



# Quantum field theory at finite temperature

黄发朋 (Fa Peng Huang )

Sun Yat-Sen University, School of Physics and Astronomy, TianQin Center

17th July 2025

第十四届新物理研讨会 @ 山东大学, 济南



# CONTENT

- 1 what why how
- 2 QFT@T in a nutshell
- 3 Field Thermodynamics Example
- 4 Thermal Mass and Resummation
- 5 Challenges in QFT@T
- 6 concrete examples for the application of QFT@T
- 7 summary





# what is quantum field theory at finite temperature

$\text{QFT@}T = 0$

quantum mechanics+ relativity  $\rightarrow$  QFT at zero temperature

$\text{QFT@}T \neq 0$

quantum mechanics+ relativity+statistics  $\rightarrow$  QFT at finite temperature



# why we need QFT at finite temperature:useful

## Early universe in cosmology (focus on this application today)

- Warm inflation, reheating
- symmetry breaking at high energy, eg., Pecci-Quinn (axion), cosmic string...
- Electroweak phase transition/ spontaneously symmetry breaking
- dark matter production
- baryogenesis
- QCD phase transition
- .....

## Astropysics

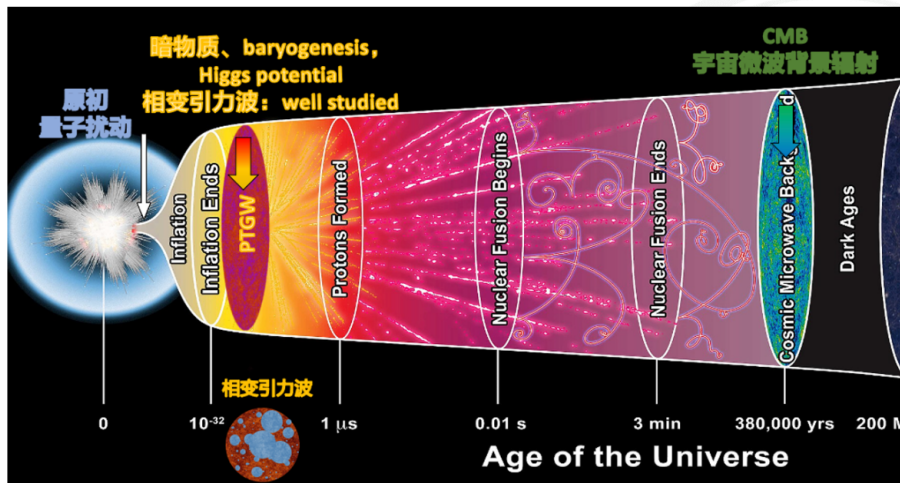
## Heavy ion collisions

## condensed matter physics

## Quantum Chemistry and molecular systems



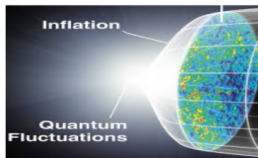
# Application of QFT@ $T$ in the early universe





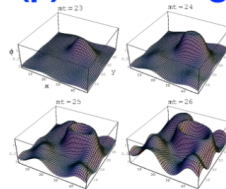
# Application of QFT@ $T$ in the early universe

## Inflationary Period



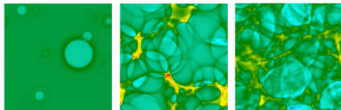
(Image: Google Search)

## (p)Reheating



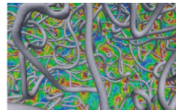
(Fig. credit: Phys.Rev. D67 103501)

## Phase Transitions



(Image: PRL 112 (2014) 041301)

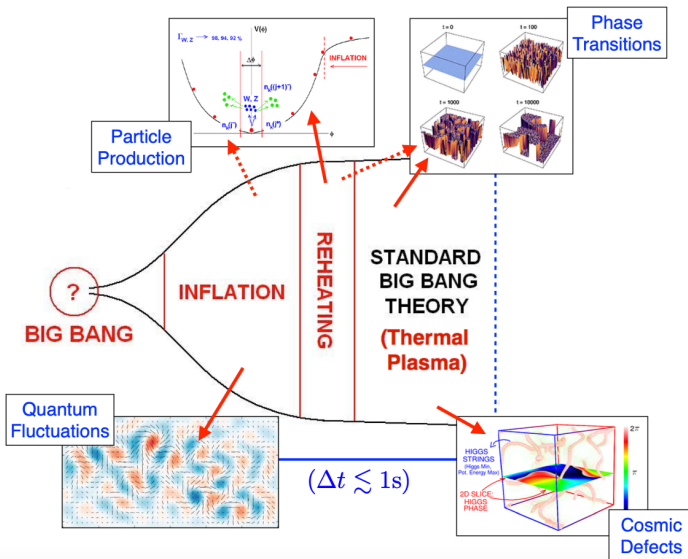
## Cosmic Defects



(Image: Daverio et al, 2013)



# Application of QFT@T in the early universe



credit: D. Figueroa

huangfp8@sysu.edu.cn

17th July 2025

Quantum field theory at finite temperature

6 / 50

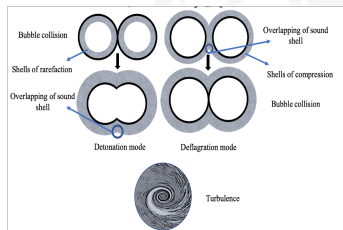
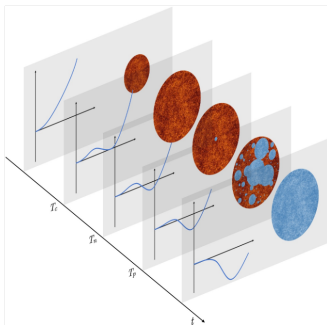


# Application of QFT@T: cosmic phase transition and gravitational wave

finite-temperature effective potential using QFT@T: free energy density.

$$V_{\text{eff}}^{(1)}(\bar{\phi}) = \sum_i n_i \left[ \int \frac{d^D p}{(2\pi)^D} \ln(p^2 + m_i^2(\bar{\phi})) + J_{\text{B, F}} \left( \frac{m_i^2(\bar{\phi})}{T^2} \right) \right]$$

$$S(T) = \int d^4 x \left[ \frac{1}{2} \left( \frac{\partial \phi}{\partial x} \right)^2 + V_{\text{eff}}(\phi, T) \right], \Gamma = \Gamma_0 e^{-S(T)}$$

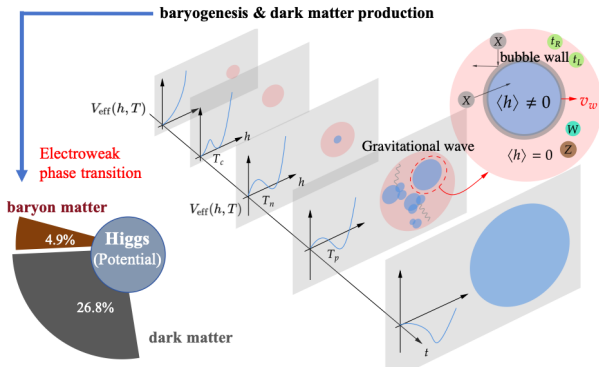


Xiao Wang, FPH, Xinmin Zhang, JCAP05(2020)045



# Application of QFT@T: dark matter and baryogenesis

The observation of Higgs@LHC and GW@LIGO initiates a new era of exploring DM by GW. SFOPT by Higgs could provide a new approach for DM production. Higgs' deep connections to cosmology, such as EW baryogenesis, DM testable by GW signals.

