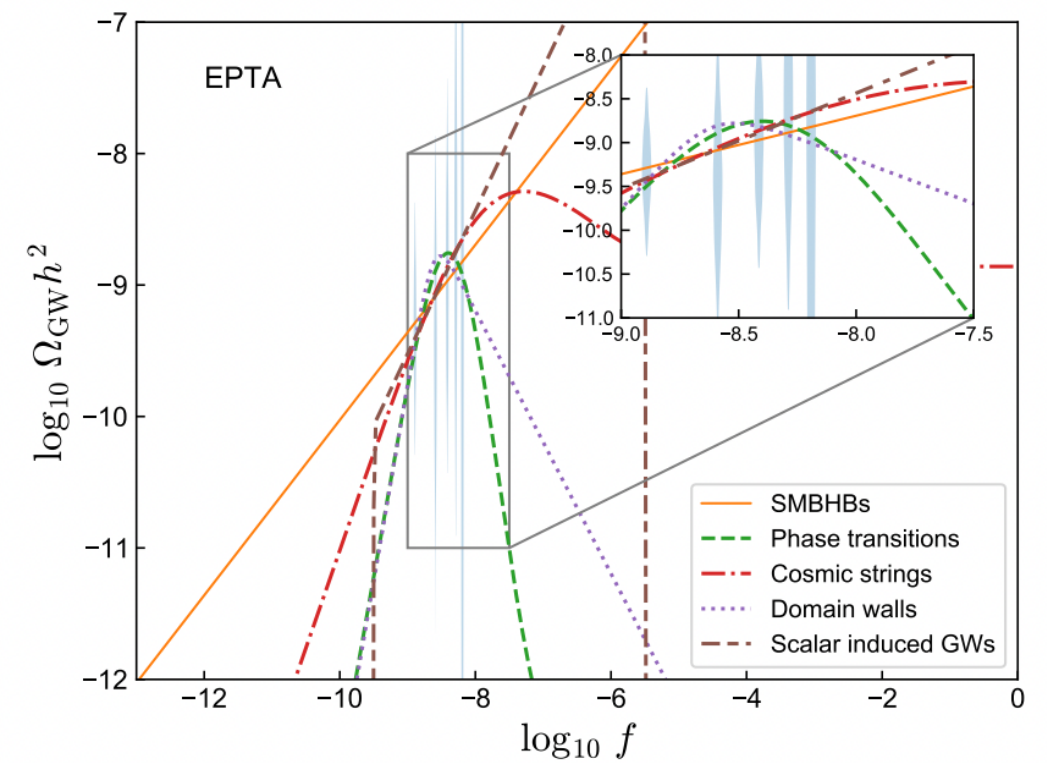
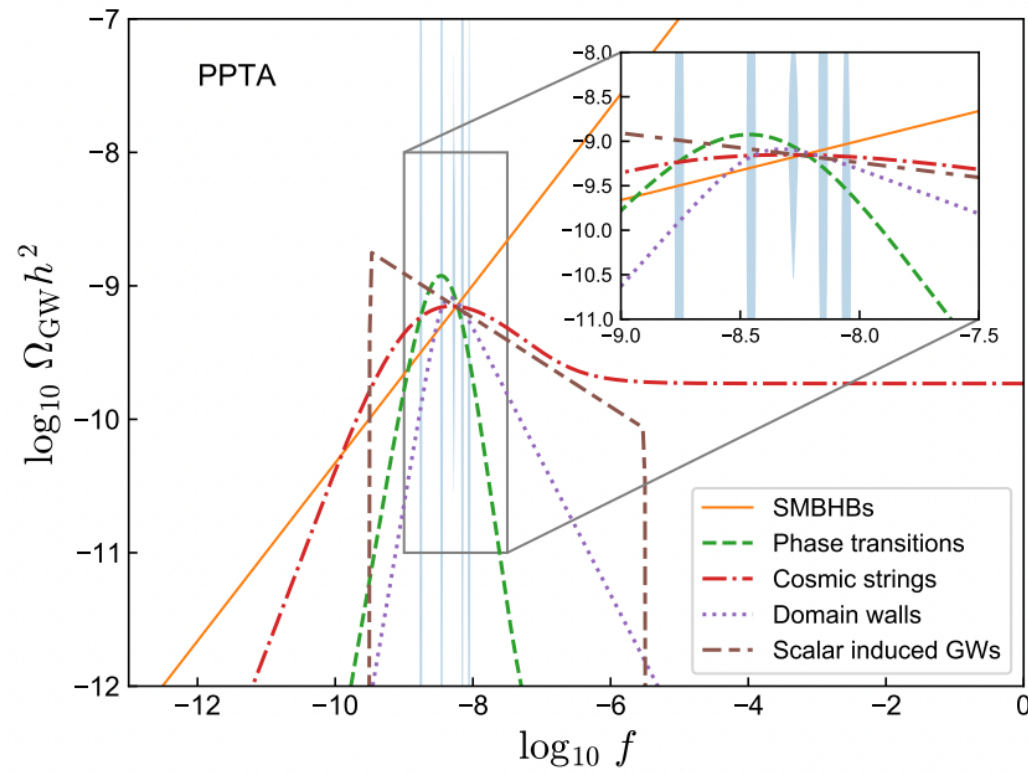


CPTA,2306.16216

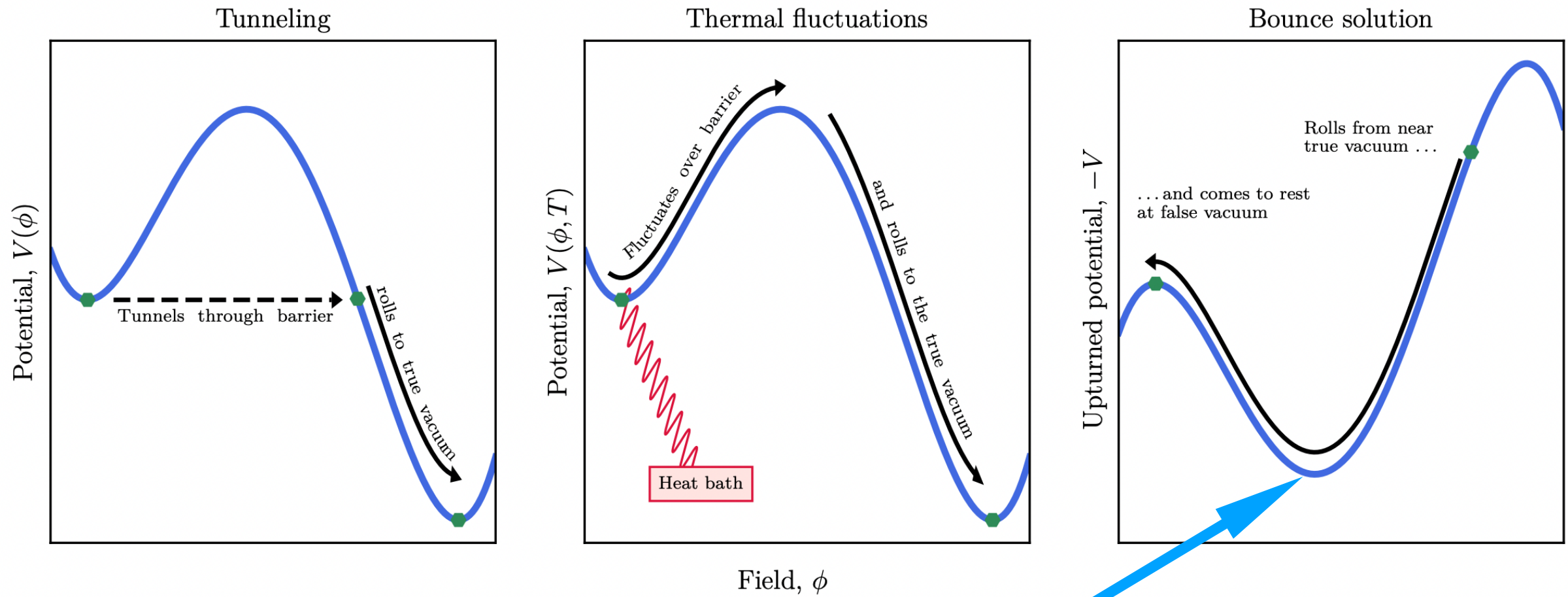


NANOGrav,2306.16213

Gravitational wave sources for Pulsar Timing Arrays



有限温度场论里面的真空衰变



$$p(t; T) \equiv \Gamma/V = |A(T)|e^{-B(T)/T}$$

$$A(T) \simeq T^4 \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}}$$

Bounce solution

$$S_3(T) = \int 4\pi r^2 dr \left[\frac{1}{2} \left(\frac{d\phi_b}{dr} \right)^2 + V(\phi_b, T) \right]$$

$$\lim_{r \rightarrow \infty} \phi_b = 0, \quad \left. \frac{d\phi_b}{dr} \right|_{r=0} = 0$$

Bubble nucleation

$$\Gamma \approx A(T) e^{-S_3/T} \sim 1$$

PT strength

$$\alpha \equiv \frac{1}{\rho_r} \left(\Delta V_{\text{eff}}(\phi, T) - \frac{T}{4} \Delta \frac{\partial V_{\text{eff}}(\phi, T)}{\partial T} \right)$$

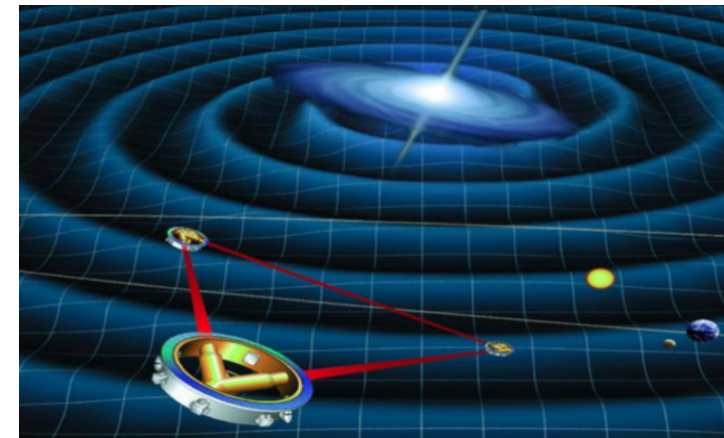
**Phase transition
inverse duration**

$$\frac{\beta}{H_n} = T \frac{d(S_3(T)/T)}{dT} \Big|_{T=T_n}$$

新物理&相变引力波

重要的引力波源，主要科学目标之一

PTA,LIGO,LISA,天琴,太极,...



超出粒子物理标准模型
新物理

相变参数

Effective action $\rightarrow \beta, H_*$

Energy budget $\rightarrow \alpha, \kappa(\alpha, v_w)$

Bubble wall dynamics $\rightarrow v_w$

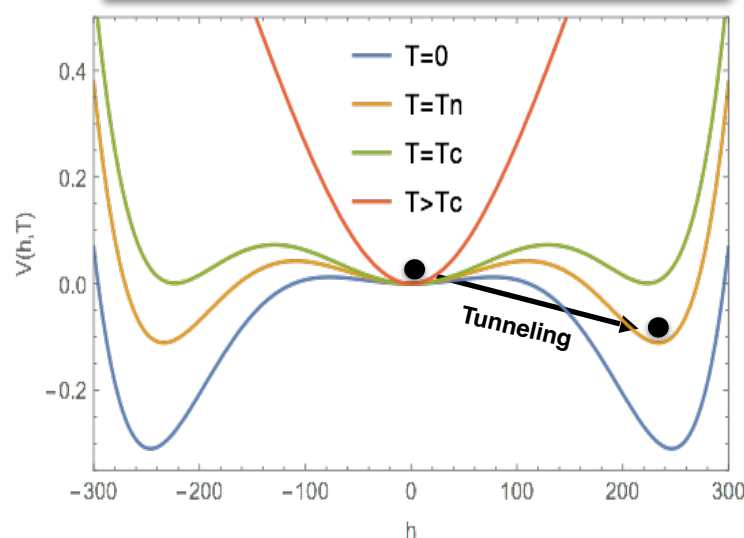
引力波功率谱

Numerical simulations $\rightarrow$
 $h^2 \Omega_{\text{GW}}(f; H_*, \alpha, \beta, v_w)$

实验探测

Configuration + noise level $\rightarrow$
 $h^2 \Omega_{\text{sens}}(f)$

有限温场论计算



格点场论模拟建立理论
和实验的桥梁

信噪比

格点电弱理论

$\Phi(t, \mathbf{x})$: Higgs field doublet defined on sites;

$U_i(t, \mathbf{x})$ and $V_i(t, \mathbf{x})$: SU(2) and U(1) link fields, defined on the link between the neighboring sites $\mathbf{x}$ and $\mathbf{x} + \mathbf{i}$, $\Phi(t, \mathbf{x})$, $U_i(t, \mathbf{x})$ and $V_i(t, \mathbf{x})$ are defined at time steps $t + \Delta t$, $t + 2\Delta t, \dots$;

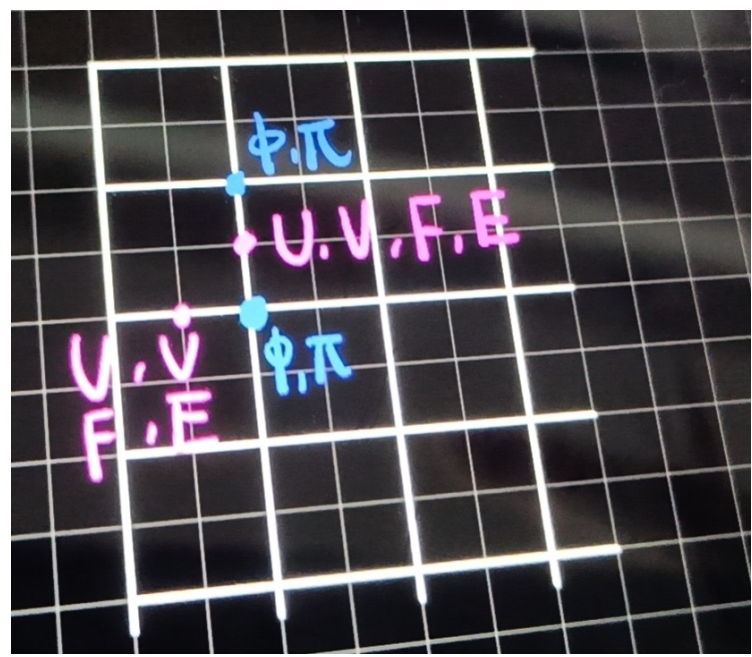
Conjugate momentum fields: $\Pi(t+\Delta t/2, \mathbf{x})$, $F(t+\Delta t/2, \mathbf{x})$ and $E(t+\Delta t/2, \mathbf{x})$, are defined at time steps $t + \Delta t/2$, $t + 3\Delta t/2$.

