

Probing instant preheating by gravitational waves

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Based on

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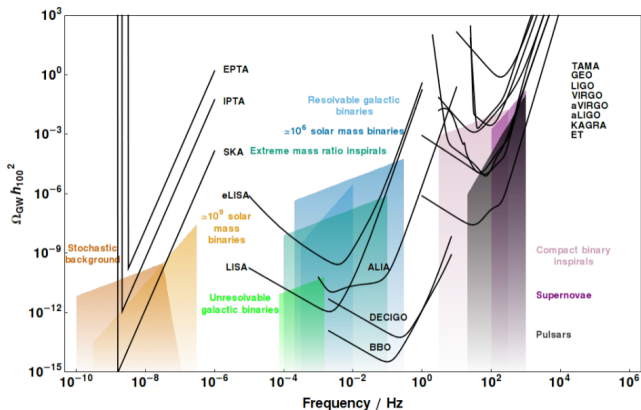
Dual Gravitational Wave Signatures of Instant Preheating, to appear.

Overview

- 1 Introduction
- 2 Model
- 3 GWs production
 - Graviton Bremsstrahlung
 - Parametric Resonance
- 4 Gravitational Waves Production
- 5 Conclusion

Introduction

- Many proposals targeting at high frequency GWs, such as resonance cavities, superconducting rings, interferometers, see review [2011.12414](#)



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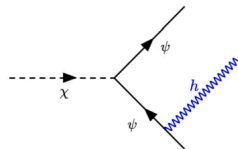
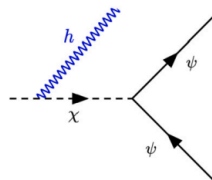
Introduction

- 1 In instant preheating, daughter particles can temporarily become superheavy, even approaching the Planck scale.

$$\phi \rightarrow \chi \rightarrow \psi\bar{\psi}$$

- 2 Distinct GW signals can be produced in the process:

graviton bremsstrahlung
parametric resonance



Model

- Consider Lagrangian, [Phys.Rev.D 60 \(1999\) 103505](#)

$$\mathcal{L} \supset -\frac{1}{2}m_\phi^2\phi^2 - \frac{1}{2}\lambda^2\phi^2\chi^2 + y\chi\bar{\psi}\psi, \quad (1)$$

- The number density of the produced χ particles after just half of oscillation can be estimated as,

$$n_\chi \simeq \left(\frac{k_*}{2\pi}\right)^3, \quad k_* = \sqrt{\lambda m_\phi \phi_i}, \quad (2)$$

- From Yukawa coupling, the decay rate of χ is given by

$$\Gamma_{\chi \rightarrow \bar{\psi}\psi} = \frac{y^2 m_\chi}{8\pi} = \frac{y^2 \lambda \phi(t)}{8\pi} \simeq \frac{y^2 \lambda m_\phi \phi_i t}{8\pi}. \quad (3)$$

Energy loss

- The decay time is given by $t_{\text{dec}} \simeq \sqrt{8\pi/(y^2\lambda m_\phi\phi_i)}$
- Correspondingly, the mass of χ at the instance of its decay is given by

$$m_\chi(t_{\text{dec}}) \simeq \lambda\phi(t_{\text{dec}}) \simeq \sqrt{\frac{8\pi\lambda m_\phi\phi_i}{y^2}} \lesssim \lambda\phi_i . \quad (4)$$

- The energy loss of the inflaton in one half oscillation is then given by

$$\frac{\delta\rho_\phi}{\rho_\phi} \sim \frac{m_\chi(t_{\text{dec}})n_\chi}{\rho_\phi} \sim \frac{\lambda^2}{4\pi^3} \sqrt{\frac{8\pi}{y^2}} \lesssim \mathcal{O}(1) \times \lambda^{5/2} . \quad (5)$$

GWs production

- Two-body decay process $\chi \rightarrow \psi\bar{\psi}$ is associated with the three-body graviton bremsstrahlung process $\chi \rightarrow \psi\bar{\psi} + h$, whose differential decay rate is given by

$$\frac{d\Gamma_{\text{brem}}}{d\ln E} = \frac{y^2}{64\pi^3} \frac{m_\chi^3}{M_{\text{Pl}}^2} (1 - 2x)(1 - 2x + 2x^2), \quad (6)$$

where $x \equiv E/m_\chi$.