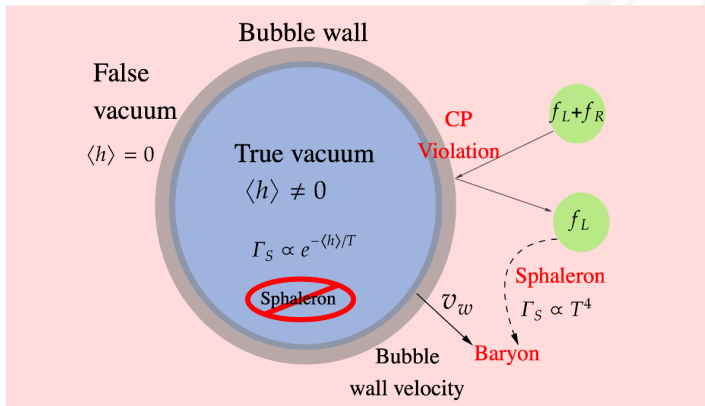


The First Particles, FPH, arXiv: 2501.15543



# Application of QFT@T: dark matter and baryogenesis

Bubble wall is a natural filter for baryon and DM production through particles scattering and diffusion in high temperature plasma around the boundary.



The First Particles, FPH, arXiv: 2501.15543



# Basic of QFT@T:KMS relation

## Kubo-Martin-Schwinger (KMS) relation:

$$\begin{aligned}
 \langle A_H(t) B_H(t') \rangle_\beta &= Z^{-1}(\beta) \text{Tr} e^{-\beta \hat{H}} A_H(t) e^{\beta \hat{H}} e^{-\beta \hat{H}} B_H(t') \\
 &= Z^{-1}(\beta) \text{Tr} A_H(t + i\beta) e^{-\beta \hat{H}} B_H(t') \\
 &= Z^{-1}(\beta) \text{Tr} e^{-\beta \hat{H}} B_H(t') A_H(t + i\beta) \\
 &= \langle B_H(t') A_H(t + i\beta) \rangle_\beta
 \end{aligned}$$

**KMS mixes the temperature and the imaginary time.** Similar behavior occurs when considering the Hawking radiation of black holes.

## Ensemble Average

$$\langle A \rangle = \frac{\text{Tr}(A e^{-\beta H})}{\text{Tr} e^{-\beta H}}$$

All thermodynamic quantities can be calculated from the partition function  $Z$ .



# Partition Function in Equilibrium

## Canonical Ensemble

$$Z = \text{Tr} e^{-\beta H}$$

## Grand Canonical Ensemble

$$Z = \text{Tr} e^{-\beta(H - \mu_i Q_i)}$$

## Ensemble Average

$$\langle A \rangle = \frac{\text{Tr}(A e^{-\beta H})}{\text{Tr} e^{-\beta H}}$$

All thermodynamic quantities can be calculated from  $Z$ .





# Green's function at finite temperature

$$G\left(t, t'; \vec{x}, \vec{x}'\right)_{\beta} \equiv \langle \phi(x) \phi(x') \rangle_{\beta} \quad A_H(t) \rightarrow \phi(x)$$

$$B_H(t') \rightarrow \phi(x')$$

KMS:

$$G\left(t, t'; \vec{x} - \vec{x}'\right)_{\beta} = G\left(t + i\beta, t'; \vec{x} - \vec{x}'\right)_{\beta}$$

"Imaginary time":

$$t \longrightarrow i\tau$$

Imaginary time Greens functions:

$$\mathcal{G}_{\beta}\left(\tau; \vec{x} - \vec{x}'\right) \equiv G\left(0, i\tau; \vec{x} - \vec{x}'\right)_{\beta}$$

KMS:

$$\mathcal{G}_{\beta}(\tau; \vec{r}) = \mathcal{G}_{\beta}(\tau + \beta; \vec{r})$$



# Propagator at finite temperature

Equations of motion:

$$(\square + m^2) G(t, t'; \vec{x} - \vec{x}') = -\delta^4(x)$$

Klein-Gordon operator

$$\left( \frac{\partial^2}{\partial \tau^2} + \nabla^2 - m^2 \right) \mathcal{G}_\beta(\tau; \vec{r}) = -\delta^3(r) \delta(\tau)$$

$$\vec{r} = \vec{x} - \vec{x}'$$

$$\mathcal{G}_\beta(\tau; \vec{r}) = \mathcal{G}_\beta(\tau + \beta; \vec{r})$$

Solutions:

$$\mathcal{G}_\beta(\tau; \vec{r}) = \frac{1}{\beta} \sum_n \int \frac{d^3 k}{(2\pi)^3} e^{-i(\omega_n \tau - \vec{k} \cdot \vec{r})} \mathcal{G}_\beta(\vec{k}, \omega_n)$$

$$\mathcal{G}_\beta(\vec{k}, \omega_n) = \frac{1}{\omega_n^2 + \vec{k}^2 + m^2}$$



# Thermal Green Functions and Propagators

$$\mathcal{G}_\beta(\tau; \vec{r}) = \frac{1}{\beta} \sum_n \int \frac{d^3 k}{(2\pi)^3} e^{-i(\omega_n \tau - \vec{k} \cdot \vec{r})} \mathcal{G}_\beta(\vec{k}, \omega_n)$$

$$\mathcal{G}_\beta(\vec{k}, \omega_n) = \frac{1}{\omega_n^2 + \vec{k}^2 + m^2}$$

"Matsubara modes"

$$\omega_n = \begin{cases} \frac{2n\pi}{\beta}, & \text{bosons} \leftarrow \\ \frac{(2n+1)\pi}{\beta}, & \text{fermions} \leftarrow \end{cases} \quad \left| \begin{array}{l} \text{Periodic boundary conditions} \\ \text{Anti-periodic boundary conditions} \end{array} \right.$$



# Quantum correction: Sum integral

## Sum integrals

$$\int \frac{d^4 k}{(2\pi)^4} \longrightarrow \frac{1}{\beta} \sum_n \int \frac{d^3 k}{(2\pi)^3}$$