$$U_i(t, x) = \exp \left(-\frac{i}{2} g \Delta x \sigma^a W_i^a \right)$$

$$U_0(t, x) = \exp \left(-\frac{i}{2} g \Delta t \sigma^a W_0^a \right)$$

$$V_i(t, x) = \exp \left(-\frac{i}{2} g \Delta x B_i \right)$$

$$V_0(t, x) = \exp \left(-\frac{i}{2} g \Delta t B_0 \right).$$



$$D_i \Phi = \frac{1}{\Delta x} [U_i(t, x) V_i(t, x) \Phi(t, x + i) - \Phi(t, x)]$$

$$D_0 \Phi = \frac{1}{\Delta t} [U_0(t, x) V_0(t, x) \Phi(t + \Delta t, x) - \Phi(t, x)].$$

$$\Phi(t + \Delta t, x) = \Phi(t, x) + \Delta t \Pi(t + \Delta t/2, x)$$

$$V_i(t + \Delta t, x) = \frac{1}{2} g' \Delta x \Delta t E_i(t + \Delta t/2, x) V_i(t, x)$$

$$U_i(t + \Delta t, x) = g \Delta x \Delta t F_i(t + \Delta t/2, x) U_i(t, x),$$

Temporal gauge
 $U_0(t, \mathbf{x}) = \mathbf{I}_2, V_0(t, \mathbf{x}) = 1$

leapfrog

► 一阶电弱相变模拟-量子隧穿

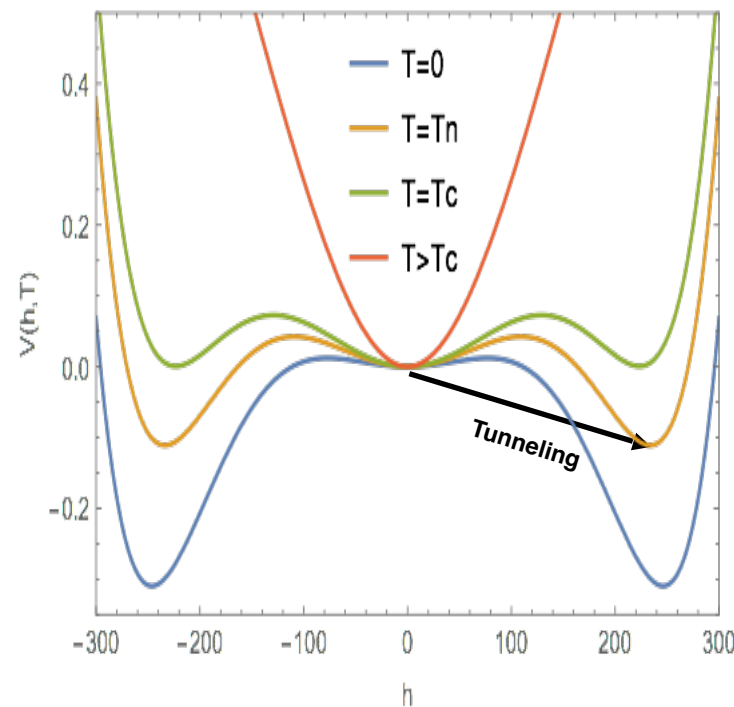
Field basis equation of motion

$$\begin{aligned}\partial_0^2 \Phi &= D_i D_i \Phi - \frac{dV(\Phi)}{d\Phi}, \\ \partial_0^2 B_i &= -\partial_j B_{ij} + g' \text{Im}[\Phi^\dagger D_i \Phi], \\ \partial_0^2 W_i^a &= -\partial_k W_{ik}^a - g \epsilon^{abc} W_k^b W_{ik}^c + g \text{Im}[\Phi^\dagger \sigma^a D_i \Phi], \\ \partial_0 \partial_j B_j - g' \text{Im}[\Phi^\dagger \partial_0 \Phi] &= 0, \\ \partial_0 \partial_j W_j^a + g \epsilon^{abc} W_j^b \partial_0 W_j^c - g \text{Im}[\Phi^\dagger \sigma^a \partial_0 \Phi] &= 0.\end{aligned}$$

Lattice implementation

$$\begin{aligned}\Pi(t + \Delta t/2, x) &= \Pi(t - \Delta t/2, x) + \Delta t \left\{ \frac{1}{\Delta x^2} \sum_i [U_i(t, x) V_i(t, x) \Phi(t, x + i) \right. \\ &\quad \left. - 2\Phi(t, x) + U_i^\dagger(t, x - i) V_i^\dagger(t, x - i) \Phi(t, x - i)] - \frac{\partial U}{\partial \Phi^\dagger} \right\} \\ \text{Im}[E_k(t + \Delta t/2, x)] &= \text{Im}[E_k(t - \Delta t/2, x)] + \Delta t \left\{ \frac{g'}{\Delta x} \text{Im}[\Phi^\dagger(t, x + k) U_k^\dagger(t, x) V_k^\dagger(t, x) \Phi(t, x)] \right. \\ &\quad \left. - \frac{2}{g' \Delta x^3} \sum_i \text{Im}[V_k(t, x) V_i(t, x + k) V_k^\dagger(t, x + i) V_i^\dagger(t, x) \right. \\ &\quad \left. + V_i(t, x - i) V_k(t, x) V_i^\dagger(t, x + k - i) V_k^\dagger(t, x - i)] \right\} \\ \text{Tr}[i\sigma^m F_k(t + \Delta t/2, x)] &= \text{Tr}[i\sigma^m F_k(t - \Delta t/2, x)] + \Delta t \left\{ \frac{g}{\Delta x} \text{Re}[\Phi^\dagger(t, x + k) U_k^\dagger(t, x) V_k^\dagger(t, x) i\sigma^m \Phi(t, x)] \right. \\ &\quad \left. - \frac{1}{g \Delta x^3} \sum_i \text{Tr}[i\sigma^m U_k(t, x) U_i(t, x + k) U_k^\dagger(t, x + i) U_i^\dagger(t, x) \right. \\ &\quad \left. + i\sigma^m U_k(t, x) U_i^\dagger(t, x + k - i) U_k^\dagger(t, x - i) U_i(t, x - i)] \right\},\end{aligned}$$

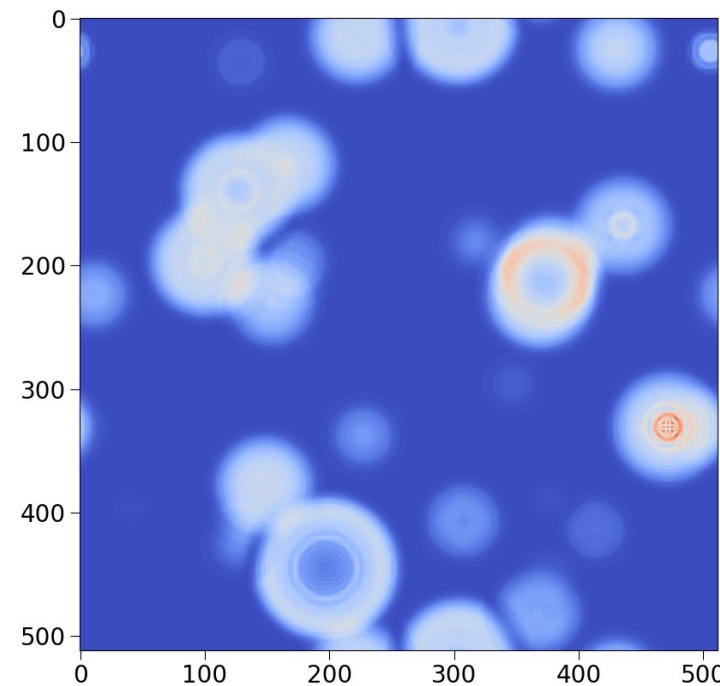
Finite-T Veff



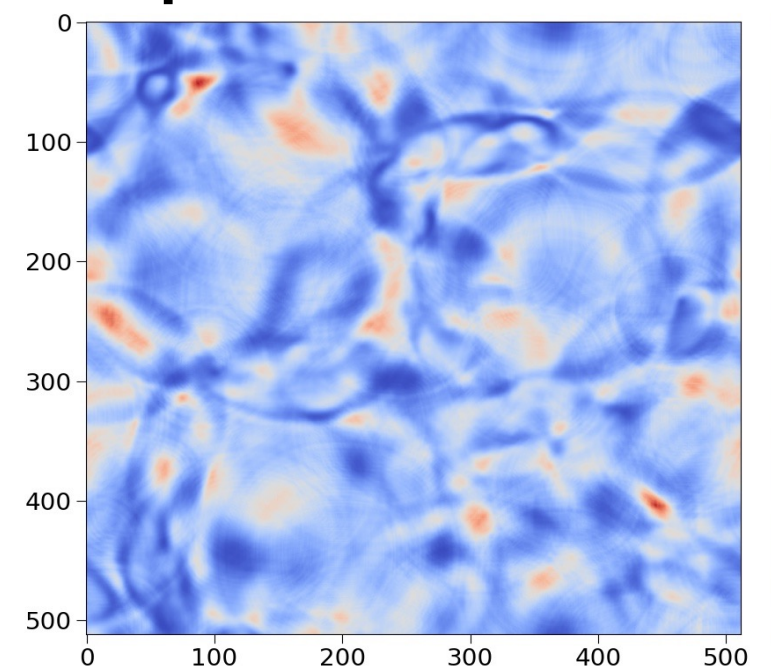
Finite-T calculation

PT temperature (T_*)
duration (β)
strength (α)