- The branching ratio of χ to the graviton bremsstrahlung is

$$\text{Br}_{\chi \rightarrow \psi\bar{\psi}h} \simeq \frac{1}{8\pi^2} \left(\frac{m_\chi}{M_{\text{Pl}}} \right)^2 \quad (7)$$

Therefore, heavier χ will result in more significant amount of produced GWs in the Universe.

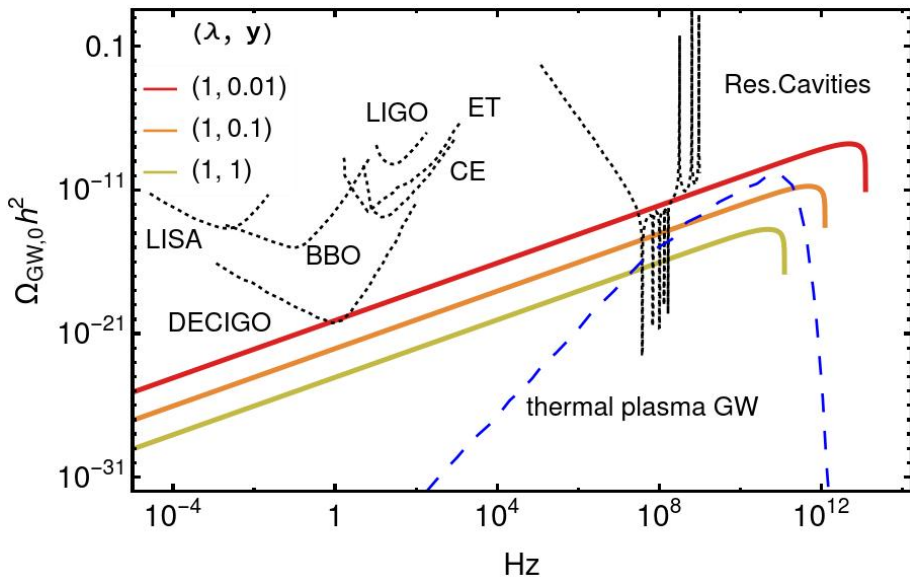
Graviton Bremsstrahlung

- The present-day GW spectrum can be estimated as,

$$\frac{d\Omega_{\text{GW}}}{d \ln E_0} = \epsilon \Omega_{\text{rad}} \left(\frac{g_*}{g_{*0}} \right) \left(\frac{g_{*s0}}{g_{*s}} \right)^{\frac{4}{3}} \left(\frac{m_\chi n_\chi}{\rho_{\text{tot}}} \right)_{z_{\text{dec}}} \times \text{Br}_{\chi \rightarrow \psi \bar{\psi} h} \times x(1-2x)(1-2x+2x^2), \quad (8)$$

$$f_p \simeq 4.6 \times 10^{13} \text{ Hz} \times \left(\frac{a_{\text{dec}}}{a_{\text{reh}}} \right) \left(\frac{m_\chi}{M_{\text{Pl}}} \right) \left(\frac{10^{15} \text{ GeV}}{T_{\text{reh}}} \right). \quad (9)$$

GW Spectrum



Parametric Resonance

- χ' parametric resonance $\ddot{\chi}_{\mathbf{k}} + 3H\delta\dot{\chi}_{\mathbf{k}} + \left(\frac{k^2}{a^2} + \lambda^2\phi^2(t)\right)\delta\chi_{\mathbf{k}} = 0$.
- In order to obtain GW from parametric resonance, we have developed our own code to conduct the simulations including field dynamics and GW extraction.
- EoM

$$\ddot{\phi} + 3H\dot{\phi} - \frac{1}{a^2}\nabla^2\phi + \frac{\partial V}{\partial\phi} = 0, \quad (10)$$

$$\ddot{\chi} + (3H + \Gamma)\dot{\chi} - \frac{1}{a^2}\nabla^2\chi + \frac{\partial V}{\partial\chi} = 0, \quad (11)$$

$$\dot{\rho}_{\text{R}} + 3H(1 + \omega)\rho_{\text{R}} = \langle\Gamma\dot{\chi}^2\rangle, \quad (12)$$