# Zero vs Finite Temperature

“Zero Temperature”	Finite Temperature
<p><b>Green Functions</b></p> $G(x_1, x_2) = \langle 0   T \phi(x_1) \phi(x_2)   0 \rangle$ <p>(vacuum expectation value)</p>	<p><b>thermal Green Functions</b></p> $G_\beta(x_1, x_2) \propto \sum_n e^{-\beta E_n} \langle n   T \phi(x_1) \phi(x_2)   n \rangle$ <p>(ensemble averaged expectation)</p>
<p><b>Generating Functional for Green functions</b></p> $Z[J] = \int \mathcal{D}\phi e^{i \int d^4x (\mathcal{L} + J\phi)}$ <p>(real time)</p>	<p><b>Generating Functional for Green functions</b></p> $Z[\beta, J] = \int \mathcal{D}\phi e^{-\int_0^\beta d\tau \int d^3x (\mathcal{L}_E + J\phi)}$ <p>(imaginary time Green functions)</p> $Z[\beta, J, \bar{J}] = \int \mathcal{D}\phi e^{\int_0^\beta d\tau \int d^3x (\mathcal{L}_E + J\phi + \bar{J}\bar{\phi})}$ <p>(complex time Green functions)</p>
<p><b>S-matrix and Scattering Amplitudes</b> (from the Green functions)</p>	<p>Used more like ‘correlation functions’ in the statistical mechanics</p>



# Path Integral for Partition Function

- Zero Temperature:

$$Z = \int \mathcal{D}\phi \exp \left( i \int d^4x \mathcal{L} \right)$$

- Finite Temperature (Canonical):

$$Z(\beta) = \int_{\phi(0)=\phi(\beta)} \mathcal{D}\phi(\tau, \vec{x}) \exp \left( - \int_0^\beta d\tau \int d^3\vec{x} \mathcal{L}_E \right)$$

## Perturbation Theory

Use Feynman diagrams as in zero temperature. Consider:

- Periodic boundary condition  $\phi(0) = \phi(\beta)$
- Euclidean Lagrangian  $\mathcal{L}_E$
- Derive path integral with the identity for transition amplitudes:

$$\langle \phi_b(\vec{x}) | e^{-iHT} | \phi_a(\vec{x}) \rangle \propto \int_{\phi(\vec{x},0)=\phi_a(\vec{x})}^{\phi(\vec{x},T)=\phi_b(\vec{x})} \mathcal{D}\phi(\vec{x},t) e^{i \int_0^T dt \int d^3\vec{x} \mathcal{L}(\phi)}$$



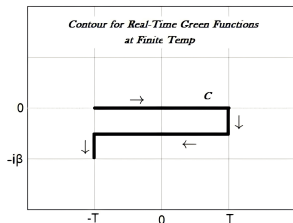
# Thermal Green Functions

## Real-Time Green Function:

$$G_{\beta}(x_1, x_2) = \frac{1}{Z} \text{Tr} \left( e^{-\beta H} T_c \phi(x_1) \phi(x_2) \right)$$

$$Z[\beta, J] = \int \mathcal{D}\phi_c e^{i \int_c dt \int d^3 \vec{x} (\mathcal{L} + J\phi)}$$

- Describes non-equilibrium time evolution
- Reduces to zero-temperature Green functions at  $\beta \rightarrow \infty$

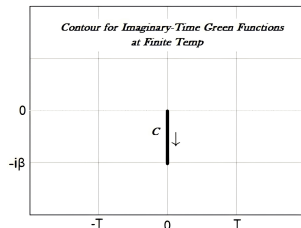


## Imaginary-Time Green Function:

$$G_{\beta}(x_1, x_2) = \frac{1}{Z} \text{Tr} \left( e^{-\beta H} T_c \phi(x_1) \phi(x_2) \right)$$

$$Z[\beta, J] = \int \mathcal{D}\phi e^{-\int_0^{\beta} d\tau \int d^3 \vec{x} (\mathcal{L}_E + J\phi)}$$

- Simpler for equilibrium calculations
- Periodic in imaginary time  
 $\tau \rightarrow \tau + \beta$





# Free Boson Field at Thermal Equilibrium

## Euclidean Lagrangian

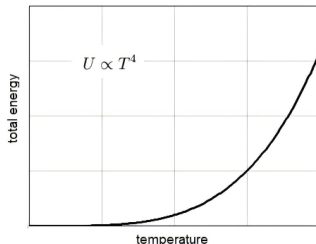
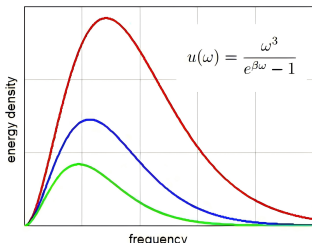
$$\mathcal{L}_E = \frac{1}{2}\dot{\phi}^2 + \frac{1}{2}|\nabla\phi|^2 + \frac{1}{2}m^2\phi^2$$

## Partition Function

$$Z[\beta] = N (\det [-\partial_0^2 - \nabla^2 + m^2])^{-1/2}$$

$$\ln Z = V \int \frac{d^3k}{(2\pi)^3} \left( -\frac{\beta\omega_k}{2} - \ln(1 - e^{-\beta\omega_k}) \right) + \text{const}$$

where  $\omega_k = \sqrt{k^2 + m^2}$ .







# Energy Density Calculation

$$U \equiv \frac{\langle H \rangle - E_0}{V}, \quad \langle H \rangle = -\frac{\partial \ln Z}{\partial \beta}$$

- For  $m = 0$ :

$$U \propto \int_0^\infty d\omega \frac{\omega^3}{e^{\beta\omega} - 1} \propto T^4$$

- Frequency sum:

$$\omega_n = \frac{2\pi n}{\beta} \quad (\text{discrete Matsubara frequencies})$$

## Generating Functional with Source

$$Z[\beta, J] = NZ(\beta) \exp \left( \frac{1}{2} \int_0^\beta d^4x d^4y J(x) \Delta(x-y) J(y) \right)$$

where  $\Delta(z)$  satisfies  $(-\partial_0^2 - \nabla^2 + m^2)\Delta(z) = \delta(z)$ .



# Interacting Lagrangian

$$\mathcal{L}_E = \frac{1}{2}\dot{\phi}^2 + \frac{1}{2}|\nabla\phi|^2 + \frac{1}{2}m^2\phi^2 + V(\phi)$$

## Perturbative Expansion

$$Z[\beta, J] = \exp\left(-\int_0^\beta d^4x V\left(-i\frac{\delta}{\delta J}\right)\right) Z_F[\beta, J]$$

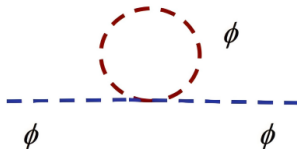
- Similar to zero temperature Feynman diagrams
- Differences: Euclidean propagator, discrete frequency sums



# One-loop Self Energy at Finite Temperature

## $\lambda\phi^4$ Theory Lagrangian

$$\mathcal{L} = \frac{1}{2} \partial^\mu \phi \partial_\mu \phi - \frac{1}{2} m^2 \phi^2 - \frac{\lambda}{4!} \phi^4$$



$$\begin{aligned} \Delta m^2 &= \frac{\lambda}{2\beta} \sum_n \int \frac{d^3 k}{(2\pi)^3} [\omega_n^2 + \omega_k^2]^{-1} \\ &= \frac{\lambda}{2\beta} \left( \frac{\beta}{2\pi} \right)^2 \sum_n \int \frac{d^3 k}{(2\pi)^3} \left[ n^2 + \left( \frac{\beta \omega_k}{2\pi} \right)^2 \right]^{-1} \end{aligned}$$

where  $\omega_k^2 = \vec{k}^2 + m^2$ .