Nucleation



Expansion&Percolation



Lattice Simulation

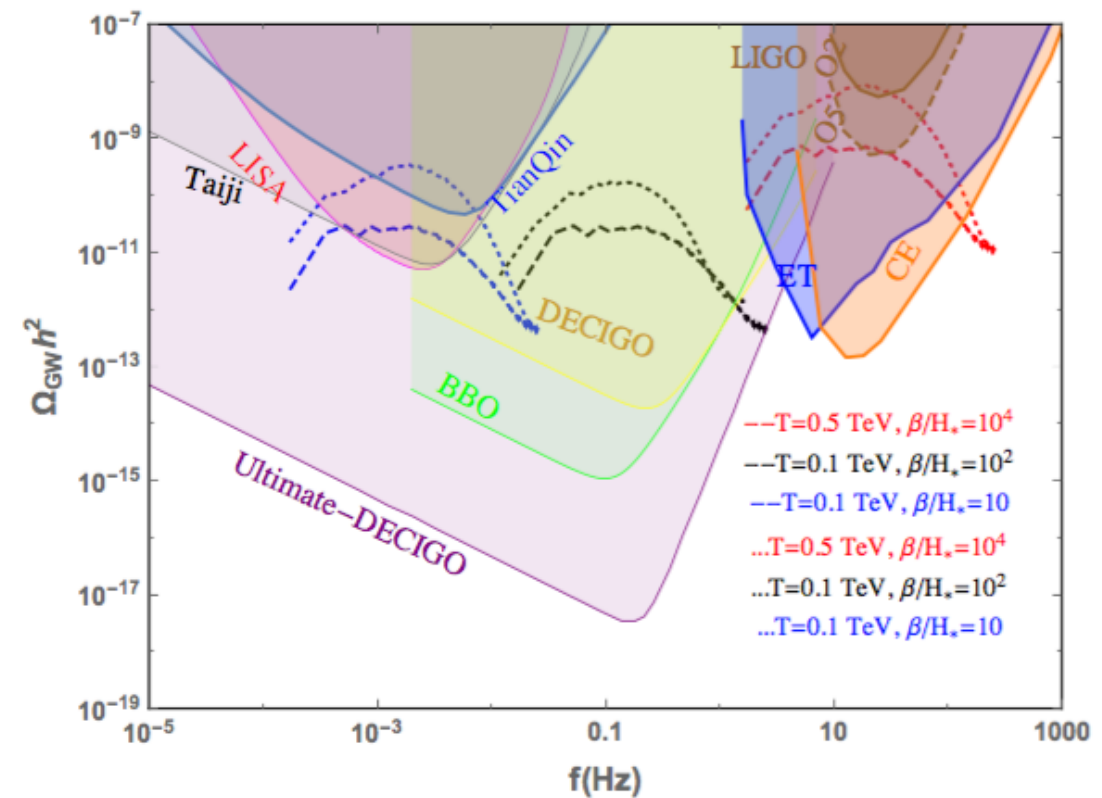
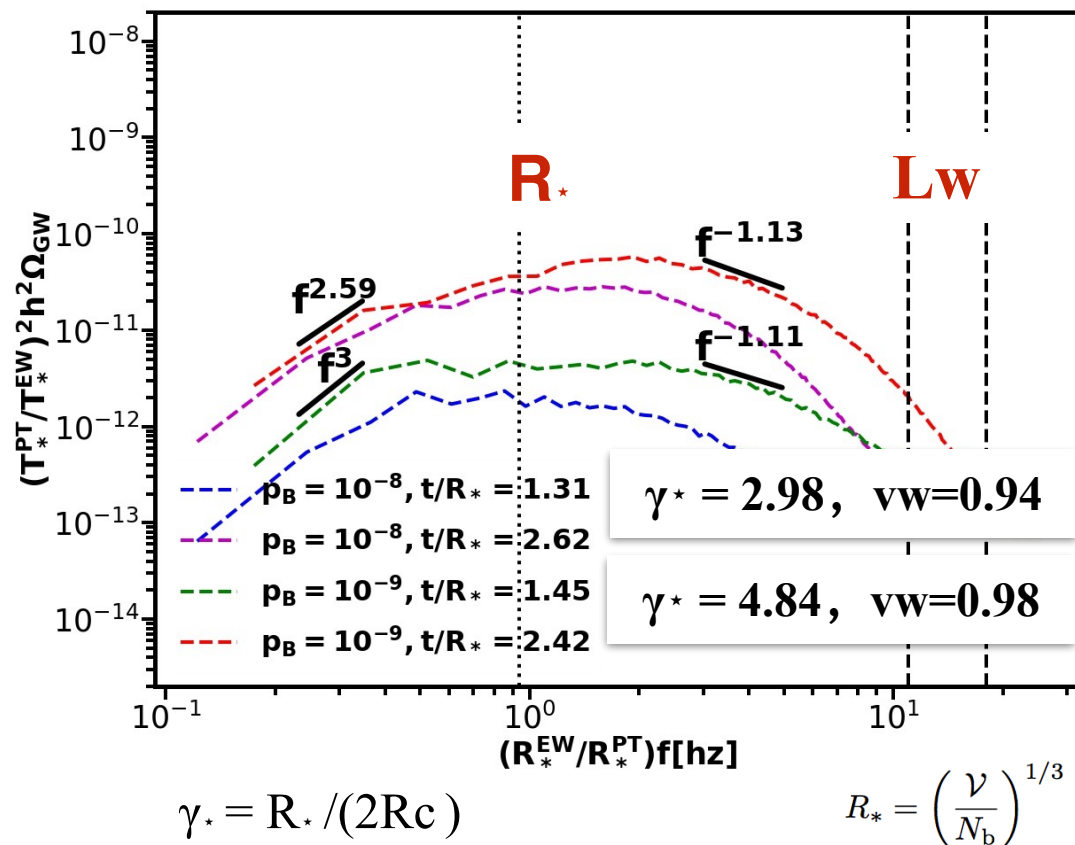
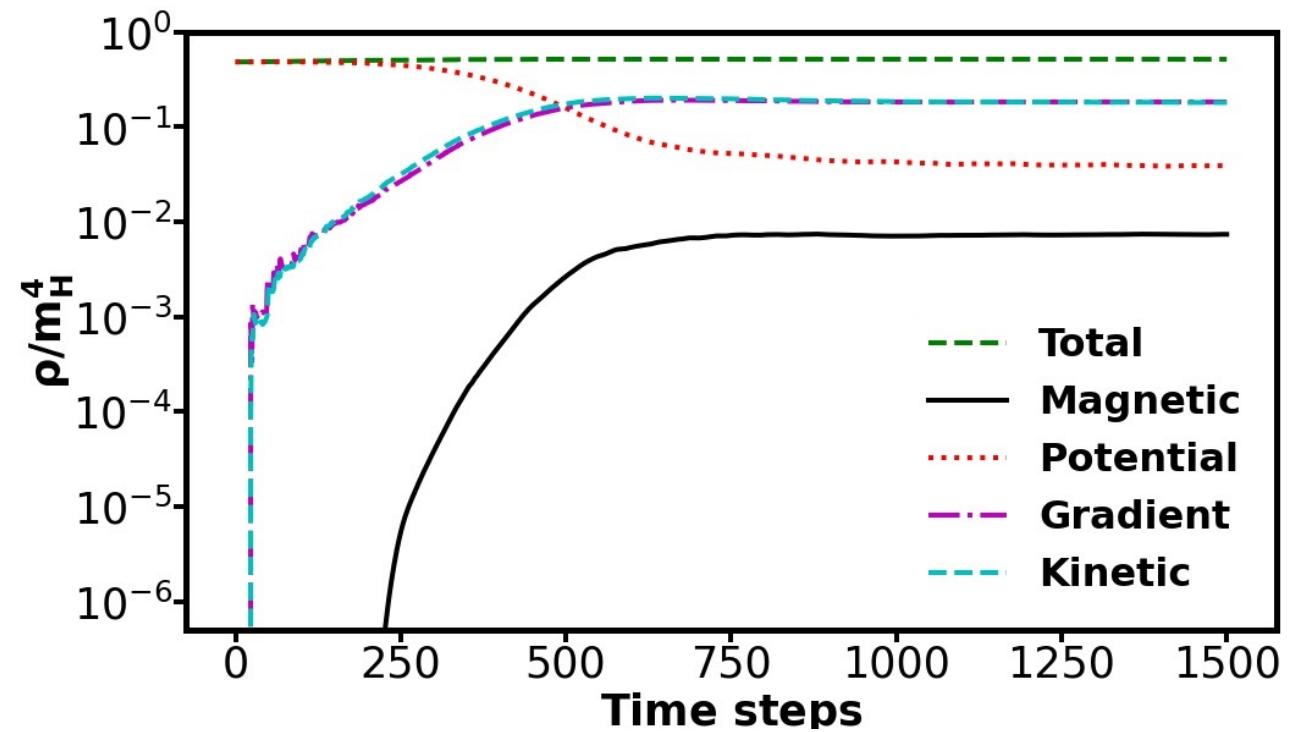
► 一阶电弱相变真空泡碰撞、合并产生引力波

$$\ddot{h}_{ij} - \nabla^2 h_{ij} = 16\pi G T_{ij}^{TT}$$

$$T_{\mu\nu} = \partial_\mu \Phi^\dagger \partial_\nu \Phi - g_{\mu\nu} \frac{1}{2} \text{Re}[(\partial_i \Phi^\dagger \partial^i \Phi)^2]$$

$$\langle \dot{h}_{ij}^{TT}(\mathbf{k}, t) \dot{h}_{ij}^{TT}(\mathbf{k}', t) \rangle = P_h(\mathbf{k}, t) (2\pi)^3 \delta(\mathbf{k} + \mathbf{k}')$$

$$\frac{d\Omega_{\text{gw}}}{d\ln(k)} = \frac{1}{32\pi G \rho_c} \frac{k^3}{2\pi^2} P_h(\mathbf{k}, t)$$



Bubble dynamics of FOPT

From QFT

$$p(t; T) \equiv \Gamma/V = |A(T)|e^{-B(T)/T}$$

Tunneling

$$A(T) = T \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}} \left(\frac{\det'[-\nabla^2 + V''(\bar{\phi})]}{\det[-\nabla^2 + V''(\phi_f)]} \right)^{-\frac{1}{2}}$$

Fluctuation

$$\begin{aligned} A(T) &= \frac{\sqrt{-\lambda_-}}{2\pi} \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}} \left(\frac{\det'[-\nabla^2 + V''(\bar{\phi})]}{\det[-\nabla^2 + V''(\phi_f)]} \right)^{-\frac{1}{2}} \\ &= \frac{1}{2\pi} \left(\frac{S_3[\bar{\phi}(T)]}{2\pi T} \right)^{\frac{3}{2}} \left(\frac{\det^+[-\nabla^2 + V''(\bar{\phi})]}{\det[-\nabla^2 + V''(\phi_f)]} \right)^{-\frac{1}{2}}, \end{aligned}$$

2305.02357

False vacuum fraction considering bubbles expansion

Bubble Volume

$$h(t) = \exp \left[- \int_{t_c}^t dt' \frac{4\pi}{3} v_w^3 (t-t')^3 \frac{\Gamma(t')}{\mathcal{V}} \right]$$

$$\frac{\Gamma}{\mathcal{V}} = \frac{\Gamma_f}{\mathcal{V}} e^{\beta(t-t_f)}$$

$$\beta \equiv \left. \frac{d}{dt} \log \left(\frac{\Gamma(t)}{\mathcal{V}} \right) \right|_{t=t_f}$$

$$\begin{aligned} -\log h(t) &\simeq \int_{t_c}^t dt' \frac{4\pi}{3} v_w^3 (t-t')^3 \frac{\Gamma_f}{\mathcal{V}} e^{\beta(t'-t_f)} \\ &= \frac{4\pi}{3} v_w^3 \frac{\Gamma_f}{\mathcal{V}} \frac{3!}{\beta^4} e^{\beta(t-t_f)}. \end{aligned}$$

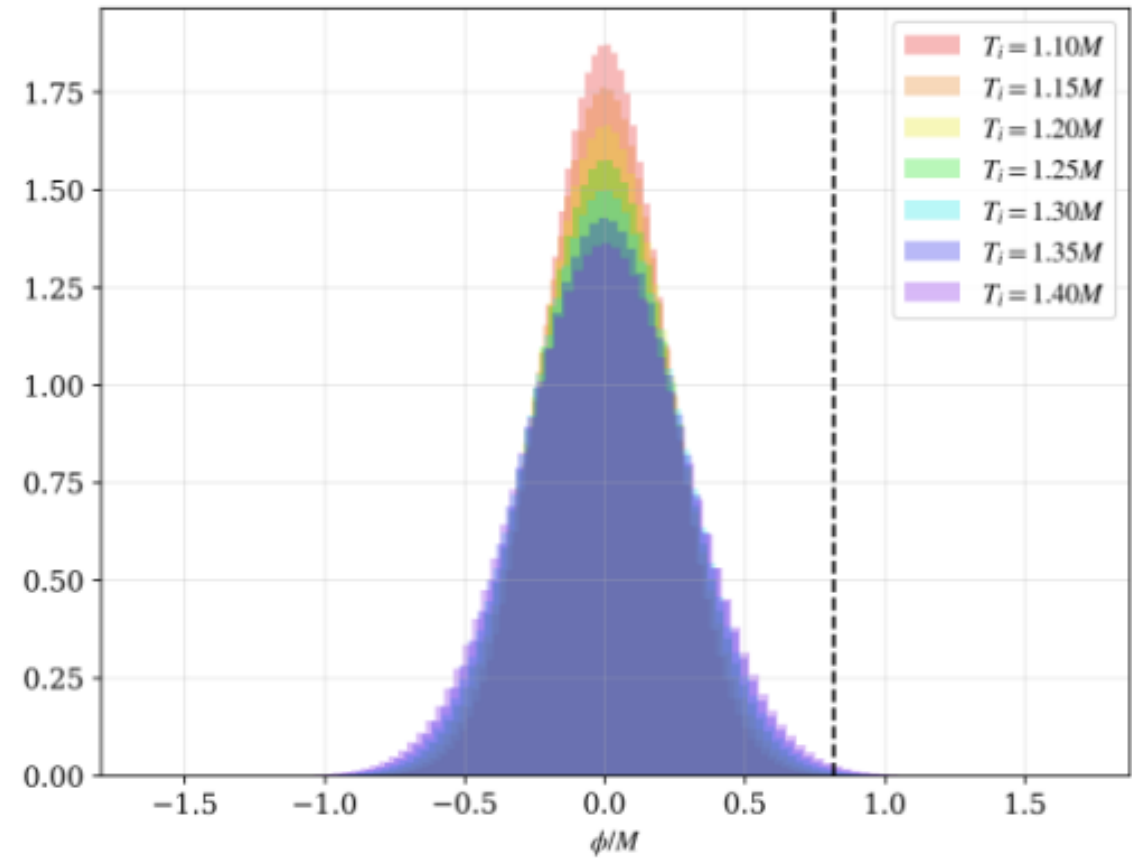
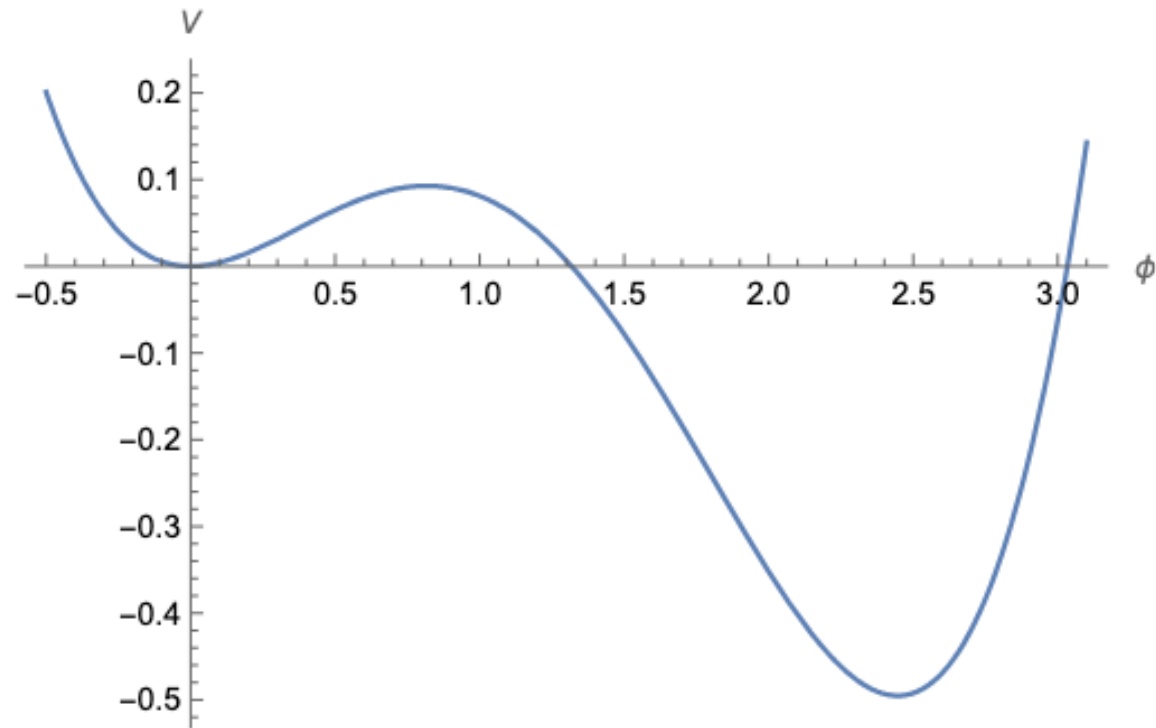
$$h(t_f) = 1/e$$

$$8\pi \frac{v_w^3}{\beta^4} \frac{\Gamma_f}{\mathcal{V}} = 1$$

$$h(t) = \exp \left[- e^{\beta(t-t_f)} \right]$$

2008.09136

► 一阶电弱相变模拟3D-热涨落



$$V(\phi) = \frac{1}{2}M^2\phi^2 + \frac{1}{3}\delta\phi^3 + \frac{1}{4}\lambda\phi^4$$

$$\tilde{\phi} = \phi/f_*, \quad d\tilde{t} = w_* dt, \quad d\tilde{x}^i = w_* dx^i,$$