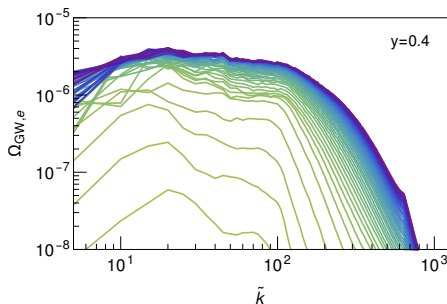
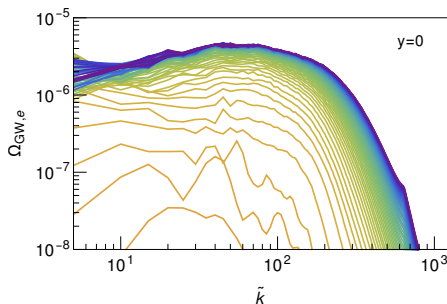
$$\frac{\ddot{a}}{a} = \frac{1}{6M_{\text{Pl}}^2}[-\bar{\rho} - 3\bar{p}], \quad (13)$$

$$H^2 = \frac{\bar{\rho}}{3M_{\text{Pl}}^2}. \quad (14)$$

GW Production

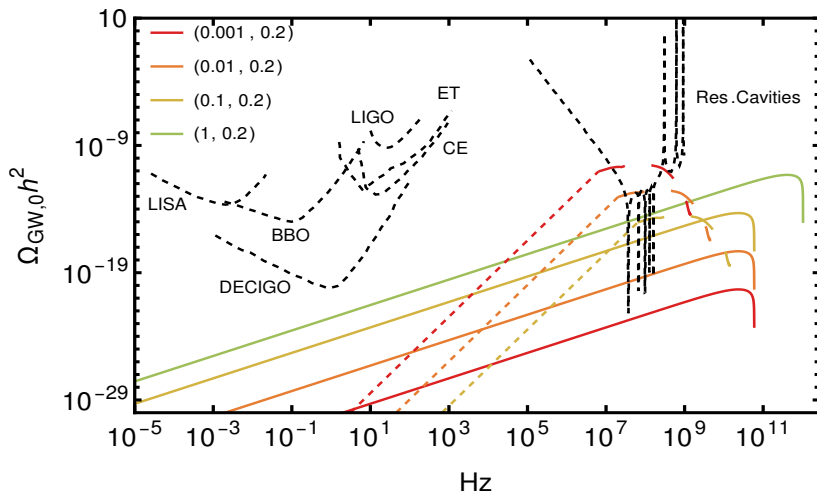
- EoM of tensor perturbation h_{ij} in FLRW spacetime,

$$\ddot{h}_{ij} + 3H\dot{h}_{ij} - \frac{1}{a^2}\nabla^2 h_{ij} = \frac{2}{m_{pl}^2}\Pi_{ij}^{TT}, \quad (15)$$



GW Spectra Today

- Eventually, we obtain the GW energy spectra today,



Conclusion

- In instant preheating, superheavy particles decay happens and GW from graviton bremsstrahlung can be a direct probe of such physics.
- The peak frequency of GW from graviton bremsstrahlung is $10^{10}\text{Hz} - 10^{11}\text{Hz}$.
- As the Yukawa coupling y increases, the frequency of GW generated by parametric resonance redshifts, around $10^7\text{ Hz} - 10^9\text{ Hz}$.
- Observing these two signals provides a GW detection method for probing instant preheating.

Thanks for your listening!