# Thermal Mass at Finite Temperature

At finite temperatures, particles can acquire an effective "thermal mass" due to interactions with the surrounding thermal bath.

$$\Delta m^2(T) = \frac{\lambda}{2} \int \frac{d^3 k}{(2\pi)^3} \frac{1}{\omega_k} \frac{1}{e^{\beta\omega_k} - 1}$$

- At high  $T$  limit:

$$\Delta m^2(T) \approx \frac{\lambda T^2}{24} + O(m/T)$$

- Total mass:

$$\Delta m^2 = \Delta m_0^2 + \Delta m^2(T)$$

where  $\Delta m_0^2$  is the  $T=0$  (divergent) part requiring renormalization, and  $\Delta m^2(T)$  is finite.

# Thermodynamic Potentials

- Partition Function Decomposition:

$$Z[\beta, J] = N Z_0(\beta) S(\beta, J)$$

- Free Energy:

$$W[\beta, J] = -\frac{1}{\beta} \ln Z[\beta, J] = W_0(\beta) - \frac{1}{\beta} \ln S(\beta, J)$$

$$\frac{\delta W[\beta, J]}{\delta J(x)} = \frac{1}{\beta} \bar{\phi}(x)$$

- Effective Action:

$$\Gamma[\beta, \bar{\phi}] = W[\beta, J] - \frac{1}{\beta} \int J \bar{\phi}$$

- Equilibrium Condition:

$$\left. \frac{\delta \Gamma[\beta, \bar{\phi}]}{\delta \bar{\phi}} \right|_{\text{equilibrium}} = 0$$



# Effective action and effective potential at finite temperature

$$\Gamma[\phi_c] = S_{\text{cl}}(\phi_c) + \frac{i\hbar}{2} \text{Tr} \ln G^{-1} + \mathcal{O}(\hbar^2)$$

$$S_{\text{cl}}[\phi] = \int d^4x \left[ \frac{1}{2} \partial^\mu \phi \partial_\mu \phi - V_0(\phi) \right]$$

$$V_{\text{eff}}(\phi_c) = V_0(\phi_c) - \frac{i\hbar}{2} \Omega^{-1} \text{Tr} \ln G^{-1}$$

$$V_1(\phi_c, T) = \frac{\hbar}{2\beta} \sum_n \int \frac{d^3k}{(2\pi)^3} \ln [\omega_n^2 + \vec{k}^2 + m^2(\phi_c)]$$

$$V_1(\phi_c, T) = \int \frac{d^3k}{(2\pi)^3} \tilde{I}[m(\phi_c)]$$

with

$$\tilde{I}[m(\phi_c)] = \frac{\omega}{2} + \frac{1}{\beta} \ln(1 - e^{-\beta\omega}), \quad \omega^2 = \vec{k}^2 + m^2(\phi_c)$$

- $T = 0$ : Coleman-Weinberg contribution (divergent)
- $T > 0$ : Temperature-dependent finite part

## High- $T$ Expansion

$$V_{\text{eff}}(\phi, T) = D(T^2 - T_0^2)\phi^2 - ET\phi^3 + \frac{\bar{\lambda}}{4}\phi^4 + \dots$$

# Standard Model Effective Potential and Electroweak Symmetry Restoration

$$V_{\text{eff}}(\phi, T) = D(T^2 - T_0^2)\phi^2 - ET\phi^3 + \frac{\bar{\lambda}}{4}\phi^4 + \dots$$

- Coefficient  $D$ :

$$D = \frac{1}{32} (g_1^2 + 3g_2^2 + 4y_t^2 + 8\lambda)$$

- Critical temperature relation:

$$T_0^2 = \frac{\mu^2}{2D}$$

- Electroweak phase transition: First order (non-analytic in  $\phi_c$  if Higgs mass is lighter than 75 GeV)
- Kapusta, *Finite Temperature Field Theory* (1989)
- Le Bellac, *Thermal Field Theory* (1996)
- Kirzhnits & Linde (1967), Niemi & Semenoff (1984)



# Recap

- Finite temperature field theory generalizes zero-temperature methods using:
  - Partition functions with statistical ensembles
  - Imaginary/real-time Green functions
  - Periodic boundary conditions in imaginary time
- Thermodynamic quantities derive from  $Z(\beta)$  via path integrals.
- Spontaneous symmetry breaking at finite  $T$  is analyzed via effective potential minimization.

*"The universe is a grand thermodynamics machine."*





# Computational Challenges

Unique challenges at finite temperature

Perturbation Theory and Resummation

Infrared Problems

Other similar challenges as in the zero-temperature QFT

Gauge dependence problem of the effective potential

Nielsen identities ensure gauge independence of  $T_C$  (H. Patel & MJRM: 1101.4665 [hep-ph]), JHEP 11 (2022) 047, JHEP 07 (2022) 135, Phys.Rev.Lett. 130 (2023) 25, 251801

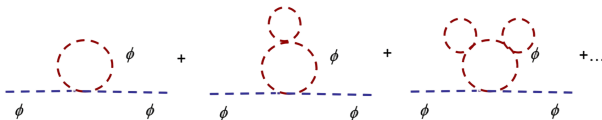
Non-perturbative effects

Higher loop corrections

See M. Laine, P. Schicho's works; Cosmological phase transitions at three loops: The final verdict on perturbation theory, Phys.Rev.D 110 (2024) 9, 096006



## Higher correction: Daisy diagram



- Thermal mass parameter:

$$\kappa = \frac{T^2}{m^2(\phi_c)}$$

- Corrections:

$$\Delta m^2(T) \sim \frac{\lambda T^2}{24}, \quad \sim \frac{\lambda T^2}{24} \kappa, \quad \sim \frac{\lambda T^2}{24} \kappa^2$$

### Ring Diagram Contribution: Arnold-Espinosa (AE) Method

$$V_1(\phi_c, T) \rightarrow V_1(\phi_c, T) + \Delta V_{\text{ring}}(\phi_c, T)$$

where

$$\Delta V_{\text{ring}}(\phi_c, T) = -\frac{T}{12\pi} \sum_k n_k \left\{ [m_k^2(\phi_c, T)]^{3/2} - [m_k^2(\phi_c)]^{3/2} \right\}$$



# Resummation method

## Truncated Full Dressing Methods (rely on high-temperature approximation)

- **Arnold-Espinosa (AE) Method:** inserts thermal mass into the cubic term
- **Parwani Method:** replaces tree-level masses with thermal masses globally in  $V_{CW}$  and  $V_T$
- ...