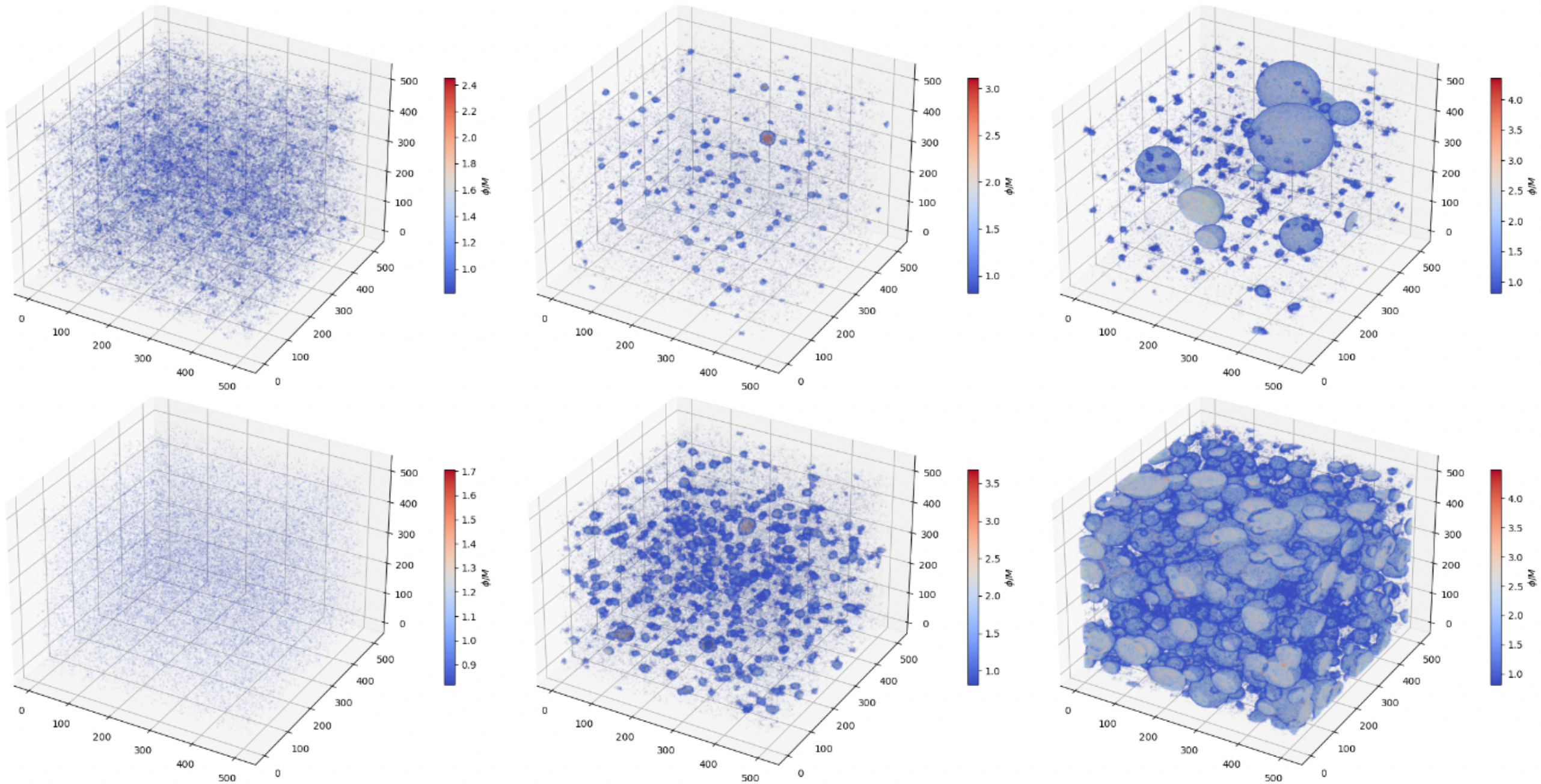
$$\ddot{\tilde{\phi}} - \tilde{\nabla}^2 \tilde{\phi} + \tilde{V}_{,\tilde{\phi}} = 0$$

$$\mathcal{P}_\phi(k) = \frac{n_k}{w_k} = \frac{1}{w_k} \frac{1}{e^{w_k/T} - 1}, \quad \mathcal{P}_{\dot{\phi}}(k) = n_k w_k = \frac{w_k}{e^{w_k/T} - 1},$$

$$\begin{aligned} \langle \phi(\mathbf{k}) \phi(\mathbf{k}') \rangle &= (2\pi)^3 \mathcal{P}_\phi(k) \delta(\mathbf{k} - \mathbf{k}'), & \langle |\phi(\mathbf{k})|^2 \rangle &= \left(\frac{N}{\delta x_{\text{phy}}} \right)^3 \mathcal{P}_\phi(k), & \langle \phi(\mathbf{k}) \rangle &= 0, \\ \langle \dot{\phi}(\mathbf{k}) \dot{\phi}(\mathbf{k}') \rangle &= (2\pi)^3 \mathcal{P}_{\dot{\phi}}(k) \delta(\mathbf{k} - \mathbf{k}'), & \langle |\dot{\phi}(\mathbf{k})|^2 \rangle &= \left(\frac{N}{\delta x_{\text{phy}}} \right)^3 \mathcal{P}_{\dot{\phi}}(k), & \langle \dot{\phi}(\mathbf{k}) \rangle &= 0, \\ \langle \phi(\mathbf{k}) \dot{\phi}(\mathbf{k}') \rangle &= 0. \end{aligned}$$

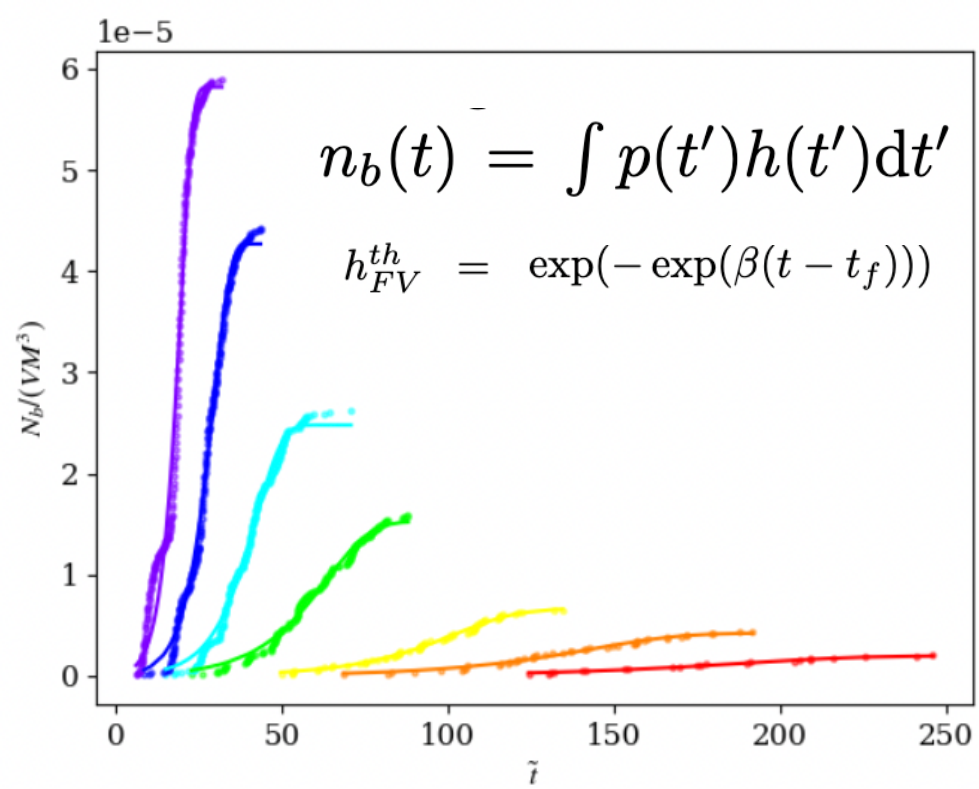
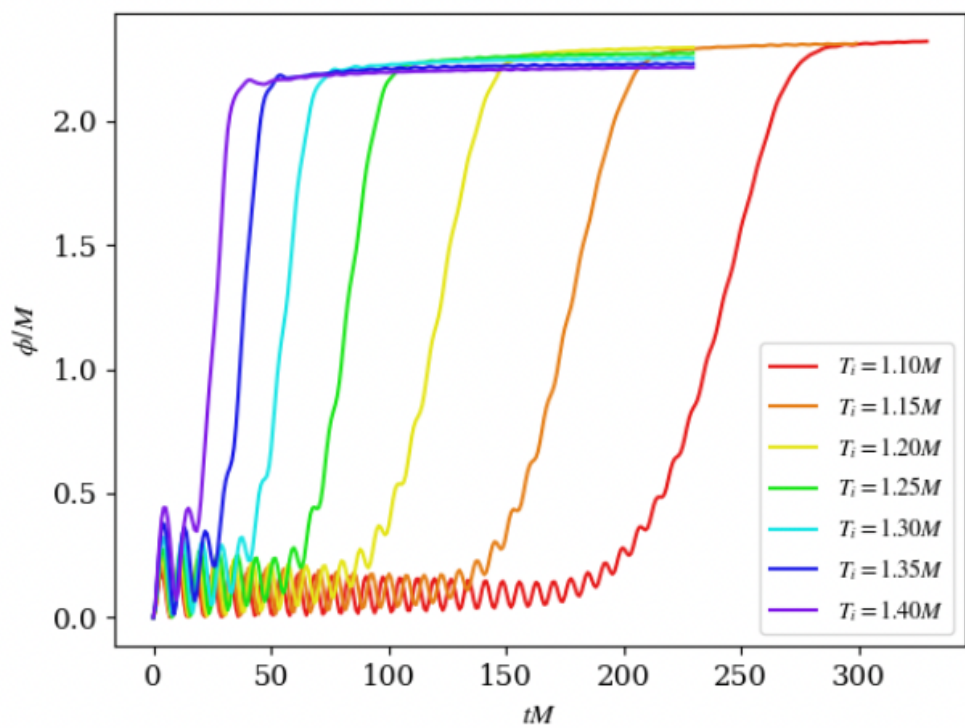
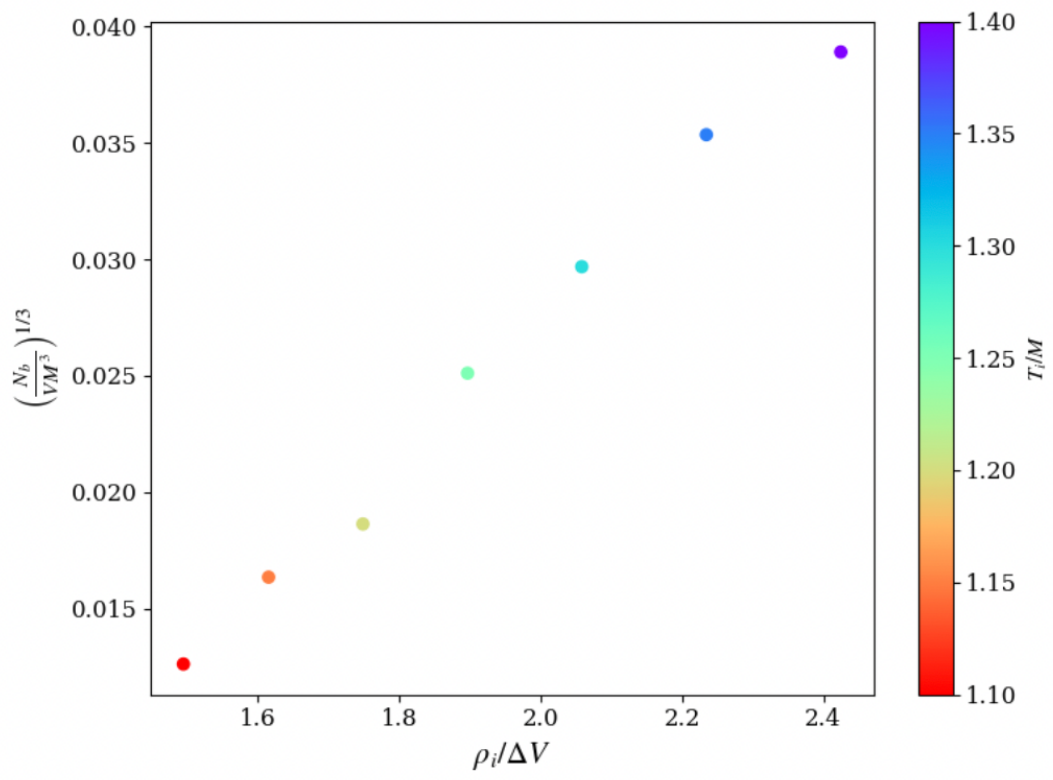
► 一阶电弱相变模拟3D-热涨落

Ti = 1.15M



Ti = 1.35M

► 一阶电弱相变模拟3D-热涨落

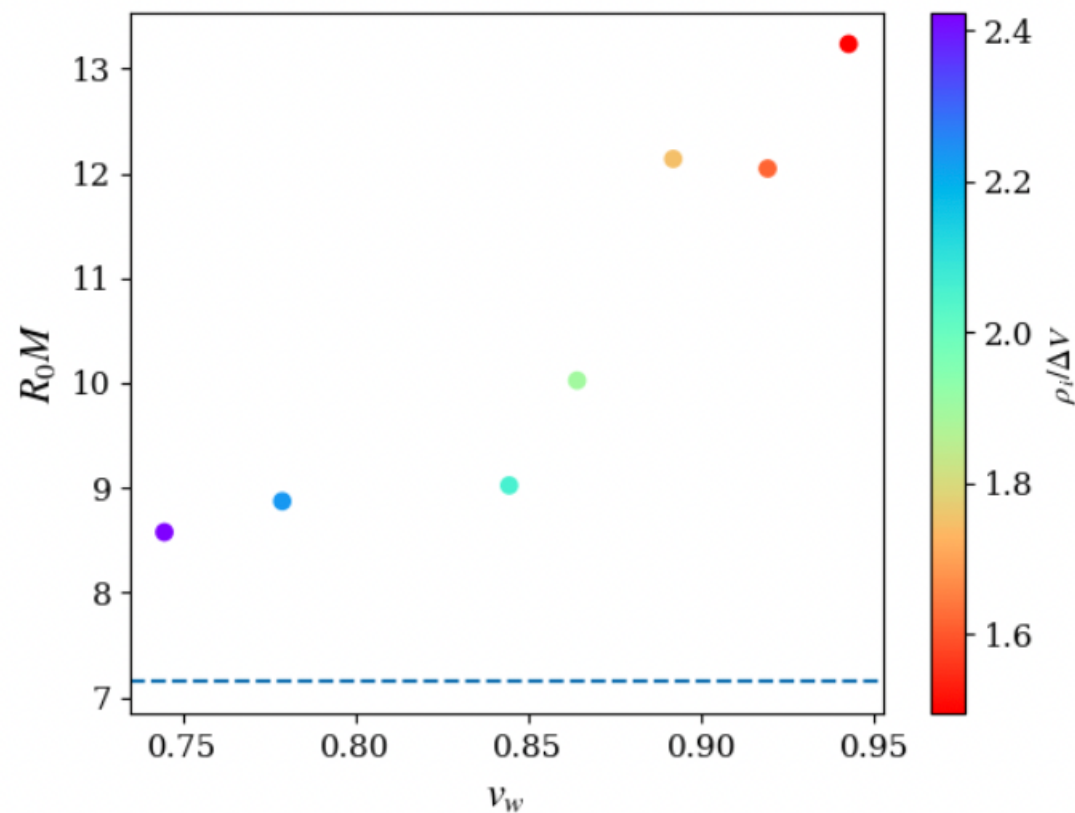
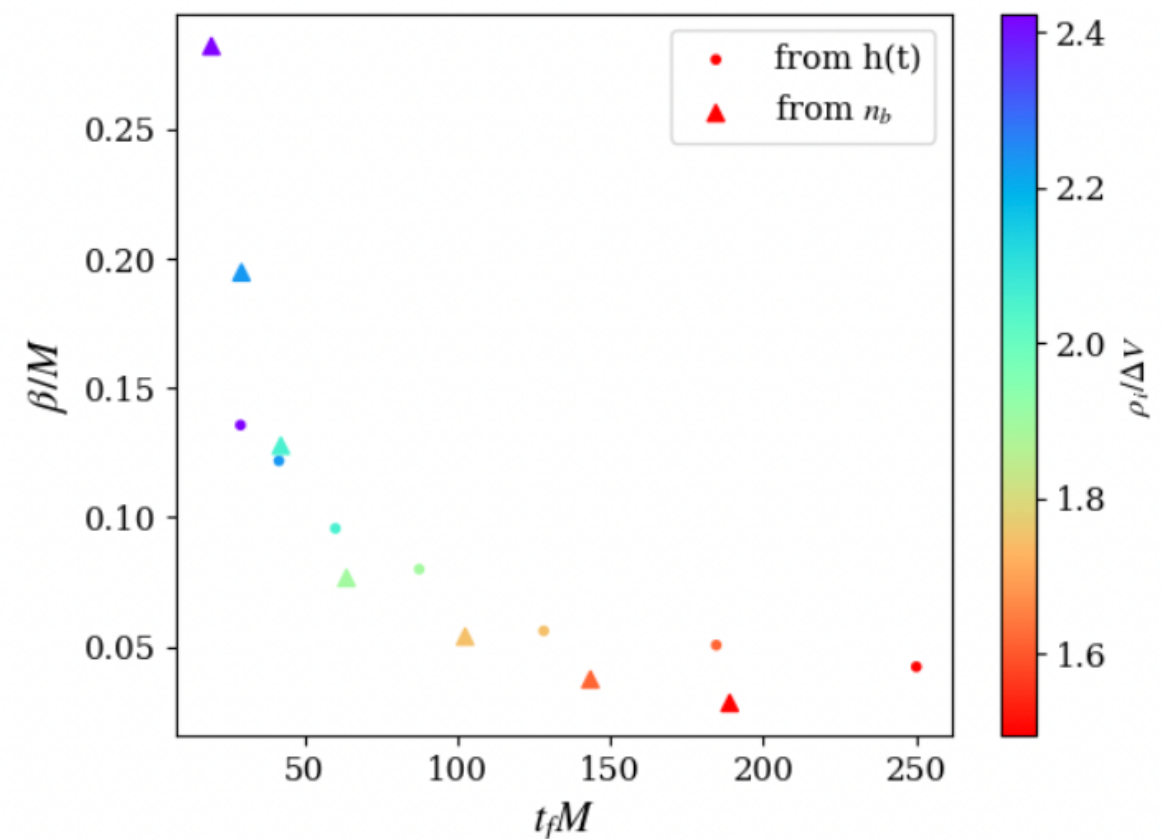
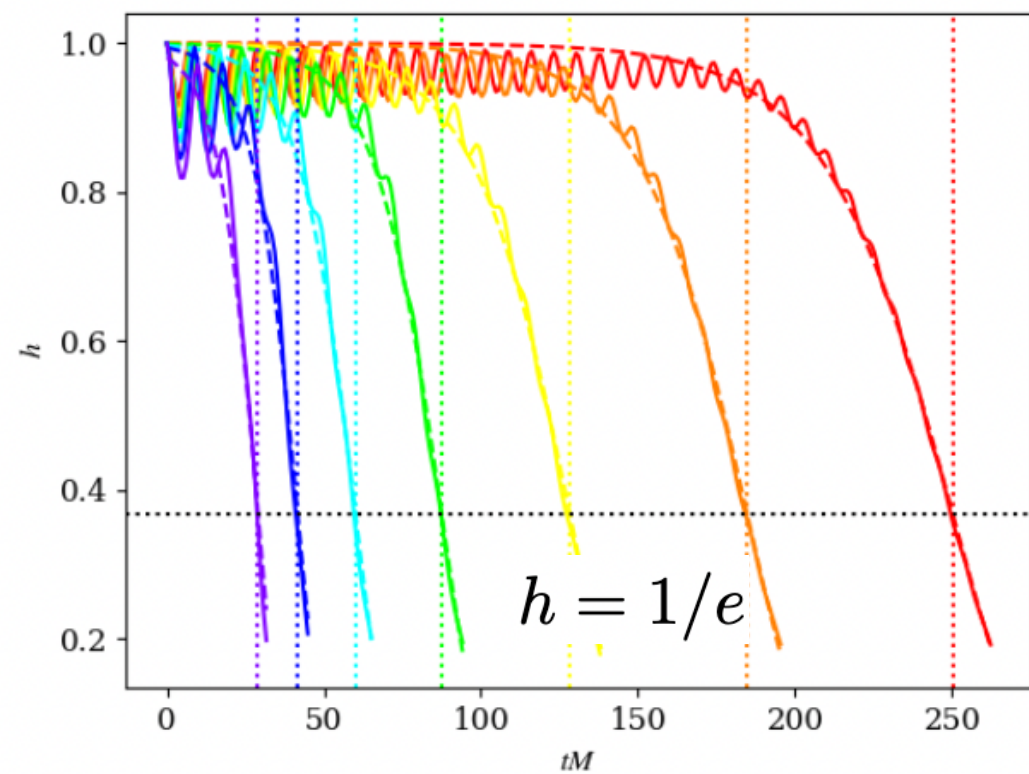


$p(t) = p_f \exp[\beta(t - t_f)]$

T_i/M	p_f/M^4	β/M	$t_f M$
1.10	5.56×10^{-8}	0.028	189.10
1.15	1.58×10^{-7}	0.037	143.53
1.20	3.57×10^{-7}	0.054	102.54
1.25	1.17×10^{-6}	0.077	63.72
1.30	3.18×10^{-6}	0.128	42.25
1.35	8.34×10^{-6}	0.195	29.35
1.40	1.65×10^{-5}	0.282	19.53

► 一阶电弱相变模拟3D-假真空比例

$$h_{FV}^{sim} = 1 - \frac{\langle \phi \rangle}{\phi_v} \quad h_{FV}^{th} = \exp(-\exp(\beta(t - t_f)))$$



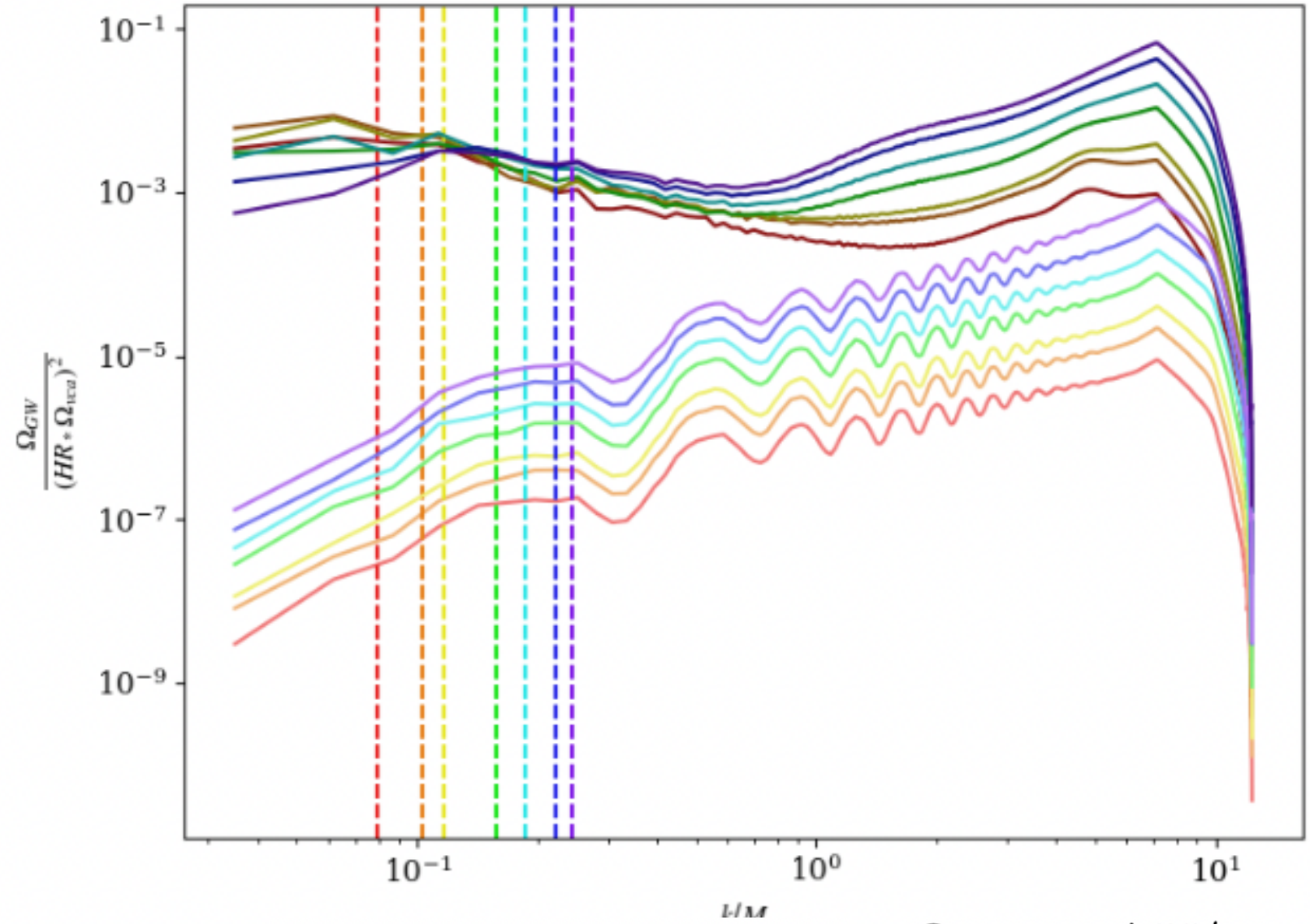
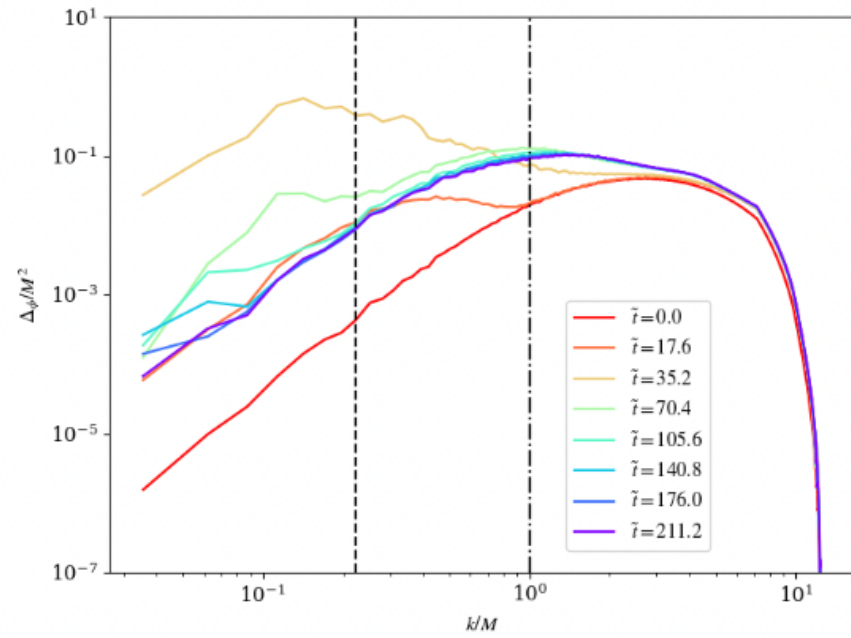
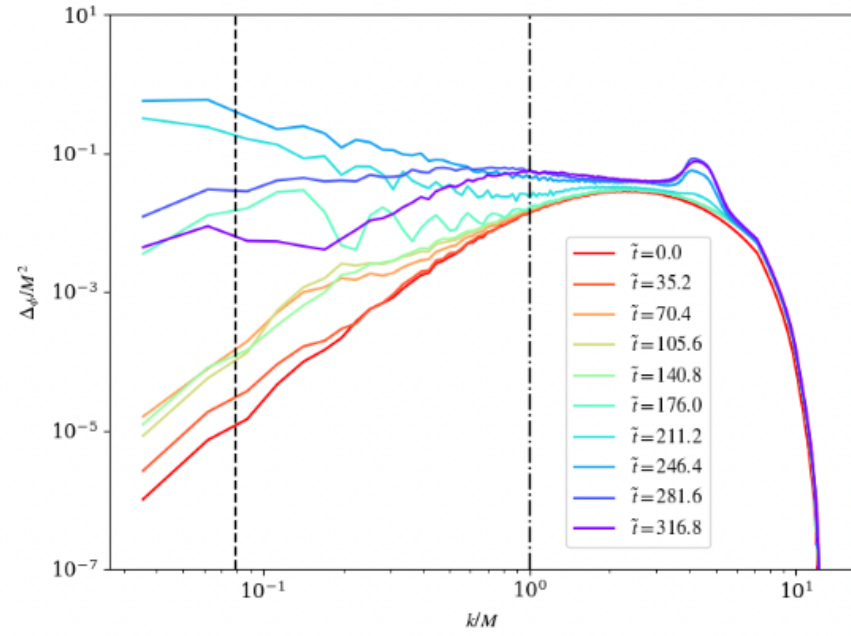
$$v_w \approx \sqrt{\Delta \rho_k / \Delta \rho_g}$$