## Full-Dressing (FD) Methods

Substitutes the field independent thermal mass to the effective potential

$$V_{\text{eff}}^{\text{FD}} = V_{\text{eff}}(M^2(\phi, T))$$

## Partial-Dressing (PD) Methods

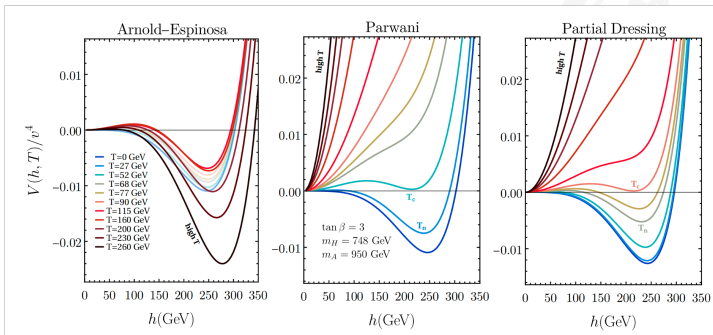
Applies the substitution to the first derivative of the effective potential

$$V_{\text{eff}}^{\text{PD}} = \int d\phi \left( \frac{\partial V_{\text{eff}}(m_i^2(\phi), T)}{\partial \phi} \right)_{m_i^2(\phi) \rightarrow M_i^2(\phi, T)}$$



# Example on different resummation schemes

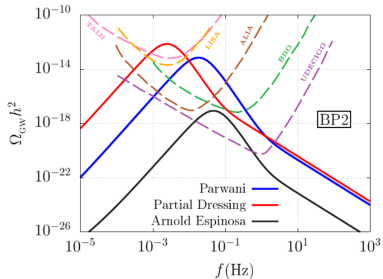
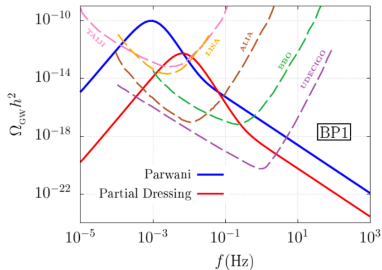
Results on the Electroweak phase transition in the 2HDM (2504.02024).  
 High-temperature behavior: Non-restoration vs. restoration





# Example on different resummation schemes

## Impact of thermal resummation on gravitational waves predictions

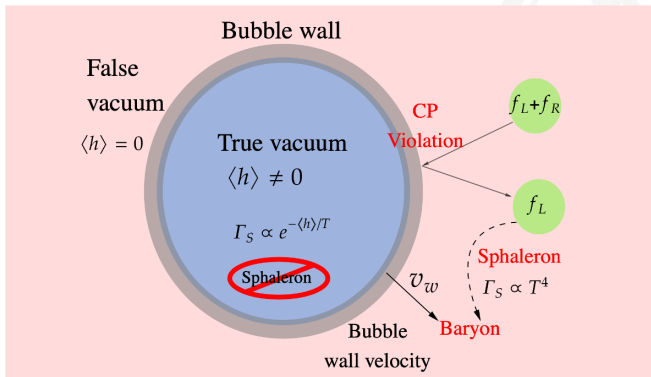




# The most typical application of QFT@T: electroweak baryogenesis

## Sakharov conditions and baryogenesis

- Baryon number (B) violation
- Charge (C) and charge-parity (CP) violation
- Departure from thermal equilibrium



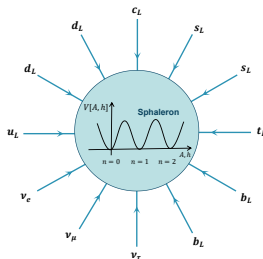
Each condition in EW baryogenesis needs QFT@T. FPH, arXiv: 2501.15543



# The most typical application of QFT@T: electroweak baryogenesis

## Baryon number violation from EW sphaleron process at high temperature

- At zero temperature, the baryon number violation (sphaleron) rate is negligible  $\Gamma_S(T=0) \sim \exp(-2S_E) \sim 10^{-170}$
- However, when the temperature exceeds the electroweak scale (roughly corresponding to  $T > \mathcal{O}(100)\text{GeV}$ ), the processes breaking the baryon number will be in thermal equilibrium. At high temperatures, the sphaleron rate increases  $\Gamma_S(T) = \mu \left( \frac{M_W}{\alpha_W T} \right)^3 M_W^4 \exp\left(-\frac{E_{\text{sph}}(T)}{T}\right)$ .
- In the false vacuum, the sphaleron rate becomes large at high temperature  $\Gamma_S(T) = \kappa' \alpha_W (\alpha_W T)^4 \quad \kappa' \sim 30$





# The most typical application of QFT@T: electroweak baryogenesis

## Baryon asymmetry of universe

$$\eta_B = \frac{405\Gamma_S}{4\pi^2\gamma_w v_w g_* T} \int dz \mu_{B_L} f_{\text{sph}} e^{-45\Gamma_S |z|/4\gamma_w v_w}$$

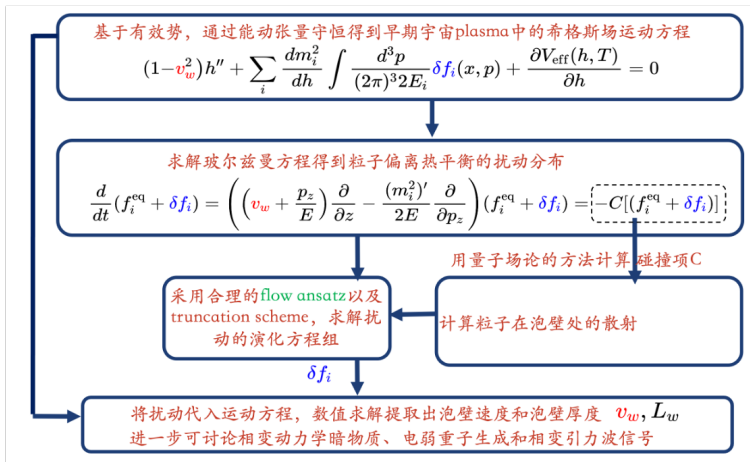
## Bubble wall velocity from QFT@T

- Theory: The most important and difficult phase transition parameter for GW, dynamical DM, baryogenesis is bubble wall velocity  $v_w$ .
- Experiment: GW experiment is most sensitive to bubble wall velocity  $v_w$ .