$\downarrow$ $\downarrow$
 $\frac{1}{2} \dot{\phi}^2$ $\frac{1}{2} (\nabla \phi)^2$

$$R_0 = R_* \sqrt{1 - v_w^2/2}$$

$$R_* = (V/N_b)^{1/3}$$

► 一阶电弱相变模拟3D-引力波



$$\Omega_{GW} \approx \mathcal{O}(10^{-3})(HR_* \Omega_{vac}) \quad \Omega_{vac} = \Delta V / \rho_r$$

► 一阶电弱相变模拟-热涨落

场论中的Wigner函数

$$P_R(T) \equiv \int_R dx |\psi(x, T)|^2 \quad \longrightarrow \quad P_R(t) \equiv \int_R \mathcal{D}\phi |\Psi(\phi, t)|^2$$

(量子力学中Wigner函数: (q, p) 相空间中准概率密度性质) $\Psi(\phi, t) = \langle \phi(x) | \Psi(t) \rangle = \int \mathcal{D}\phi_i \langle \phi | \hat{U}(t|t_0) | \phi_i \rangle \langle \phi_i(\mathbf{x}) | \Psi(t_0) \rangle$

$$W(q, p; t) \sim |\Psi(x, t)|^2$$

$$W(q, p; t) = \int du e^{-\frac{i}{\hbar} p u} \left\langle q + \frac{u}{2} \left| \hat{\rho}(t) \right| q - \frac{u}{2} \right\rangle \quad \longrightarrow \quad W[\phi(x), \Pi(x); t] = \int \mathcal{D}\varphi(x) \exp \left[-\frac{i}{\hbar} \int dx \Pi(x) \varphi(x) \right] \times \left\langle \phi(x) + \frac{\varphi(x)}{2} \left| \hat{\rho}(t) \right| \phi(x) - \frac{\varphi(x)}{2} \right\rangle$$

量子场论中Wigner函数: (ϕ, Π) 相空间中准概率密度性质

$$\hat{\rho}(0) = \frac{1}{Z} e^{-\beta \hat{H}} \quad W[\phi(x), \Pi(x); t] \gtrsim 0$$

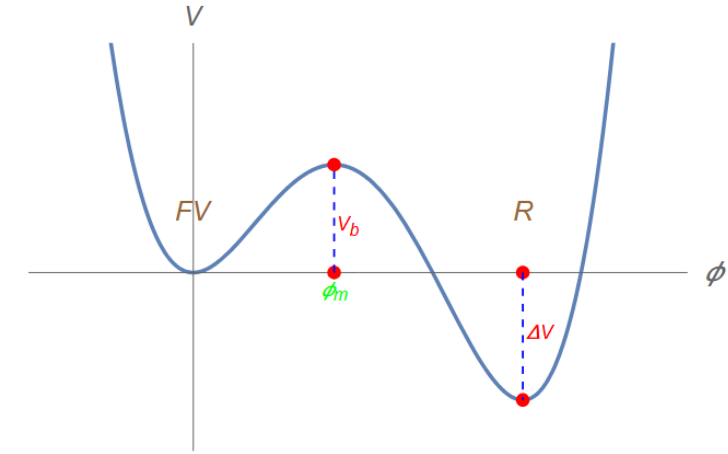
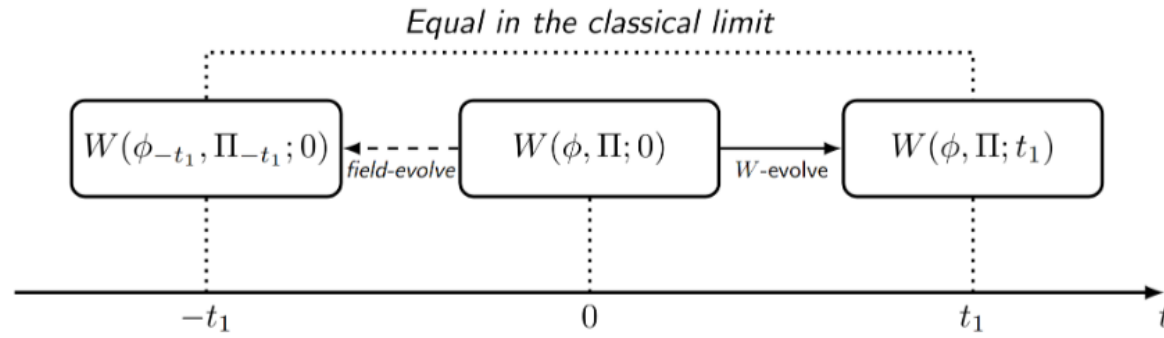
$$W[\phi(x), \Pi(x); 0] = \frac{1}{Z} \int \mathcal{D}\varphi(x) \exp \left[-\frac{i}{\hbar} \int dx \Pi(x) \varphi(x) \right] \times \left\langle \phi(x) + \frac{\varphi(x)}{2} \left| e^{-\beta \hat{H}} \right| \phi(x) - \frac{\varphi(x)}{2} \right\rangle$$

$$\approx \frac{1}{Z} \exp \left[-\beta \int dx \left[\frac{1}{2} \Pi^2(x) + \frac{1}{2} (\nabla \phi(x))^2 + V(\phi) \right] \right]$$

$$Z \equiv \text{Tr} \hat{\rho} = \int \mathcal{D}\phi(x) \frac{\mathcal{D}\Pi(x)}{2\pi} W[\phi, \Pi; t]$$

$$\begin{aligned} \phi(x) &\text{ is the real scale field} \\ \Pi(x) &\equiv \frac{\delta \mathcal{L}}{\delta \dot{\phi}(x)} \\ \hat{\rho}(t) &= |\Psi(t)\rangle \langle \Psi(t)| \end{aligned}$$

► Wigner函数的运动方程



$$\hat{L} = \int d^3x \left(\frac{1}{2} \partial^\mu \hat{\phi} \partial_\mu \hat{\phi} - V(\hat{\phi}) \right) \quad \hat{H} = \int d^3x \hat{\mathcal{H}} = \int d^3x \left[\frac{\hat{\Pi}^2}{2} + \frac{(\nabla \hat{\phi})^2}{2} + V(\hat{\phi}) \right]$$

$$i\hbar \frac{\partial}{\partial t} \hat{\rho}(t) = [\hat{H}, \hat{\rho}(t)] \quad \frac{\partial}{\partial t} W[\phi, \pi; t] = -2H \frac{1}{i\hbar} \sin\left(\frac{i\hbar}{2} \Lambda\right) W[\phi, \pi; t]$$

$$\Lambda = \frac{\overleftarrow{\delta}}{\delta \Pi} \frac{\overrightarrow{\delta}}{\delta \phi} - \frac{\overleftarrow{\delta}}{\delta \phi} \frac{\overrightarrow{\delta}}{\delta \Pi} \text{ is the Poisson bracket operator}$$

$$\text{忽略 } O(\hbar^2)$$

$$\left[\frac{\partial}{\partial t} + \int d^3x \left(\frac{\delta H}{\delta \Pi} \frac{\delta}{\delta \phi} - \frac{\delta H}{\delta \phi} \frac{\delta}{\delta \Pi} \right) \right] W[\phi, \Pi; t] = 0$$

$$W[\phi, \Pi; t] = W[\phi_{-t}, \Pi_{-t}; 0]$$

$$\begin{cases} \frac{\delta H}{\delta \Pi} = \frac{d\phi}{dt} = \Pi \\ -\frac{\delta H}{\delta \phi} = \frac{d\Pi}{dt} = \nabla^2 \phi - \frac{\delta V(\phi)}{\delta \phi} \end{cases}$$

$$P_{FV}(T) \sim e^{-\Gamma T} \implies \Gamma = -\frac{1}{P_{FV}} \frac{d}{dT} P_{FV}$$

$$P_{FV}(t) \equiv \int_{FV} \mathcal{D}\phi |\Psi(\phi, t)|^2 = \frac{1}{Z} \int_{FV} \mathcal{D}\phi \int \frac{\mathcal{D}\Pi}{2\pi} W[\phi, \Pi; t]$$

$$\begin{aligned} P_{FV}(t) &= \frac{1}{Z} \int_{FV} D\phi \frac{D\Pi}{2\pi} W(\phi, \Pi; t) \\ &= \frac{1}{Z} \int_{FV} D\phi \frac{D\Pi}{2\pi} W(\phi_{-t}, \Pi_{-t}; 0) \\ &= \frac{1}{Z} \int_{FV} D\phi_{-t} \frac{D\Pi_{-t}}{2\pi} J(\phi_{-t}, \Pi_{-t}) W(\phi_{-t}, \Pi_{-t}; 0) \end{aligned}$$

$$J(\phi_{-t}, \Pi_{-t}) = \det \begin{vmatrix} \frac{\partial \phi}{\partial \Pi_{-t}} & \frac{\partial \phi}{\partial \Pi_{-t}} \\ \frac{\partial \phi_{-t}}{\partial \Pi_{-t}} & \frac{\partial \Pi_{-t}}{\partial \Pi_{-t}} \end{vmatrix} = 1$$

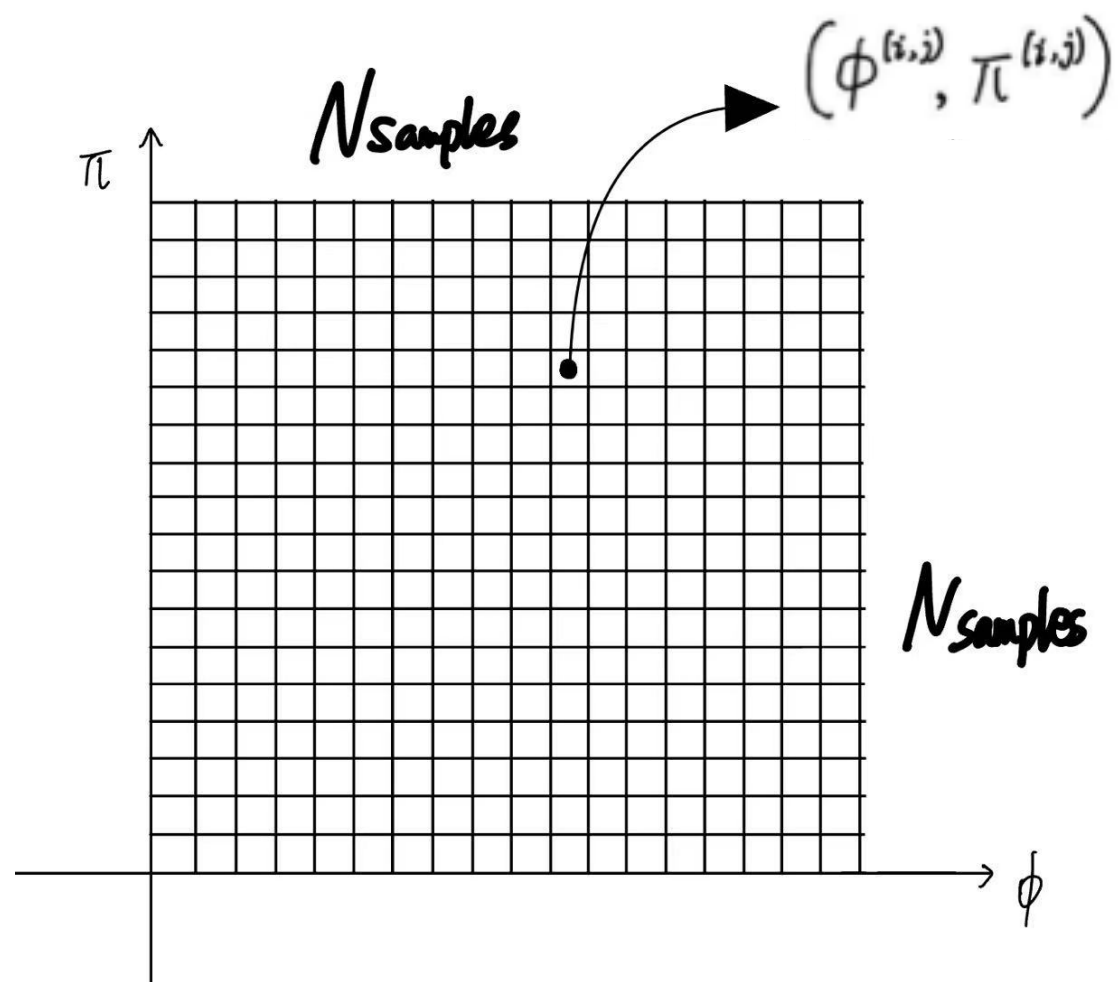
数值模拟的具体实现

$$\hat{L} = \int d^3x \left(\frac{1}{2} \partial^\mu \hat{\phi} \partial_\mu \hat{\phi} - V(\hat{\phi}) \right) \quad V(\phi) = a\phi^2 + b\phi^3 + c\phi^4$$