# The most typical application of QFT@T: electroweak baryogenesis

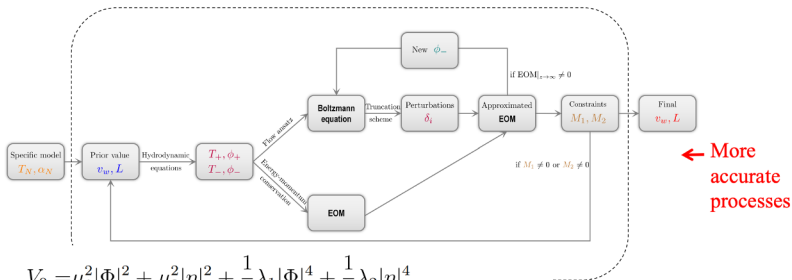


Siyu Jiang, FPH, Xiao Wang, Phys.Rev.D 107 (2023) no.9, 095005, Avi Friedlander, Ian Banta, James M. Cline, David Tucker-Smith, arXiv:2009.14295, Xiao Wang, FPH, Xinmin Zhang, arXiv:2011.12903



# The most typical application of QFT@T: electroweak baryogenesis

## A simple DM Model: Bubble wall velocity in inert doublet model



$$V_0 = \mu_1^2 |\Phi|^2 + \mu_2^2 |\eta|^2 + \frac{1}{2} \lambda_1 |\Phi|^4 + \frac{1}{2} \lambda_2 |\eta|^4 + \lambda_3 |\Phi|^2 |\eta|^2 + \lambda_4 |\Phi^\dagger \eta|^2 + \frac{1}{2} \{ \lambda_5 (\Phi^\dagger \eta)^2 + \text{H.c.} \} ,$$

Siyu Jiang, FPH, Xiao Wang,  
[Phys.Rev.D 107 \(2023\) no.9, 095005](#)

21

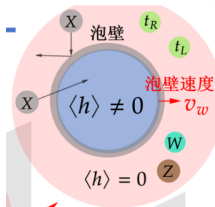
Siyu Jiang, FPH, Xiao Wang, Phys.Rev.D 107 (2023) no.9, 095005,



# The most typical application of QFT@T: electroweak baryogenesis

## Collision terms (Monte Carlo integration)

$$\begin{aligned}\Gamma_{\mu 1,t} &\simeq (5.0 \times 10^{-4} g_s^4 + 5.8 \times 10^{-4} g_s^2 y_t^2) T, & \Gamma_{\mu 1,W} &\simeq (2.3 \times 10^{-3} g_s^2 g_w^2 + 2.0 \times 10^{-3} g_w^4) T, \\ \Gamma_{T 1,t} &\simeq \Gamma_{\mu 2,t} \simeq (1.1 \times 10^{-3} g_s^4 + 1.3 \times 10^{-3} g_s^2 y_t^2) T, & \Gamma_{T 1,W} &\simeq \Gamma_{\mu 2,W} \simeq (4.7 \times 10^{-3} g_s^2 g_w^2 + 4.1 \times 10^{-3} g_w^4) T, \\ \Gamma_{T 2,t} &\simeq (1.1 \times 10^{-2} g_s^4 + 4.0 \times 10^{-3} g_s^2 y_t^2) T, & \Gamma_{T 2,W} &\simeq (1.5 \times 10^{-2} g_s^2 g_w^2 + 1.5 \times 10^{-2} g_w^4) T, \\ \Gamma_{v,t} &\simeq (2.0 \times 10^{-2} g_s^4 + 1.8 \times 10^{-3} g_s^2 y_t^2) T, & \Gamma_{v,W} &\simeq (5.7 \times 10^{-2} g_s^2 g_w^2 + 1.5 \times 10^{-2} g_w^4) T,\end{aligned}$$



$$\begin{aligned}\Gamma_{\mu 1,A} &\simeq 1.0 \times 10^{-2} \lambda_3^4 T, \\ \Gamma_{T 1,A} &\simeq \Gamma_{\mu 2,A} \simeq 4.9 \times 10^{-3} \lambda_3^4 T, \\ \Gamma_{T 2,A} &\simeq 5.1 \times 10^{-3} \lambda_3^4 T, \\ \Gamma_{v,A} &\simeq 1.8 \times 10^{-3} \lambda_3^4 T.\end{aligned}$$

Siyu Jiang, FPH, Xiao Wang, Phys.Rev.D 107 (2023) no.9, 095005,  
More precise calculations based on finite-temperature quantum field theory are  
needed for the collision terms.



# The most typical application of QFT@T: electroweak baryogenesis

Solving the  
EOM:

bubble wall

pressure

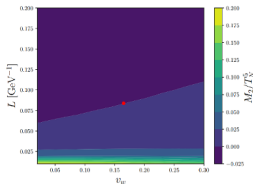
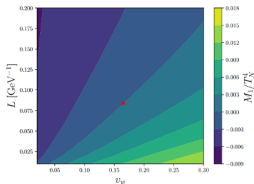
difference is 0;

bubble wall

thickness fixed

$$S_{\text{EOM}} \equiv (1 - v_w^2) \phi'' + \frac{\partial V_{\text{eff}}(\phi, T_+)}{\partial \phi} + \frac{N_t T_+}{2} \frac{dm_t^2}{d\phi} \times (c_1^t \mu_t + c_2^t (\delta T_t + \delta T_{bg})) \\ + \sum_b \frac{N_b T_+}{2} \frac{dm_b^2}{d\phi} (c_1^b \mu_b + c_2^b (\delta T_b + \delta T_{bg})) = 0 ,$$

$$M_1 = \int S_{\text{EOM}} \phi' dz = 0, \quad M_2 = \int S_{\text{EOM}} (2\phi - \phi_-) \phi' dz = 0 .$$



In the allowed parameter spaces,  
the wall velocity is around 0.165.  
The basic procedure in this work  
can also be used for any other  
SFOPT and dynamical DM model.

Siyu Jiang, FPH, Xiao Wang, Phys.Rev.D 107 (2023) no.9, 095005,  
More efforts are needed to improve the prediction of bubble wall velocity  
through quantum field theory at finite temperature.



# The most typical application of QFT@T: dark matter

Renaissance of quark nugget DM idea by E. Witten.  
 Recently, dynamical DM formed by phase transition  
 has become a new idea for heavy. Bubble wall in  
 FOPT can be the “filter” to obtain the needed heavy  
 DM when avoiding the unitarity constraints.

E. [Krylov](#), A. Levin, V. [Rubakov](#), [Phys.Rev.D](#) 87 (2013) 8, 083528  
**FPH**, Chong Sheng Li, [Phys.Rev.](#) D96 (2017) no.9, 095028  
 arXiv:1912.04238, [Dongjin Chway](#), Tae Hyun Jung, Chang Sub Shin  
[Phys.Rev.Lett.](#) 125 (2020) 15, 151102, M. J. Baker, J. [Kopp](#), and A. J. Long  
 arXiv:2101.05721, Aleksandr [Azatov](#), Miguel [Vanvlasselaer](#), Wen Yin  
 arXiv:2103.09827, [Pouya Asadi](#), Eric D. Kramer, Eric [Kuflik](#), Gregory W.  
 Ridgway, Tracy R. [Slatyer](#), J. Smirnov  
 arXiv:2103.09822, [Pouya Asadi](#), Eric D. Kramer, Eric [Kuflik](#), Gregory W.  
 Ridgway, Tracy R. [Slatyer](#), J. Smirnov  
[Siyu Jiang](#), **FPH**, Chong Sheng Li, arXiv:2305.02218  
[Siyu Jiang](#), **FPH**, [Pyungwon Ko](#), arXiv:2404.16509  
**more than 100 papers in recent 5 years**