Initial condition: $\mathcal{P}_\phi(k) = \frac{n_k}{w_k} = \frac{1}{w_k} \frac{1}{e^{w_k/T} - 1}, \mathcal{P}_\Pi(k) = n_k w_k = \frac{w_k}{e^{w_k/T} - 1}$

$$w_k = \sqrt{k^2/R^2 + m_{eff}^2}, m_{eff}^2 = V''(\phi_{fv})$$

生成 $N_{samples} \times N_{samples}$ 个独立的样本对张成离散的 (ϕ, π) 相空间



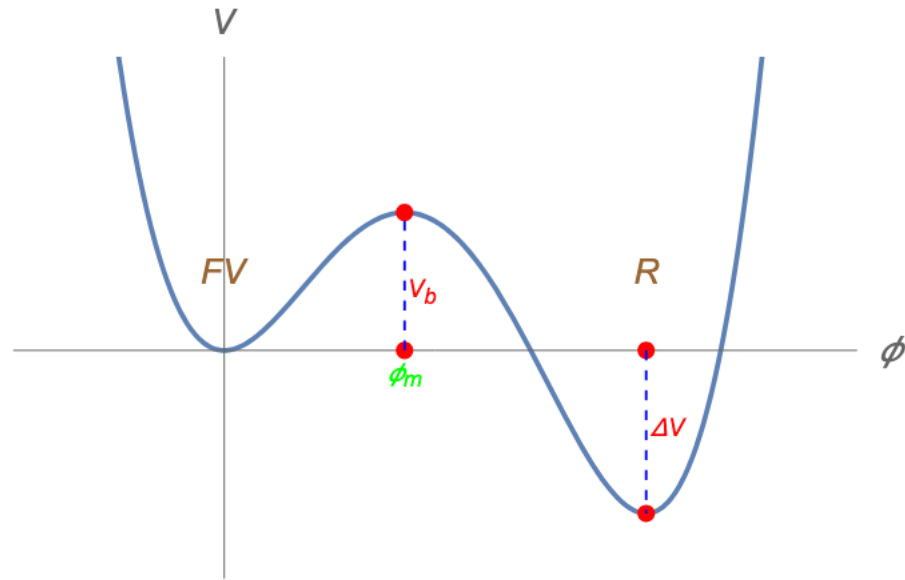
$$P_{FV}(t) \approx \frac{\sum_{ij} \chi_{FV}(\phi_{-t}^{(i,j)}) \cdot W(\phi_{-t}^{(i,j)}, \Pi_{-t}^{(i,j)}; 0)}{\sum_{ij} W(\phi_{-t}^{(i,j)}, \Pi_{-t}^{(i,j)}; 0)}$$

Summation range: $i, j = 1, 2, 3 \dots N_{samples}$

$$\chi_{FV}(\phi_{-t}^{(i,j)}) = \frac{N_x(\phi_x^{(i,j)} < \phi_m)}{N_x}$$

数值模拟结果

$$\phi_s = \phi / f^* \quad t_s = \omega^* * t \quad x_s = \omega^* * x$$

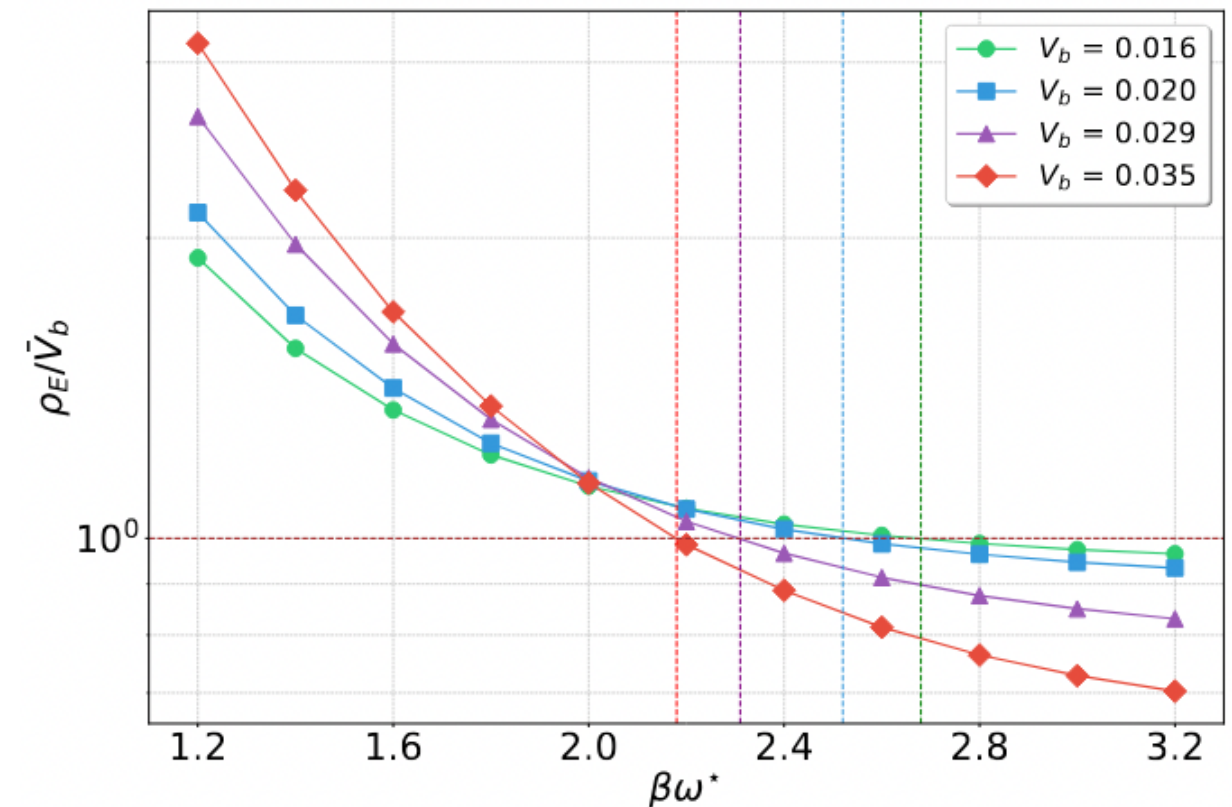
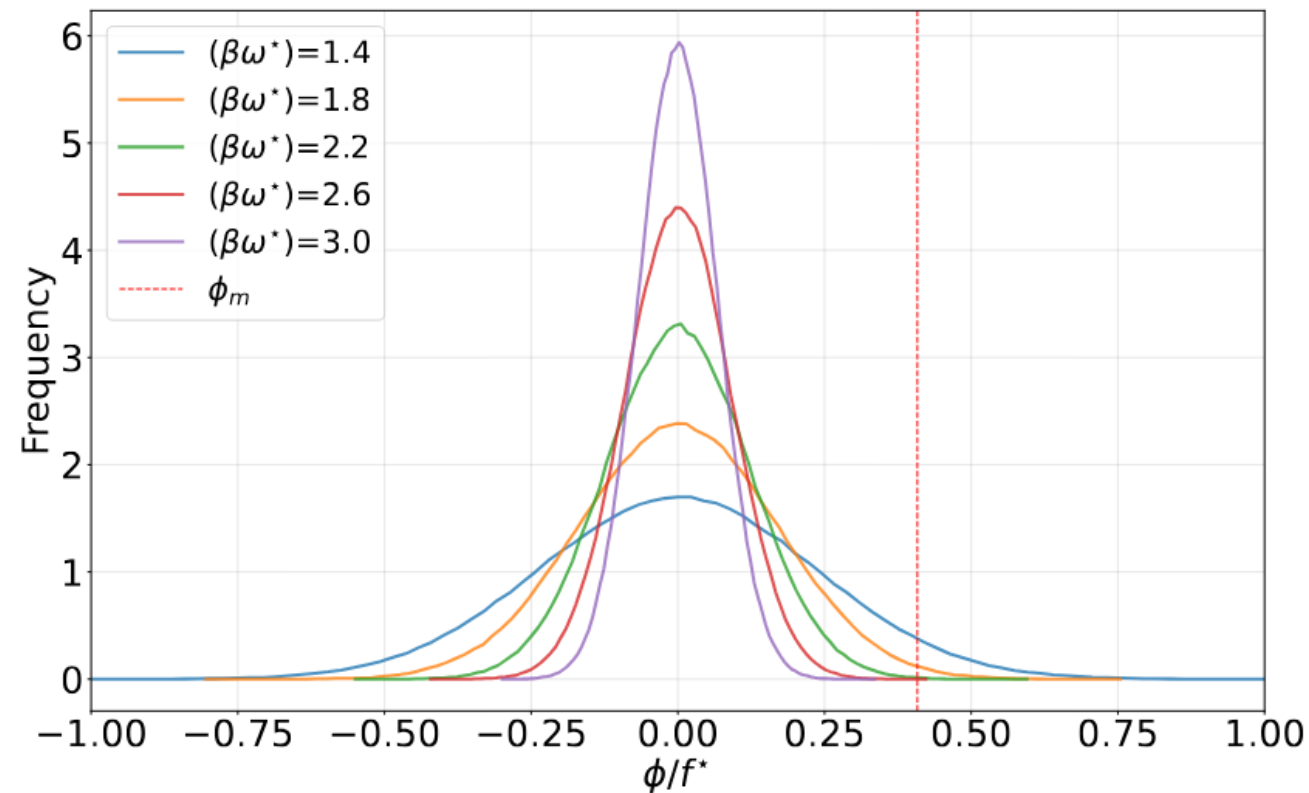