FOPT in the early universe	Coffee making process
Bubble wall	filter
Case I: (gauged) Q-ball DM	Large coffee beans
Case II: filtered DM	Coffee
Phase transition GW	Aroma



# The most typical application of QFT@T: dark matter

## Case I: Q-ball DM

## What is Q-ball?

PHYSICS REPORTS (Review Section of Physics Letters) 221, Nos. 5 & 6 (1992) 251-359, North-Holland

PHYSICS REPORTS

Nontopological solitons\*

T.D. Lee

*Department of Physics, Columbia University, New York, NY 10027, USA*

and

Y. Pang

*Brookhaven National Laboratory, Upton, NY 11973, USA*

Received May 1992; editor: D.N. Schramm

Nuclear Physics B262 (1985) 263-283

© North-Holland Publishing Company

Q-BALLS\*

Sidney COLEMAN

*Lyman Laboratory of Physics, Harvard University, Cambridge, Massachusetts 02138, USA*

Q-ball is the most typical non-topological soliton, initially proposed by Prof. Tsung-Dao Lee and Sidney Coleman. In quantum field theory, a spherically symmetric extended body that forms a non-topological soliton structure with a conserved global quantum number Q is called a Q-ball.

$$\phi = (\phi_R + i\phi_I)/\sqrt{2} \quad Q = \int j^0 dx = \int (\phi_I \dot{\phi}_R - \phi_R \dot{\phi}_I) dx.$$

$$\delta(E - \omega Q) = 0$$

$$E = \int \left\{ \frac{1}{2} [\dot{\phi}_R^2 + \dot{\phi}_I^2 + (\nabla \phi_R)^2 + (\nabla \phi_I)^2] + U \left[ \frac{1}{2} (\phi_R^2 + \phi_I^2) \right] \right\} dx$$

$$\downarrow$$

$$\phi = f(r)e^{-i\omega t}$$



# The most typical application of QFT@T: dark matter

## Q-ball production mechanism

Q-ball production:

(1) produce the charge asymmetry (i.e.

locally produce lots of particles with the same charge to form Q-ball)

(2) and packet the same sign charge in the small size after overcoming the Coulomb repulsive interaction.

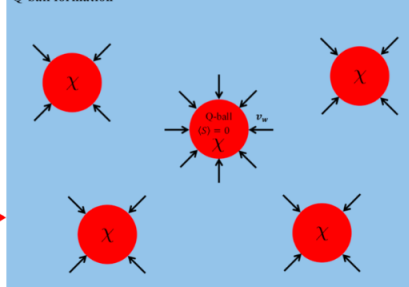
1. Supersymmetry? Affleck-Dine mechanism.

We do not observe the supersymmetry until now!

2. Q-ball formation based on FOPT. →

This talk

Q-ball formation



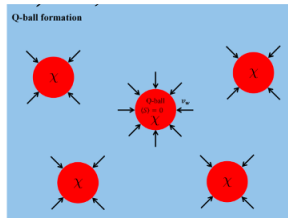
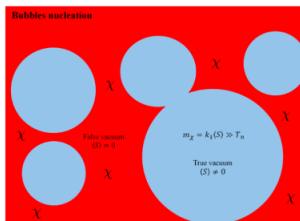


# The most typical application of QFT@T: dark matter

## Case I: Q-ball DM

**Global Q-ball DM:** The cosmic phase transition with Q-balls production can explain baryogenesis and DM simultaneously.

$$\rho_{DM}^4 v_w^{3/4} = 73.5 (2\eta_B s_0)^3 \lambda_S \sigma^4 \Gamma^{3/4}$$



New DM production scenario by the bubbles.  
The global Q-ball model proposed by T.D. Lee

- (a) Bubble nucleation:  $\chi$  particles trapped in the false vacuum due to Boltzmann suppression  
(b) Q-ball formation: After the formation of Q-balls, they should be squeezed by the true vacuum

FPH, Chong Sheng Li, [Phys.Rev. D96 \(2017\) no.9, 095028](#);

R. Friedberg, T.D. Lee and A. [Sirlin](#), [Rev. D 13 \(1976\) 2739](#)



# The most typical application of QFT@T: dark matter

## Case I: Gauged Q-ball DM

$$\langle h \rangle \neq 0 \qquad \langle \phi \rangle = 0$$

When the conserved U(1) symmetry is **local**,  
This introduces an extra **gauge field A**.  
The **minimal model** achieving

$$\mathcal{L} = (D_\mu \phi)^\dagger (D^\mu \phi) + \frac{1}{2} \partial_\mu h \partial^\mu h - \frac{1}{4} \tilde{A}_{\mu\nu} \tilde{A}^{\mu\nu} - V(\phi, h)$$

$$V(\phi, h) = \frac{\lambda_{\phi h}}{2} h^2 |\phi|^2 + \frac{\lambda_h}{4} (h^2 - v_0^2)^2$$

Interestingly, this portal coupling also naturally induces a strong FOPT.

$$J_\mu = i \left( \phi^\dagger \overleftrightarrow{\partial}_\mu \phi + 2i \tilde{g} \tilde{A}_\mu |\phi|^2 \right) \qquad Q = \int d^3x J^0$$

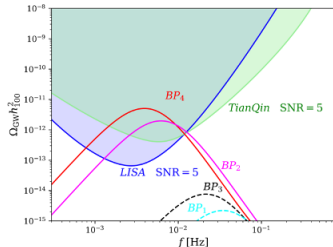
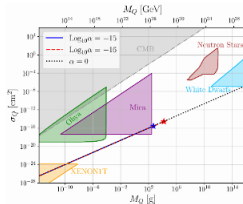
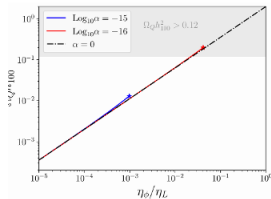
Siyu Jiang, **FPH**, Pyungwon Ko, JHEP 07 (2024) 053

Conserved charge



# The most typical application of QFT@T: dark matter

## Gauged Q-ball DM from a FOPT



$$\Omega_Q h_{100}^2$$

$$\simeq 2.81 \times \left( \frac{s_0 h_{100}^2}{\rho_c} \right) \left( \frac{\Gamma(T_*)}{v_w} \right)^{3/16} s_*^{-1/4} (F_\phi^{\text{trap}} \eta_\phi)^{3/4} \lambda_h^{1/4} v_0 \left( 1 + \frac{108^{1/4} g^2 F_\phi^{\text{trap}} \eta_\phi s_* v_w^{3/4}}{5.4 \pi^{7/4} \Gamma(T_*)^{3/4}} \right)$$

$F_\phi^{\text{trap}}$ : The fraction of particles trapped into the false vacuum. It is determined by the phase transition dynamics.