Nsamples = 1000

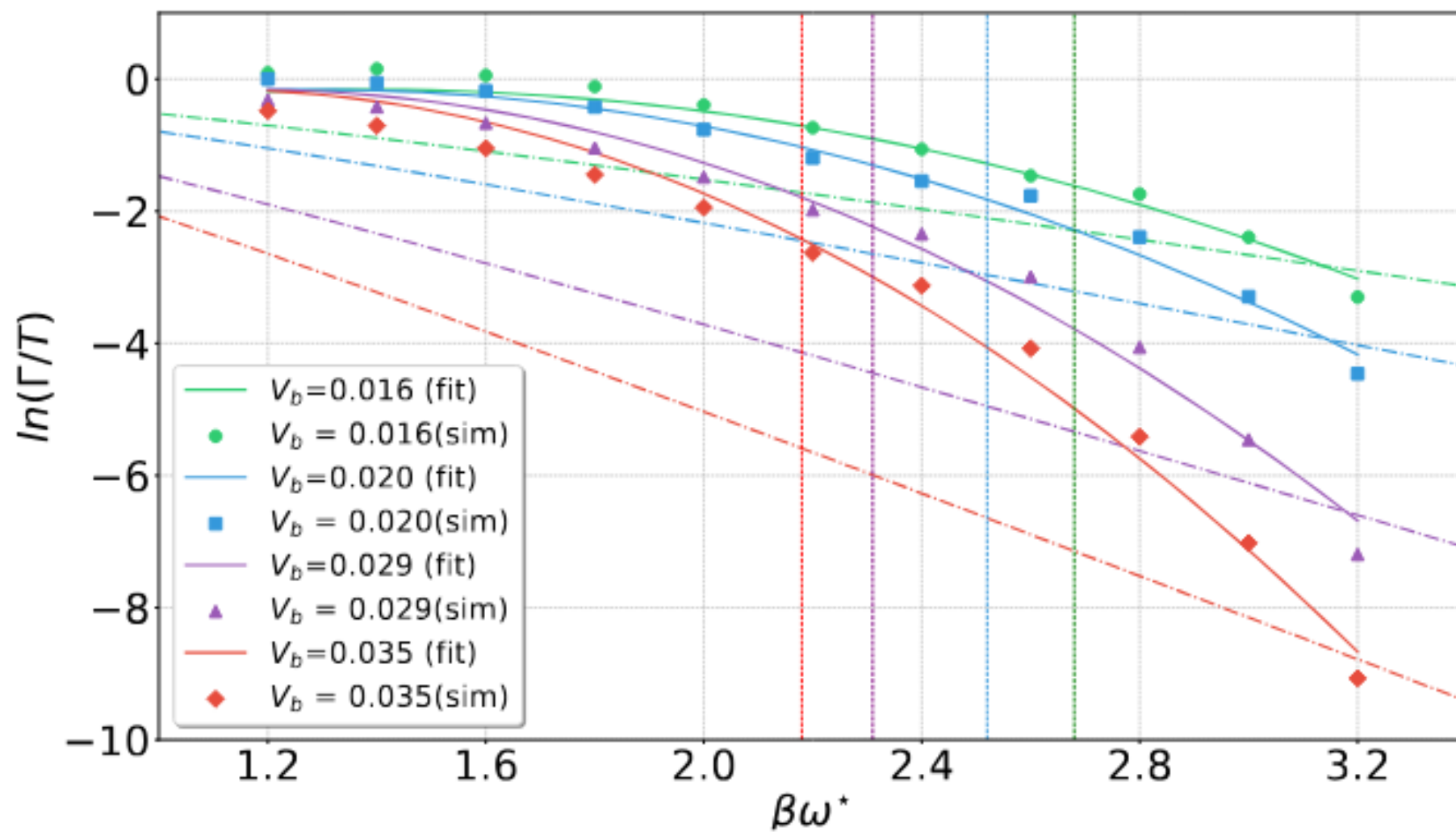
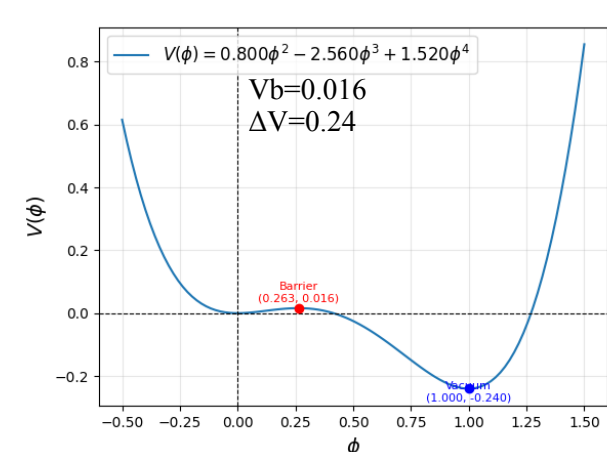
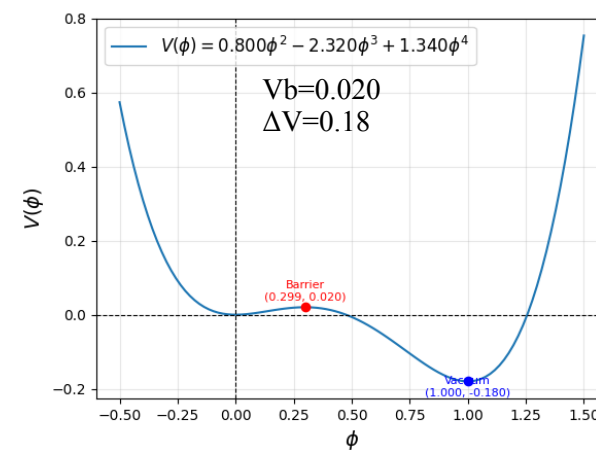
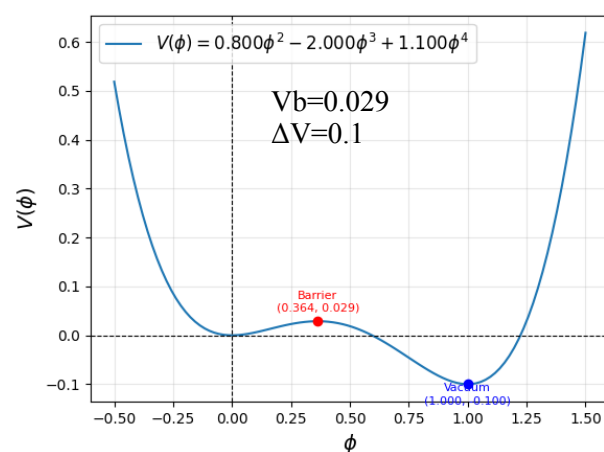
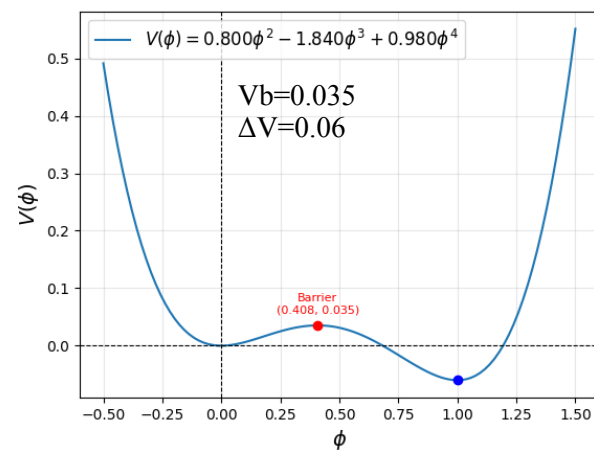
$\Delta x = 0.25$

$\Delta t = 0.01$

$Nx = 1024$

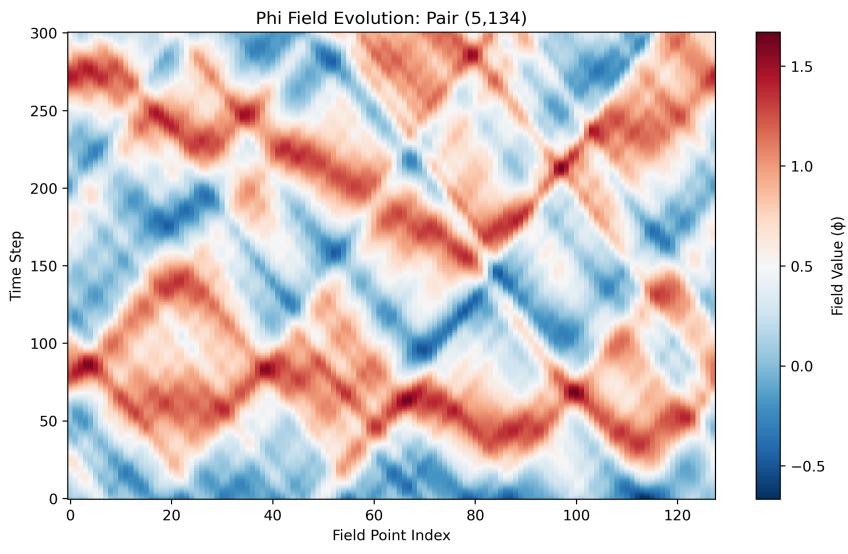


数值模拟结果

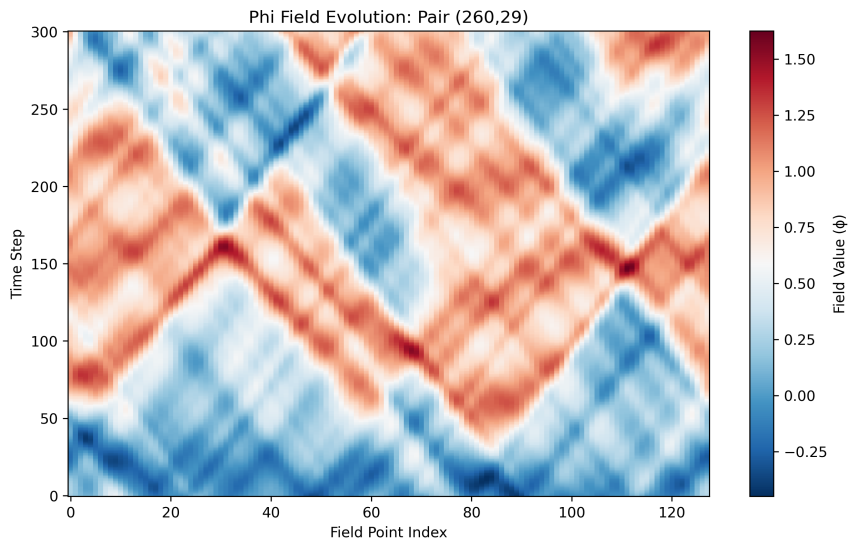


数值模拟结果

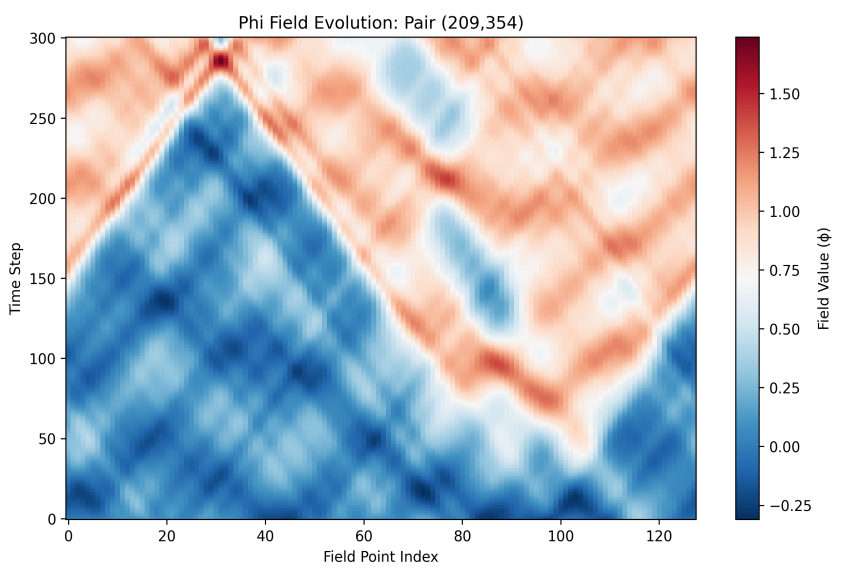
1D场演化图



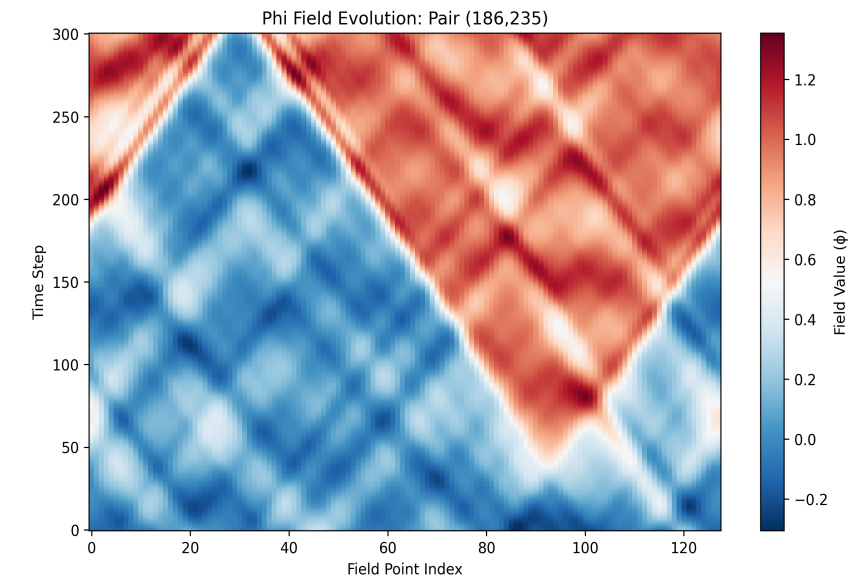
$\beta=0.8$



$\beta=1.0$

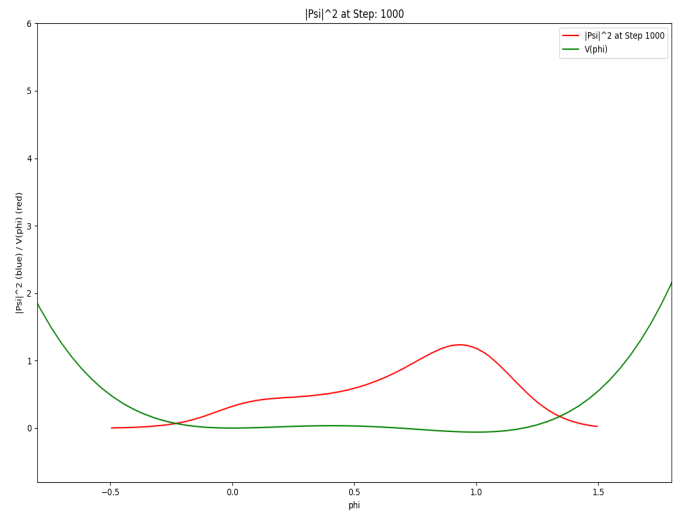
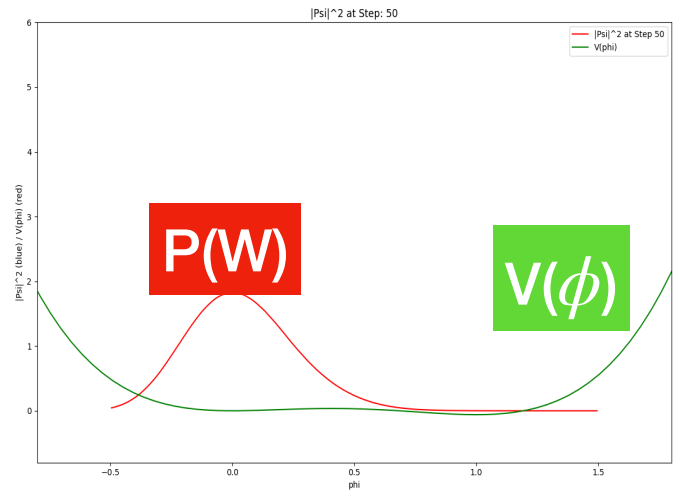


$\beta=1.2$



$\beta=1.4$

Wave function evolution



$\beta\omega^* = 1$

Gravitational waves provide a new window to probe/constrain beyond standard model physics

❖ Lattice simulation

- **Nucleation/Sphaleron rate simulations**
- **PT-GW simulation**
- **Topological defects: Magnetic monopoles, cosmic strings, domain walls, string-wall**

❖ Pheno

1. **Baryon Asymmetry of the Universe and GW from FOPT**

- **Sphaleron process, bubble velocity (local equilibrium?)**

2. **DM and GW from FOPT**

- **DM and high/low-scale PT, DM out-of-equilibrium & FOPT, PBH DM&FOPT**

谢谢！