Siyu Jiang, FPH,  
Pyeongwon Ko, JHEP 07 (2024) 053

	$\lambda_{\phi h}$	$T_p$ [GeV]	$\alpha_p$	$\beta/H_p$	$v_w$	$F_\phi^{\text{trap}}$	$\eta_\phi/\eta_L$	$\delta\sigma_{Zh}$	GW
$BP_1$	6.8	69.8	0.12	540	0.1	0.932	0.48	-0.36%	●
$BP_2$	6.8	70.4	0.12	578	0.6	0.805	3.0	-0.36%	●
$BP_3$	7.0	63.0	0.15	372	0.1	0.965	3.4	-0.37%	●
$BP_4$	7.0	63.9	0.15	403	0.6	0.858	20.8	-0.37%	●



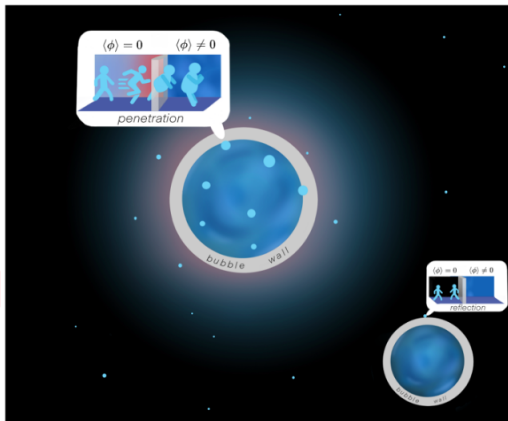
The most typical application of QFT@T: dark matter

## Case II: filtered DM from a FOPT



Bubble wall  
dynamics  
plays an essential  
role in the filtered  
DM mechanism.

**DM**



Siyu Jiang, FPH, Chong Sheng Li, Phys.Rev.D 108 (2023) 6, 063508





# The most typical application of QFT@T: dark matter

## Case II: filtered DM

Boltzmann equation

$$\mathbf{L}[f_\chi] = \mathbf{C}[f_\chi]$$

$$f_\chi = \mathcal{A}(z, p_z) f_{\chi,+}^{\text{eq}} = \mathcal{A}(z, p_z) \exp\left(-\frac{\tilde{\gamma}_+(E - \tilde{v}_+ p_z)}{T_+}\right)$$

$$\begin{aligned} \mathbf{L}[f_\chi] &= \frac{p_z}{E} \frac{\partial f_\chi}{\partial z} - \frac{m_\chi}{E} \frac{\partial m_\chi}{\partial z} \frac{\partial f_\chi}{\partial p_z} & m_\chi(z) &\equiv \frac{m_\chi^{\text{in}}(\phi_-)}{2} \left(1 + \tanh \frac{2z}{L_w}\right) \\ g_\chi \int \frac{dp_x dp_y}{(2\pi)^2} \mathbf{L}[f_\chi] &\approx \left[ \left( \frac{p_z}{m_\chi} \frac{\partial}{\partial z} - \left( \frac{\partial m_\chi}{\partial z} \right) \frac{\partial}{\partial p_z} - \left( \frac{\partial m_\chi}{\partial z} \right) \frac{\tilde{\gamma}_+ \tilde{v}_+}{T_+} \right) \mathcal{A}(z, p_z) \right] \frac{g_\chi m_\chi T_+}{2\pi \tilde{\gamma}_+} e^{\tilde{\gamma}_+ (\tilde{v}_+ p_z - \sqrt{m_\chi^2 + p_z^2})/T_+} \end{aligned}$$

including  $\chi\bar{\chi} \leftrightarrow \phi\phi, \chi\phi \leftrightarrow \chi\phi, \chi\chi \leftrightarrow \chi\chi, \chi\bar{\chi} \leftrightarrow \chi\bar{\chi}, \dots$

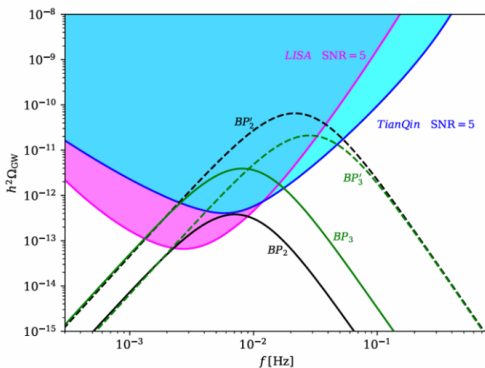
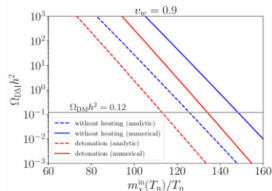
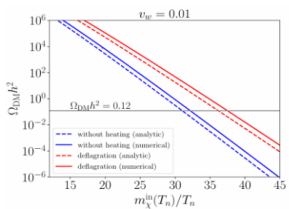
$$\begin{aligned} g_\chi \int \frac{dp_x dp_y}{(2\pi)^2} \mathbf{C}[f_\chi] &= -g_\chi g_{\bar{\chi}} \int \frac{dp_x dp_y}{(2\pi)^2 2E_p^p} d\Pi_{q^p} 4F \sigma_{\chi\bar{\chi} \rightarrow \phi\phi} \left[ f_{\chi p} f_{\bar{\chi} q,+}^{\text{eq}} - f_{\chi p}^{\text{eq}} f_{\bar{\chi} q}^{\text{eq}} \right] \\ &= -g_\chi g_{\bar{\chi}} \int \frac{dp_x dp_y}{(2\pi)^2 2E_p^p} d\Pi_{q^p} 4F \sigma_{\chi\bar{\chi} \rightarrow \phi\phi} \left[ \mathcal{A}_{\chi p,+}^{\text{eq}} f_{\bar{\chi} q,+}^{\text{eq}} - f_{\chi p}^{\text{eq}} f_{\bar{\chi} q}^{\text{eq}} \right] \\ &\equiv \Gamma_P(z, p_z) \mathcal{A}(z, p_z) - \Gamma_I(z, p_z), \end{aligned}$$



# The most typical application of QFT@T: dark matter

## Case II: filtered DM

$$n_{\chi}^{\text{in}} = \frac{T_+}{\gamma_w \tilde{\gamma}_+} \int_0^{\infty} \frac{dp_z}{(2\pi)^2} \mathcal{A}(z \gg L_w, p_z) \exp \left[ \tilde{\gamma}_+ \left( \tilde{v}_+ p_z - \sqrt{p_z^2 + (m_{\chi}^{\text{in}})^2} / T_+ \right) \right] \left( \sqrt{p_z^2 + (m_{\chi}^{\text{in}})^2} + \frac{T_+}{\tilde{\gamma}_+} \right)$$





## Summary and outlook

1. Quantum field theory at finite temperature is an essential tool to understand our early universe, such as reheating, baryogenesis, and dark matter.
2. Meanwhile, the relics of our early universe (GW) might be the unique signals to test the quantum field theory at finite temperature experimentally.
3. For future experimental detection, precise prediction in the framework of finite-temperature field theory is necessary.
4. Various new developments in zero-temperature quantum field theory may help to solve the difficult problems in finite-temperature field theory, such as IR problem and resummation.

Thanks for your attention.